


FOUR SEASONS *Times*

Lakewood, NJ 08701

Volume 10, No 4

May 2025

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Outdoor Living

Outdoor activities are connected to better mental health and increased longevity. So take advantage of the warm weather and head outdoors. We live close to the ocean, award-winning nature preserves, and hiking trails. We're within driving distance of dining venues with spectacular views. You can enjoy the Jersey Shore with friends and family at nearby beaches, boardwalks, amusement parks, and festivals.

To help you create new outdoor experiences, we've included a list of outdoor activities in this issue of the *Times*. Whether you want to find serenity in nature or play arcade games, we note places enjoyed by your neighbors. We also remind you of local habitats where you can watch birds and admire butterflies. Go outside. Mother Nature awaits!

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PUBLICATION POLICY

The Four Seasons Times is published eight times each year. The paper is distributed free to every Four Seasons resident under the sponsorship of the Board of Trustees of the Four Seasons Community Association. The 2025 publication schedule is January, February, April, May, July, August, October, and November.

This publication is produced to inform, educate, and entertain the residents of Four Seasons Lakewood. Residents are invited to submit original, copyright-free articles of interest and relevant photographs. There is a limit of 500 words for most articles. We do not accept material that is offensive, divisive, or political. Photographs must be copyright-free and meet format and quality standards to be considered for inclusion.

All submitted material is subject to the approval of the Times Executive Committee and will be edited. Not all submitted material will be published due to editorial considerations and space limitations.

Senior Publishing solicits and publishes all advertising. Neither the Four Seasons Community Association nor the Four Seasons Times endorses or recommends any advertiser in this publication.

FOUR SEASONS TIMES

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FOUR SEASONS TIMES SUBMISSIONS

The deadline to submit content
for the July issue is:

JUNE 1, 2025

Submit to: fourseasonstimes@gmail.com

The submission date cannot be extended this month for any reason. To submit an article, place your full name, telephone number, and email address at the top of your submission. The text must be in Word format and must not be password protected, read-only material, or a PDF.

If possible, please use Arial 12-point font. Most articles are limited to 500 words. If you submit photographs, they must be in a jpeg or similar format and be inserted and sent as an email attachment. Do not cut and paste pictures into Word or directly into your email. Provide captions for all photographs. We do not accept any artwork or clip art.

We acknowledge receipt of all items submitted to fourseasonstimes@gmail.com. If you do not receive an acknowledgment, please re-send your submission.

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BOARD CORNER

To take another step to improve communication with residents, the Community Association Board of Directors will contribute an article to the *Four Seasons Times* every month that it is published. Our goal is to be informative and provide accurate and timely information.

We all know that in the childhood game of “Telephone,” a message gets passed from person to person with a surprising consequence. The message heard by the last person differs greatly from the original. We intend to avoid similar miscommunication.

We’re aware of rumors of issues with community funds and claims of overspending and underspending. And we’ve examined rumors that money is missing from our coffers. These views are not based on fact. The Board adheres to an approved budget. However, when Mother Nature brings us snow, rain, wind, or other unanticipated factors, some adjustments are made to the timing of approved projects.

Now that the weather has turned to our advantage, we will complete delayed projects that were previously approved. These include work at the Shorrock Street exit and to the East Wall.

To assure residents about our fiduciary responsibility, a third-party auditor examines our annual financials and produces a report. Residents will be able to view the Auditor’s Report, and there will be a meeting to present the report and answer questions from residents.

This year the Board will continue to explore ways to keep our entire community well informed about the budget, policies, procedures, meetings, events, and activities.

*Erma Hoover, President
Community Association Board of Trustees*

FROM MANAGEMENT

We welcome the beautiful months of May and June and encourage everyone to make the most of the sunshine and your fantastic community amenities. Whether you’re hitting the golf course, cooling off by the pool, or enjoying a friendly match on the Pickleball courts, there’s something for everyone to enjoy.

Don’t forget to check out the weekly activities — there’s always something fun happening! Stay connected so you don’t miss out on these exciting events.

A quick reminder: bulk trash pickup is scheduled for Monday, June 9, 2025. You can place bulk items at your curb starting Saturday, June 7, 2025, after 5:00 p.m. Please take advantage of this opportunity to clear out any large items from your home.

Management is here for you. Please reach out with any questions or needs. Our office hours are Monday to Thursday, 9:00 a.m. to 5:00 p.m., and Friday, 8:00 a.m. to 4:00 p.m. You can contact us at 732.477.0588.

Your Management Team

BULK RULES

Lawnmowers and BBQ grills are accepted, but not televisions. All other items must be less than six feet in length. Carpet and branches must be tied and bundled (maximum four feet in length). Nails must be removed from wood. Sofa, recliners, mattresses, and box springs must be wrapped in plastic.

Unacceptable items are car or truck batteries, tires, waste oil, paint, insecticides, motors, tanks (welding or gas), 55-gallon metal drums, asbestos, contaminated soil, soil, medical waste, and concrete/cement.

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FOUR SEASONS CONCIERGE

HAIL TO THE CHEF

New Jersey is a new mecca for dining. Local chefs are winning awards and television reality shows are featuring local restaurants and chefs. Chef **David Viana** won a James Beard nomination and is competing this season in Food Network's *Tournament of Champions*. His **Heirloom Kitchen**, store, and cooking school are at 3853 County Road 516, Old Bridge (www.heirloomkitchen.com). A new restaurant, **Judy's**, is planned for Asbury Park. Another New Jersey chef, **Britt Rescigno**, has made the competition rounds including *Chopped*, *Beat Bobby Flay*, *Guy's Grocery Games*, and the now-airing *Tournament of Champions*.



Catbird Asbury Park (4.5) serves artisanal pizza with outdoor lake-view dining at 1215 Sunset Avenue, Asbury Park (www.catbirdap.com).



Catezza Italian Kitchen & Bar (4.8), 19 Broad Street, Red Bank, serves fine Italian cuisine and spirits (www.catezzarestaurant.com).

Hadaka, Asbury Park (4.8) offers new taste sensations from its sushi bar at 527 Banks Avenue, Asbury Park (www.hadakanj.com).

Palmetto is a new southern-style restaurant with hand-crafted cocktails that has opened on the Asbury Park Boardwalk (www.palmettoasburypark.com).



NEW IN THE AREA

New tempting restaurants seem to be opening all around us. The following are new Jersey Shore eateries you might want to try:

Broadway Hot & Honey Chicken (4.8), 1861 NJ-35, Wall Township, is expanding to locations in Freehold, Middletown, and Oceanport (www.broadwaychicken.com).



RESTAURANT CHANGES

Icarus Brewing (4.8) has moved from Lakewood to 2045 NJ-88, Brick Township. The new, much larger taproom and beer garden is a local “scene,” offering beer and entertainment.



Taylor Sam's (4.6), the popular Brick Township eatery, is opening a second location in Bay Head at 58 Bridge Avenue on the former site of the Dune Grass Café. The owners plan to offer “diner food with a spin” and serve breakfast, lunch, and dinner.



TGI Fridays and **On the Border**, both in Toms River, have closed.

WILDWOOD AVIATION MUSEUM (4.8)



Head to the **Wildwood Air Station** at 500 Forrestal Road, Cape May, to tour the Wildwood Aviation Museum. You can enter a WWII hangar and explore the world of aviation. It's open daily from 10:00 a.m. to 4:00 p.m. during the season and at other hours out of season (www.usnasw.org).

BAKERIES GALORE

You can't have too many bakeries. Each one has its specialties. The newest Jersey Shore additions are **Benchmark Breads (5.0)**, 141 Markham Place, Little Silver (www.benchmarkbreads.com); **Hey Peach Bakery (5.0)**, 126 Main Street, Bradley Beach (www.heypeachbakery.com); and **The Ridiculous Farm**, 571 NJ-36, Belford (www.ridiculousfarm.com).



Benchmark specializes in all varieties of bread, Hey Peach Bakery offers bread, pastry, coffee, and tea; and The Ridiculous Farm specializes in sourdough baked goods.

SUIT UP!

Looking for a new swimsuit? We know how painful it is to shop for swimwear. Some shoppers are happy buying online, but what about the rest of us who need to try things on? The **Swimsuit Station Outlet (4.7)**, 3501 Rose Avenue in Ocean Township, is a warehouse packed with swimsuits and related clothing and accessories. It's open from Monday-Thursday, 9:00 a.m. to 5:00 p.m., and Friday and Sunday, 9:00 a.m. to 4:00 p.m. The outlet is closed on Saturday (www.swimsuitstationoutlet.com).

THE BEST OF BROADWAY

You won't want to miss the Four Seasons Chorus Concerts on Saturday, June 28, 2025, at 7:00 p.m. and Sunday, June 29, 2025, at 3:00 p.m. Our resident choir will entertain you with songs from famous Broadway shows. Watch the Weekly Activity Listing for details.

VERY CRAFTY

It's official! A Hobby Lobby store will open on the former site of the Christmas Tree Shop on Route 70 in Brick Township. This arts & crafts

Continued on Page 8

chain store has departments that include Home Décor, Fabric & Sewing, Gift Cards, Seasonal, Crafts & Hobbies, Scrapbook & Paper Crafts, Floral & Wedding, Party & Baking, Art Supplies, Yarn & Needle Art, Beads & Jewelry, and Wearable Art.



HIRE A RIDE

When you are unable to drive, you do have options. In addition to relying on friends and relatives, you can ride the Four Seasons Shopping Bus, contact Uber, or call a taxi or car service.

Shopping Bus: The Four Seasons Shopping Bus runs every Thursday and will take you to either ShopRite Plaza on Route 70 or to Stop & Shop on Brick Boulevard. The pickup route and schedule appear on the Weekly Activity Listing sent to you every Friday. The first pickup to ShopRite begins at 8:30 a.m.; while the first pickup to Stop & Shop is at 11:30 a.m. If you have questions, you can contact the Activity Office at 732.477.8222.

Taxi or Car Service: Several taxi and car services are available in our area. Costs vary depending on the destination. Some services are provided by residents of Four Seasons who advertise in the *Times* Directory pages, while others are offered by outside companies. Residents have recommended Ocean Taxi (4.6) in Toms River (848.448.1231).

Uber: Hiring an Uber is safe and convenient. Transportation is managed on a computer app that “connects drivers and riders on demand.” First, you must download the app on your smart-

phone or computer. When you need a ride, you open the app and indicate “Where to? You’ll be able to choose the type of vehicle, price, and time of drop off. You’ll be matched with a driver who ac-

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cept your request, and you will be notified when the driver is “about a minute away.” You’ll have an opportunity to “verify each other’s names and the destination” when the car arrives. After you arrive at your destination, you and the driver will rate each other from 1 to 5 stars” (www.uber.com).

OUTDOOR FUN

As we age, we tend to nest. There's a stronger urge to putter around the house, make use of a recliner, and read or watch hours of television each day. We establish routines and find a new normal of staying at home. For many, inertia prevails. Some Four Seasons residents rarely leave their homes. Their rationale for staying indoors includes health issues, physical challenges, and lack of motivation.

Nesting and resting are the coveted parts of retirement but there's much more to consider. Research abounds with advice for the aging to remain active however possible. Activity increases longevity, helps us maintain better health, has a positive effect on mood, and generally improves our quality of life. It also can fill the need for human interaction.

Recent research takes the need for activity another step. It strongly suggests we head outside and get moving. A recent *Healthline* article by Emily Swaim cited eight benefits of "getting back to nature and spending time outside." These include the following:

- "Better breathing
- Improved sleep
- Reduced depression symptoms
- More motivation to exercise
- Mental restoration
- Boosted immune function
- Protection from myopia (nearsightedness)
- Improved emotional well-being."

The article notes, "It's easy to forget sometimes that a whole world really does exist outside your window. Making a habit of spending regular time outdoors, especially in nature, can do a lot to boost physical and emotional wellness. It can also go a long way toward strengthening your bond with the planet, or Mother Nature herself." (www.healthline.com/health/health-benefits-of-being-outdoors).

Researchers from Penn State in cooperation with others indicated that "Spending time in nature confers psychological, emotional, and physical benefits" for people over the age of 65. They found that "fostering social connections around nature-based activities may be connected to improved health and quality of life for elders" (www.pseu.edu).

Many health professionals have suggested that elderly people spend at least two hours each week in natural outdoor settings, such as parks and forests. Spending time in nature is a current trend. For example, the Japanese appreciation of "forest bathing" has taken hold globally and entails immersion in the woods.

How do you overcome inertia despite your limitations? The West Hartford Health & Rehabilitation Center (www.westhartfordhealth.com) suggests the following activities:

- "Take your daily workout outdoors
- Walk around the block
- Bike around your neighborhood
- Spend time gardening
- Relax in the backyard
- Plan a hike close to home on an even trail
- Partake in golf, bocce, shuffleboard or another game typically played outside
- If you swim, head to the local outdoor pool
- Pick up a hobby that takes you outdoors, like photography or birdwatching
- Join a nature group for seniors
- Schedule a picnic with friends or family"

To motivate you to head outdoors, we're dedicating this issue of the Four Seasons *Times* to outdoor activities. We created a list of suggested outdoor sites and activities in our area and presented information on two favorite pastimes: birdwatching and butterfly sightings. We've listed boardwalks, beaches, and amusement parks in our area, and noted favorite sites for walks and hikes. We've included information on where you can dine outdoors. The list is based on resident preferences and online information about our area. We include online ratings for sites and facilities when available. See the following pages to view the list.

Any step you can take outdoors is worth the effort. You will benefit, whether you sit out on your deck or patio or can hike in the amazing preserves that surround you. In addition to the offsite list of ways to enjoy the outdoors, don't forget all the amazing amenities, classes, and events within the gates of Four Seasons.

Jane Secci



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IT'S OUT THERE!

There's no need to stay indoors. When there's wonderful weather, nature calls. There's so much to do and see outside the Four Seasons gate. Here is a list of places you can visit not far from home. Whether you head outdoors with family and friends or go solo, there's something to entertain everyone. We present just a few possibilities based on recommendations from your neighbors and online listings. Where available, we provide an online rating for the activity.

IN THE AIR

If ballooning is on your "bucket list," check out the list below:

Hot Rides & Hot Air Balloons

475 Route 57, Washington
www.balloonfestnj.com

Seize the Breeze

68 Stacy Haines Road, Lumberton
www.seizethebreeze.com

Warren County Hot Air Balloons/Arts & Crafts

June 7-8, 1-8:30, 485 Route 57, Washington
www.balloonfestnj.com

FOR YOUR AMUSEMENT

Following is a list of amusement parks in our area, perfect for spending time with your family and friends. Go to the websites listed for more information about each one.

Asbury Splash Park & Mini Golf (4.3)

950 Ocean Avenue, Asbury Park
www.asburyparkamusements.com

Casino Pier & Breakwater Beach (4.5)

800 Ocean Terrace, Seaside Heights
www.casinopiernj.com

Dante's Dungeon (5.0)

2501 Boardwalk, North Wildwood
www.moreyspiers.com

Fantasy Island Amusement Park (4.4)

750 North Bay Avenue, Beach Haven
www.fantasyislandlbi.com

The Funplex (4.3)

3320-24 NJ-38, Mt. Laurel
www.thefunplex.com

Hersheypark (4.5)

100 Hersheypark Drive, Hershey, PA
www.hersheypark.com

iPlay America (4.4)

110 Schanck Road, Freehold
www.iplayamerica.com

Island Aqua Park (4.4)

9501 Amherst Avenue, Margate City
www.islandaquaparknj.com

Jenkinson's Boardwalk (4.5)

300 Ocean Avenue, Point Pleasant Beach
www.jenkinsons.com

Keansburg Amusement Park

275 Beachway, Keansburg
www.keansburgamusementpark.com

Land of Make Believe (4.4)

354 Great Meadows Road, Route 611, Hope
www.lomb.com

Morey's Piers & Beachfront Water Parks (4.5)

3501 Boardwalk, Wildwood
www.moreyspiers.com

Ocean Oasis Water Park & Beach Club (4.6)

2501 Boardwalk, Wildwood
www.moreyspiers.com

Playland's Castaway Cove (4.6)

1020 Boardwalk, Ocean City
www.oceancityfun.com

Raging Waters Water Park (4.6)

3501 Boardwalk, Wildwood
www.moreyspiers.com

Six Flags Great Adventure (4.4)

1 Six Flags Boulevard, Jackson
www.sixflags.com

Splash Zone Waterpark (4.3)

3500 Boardwalk, Wildwood
www.splashzonewaterpark.com

Steel Pier Amusement Park (4.3)

1000 Boardwalk, Atlantic City
www.steelpier.com

Storybook Land (4.7)

6415 Black Horse Pike, Egg Harbor
www.storybookland.com

Thundering Surf Waterpark (4.4)
300 Taylor Avenue, Beach Haven
www.thundersurfwaterpark.com

AT THE AQUARIUM

We're fortunate to have the following Aquaria nearby:

Adventure Aquarium
1 Riverside Drive, Camden
www.adventureaquarium.com

Atlantic City Aquarium
800 N. New Hampshire Avenue, Atlantic City
www.acaquarium.com

Jenkinson's Aquarium
300 Ocean Avenue, Point Pleasant Beach
www.jenkinsons.com

ON THE BEACH

Below is a list of the primary beaches near Four Seasons. To find out about entry fees and parking, go to the websites provided.

Asbury Park
www.cityofasburypark.com

Atlantic City
www.atlanticcitynj.com

Avalon
www.avalonrecreation.org

Avon-By-The-Sea
www.avonbytheseanjanj.com

Barnegat Light
www.barnegatlight.org

Bay Head
www.bayheadnj.org

Beach Haven
www.beachhaven-nj.gov

Belmar
www.belmar.com

Bradley Beach
www.bradleybeachnj.gov

Brick Township
www.bricktownonline.com

Brigantine
www.brigantinebeach.org

Cape May
www.capemaycity.com

Harvey Cedars (LBI)
www.harveycedars.org

Island Beach State Park
www.nj.gov

Lavallette
www.lavallette.org

Loch Arbour
www.locharbournj.us

Long Beach Township
www.longbeachtownship.com

Long Branch
www.longbranch.org

Longport
www.longportnj.gov

Manasquan
www.manasquan-nj.gov

Mantoloking
www.mantoloking.org

Margate
www.margate-nj.com

Monmouth Beach
www.monmouthbeach.org

Ocean City
www.ocnj.us

Ocean Grove
www.oceangrove.org

Point Pleasant Beaches
www.pointpleasantbeach.com

Sandy Hook Gateway Recreation Area
www.nps.gov

Sea Girt
www.seagirt-nj.gov

Sea Isle City
www.seaislecitynj.us

Seaside Heights
www.seasideheightsnj.org

Seaside Park
www.seasideparknj.org

Seven Presidents Oceanfront Park
www.monmouthcountyparks.com

Ship Bottom
www.shipbottom.org

Spring Lake
www.springlakeboro.org

Stone Harbor
www.stoneharbornj.org

Surf City
www.surfcitynj.org

Toms River (Ortley Beach)
www.tomsrivertownship.com

Ventnor City
www.ventnorcity.org

Wildwood
www.wildwoodsnj.com

FOR BEER & MEAD LOVERS

There's lots of beer out there to enjoy at local breweries and taverns. Here are just a few of them:

Battle River Brewing (4.5)
69 Main Street, Toms River
www.battleriverbrewing.com

Beach Bee Meadery (4.9)
89 Long Branch Avenue, Long Branch
www.beachbeemeadery.com

Beach Haus Brewery (4.5)
801 Main Street, Belmar
www.beachhausbeer.com

The Biergarten (4.4)
2701 Boardwalk, Atlantic City
www.biergartenac.com

Bradley Brew Project (4.9)
714 Main Street, Bradley Beach
www.bradleybrew.com

Frye Brewing Company (4.7)
2257 Bridge Avenue, Point Pleasant
www.fryebrewingcompany.com

Heavy Reel Brewing Co. (4.6)
1520 Boulevard, Seaside Heights
www.heavyreelbrewing.com

Icarus Brewing Company (4.8)
2045 NJ-88, Brick Township
www.icarusbrewing.com

Kane Brewing Company (4.6)
1750 Bloomsbury Avenue, Ocean Township
www.kanebrewing.com

Last Wave Brewing Company (4.7)
601 Bay Avenue, Point Pleasant Beach
www.lastwavebrewing.com

Source Farmhouse Brewery (4.5)
300 NJ-34, Colts Neck
www.sourcebrewing.com

Toms River Brewing (4.7)
1540 NJ-37, Toms River
www.tomsriverbrewing.com

FOR BIRDWATCHERS

Birdwatching is a favorite pastime in the U.S. Following are locations where you'll find plenty to see.

Barnegat Lighthouse State Park (4.8)
208 Broadway, Barnegat Light
www.nj.gov

Cape May Bird Observatory (4.6)
701 East Lake Drive, Cape May
www.njaudubon.org

Cape May National Wildlife Refuge (4.5)
12001 Pacific Avenue, Wildwood Crest
www.capemaynationalwildliferefuge.org

Cattus Island County Park (4.7)
1170 Cattus Island Boulevard, Toms River
www.oceancountyparks.org

Edwin B. Forsythe National Wildlife Refuge (4.7)
365 Mantoloking Road, Brick Township
www.fws.gov

Gateway National Recreation Area (4.7)
26 Hudson Road, Highlands
www.nps.gov

Higbee Beach Wildlife Management Area (4.2)

1 Higbees Beach Road, Cape May

www.capemay.com

Island Beach State Park (4.5)

2401 Central Avenue, Seaside Park

www.njparksandforests.org

South Cape May Meadows Nature Preserve (4.8)

692 Sunset Boulevard, Cape May

www.nature.org

Stone Harbor (Nummy Island) (4.5)

2nd Avenue and 122nd Street, Stone Harbor

www.stoneharbornj.org

ON THE BOARDWALK

The list below notes the location of boardwalks by county and city/town:

Atlantic County

Atlantic City, 1000 Boardwalk & Virginia Avenue

Ventnor City, 33rd Atlantic Avenue

Cape May County

Avalon, 2989 Ocean Drive

Cape May, 251 Beach Avenue

North Wildwood, 26th Avenue to 1st Avenue

Ocean City, 400 Boardwalk

Wildwood, 3501 Boardwalk

Monmouth County

Asbury Park, 1300 Ocean Avenue

Avon-by-the Sea, 407 Ocean Avenue North

Belmar, 1609 Ocean Avenue North

Bradley Beach, Ocean Avenue (Kent and Evergreen)

Keansburg, 29 Church Street

Long Branch, 4 Ocean Avenue North

Ocean Grove, 4 Boardwalk

Sea Girt, Ocean Avenue (Beacon Blvd. and Seaside Pl.)

Spring Lake, Ocean Avenue to South Boulevard

Ocean County

Island Heights, River Avenue

Point Pleasant Beach, 300 Ocean Avenue

Seaside Heights, 800 Ocean Terrace

Seaside Park, Stockton Avenue & Boardwalk

AMONG THE BUTTERFLIES

See the captivating butterflies in beautiful settings:

Butterfly Garden (4.7)

Glenwood Avenue, Bloomfield

www.friendsofwatsessing.org

Cattus Island County Park (4.7)

1170 Cattus Island Boulevard, Toms River

www.oceancountyparks.org

Van Vleck House & Gardens (4.7)

21 Van Vleck Street, Montclair

www.montclairfoundation.org

AT CAR & TRUCK SHOWS

Cars and truck shows abound. Just a few are listed below. To see a complete list of those in our area, see: www.jerseyshorecarshows.com.

Boys of Summer Car & Truck Show

June 22, noon-4, Veterans Park, Bayville

www.jerseyshorecarshows.com

Fire Station Company 24 Car Show

May 18, Noon-4, 601 Herbertsville Road, Brick Township

www.jerseyshorecarshows.com

4th of July Car Show & Gift Auction

July 4, 9-3, 301 Union Avenue, Lakehurst

www.jerseyshorecarshows.com

Hot Rides & Hot Air Balloons

June 7 – 475 Route 57, Washington

www.jerseyshorecarshows.com

Toms River Elks Car Show

September 13-14, 4-8, Toms River

www.jerseyshorecarshows.com

Vintage Automobile Museum of NJ Car Show

June 14, 10-2, 66, 66 Lacey Road, Whiting

www.jerseyshorecarshows.com

WITH YOUR DOG

If your dog needs room to play, head out to one of the local dog parks below:

Bark Park Off Leash Dog Park (4.2)

379 Old Tavern Road, Howell Township

www.twp.howell.nj.us

Fisherman's Cove Conservation Area

383 3rd Avenue, Manasquan

www.monmouthcountyparks.com

Ocean County Off Leash (4.3)

101 Airport Road, Bayville

www.oceancountyparks.org

Ocean County Off Leash (4.4)

659 Ocean Avenue, Lakewood

www.oceancountyparks.org

Ocean County Park (4.6)

659 Ocean Avenue, Lakewood

www.oceancounty-parks.org

Orchard Park Dog Park (4.5)

Manasquan

www.wallnj.gov

Robert J. Miller County Airpark (4.6)

901 Pinewald Keswick Road, Bayville

www.oceancountyparks.org

Silverton Park (4.5)

71 Main Street, Toms River

www.tomsrivertownship.com

Wall Township Off Leash Dog Park (4.3)

2201 Marconi Road, Wall Township

www.mapquest.com

AT THE FESTS

Festivals of all types and sizes are coming to our area this spring and summer. Below are just a few scheduled for the coming months:

Allaire Arts Festival

June 7, 11-4., 4263 Atlantic Avenue

Wall Township

www.allairevillage.org

Barefoot Country Music Fest

June 19-22, Wildwood Beach

www.barefootcountrymusicfest.com

Cape May Coffee & Chocolate Festival

June 20-21, Convention Hall, 714 Beach Avenue, Cape May

www.eventbrite.com

Historic Soldiers Weekend

September 27-28, 454 Fort Mott Road, Pennsville

www.soldiersweekend.com

North to Shore Festival

June 9-29, Concerts in Various Locations

www.northtoshore.com

NJ 33rd Annual LGBTQ+ Pride Celebration

June 1, 11-7:15, 101-199 Fifth Avenue, Asbury Park

www.eventbrite.com

Sea Hear Now Festival

September 13-14, 12-10:30 Asbury Park

www.seahearnowfestival.com

Spring Craft & Vendor Show

May 17, 10-4., Allaire (Historic Village)

www.eventbrite.com

Summer Solstice Festival

June 21, 5-9, 2901 Avalon Avenue, Avalon

www.visitavalonnj.com

TD Bank Music & Food Truck Festival

June 21, 4-10, 8000 Dividing Creek Road, Millville

www.visitnj.org

TO GO FISHING

There are boats of every type and size available for rental or charter. Below are just a few rental and charter companies:

Gambler Deep Sea Fishing (4.7)

59 Inlet Drive, Point Pleasant Beach

www.gamblerfishing.net

Jersey Nutz Sport Fishing (4.8)

311 Channel Drive, Point Pleasant Beach

www.jerseynutzsportfishing.com

Mimi VI (4.7)

405 Channel Drive, Point Pleasant Beach

www.mimivi.com

Queen Mary Party Fishing Boats (4.6)

415 Broadway, Point Pleasant Beach

www.njqueenmary.com

Tight Lines Fishing Classes
Various NJ Locations and Times
[973.244.5990](tel:973.244.5990)

Trout Free Fishing Day (No Permit Required)
June 7, 2025
www.dep.nj.gov/nifw/fishing

Voyager Sportfishing
69 Channel Drive, Point Pleasant Beach
www.voyagerfishing.com

ON A HIKE

Preserves, parks, and trails are everywhere close to Four Seasons. Head out to any of the following top trails to enjoy natural settings:

Allaire State Park (4.7)
4265 Atlantic Avenue, Wall Township
www.nj.gov

Barnegat Lighthouse State Park (4.8)
208 Broadway, Barnegat Light
www.nj.gov

Cattus Island Butterfly Bogs Trail, Main and Hidden Beach Trails, and Red and Yellow Trail Loops (4.6)
1170 Cattus Island Boulevard, Toms River
www.oceancountyparks.org

Cedar Bonnet Island (4.9)
2530 Circle Drive, Manahawkin
www.alltrails.com

Double Trouble State Park (4.7)
581 Pinewald Keswick Road, Bayville
www.nj.gov

Edwin B. Forsythe National Wildlife Refuge Holgate Beach Wilderness (4.8)
11 West Lincoln Avenue, Long Beach
www.fws.gov

Island Beach State Park Trails (4.7)
2401 Central Avenue, Seaside Park
www.nj.gov

Sandy Hook Gateway National Recreation Area (4.7)
128 South Hartshorne Drive, Highlands
www.nps.gov

Shark River State Park (4.6)
1101 Schoolhouse Road, Wall Township
www.monmouthcountyparks.com

FOR OUTDOOR DINING

Enjoy a meal outdoors. Below are local restaurants with outdoor dining:

Avenue Long Branch
23 Ocean Avenue North, Long Branch
www.avenuelongbranch.com

Chef Mike's ABG (4.4)
10 24th Central Avenue, Seaside Park
www.chefmikesabg.com

Dockside Kitchen (4.4)
228 Bay Avenue, Ocean City
www.docksidekitchen.com

Il Giardino Sul Mare (4.4)
2 Hollywood Boulevard South, Forked River
www.ilgiardinოსulmare.com

Oyster Creek Restaurant and Boat Bar (4.5)
41 Oyster Creek Road, Leeds Point
www.oystercreekrestaurant.com

Point Lobster Co. (4.6)
1 St. Louis Avenue, Point Pleasant Beach
www.pointlobster.com

Proving Ground Waterfront Dining (4.4)
56 Shrewsbury Avenue, Highlands
www.theprovingground.com

Red's Lobster Pot (4.4)
57 Inlet Drive, Point Pleasant Beach
www.redslobsterpot.com

Rooney's Oceanfront Restaurant (4.5)
100 Ocean Avenue North, Long Branch
www.rooneysocean.com

Rosie's Ocean Gate (4.7)
401 Monmouth Avenue, Ocean Gate
www.rosiesoceangate.com

Shipwreck Grill (4.4)
720 Ashley Avenue, Brielle
www.shipwreckgrill.com

Shore Fresh Seafood Market & Restaurant (4.4)
57 Channel Drive, Point Pleasant Beach
www.shorefreshseafood.com

The Shrimp Box (4.5)
75 Inlet Drive, Point Pleasant Beach
www.theshrimpbox.com

Sinner's Steakhouse (4.4)

20 Inlet Drive, Point Pleasant Beach

www.sinnersteakhouse.com

Sirena Ristorante (4.1)

27 Ocean Avenue, North Long Branch

www.sirenaristorante.com

Stone Fire Grille (4.5)

226 Atlantic City Boulevard, Beachwood

www.stonefiregrille.com

Sun Harbor Seafood and Grill (4.4)

451 East Bay Avenue, Barnegat

www.sunharborseafoodandgrill.com

IN THE SADDLE

New Jersey is horse country. If you have an urge to ride, you'll find stables and riding lessons close to home:

Breezy Meadow Equestrian Centre (4.3)

49 Driftway Road, Howell

www.breezymeadowequestriancentre.com

Forest Edge Farm (4.8)

55 Forest Edge Drive, Little Egg Harbor

www.forestedgefarmnj.com

Free Spirit Farm (4.9)

187 Siloam Road, Freehold

www.freespiritfarmnj.com

HorseSense Therapeutic Riding (5.0)

145 Easy Street, Howell

www.horsesensenj.com

Sovereign Equestrian (4.9)

64 Hominy Hill Road, Colts Neck

www.sovereignequestriannewjersey.com

ON THE WATER

Boats are not just for fishing. Companies offer rentals of all types of watercraft and related equipment:

Aqua Trails Kayaking (4.9)

1600 Delaware Avenue, Cape May

www.aquatrails.com

Asbury Park Pedal Boats (4.9)

Lake Avenue, Asbury Park

www.asburyparkpedalboats.com

Baycats (4.4)

316 Bay Avenue, Ocean City

www.baycats.com

Belmar Manutti Marina (4.5)

905 Highway 35, Belmar

www.belmarmanuttimarina.com

Benchmark Boat Rentals (4.5)

664 Princeton Avenue, Brick Township

www.benchmarkboatrentals.com

Lakeview Docks Jetski Rentals (4.4)

7118 Park Boulevard, Wildwood Crest

www.lakeviewdocks.com

Larsen's Marina Boat Rentals (4.5)

7 Old Sea Isle Boulevard, Sea Isle City

www.larsensmarina.com

LBi Boat Tours (4.7)

525 2nd Street, Beach Haven

www.lbiboattours.com

Ocean City Fishing Center (4.4)

12940 Inlet Isle Lane, Ocean City

www.ocfishing.com

The Original Belmar Tiki Boat LLC (4.9)

510 River Road, Belmar

www.belmartikiboat.com

Pier 47 Marina (4.3)

3001 NJ-47, Wildwood

www.pier47marine.com

Route 37 Watersports (4.5)

3430 NJ-37, Toms River

www.route37watersports.com

Sailor's Delight Back Bay Fishing (4.3)

560 West Rio Grande Avenue, Wildwood

www.sailorsdelightfishing.com

Wakeside Watersports (5.0)

4216 Park Road, Sea Isle City

www.wakesidewatersports.com

AT A WINE TASTING

New Jersey has more wineries than you may think. Here are some of them:

Bacchus Winemaking Club (4.9)

1540 NJ-37, Toms River

www.bacchusnj.com

Beach Bee Meadery (4.9)

89 Long Branch Avenue, Long Branch
www.beachbeemeadery.com

Cape May Winery & Vineyard (4.5)

711 Town Bank Road, Cape May
www.capemaywinery.com

Italian Festival and Wine Tasting

July 26, 11-5, Monmouth Park
www.monmouthpark.com

Jessie Creek Winery (4.6)

1 Route 47 North, Cape May Court House
www.jessiecreekwinery.com

Natali Vineyards (4.3)

221 North Delsea Drive, Cape May Court House
www.natalivineyards.com

ON A WHALEWATCH

Whale sightings are plentiful off the N.J. coast. Below are some of the tour companies that will take you out to see them:

Cape May Whale Watcher (Also Dolphins)

1218 Wilson Drive, Cape May
www.capemaywhalewatcher.com

Jersey Shore Whale Watching Tours (4.8)

905 NJ-35, Belmar
www.shorewhalewatchingtours.com

Miss Belmar Whale Watching (4.5)

905 NJ-35, Belmar
www.missbelmar.com

Jane Secci

SEIZE THE DAY

Much of our childhood was based on being outside. We would have breakfast on Saturday morning and then, after any chores, would bid farewell to our parents and head for the door. Mom would ask, "Where are you going?" and the answer was simply "Outside." No other explanation was needed.

We would play "kick the can" in the street, ride our bikes to the park, collect a few glass bottles from the neighbors, and exchange them for some penny candy at the corner store. Those were the days my friend... and then we grew up. Our lives became a constant flow of indoor activities – work,

homemaking, child rearing – and the opportunity to go "out to play" faded and responsibilities took over.

Well, here's some good news! For the most part, we are retired, and our families are grown. We have a little more time to do what we want. We can go out and play. Spring has sprung and propelled us from the confines of our home. Lucky for us, we live in the best community with many outdoor activities.

There are a plethora of things to do at Four Seasons. We have golf, walking paths, bocce, gardening, shuffleboard, and a beautiful outdoor pool. Our Social Committee and various clubs provide outdoor bingo, food truck days, music by the pool evenings, ice cream gatherings, outdoor movies, and any excuse to party at outside events. Our close-knit community finds many residents sitting on a neighbor's patio sharing a bottle of wine and some friendship.

And if it couldn't get any better. You know what they say – location, location, location. Our Four Seasons Community is close to some of New Jersey's best beaches and parks. We have so many reasons to head outdoors.

So, let's take some advice from the Roman poet Horace in his writing, "Odes 1.11." "Carpe Diem, quam minimum credula postero," This translates to "Pluck the day, trusting as little as possible to the future." In other words, "Seize the day!"

In May, we honor the women who are mothers, grandmothers, godmothers, aunts, stepmoms, and foster moms. Their love enabled their children to seize the day. I'd like to send a shout-out to my mom, who celebrates her 100th birthday this month.

Dee Bludgus

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MOTHER'S DAY

They were the first smiles you saw when you opened your eyes for the first time. They were the first voices you heard when you turned your head to listen. They fed you when you were hungry. They carried you when you fussed. They bathed you and changed your diapers and clothes. They made you laugh at their silly faces and feel safe in your new world. These early interactions with our mothers taught us to recognize language and utter words in response, eat with a fork, crawl, walk, and find ways to navigate the world.

Over the years, our mothers took us to school, endless play dates, sports, and lessons. They gave advice, helped us with our homework, and confronted us when we got out of line. It is not surprising that as adults we find ways to express our gratitude for all the time, energy, and sacrifice they gave us over the years.

Celebrating motherhood goes back to early civilization. The Egyptians held an annual festival to honor Isis, who represented the ideal mother and wife and was the patroness of nature and magic (www.templeofisis.org). The ancient Greeks and Romans held festivals honoring the mother goddesses, Rhea and Cybele. The spring-time rituals to honor Rhea, the mother of Zeus, were celebrated with offerings of honey cakes, fine drinks, and flowers at dawn. The Roman Festival of Hilaria was a multi-day celebration at the March equinox to honor Cybele, their mother of gods, also known as Magna Mater or Great Mother (www.history.com).

Fast-forward to the Middle Ages in England and other parts of Europe. On "Mothering Sunday," the fourth Sunday of Lent, people took time off to visit their mothers, their church, and other family members. Over time the Mothering Sunday celebration shifted into a more secular holiday when children presented their mothers with flowers and other tokens of appreciation (www.history.com).

Julia Ward Howe an abolitionist and suffragette, also was an advocate for celebrating motherhood. In 1870 Howe wrote the "Mother's Day Proclamation," a call to action that asked mothers to unite in promoting world peace. In 1873 Howe campaigned for a "Mother's Peace Day" to be celebrated annually on June 2nd. Other early Mother's Day pioneers include Juliet Calhoun

Blakely, a temperance activist who inspired a local Mother's Day in Albion, Michigan, in the 1870s. Mary Towles Sasseen and Frank Hering worked to organize Mother's Day in the late 19th and early 20th centuries. Some have even called Hering the father of Mother's Day (www.history.com).

In 1905, Anna Jarvis wanted to honor her mother's death. She successfully promoted the idea of a "Mother's Day." In May 1908, she organized the first official Mother's Day celebration with help from a Philadelphia department store owner, John Wanamaker, at a Methodist church in Grafton, West Virginia. On that same day, thousands of people attended a Mother's Day event at one of Wanamaker's retail stores in Philadelphia.

After the first Mother's Day, Jarvis wanted Mother's Day added to the national calendar. She argued that all the other holidays were biased toward the achievement of males. She started a letter-writing campaign to advocate for a holiday honoring motherhood (www.history.com).

In 1914 Woodrow Wilson signed a measure to establish the holiday on the second Sunday in May. However, after it became a national holiday Jarvis denounced Mother's Day because it had become commercialized. Jarvis advocated that people should not buy flowers, cards, and candy. Eventually, she sued groups that used the name "Mother's Day" for profit. Her campaign was unsuccessful, and Mother's Day continued to be celebrated commercially. It became a day for giving mothers a day off from cooking and the country's most popular day for going out to dinner. It is also a day when calls to mothers spike 37%, the most popular phone call day of the year (www.history.com).

Mother's Day is celebrated globally in countries including the United Kingdom, Mexico, Japan, Ethiopia, Peru, Thailand, and France. While the holiday occurs in some of these countries on the second Sunday of May, there are exceptions. For example, in the U.K., Mother's Day is on the fourth Sunday of Lent, and in Thailand, it takes place in August (www.history.com). Wherever and however you celebrate it, Happy Mother's Day everyone!

Elizabeth Candiotti

BIRDWATCHING

How many species of birds can you see at Four Seasons? You'd be surprised at the number that inhabit our community. How many different birds have you seen? Can you identify them?

One of our most frequently observed birds is the American Robin. It is a medium-sized bird present everywhere on the North American continent. It has a rusty orange belly and a gray back. Robins are seen running along the ground looking for worms. Although they are reputed to arrive in the spring, very few travel south in the winter (www.audubon.org).

Other birds we frequently observe in our gardens are Blue Jays. They are easy to spot because of their vibrant blue, white, and black feathers and striking crest. Blue Jays are easy to hear because of their loud and repeated squawks. They are abundant in all areas of the U.S. and are seen year-round (www.allaboutbirds.org).



The Northern Cardinal is another favorite seen in Four Seasons gardens. The male Cardinal has a black face and a bright red crest, beak, and body. The female has soft,

tawny brown feathers. Cardinals are often seen in pairs at your feeder and in the woods. They look especially spectacular in the snow (www.audubon.org).

The Mallard is a duck whose males have a bright green head, thin white collar, reddish-brown chest, yellow bill, and a black rump with a white-tipped tail. The females have a mottled brown body and orange and brown bills. These beautiful birds are frequently seen with their families swimming in our ponds all year (scott@birdwatchinghq.com).



The Mourning Dove (Pigeon) is a regular visitor to our feeders. It often is seen in a group and is easily startled. It has brown and gray feathers with dark spots on its wings. These birds make a woeful cooing sound that sometimes sounds like an owl (www.audubon.org).



The American Goldfinch is a colorful bird that visits our feeders every summer. It travels in a flock and likes fields and roadsides. It is small and bright yellow. Both sexes look alike, although the females are a slightly lighter yellow than the males (scott@birdwatchinghq.com).

The American Crow is found in various habitats. It often travels in a flock. It is easy to recognize by its large size and solid black plumage. It is famous for its loud caw. It is very intelligent, has a long memory, and can solve problems. Scientists have studied crows' ability to recognize and remember people after a long period (www.audubon.org).



The Ruby-throated Hummingbird is a special visitor to feeders that bird lovers always enjoy seeing. It is the smallest of the North American birds. Its tiny size, colorful feathers, and rapidly beating wings make it a showstopper. Bird watchers love to watch them hover over blossoms and even fly backward. The Hummingbird loves flowers, so some homeowners plant flowers to attract them to their gardens (*"Birds of North America"*).



Nuthatches are small birds that are seen walking face-down on trees. They nest in trees and love to eat insects. They also are seen at bird feeders. They have

short tails, long bills, a black cap, a white throat, and a blueish-grey back. Sometimes they have brown or orange coloring on their stomachs (www.audubon.org).

The Black-capped Chickadee is one of the first birds to arrive at feeders after they are filled. This small bird has a short bill, a black cap, a bib under his chin, and buff-colored sides. It is friendly and will fly to the feeder while you are sitting nearby (www.audubon.org).



The Titmouse is little, gray, has a spiky crest, a rust-colored area under its wing, and a bit of black above its beak. Its name has nothing to do with

rodents but is derived from the old English word for little bird. The Titmouse loves to hang around Chickadees and you will find them together at your feeder (www.audubon.org).

Another bird that frequently visits our bird feeders is the House Finch. It is a small bird. The male has a red spot on his head and the female is all brown with light striping on its breast (*"Birds of North America"*).



If you look carefully at the undergrowth of your shrubs, you can sometimes see a striking black and reddish-brown, medium-sized bird called a Towhee. You

can identify it by the noise it makes rummaging through the bushes (*"Birds of North America"*).

The Junco is another small bird commonly seen in the winter. It is dark eyed with a white belly and a slate head and back (www.audubon.org).



The Red-Headed Woodpecker is an easily identified bird that can be seen knocking on your tree trunks looking for insects to nibble on. Adults have a bright crimson head, black back, large white wing patches, and a white belly. These large patches of solid color are unlike most Woodpeckers, which have more intricate patterns.

The Downy Woodpecker has a short beak, black and white upper parts, a white stripe down its back, and a striped face. Males have a red patch on their necks. Both have been seen in our community (*"Birds of North America"*).

In addition to the birds mentioned above you can see: Snow Geese, Sparrows, Egrets, Wrens, Cow Birds, and Cat Birds. If you are interested in observing or attracting these beautiful Four Seasons residents to your backyard, here are a few tips:

- Put out sturdy feeders that can withstand all kinds of weather.
- Make sure the bird feed you use is the hot chili variety so the squirrels don't knock your feeders down and eat the food.
- Buy a good pair of binoculars to get a close-up view of your avian visitors.

To learn more about birds, consult *"A Guide to Field Identification Birds of North America"* by Robbins, et. Al. or *"Guide to North American Birds"* by the Audubon Society. They contain information about the birds that inhabit our local environment.

There is abundant online information about birds on the websites of the Audubon Society and other preservation groups. There also are handy online apps to identify birds by photos and sounds. At [Picture Bird – Bird Identifier](#) and [Merlin Bird ID](#), you can snap a photo of a bird, and the site will display a picture of the bird and describe it.

Elizabeth Candiotti

FATHER'S DAY

*"My father didn't tell me how to live; he lived and let me watch him do it."
Clarence Budington Kelland, Author*

Although fathers historically held the role of authority figures in families, it wasn't until the 20th century that an event was held to honor fathers (www.psychologytoday.com). It was a one-time commemoration held on July 5, 1908, in a West Virginia church. It was in honor of 362 men who died the previous December in an explosion at the Fairmont Coal Company mines in Monongah, West Virginia (www.history.com).

In 1910, Sonora Smart Dodd, the daughter of a twice-widowed Civil War veteran with 14 children, was listening to a Mother's Day sermon and decided she wanted to honor the "loving service" of fathers like her own. She petitioned the Spokane Ministerial Alliance to recognize the courage and devotion of all fathers. The Alliance liked the idea, and in 1910, church sermons in Spokane, Washington, were dedicated to fathers. During the celebration, red and white roses were passed (www.history.com). For the next 60 years, Sonora pushed for the official recognition of Father's Day as a national holiday. (www.usatoday.com).

The idea of a national holiday for fathers spread slowly. President Woodrow Wilson honored the day in 1916 by using telegraph signals to unfurl a flag in Spokane when he pressed a button in Washington, D.C. President Calvin Coolidge urged state governments to observe Father's Day in 1924 (www.history.com).

The campaign to celebrate the nation's fathers was not universally supported. Many men were against the idea and saw it as too sentimental and an attempt to domesticate men. They also derided it as a commercial gimmick to sell more products, often paid for by fathers (www.history.com).

In the next two decades, there was a movement to scrap Mother's Day and Father's Day and replace it with Parent's Day. This movement was supported by a radio performer, who proclaimed, "that both parents should be loved and respected together" (www.history.com).

Ironically, during the Great Depression, retailers who wanted to promote the sale of men's sporting goods, clothing, and greeting cards, supported the holiday. During World War II, many argued that commemorating Father's Day was a way to honor American troops and support the war effort. After the war, Father's Day may not have been a federal holiday, but it was a national institution. During a hard-fought presidential re-election campaign in 1972, Richard Nixon signed a proclamation making Father's Day a federal holiday.

Today, in the U.S., the day honoring fathers is celebrated on the third Sunday of June. Economists estimate that Americans annually spend more than 1 billion dollars on Father's Day gifts. In other countries (especially in Europe and Latin America), fathers are honored on St. Joseph's Day, a traditional Catholic holiday that falls on March 19th (www.history.com).

Today, we know the role of fathers in children's lives has much more impact than previously believed. When Fathers engage in activities with their children, they have better verbal skills, intellectual functioning, and academic achievement throughout childhood (www.psychologytoday.com).

According to a report in "Fathers and Their Impact on Children's Well-Being," even from birth, children who have an involved father are more likely to be emotionally secure, confident to explore their surroundings, and, as they grow older, have better social connections (www.psychologytoday.com).

Our memories of our fathers encourage us to be the best we can be at every turn and make the celebration of Father's Day important and meaningful. Happy Father's Day everyone!

Elizabeth Candiotti

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MONDAY		THURSDAY	
08:00-11:00 PICKLEBALL RD ROBIN	DiRuggiero/Baker/Mondelli	08:30 PILATES* (Activity Center)	Iuliano
09:00 WATER AEROBICS (Indoor Pool)	Gorski	08:30 MEN'S CLUB (Ballroom - 2 nd Thur)	Dibiase
10:00 LINE DANCING (Activity Center)	Garrabrandt	09:00 WATER AEROBICS (Indoor Pool)	Gorski
11:30 MAT YOGA* (Ballroom)	Molina	09:30 LADIES TABLE TENNIS (Activity Center)	Camiscoli/Mattia
12:30 PINOCHLE (Clubhouse)	Licata	10:45 MEN'S TABLE TENNIS (Activity Center)	Ackman
12:45 CHAIR YOGA* (Ballroom)	Molina	01:00 PILATES* (Activity Center)	Iuliano
01:00 BRIDGE (Clubhouse - Beginners Welcome)	Hoffmann	01:00 BRIDGE (Clubhouse - Beginners Welcome)	Hoffmann
06:30 OPEN-PLAY MAH JONGG (Activity Center)	Wisler	01:00 JEWISH AMER. CLUB (Ballroom - 3 rd Thur)	Lederman
07:00 POKER (Clubhouse)	Licata	07:00 LADIES POKER (Clubhouse)	Correnti
07:00 PINOCHLE (Clubhouse)	Licata	07:00 PINOCHLE (Clubhouse)	Licata
07:00 LADIES POKER HI-LOW & WILD (Clubhouse)	Moynihan	07:00 POKER (Clubhouse)	Licata
TUESDAY		07:00 THEATER CLUB (Theater 2 nd Thur)	Dubrowsky
08:30 PILATES* (Ballroom)	Iuliano	07:00 POCKET BILLIARDS (Clubhouse)	Lederman
09:00 WATER AEROBICS (Indoor Pool)	Gorski	FRIDAY	
09:15 TRAVEL CLUB (Theater 2 nd Tues)	Hoover	08:00-11:00 PICKLEBALL RR	DiRuggiero/Baker/Mondelli
09:30 LADIES' TABLE TENNIS (Activity Center)	Camiscoli/Mattia	09:00 WATER AEROBICS (Indoor Pool)	Gorski
10:45 MEN'S TABLE TENNIS (Activity Center)	Ackman	09:30 WOMEN'S CLUB (Ballroom 1 st Fri)	Ramsey
11:00 SPORTS TALK (Theater)	Pullis	10:00 ZUMBA* (Activity Center)	Molina
12:00 STRENGTH TRAINING* (Activity Center)	Tempio	10:00 BRIDGE (Clubhouse - Beg/Ret Players)	Hoffman
03:00 BEGINNER LINE DANCING (Activity Center)	McClay	10:00 DEBORAH (Ballroom - 2 nd Fri)	Fischer
06:00 ITALIAN AMERICAN CLUB (Ballroom 2 nd Tues)	Floria	03:00 BOOK DISCUSSION GROUP (Activity Center)	Klevans
06:00-9:00 PICKLEBALL ROUND ROBIN	Pacia	07:00 FRIDAY NIGHT MOVIES (Theater)	Domino/Sinnig
07:00 IRISH AMERICAN CLUB (Ballroom 3 rd Tues)	Nuzzi	07:00 ROCK N ROLL CLUB (Ballroom)	Possumato
07:00 PINOCHLE (Clubhouse)	Licata	SATURDAY	
07:00 POKER (Clubhouse)	Licata	10:00 STRENGTH TRAINING* (Activity Center)	Tempio
07:00 POCKET BILLIARDS (Clubhouse)	Lederman	SUNDAY	
WEDNESDAY		04:00 SINGLES CLUB (Ballroom - 2 nd Sun)	Castro
08:00-11:00 PICKLEBALL RD ROBIN	DiRuggieri/Baker/Mondelli	ADDITIONAL CLUBS/ACTIVITIES	
09:00 WATER AEROBICS (Indoor Pool)	Gorski	BOCCE/SHUFFLEBOARD	Varone
09:30 ZUMBA* (Activity Ctr)	Molino	CHORUS	Chesley
11:30 MAT YOGA* (Ballroom)	Franchino	FIT CLUB	Secci
12:45 CHAIR YOGA* (Ballroom)	Franchino	GARDEN CLUB	Giordano
01:00 DOMINOES (Suspended)	Maddeo	TRAVEL CLUB (Theater 2 nd Tues)	Hoover
07:00 PINOCHLE & POKER (Clubhouse)	Licata		
07:00 PINOCHLE & POKER (Clubhouse)	Licata		

* You must register for these classes.

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MAY 2025 EVENT CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 8:30 a.m. Pilates 1:00 p.m. Pilates 5:30 p.m. Cooking Class	2	3 10:00 Strength Training 1:00-4:00 p.m. Children's Pool Hours 6:00 p.m. Kentucky Derby Party
4 1:00-4:00 p.m. Children's Pool Hours	5 11:30 a.m. Mat Yoga 12:45 p.m. Chair Yoga 3:00 p.m. Chorus	6 8:30 a.m. Pilates 10:00 a.m. Mah Jongg Tournament Noon Strength Training	7 9:30 am Zumba 11:30 a.m. Mat Yoga 12:45 p.m. Chair Yoga 6:00-7:00 p.m. Ticket Sale Ladies Golf Nine, Wine & Dine	8 8-10 a.m. LabCorp 8:30 a.m. Pilates 8:30 a.m. Men's Club 1:00 p.m. Pilates 5:30 p.m. Cooking Class 7:00 p.m. Theater Club	9 9:30 a.m. Zumba 10:00 a.m. Deborah Meeting Noon Women's Club Spring Luncheon at Lobster Shanty 7:00 p.m. A Night At The Races	10 10:00 a.m. Strength Training 1:00-4:00 p.m. Children's Pool Hours
11 Happy Mother's Day 1:00-4:00 p.m. Children's Pool Hours	12 11:30 am Mat Yoga 12:45 .pm. Chair Yoga 3:00 p.m. Chorus	13 8:30 a.m. Pilates Noon Strength Training 6:00 p.m. Italian American Club	14 9:30 a.m. Zumba 9:45 a.m. Spirit of NJ Trip 11:30 a.m. Mat Yoga 12:45 p.m. Chair Yoga	15 8:30 a.m. Pilates 1:00 p.m. Jewish American Club 1:00 p.m. Pilates	16 No Zumba 6:30 p.m. Rock n Roll Club	17 10:00 a.m. Strength Training 1:00-4:00 p.m. Children's Pool Hours
18 1:00-4:00 p.m. Children's Pool Hours	19 11:30 a.m. Mat Yoga 12:45 p.m. Chair Yoga 3:00 p.m. Chorus	20 8:30 a.m. Pilates Noon Strength Training 6:00 p.m. Irish American Club	21 9:30 a.m. Zumba 11:30 a.m. Mat Yoga 12:45 p.m. Chair Yoga 7:00-7:45 p.m. Italian American Club Ticket Sale	22 8-10 a.m. LabCorp 8:30 a.m. Pilates 1:00 p.m. Pilates 3:00 p.m. Open Board Mtg 6:00 p.m. Bingo	23 9:30 a.m. Zumba 7:00 p.m. BlueClaws Game	24 11:00 p.m. Memorial Day Tribute 1:00-4:00 p.m. Children's Pool Hours
25 1:00-4:00 p.m. Children's Pool Hours	26 1:00-4:00 p.m. Children's Pool Hours 3:00 p.m. Chorus	27 8:30 a.m. Pilates Noon Strength Training	28 9:30 a.m. Zumba 11:00 a.m. Surflight Theater "Top Hat" Trip Departs	29 8:30 a.m. Pilates 1:00 p.m. Voice Your Concerns 1:00 p.m. Pilates	30 9:30 a.m. Zumba 7:00 p.m. Comedy Show	31 10:00 a.m. Strength Training 1:00-4:00 p.m. Children's Pool Hours 7:00 p.m. Comedy Show

JUNE 2025 EVENT CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 1:00-4:00 p.m. Children's Pool Hours	2 3:00 p.m. Chorus	3 8:30 a.m. Pilates Noon Strength Training 1:00-2:00 p.m. Bingo Card Sales 2:30 p.m. Games Begin	4 9:30 a.m. Zumba 12:30 p.m. Fit Club Luncheon	5 8-10 a.m. Labcorp 8:30 a.m. Pilates 1:00 p.m. Pilates	6 9:30 a.m. Zumba 11:00 a.m. Women's Club Brunch 4:00 p.m. Twilight Golf	7 10:00 a.m. Strength Training 1:00-4:00 p.m. Children's Pool Hours
8 1:00-4:00 p.m. Children's Pool Hours	9 BULK PICK UP DAY 9:30 a.m. Hindu Temple Trip Departs 11:30 a.m. Mat Yoga 12:45 p.m. Chair Yoga 3:00 p.m. Chorus	10 8:30 a.m. Pilates Noon Strength Training 6:00 p.m. Italian American Club	11 9:30 a.m. Zumba 11:30 a.m. Mat Yoga 12:45 p.m. Chair Yoga	12 8:30 a.m. Pilates 8:30 a.m. Men's Club 1:00 p.m. Pilates 4:30 p.m. Ladies Golf Nine, Wine & Dine 7:00 p.m. Theater Club	13 9:30 a.m. Zumba 10:00 a.m. Deborah Meeting 5:00 p.m. Garden Club Spring Party	14 10:00 a.m. Strength Training 1:00-4:00 p.m. Children's Pool Hours
15 1:00-4:00 p.m. Children's Pool Hours	16 11:30 a.m. Mat Yoga 12:45 p.m. Chair Yoga 3:00 p.m. Chorus	17 8:30 a.m. Pilates Noon Strength Training 6:00 p.m. Irish American Club	18 9:30 a.m. Zumba 9:30 a.m. Broadway Trip Departs 11:30 a.m. Mat Yoga 12:45 p.m. Chair Yoga	19 8-10 a.m. Labcorp 8:30 a.m. Pilates 1:00 p.m. Jewish American Club 1:00 p.m. Pilates 7:00 p.m. Open Community Board Mtg.	20 9:30 a.m. Zumba 7:00 p.m. Rock n Roll Club	21 10:00 a.m. Strength Training 1:00-4:00 p.m. Children's Pool Hours
22 1:00-4:00 p.m. Children's Pool Hours	23 11:30 a.m. Mat Yoga 12:45 p.m. Chair Yoga 3:00 p.m. Chorus	24 8:30 a.m. Pilates Noon Strength Training	25 9:30 a.m. Zumba 11:30 a.m. Mat Yoga 12:45 p.m. Chair Yoga 7:00-7:45 p.m. Italian American Club Ticket Sale	26 8:30 a.m. Pilates 1:00 p.m. Pilates 6:00 p.m. Bingo 7:00 p.m. Voice Your Concerns	27 9:30 a.m. Zumba	28 10:00 a.m. Strength Training 1:00-4:00 p.m. Children's Pool Hours 7:00 pm Chorus Concert
29 1:00-4:00 p.m. Children's Pool Hours	30 11:30 a.m. Mat Yoga 12:45 p.m. Chair Yoga					

FOUR SEASONS LIBRARY

The theme of this month's *Four Seasons Times* is things to do outside. Many books are dedicated to outdoor activities – a walk on the beach, a stroll in the park, fishing in a pond – all wonderful scenarios, and a repeated setting in many novels. Let's take the subject a bit further to the *extreme outdoors*. This month's book suggestions emphasize outdoor activities that most of us can only dream about.

Author Jon Krakauer's novels, "*Into the Wild*" and "*Into Thin Air*" are based on true stories. The former tells of a man's walk into the Alaskan wilderness. The latter is a personal account of the ill-fated Mt. Everest climb. Both are tragic reminders that man is no match for the force of nature.

On a brighter note, "*A Walk in the Woods*" by Bill Bryson is a personal account of the author's 2000+ mile hike along the Appalachian Trail. This book reveals the beauty of nature and the importance of protecting our land. In a similar vein, CBS Correspondent Conor Knighton shares his year-long journey to America's National Parks in his book, "*Leave Only Footprints*."

Author Andrew Terrill chose the road less traveled and tells of his 7,000-mile walk from Southern Italy to Norway. His book, "*The Earth Beneath My Feet*," gives the reader an inside look at some of Europe's most remote wilderness and includes exceptional pictures of his experience.

"*Where the Crawdads Sing*" by Delia Owens, is an emotional novel about a young girl abandoned by her family. She learns to live in isolation, finding companionship only in nature. Nicknamed the "*Marsh Girl*" by an unkind society, Kya is a realistic example of a person being one with nature.

Human interaction with nature has existed since the beginning of time. For centuries, people have challenged the forces and enjoyed the beauty of our natural world. In the mid-1800s, Henry David Thoreau penned "*Walking*" and "*On Walden Pond*." Thoreau believed we are not "separate from nature but within it."

In the early 1900's, Jack London wrote, "*Call of the Wild*" and "*To Build a Fire*." London's stories are set in the Yukon Territory, where temperatures can drop to minus 30 degrees F. His characters battle for survival in an unforgiving natural environment.

Perhaps the epitome of extreme outdoor journeys can be found in Homer's 7th-century poem, "*Odyssey*." It is one of the older surviving pieces of literature and vividly describes Odysseus' ten-year journey home after the Trojan War.

Many books are written about the great outdoors. They can be found at our wonderful Four Seasons Library. Stop by and borrow a book. Since the weather is getting warmer, grab a chair and read outside. During May, as we salute mothers, let us honor everyone's mother – Mother Nature. May we love and respect her always. Happy Reading!

Dee Bludgus, Library Committee

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BUTTERFLIES

One of the most enchanting sights in a summer garden is when a butterfly flutters over the flowers, stops to take a drink of nectar and goes on its way. Sometimes if you are still, you can put out your finger and watch a butterfly sit on it for an instant of pure joy.

Butterflies are part of the Lepidoptera order of insects, which includes moths. They are flying insects with large, scaly wings, six jointed legs, three body parts, a pair of antennae, compound eyes, and an exoskeleton. These three body parts are the head, thorax (the chest), and abdomen (the tail end). The four wings and six legs attached to the chest make the wings and legs move. Butterflies can fly only if their body temperature is above 86 degrees. They fly 5 to 30 miles per hour depending on the variety.

Butterflies begin life as an egg laid on a leaf. They hatch and become a caterpillar that eats constantly and increases in size several thousand times. Then it weaves itself into a cocoon and emerges as a beautiful flying adult.

As an adult, the butterfly uses its long, flexible tongue to sip liquids. It lives on the nectar of flowers. They live all over the world in all kinds of environments, but most are found in tropical areas (www.enchantedLearning.com).

Types of butterflies include Swallowtails; Whites and Sulphurs; Blues, Coppers, and Hairstreaks; Metalmarks; Brush-footed butterflies; and Skippers. Within these types, there are many species (scott@birdwatchinghq.com).



The **Monarch** is a recognizable butterfly. It has bright orange coloring on its wings with black veins and white dots. It has a life span of up to nine

months compared to a few weeks in other species. This is fortunate because Monarchs migrate from Canada to Mexico, a distance of 3000 miles, and use a magnetic compass to do so.



The **Painted Lady** butterfly has orange-brown wings with black and white spots and is found throughout the world. During its annual migration, the Painted Lady butterfly travels 9,000 miles from North Africa to Europe and goes as far as the Arctic Circle. Its migration depends on its caterpillars' diet of thistle plants. These butterflies prefer warmer climates and do not hibernate in winter.



Red Admirals have a dark brown coloring with a reddish circular band and white spots. The underside of the back wings looks like bark. They have a wingspan of 1.75 to 2.5 inches. It is the most widespread species in the U.S. They tend to enjoy the moist underbrush at the edge of the forest. However, they don't eat nectar but instead feast on rotten fruit. If you want to attract them, put out ripe fruit in the sun.



Viceroy butterflies are almost identical to the Monarch except they have a black line on their bottom wing. They have a wingspan of 2.5 to 3.25 inches. Their coloring is deep orange with black edges and veins and white spots on the black border.



The **Hackberry Emperors** have a nearly black, amber-brown body with orange-ringed eyespots and brown and white spots. They have a wingspan of 2 to 2.75 inches. They are common in the U.S. in parks and yards. They don't eat flower nectar, rather they eat Hackberry flower nectar, sap, feces, decaying animals, and old fruit.



Common Wood Nymphs have a wingspan of 2 to 3 inches. They are varying shades of brown with dark eyespots. They like forests, meadows, fields, and salt marshes. They hatch late in the fall and hibernate during the winter.

Azure Butterflies are a beautiful cornflower blue with spots and stripes of gray, although



the females tend to be darker and less colorful. They have a wingspan of 0.75 to 1.25 inches. This butterfly is widely seen in open woodlands, roadsides, and hiking trails. So look out for them when you are out in nature (www.trvst.org).

If you are interested in attracting these enchanting creatures to your backyards, here are a few tips. Plant native flowering plants that are local to your area. Make them colorful – butterflies love red, orange, yellow, and purple flowers. They should have flat surfaces and short nectar tubes. Make sure your plants have good sun. Use plants that bloom continuously. Don't use insecticides. Provide a place for them to rest with water. For additional information, explore the website of the National Wildlife Federation (www.nationalwildlifefoundation.org).

Elizabeth Candiotti

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FIT CLUB

The purpose of the Four Season Fit Club is to provide classes, events, and activities that foster good physical and mental health and are enjoyable. Our mission is to provide a collegial atmosphere for all Four Seasons residents and foster friendships, old and new. Dues are \$10 per year.

We are adding a third Strength Training Class on Thursdays at 3:00 p.m. in the Activity Center. The class, taught by Linda Tempio, will begin on May 8, 2025. Unlike the Tuesday and Saturday classes, the classes will entail mat work. As spaces in all three classes become available, we will contact those on the waitlist to see if they want to enroll. If you are not on the waitlist and want to take a class, please email fourseasonstimes@gmail.com and provide your name, email, and telephone number. You must be a dues-paying member of the Fit Club to take Strength Training classes.

Jane Secci

PICKLEBALL

With the arrival of Spring, the Pickleball courts at Four Seasons are brimming with players enjoying fun and fellowship with one another. Pickleball is easy to learn and does not require demanding skills. It is an attractive sport for all ages, but especially for older folks – 33% of players are over 65 years old.

Physically, the sport's benefits include hand-eye coordination, strength-building, and agility. Pickleball also is a source of social connectedness and improved mental health. The desire to connect with friends will keep you coming back again and again.

At Four Seasons, we welcome players of all levels to come out and participate.

This Spring we will conduct a clinic for newcomers who have "never played" where they can learn the fundamentals of the game, including scoring, serving, and regulations.

If you are new to the sport, you may find it intimidating. However, it won't take long before you're hooked on the game.

Club hours are posted on the Weekly Activity Listing, but we utilize an app called TeamReach for pick-up games. If you are interested in learning more about pickleball at Four Seasons, contact us at 4seasonspickleballclub@gmail.com.

Grace Mondelli, Co-Chairperson

BOWLING LEAGUE

In the 24th week of our 30-week season, at least 14 teams were positioned to place in the top spots at the end of this year's standings. The final top teams and individual statistics will appear in the July issue of the *Times*.

Ocean Lanes informed us that they may need to limit the number of teams next season because they are running out of available lanes. They now host senior, ladies', men's, and high school leagues, and sponsor tournaments and birthday parties. Sometimes, they cannot accommodate open bowlers because they lack open alleys.

We don't ever want to prevent our neighbors from joining our league and we'll do our best to find a place for everyone who signs up.

With the golf course's opening, you have a decision to make. Should you bowl or play golf on Wednesday afternoons? Whatever you decide, enjoy your game!

Joe Coco

GOLF CLUB

The golf season is off to a great start with several upcoming events, including the Ladies' League, Men's League, Saturday League, and Friday Twilight Tournaments.

The opening tournament is on Saturday, May 3, 2025, and the Wounded Warriors tournament is scheduled for Saturday, May 31, 2025. The Wounded Warriors tournament again will include putting for wine, a silent gift auction, and a 50/50 raffle. Please consider attending this special fundraising event. You do not have to be a golfer to participate in putting for wine, the auction, or the 50/50 raffle. All funds raised will be donated to the Wounded Warriors Project.

Mary Cogelia

LADIES GOLF

Our first tournament will be on Thursday, May 1, 2025. We look forward to seeing everyone there. The Ladies Nine, Wine, & Dine will take place on Thursday, June 12, 2025, at 4:00 p.m. Ticket Sales for the event are scheduled for Wednesday, May 8, 2025, from 6:00-7:00 p.m. We hope you'll join us.

Barbara, Julia, Terry, and Nancy

ITALIAN AMERICAN CULTURAL CLUB

It was a night for Italians to go wild! The Italian American Cultural Club March event was a great way to kick off the new year. We had a terrific dinner that included salad, fish, eggplant, Pasta Bolognese, and Chicken Parmesan from Tee Time Catering, and homemade cookies for dessert. We also had two DJs who knew how to get just about everyone on the dance floor. We started with the old Italian classics like the Tarantella and Chella Luna and ended up with music from the 60s until now. Everyone we spoke to said this was the best IACC event in a long time and did not seem to be concerned that we had to increase the price to cover food and entertainment costs.

The Italian Club wants to keep this club as one of the best in the community by offering wonderful food and varied entertainment. In the coming months, we look forward to returning visits from Zack Alexander, Lou Abbato, and Gerard Esposito. We also are premiering some new talent to Four Seasons including Max Valentino who plays Fridays and Saturdays at Ninos in Brick, Tommy Smooth (also a member of the Juke Box Legends band), and new regional dancers from Italy.

If you have not joined for 2025, please make sure you get your \$10.00 pp check over to the Activities Desk and sign up for more great evenings with your friends.

Sue Jacobson, 1st Vice President

JEWISH AMERICAN CLUB

Greetings from the Jewish American Club! We welcome any Four Seasons resident to join our club. The meetings are entertaining, educational, and fun, and there are lots of delicious desserts. It's a great way to spend a Thursday afternoon once a month.

In March, we enjoyed the singing of Lou Abbato. In April, we celebrated Passover with stories and family artifacts. On May 15, 2025, Jeff Shanker from the Ocean Township Historical Association will talk about D-Day, and we'll serve bagels and cookies. In future meetings, we'll have entertainers, games, prizes, a Holocaust presentation, and a psychic. Join us in friendship and community. For information, call Francine at 201.406.8456.

Francine Kaplan

IRISH AMERICAN CLUB

Our St. Patrick's Day dinner was a great success. Tee Time served a delicious, corned beef and cabbage dinner and Mike Byrnes had us singing and dancing to our favorite Irish tunes. It was a great night for the Irish. Thank you to everyone who attended and enjoyed the evening with us. In April, we had our annual Fish & Chips dinner and played Music Bingo.

May is "Derby" time, and not just for the Kentucky Derby. We have the Irish Derby on Tuesday, May 20, 2025 at 6:00 p.m. At this event, we transform the Clubhouse into a horse racing track for a night of racing. A special group of members (called tellers) take your bets. After the betting, horses and their trainers are called to the post. With the roll of the dice, the horses are off. It's a great night of fun and laughter. Tickets will be on sale from Tuesday, April 29 to May 12th.

On June 17th at 6:00 p.m., we'll hold another Bob Scott's Game Night. It will have everything you want in a game night, including Table Feud (every table in the ballroom competes against the other tables in three different games), Family Feud, Wheel of Fortune, and Jersey Trivia. You play for "Bob" points. The more "Bob" points you win the better your chances to spin the Big Prize Wheel. You have a chance to win from \$10 to hundreds of dollars. Last year one table won \$200 on the prize wheel. Tickets go on sale from Tuesday, May 27 to June 9, 2025.

Our events are open to everyone. We invite you to join us. Dues are \$10 per year.

Thomas Nuzzi

WOMEN'S CLUB

In April, the Women's Club spent the day at Peddler's Village to stroll, shop, and enjoy lunch. It was a lovely excursion. On May 9, 2025, the Women's Club will hold its Spring Luncheon at the Lobster Shanty, Point Pleasant, from noon to 3:00 p.m. Luncheon choices include entrée, Caesar salad, garlic roasted potatoes and vegetables, soda, coffee, tea, and cheesecake. The cost is \$35 per member.

On Friday, June 8, 2025, there will be a Women's Club Brunch. Watch the Weekly Activity Listing, view Channel 77, or look for the posters in the Clubhouse for more information and the ticket sale date.

Carol Ramsey



Memorial Day

Last Monday in May



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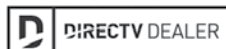
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COUNTRY-WESTERN DANCE NIGHT



Fifty residents and their guests attended the 12th Anniversary of Country-Western Dance Night at the Clubhouse on Sunday, March 30, 2025. The Four Seasons Social Committee sponsored the event.

Attendees enjoyed learning basic line and partner dances, including *Fireball*, *AA*, *We're Good To Go*, *Bar Song*, *Had Some Help*, *Palomino Stroll*, and *Wagon Wheel Rock*. They also watched demos by Gayle Garabrandt, her Four Seasons line dancing group, instructors Billy and Lisa, and residents George Smith and June Farkouh.

Whether those attending participated in the lessons or sat and watched, they enjoyed listening to lively country-western music and snacking on trail mix and ice cream.



June Farkouh again ran the event for the Social Committee, ably assisted by Marge Coco, Laura Dahl, Mary Jaroszewski, Barbara Monteverde, and photographer Dan Janelli.

The next Country-Western Dance Night will be on October 26, 2025. Watch for it! And if you have caught the country-western dance bug, Billy and Lisa teach most Tuesdays at the PAL, 60 Drum Point Road, Brick Township at 6:30 p.m.

George Smith and June Farkouh

MEN'S CLUB

Save the date for our May event – “A Night at the Races.” It's scheduled for Friday, May 9, 2025, from 6:30 p.m. to 7:30 p.m. in the Clubhouse Ballroom. View the Weekly Activity Listing, Channel 77, or the posters in the Clubhouse for more information.

The Men's Club holds meetings on the second Thursday of each month. Breakfast is served to members at 8:30 a.m. Prospective members may attend the breakfast at no cost. The program starts at 9:30 a.m. Everyone in the community is invited to attend.

Do you know anyone who is ill or has a loved one who has just passed away? Charles Damian will send a card to the family on behalf of the Men's Club. You can reach Charles at 732.586.3568 or send an email to charles.damian.broker@gmail.com.

THANK YOU

Dear Friends and Community:

I want to take a moment to express my deepest gratitude for the overwhelming love, support, and kindness you've shown me during this incredibly difficult time. The loss of my husband, Thomas A. Curivan, has been a profound and life-altering experience, but through it all, I have found comfort in knowing that I am not alone. The outpouring of care from all of you has been a lifeline, and I want to say a heartfelt thank you.

From the thoughtful gifts to the visits, chats, and kind words, every gesture has meant more than I can put into words. I have found so much strength in the kindness you've shown, and I know that my husband, too, found comfort in knowing I was surrounded by such an incredible group of people. Thank you from the bottom of my heart.

*In Love and Friendship,
Grace Curivan*



ROCK N ROLL CLUB

On Friday, May 16, 2025, we're bringing back Epic Soul – a club favorite. They stay on the dance floor and dance their hearts out all night long, playing all types of music. Like at a wedding, there's something everyone can dance to. We'll serve dessert on all the tables and decorate the Clubhouse Ballroom. There will be \$100 raffles – a club favorite.



In June, our Rock 'n' Roll club will go in the opposite direction of the May dance. We'll showcase an "Oldies Night" with our beloved Cameos.



They have entertained our club for 15 years. This will be a fun night that brings back great memories of our youth. The Cameos harmonize beautifully. We love seeing so many smiling faces when residents dance to their favorite songs from the past. We will serve dessert and beverages, and give out our many \$100 prizes.

We look forward to seeing everyone at both dances. Sign-up information is on the Weekly Activity Calendar.

Lucille Possumato, Chairperson

RUDE, CRUDE AND A LITTLE RISQUÉ

Do you enjoy laughing at things others may consider inappropriate? Then mark your calendars for our 1st time ever comedy nights called "Rude, Crude, and a Little Risqué" produced by Rich Ronan and Sue Jacobson. The dates are Friday and Saturday nights, May 30 and May 31. This production will include your neighbors at Four Seasons who will perform funny skits, routines, songs, and dances – all on subjects most of us can relate to.

We will decorate this venue as a nightclub using round tables. We'll provide light snacks for each table, and you can bring your choice of beverage. Doors open at 7:00 p.m., so everyone has time to get primed. The show will start at 8:00 p.m.

Due to the content of the shows, attendees must be at least 18 years old. Also, if you do not find inappropriate conversations or presentations funny or can be offended easily, then this event may not be for you.

The Social Committee is sponsoring the shows. The sign-up date for both shows is Tuesday, April 22, 2025, from 6:00-6:30 p.m. in the Clubhouse Old Arts and Crafts Room. The cost is \$5.00 per night. If we do not sell out to residents, the event will be open to outsiders.

Sue Jacobson

TRAVEL CLUB NEWS

Last month, a group from Four Seasons traveled to see "Noah" at the Sight and Sound Theater. The parade of live animals coming down the aisles was memorable. In May, residents of Four Seasons and Renaissance will cruise to Martha's Vineyard, Bermuda, and Charleston, SC. Read about this cruise in the July issue of the *Times*.

The Italy trip to Rome, Venice, and Florence is still available with final payment due by June 20, 2025. If you wish to tour with us, immediately contact Irene O'Reilly at Leisure World (239.206.0497).

The land trip to Myrtle Beach in September includes one week at an oceanfront resort with many amenities. Check out our bulletin board in the Clubhouse Communication Room for details.

You'll find more information about our tours and trips on the Weekly Activity Listing and Channel 77. Information also is posted in the Clubhouse Communication Room and on the Four Seasons website at fourseasonsatlakewood.net. If you have any suggestions for future trips, please let us know.

Erma Hoover

DEBORAH HOSPITAL FOUNDATION

We are grateful to the Garden Club and its President Charles Giordano for the generous donation to the Deborah Hospital Foundation. We appreciated the opportunity to speak at their breakfast on Friday, March 28, 2025. At our March meeting, local author Suzanne LeVoie was the guest speaker. She shared her journey into writing with us. In April, we had a guest speaker from the Ocean County Library. She discussed the library's offerings and its exciting programs. We thank all the participants and the volunteers who made these events successful.

Join us on Friday, May 9, 2025, and greet Denise, a representative from Skin Source. Enjoy a delicious, light breakfast provided for \$10.00. Sign up on the sheet provided in the Clubhouse Communication Room. Our May Dine & Donate will be announced soon in the Weekly Activity Listing.

At our June 13th meeting, we will have a guest speaker. The Dine & Donate will be at The Shrimp Box, 75 Inlet Drive, Point Pleasant Beach on June 26, 2025, from 1:00 p.m. to 5:00 p.m. Deborah will receive a donation from the restaurant if you obtain a flyer from the Communication Room and present it to the waitstaff during your meal.

Get ready and plan for Friday, July 11, 2025. We will play BUNCO in the morning and have lunch. Tickets go on sale on Monday, June 23, 2025, between 6:30 p.m. and 7:30 p.m. in the old Arts and Crafts Room in the Clubhouse. There are a limited number of tickets. The cost is \$20 per ticket.

To keep up to date with Deborah's events, watch for the Weekly Activity Listing and visit the Communication Room in the Clubhouse. You can view event flyers and sign up for our monthly meetings. We look forward to a beautiful spring. See you all soon.

The Deborah Hospital Foundation

ARCHITECTURAL CONTROL COMMITTEE (ACC)

The Architectural Control Committee (ACC) is comprised of resident volunteers. Its purpose is to provide architectural symmetry throughout our community while looking into contemporary improvements. This structure allows homeowners the security of prohibiting unsightly improvements which reduce home values in the community.

The committee's responsibilities cover all structural and design changes and or improvements to the outside of your homes. A detailed list of improvements is found in the *Four Seasons Residents Handbook*, available at the Activity Desk in the Clubhouse or from the Management Office.

To undertake a project, you need to obtain and complete a Modification Request Form available at the Management and Maintenance (M & M) building. After you complete the form, you submit it to the M&M office. The next step is for the ACC to review your form and the Community Association Board of Trustees to approve the project at an open Board meeting.

The review and approval process requires at least one month. You cannot start a project until you have received final approval from the Board. If you proceed without Board approval, your project will be rejected and you will need to remediate any work at your expense to make the project compliant with Four Seasons regulations. Additionally, single-family homeowners have the sole responsibility to maintain their flower beds, power wash their homes, and keep mailboxes clean.

If you have any ACC-related questions, please call the M & M office at: 732.477.0588.

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CALTEC AND WEBSITE COMMITTEE

CALTEC

Our members and volunteers are busy each month with the Open Board Meeting, the Friday night movie, and other requested services. The Open Board meeting needs at least six members to work on audio, cameras, and broadcasting on Channel 77, and to record the meeting onto an HD disc. We run training sessions for CALTEC & Website services when new members or volunteers need instruction on new services or equipment.

If any committee or club needs CALTEC help with a meeting or event, we require at least three weeks' notice to schedule volunteers. Please fill out a request form with either Cathy Price or Mary Contino at the Activity Desk in the Clubhouse.

We need more members or volunteers to help with the website and the Friday evening movies. Right now we have one member working on the Friday night movie. We cancel the movie if that member is sick or needs the night off. Please also note that there is no Movie Night when the Rock n Roll Club has its Friday evening dances.

WEBSITE

www.fourseasonsatlakewood.net

Welcome to our new website users! We are seeing more log-in requests from residents who want to learn about our community resources and activities. A training video is under construction to assist those who wish to learn more about using our website. The video will highlight navigating the website and finding desired information. When the video is completed, it will be available on the website and Channel 77. Remember, if you don't have a login, go to the website and request one. Within one week you should receive your login and password.

We need volunteers to work on the website. We will train anyone interested in this critical community function.

COMMITTEE VOLUNTEERS

We also need volunteers to join the CALTEC & Website Committee. This committee benefits all residents. You can become a member in two ways: 1) A full member volunteers their time, attends the monthly meeting and has voting privileges. We meet on the third Wednesday of each

month, at 9:30 a.m. in the Clubhouse Theater; or 2) You can be a volunteer who is not expected to attend our meetings and has no vote.

Please think about any extra time you have and join us. It enables you to be sociable with other residents while giving to the community. It is a rewarding experience where you donate your expertise or learn something new. Please e-mail kathyln@optonline.net if you have any questions or if you want to volunteer.

Kathy Nuzzi, Publicity; Lynette Downey, Webmaster

EMERGENCY MANAGEMENT COMMITTEE (EMC)

About six months ago, the Emergency Management Committee was reactivated to plan and prepare for any catastrophic event requiring the evacuation of residents from our community.

The committee met with directors of the Ocean County Office of Emergency Management and the Lakewood Fire and Police departments to solidify plans to ensure an organized and efficient way to evacuate from Four Seasons Lakewood.

The most important aspect of this plan is to ensure the effectiveness of the communication avenues established within the community so that all residents are informed of the evacuation plans and understand what to do in a crisis.

To accomplish this, we identified a team of volunteer block captains to serve as primary communicators between the EMC and residents. We were especially concerned about communicating with residents who have special needs or other factors affecting their ability to evacuate.

The block captains have been mobilized to introduce the evacuation plan throughout the community as quickly as possible. Unfortunately, not enough residents have volunteered given the size of our community. However, we are striving to get the word out and recruit more block captains to meet the goal of covering the entire community.

The EMC is the only committee in the community with a goal exclusively concerned with the health, safety, and welfare of its residents. If you have free time and want to volunteer for a worthy cause, the EMC needs your help. To volunteer, please contact Larry Goldman, EMC Chairperson at: lawrenceg100@gmail.com.

Larry Goldman, Chairperson

SOCIAL COMMITTEE

Our social committee is in full bloom just like our amazing community. Several events are coming up in May, including the Kentucky Derby, a Memorial Day tribute, and a special comedy night.

When the weather stays warm in June, we will hold "Wednesday Night Sunset Socials" with music, and Mr. Softee will return by popular demand. You are welcome to eat and drink on the veranda. However, please remember that no glass or food is permitted on the pool deck. Thank you in advance for your cooperation.

July and August will be filled with events, including BBQs for July 4th and Labor Day, and our Pool Party Luau. Our regular day and night Bingo events will continue throughout the summer.

For fall, we are planning new events to spark your interest. Once again, I thank our committee members for their dedication and hard work. Our events would not be possible without you.

Roseann Carlson

HOUSE & RECREATION COMMITTEE

The committee would like to give a big shout-out to Ginny Chow, a member of the Garden Club. She caught our attention due to her amazing artistic talent, showcased at Garden Club events. Lucille Possumato, our club co-chairperson, tracked her down and convinced her to create her magic on the cornhole games we provided for everyone's enjoyment at our pool. She outdid herself! She turned drab cornhole boxes into works of art, so beautiful, they should be framed. Once the pool is open and games are put out for fun in the sun, you can view her incredible artistry. We can't thank her enough!

Now on to our accomplishments. So far in 2025, we have been able to grant a wish of our dance and exercise residents. We replaced the chandeliers in the Activity Center with ceiling fans. We hope these new fans will keep everyone cool as they work out.

We also tackled the Communication Room in the Clubhouse. By making a few minor changes we were able to transform the entire room and give it a much-needed facelift. As silly as it sounds, a favorite feature is the new "lost and found" bin, which replaced an old cardboard Home Depot box

(for real). The new carpet which will finish things off is on order and should be installed by the time you read this (fingers crossed).

Kudos to the entire committee for its dedication in making whatever project comes our way, a fun and rewarding experience.

Flo Fortuna, Chairperson

POOL COMMITTEE

The Pool Committee is excited to announce the opening of the outdoor pool on Friday, May 23, 2025, from 3:00 p.m. to 7:00 p.m. There will be a Kick-Off Party for residents and adult guests with entertainment from Steve Berger. Residents are welcome to bring refreshments. The rain date (without entertainment) is Monday, May 26, 2025.

Following are pool rule reminders that will enable all residents and guests to enjoy the pool:

- Outdoor pool hours are Monday-Thursday from 10 a.m. to 7:00 p.m. and Friday, Saturday, and Sunday from 10:00 a.m. to 9:00 p.m. No early birds.
- Outdoor pool hours for children are 10:00 a.m. to 2:00 p.m. daily. When the outdoor pool opens, children are not allowed in the indoor pool.
- Lifeguard hours are 10:00 a.m. to 4:00 p.m. They are responsible for implementing pool rules.
- Pool rules are posted as you enter the pool area and at the lifeguard stand.
- Every and all guests must be accompanied by a resident.
- No children under the age of 3, or not potty trained, are allowed in the pool. No carriages or strollers are permitted on the lower level by the pool.

Cynthia Lanno, Pool Chairperson



CATTUS ISLAND COUNTY PARK

A visit to Cattus Island County Park in Toms River is a must! It is a natural and very gorgeous wonderland. Four Seasons Times Photographer Danny Janelli captured its majesty as he toured the grounds, camera in hand.



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Chestnut	2	\$ 363,000	\$ 340,000
Danberry	1	\$ 502,000	\$ 502,000
Elm	1	\$ 515,000	\$ 515,000
Hickory	1	\$ 475,000	\$ 475,000
Sequoia	1	\$ 495,000	\$ 495,000
Info gathered 4-2-25/Morrmouth-Ocean M.L.S./Deemed accurate/Not guaranteed.			
For Sale			
MODEL	UNITS	HIGH	LOW
Chestnut	1	\$ 355,000	\$ 355,000
Hickory	1	\$429,900	\$429,900
Sequoia	1	\$ 620,000	\$ 620,000
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Under Contract Sale Price Not Available Until Closed			
MODEL	UNITS	HIGH	LOW
Cedar	1	\$ 515,000	\$ 515,000
Chestnut	1	\$ 340,000	\$ 340,000
Elm	3	\$ 675,000	\$ 450,000
Hickory	4	\$ 499,000	\$ 365,000
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