“A Summer to Remember”
by Angela Trilivas
LHS Watercolor Class
The Lions Pride is published monthly, and is distributed gratis to homes in Lions Head South.

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Editorial
I have enjoyed putting together the Lions Pride publication for several years, and would like to pass on this volunteer position to another resident. Past experience is not necessary - I had none, except an ability to read articles and stories for grammatical errors, and a desire to see the Pride continue. Our review staff and circulation volunteers are well established. If you would like to know more about the responsibilities and time required, please contact Kathleen @ 732-890-1908.

www.LionsheadSo.com
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Police non-emergency .................................732-262-1100
Poison Control 24 hr Hotline .......................1-800-222-1222
Brick Chamber of Commerce .....................732-477-4949
Brick Library Branch .................................732-477-4513
Brick Municipal Complex ...........................732-262-1000
Brick Post Office .......................................732-477-0100
Brick Public Works (Recycling) ....................732-451-4061
Ocean County Contact Hotline ....................732-240-6100
Ocean County Health Department ...............732-341-9700
Fire Safety Inspections (non-emergency) .......732-262-1220
Medicare......................................................1-800-MEDICARE
NJ Motor Vehicle Commission ...................1-609-292-6500

Hospitals
Ocean Medical Center ...............................732-840-2200
Community Medical Center .......................732-557-8000
Jersey Shore U Medical Center ....................732-775-5500
Monmouth Medical Center South ...............732-363-1900

Utilities
Brick Utilities (water & sewer) ....................732-458-7000
NJ Natural Gas ............................................1-800-221-0051
JCP&L.........................................................1-800-662-3115
Hello All. I hope you had a pleasant and lazy summer. Labor Day is upon us and most of us are gearing up for Fall. So, with this in mind I want to remind everyone that if you have major cleanup debris, remember to call the town DPW for removal. They will let you know when to put items at the curb.

The new By-Laws have been given out twice by now and there are still a great number of residents that have not picked up their copies as of yet. I will schedule an evening pick-up for those residents that still work. A Robo call will be coming soon to announce when and where for evening pick-up.

I would remind everyone to familiarize yourself with the By-Laws, Rules and Regulations covering our community. These rules and regs were designed going back to 1985 when the first Board took over the community and wanted to keep Lions Head as a desirable “retirement” community. There have been some changes over the years as times have changed but there have been very few major changes. Nothing has changed that would have an effect on the general appearance or upkeep of our homes. For this you have to thank the numerous “Boards” that have tried their best to keep the status quo for our residents. That being said there are some issues that have popped up recently which are clear violations of either architecture or recreation rules. First, the placing of advertising “magnet” signs on vehicles and the overnight parking of commercial vehicles. This is prohibited and has been in effect since the inception of the Architecture rules. Second is the eating at the pool. Eating is restricted to “snacks”. Ordering or bringing “lunch or dinner” is not usually considered a “snack”. There are tables with umbrellas placed just outside the pool area for your convenience if you desire to eat ALFRESCO. I mention this because I have been approached with complaints from resident “pool-goers” who ask why the rules do not apply to all. So please try to familiarize yourselves with the rules and do your best to comply.

Federal Irrigation has been very busy trying to stay on top of sprinkler problems throughout the community. Because the entire system is over thirty years old, there have been numerous underground pipe issues. I have learned that as they try to repair a “break” the black PVC pipes are so brittle that they are falling apart even as they are being repaired. I want to thank those of you that have been patient through this process and to assure you all that what can be done is being done as quickly as possible.

I want to give a special thanks to the Men’s Club volunteers for the Sunday Sundae event this year. The men that helped that day did an outstanding job. Kudo’s to you all for stepping up in the heat to serve ice cream to the residents.

Well Done!! Stay safe and stay well.
INCOME AND EXPENSE STATEMENT  
TO DATE AS OF 
JULY 31, 2018

<table>
<thead>
<tr>
<th>Income:</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>401.0 Maintenance Fees</td>
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<tr>
<td>402.0 Late fee</td>
<td>470.00</td>
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<tr>
<td>406.0 Interest Operations</td>
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<tr>
<td>408.0 Miscellaneous</td>
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<tr>
<td>410.0 Participation Fees</td>
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<tr>
<td>410.5 Interest Part. Fees</td>
<td>0.00</td>
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<tr>
<td>450.0 LHCC Revenues</td>
<td>46,451.51</td>
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**Total Income**  641,370.99

<table>
<thead>
<tr>
<th>LHCC Sales Tax</th>
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</thead>
<tbody>
<tr>
<td>209.0 LHCC Sales Tax</td>
<td>1,939.55</td>
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**Total Sales Tax**  1,939.55

<table>
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<tr>
<th>Expenses:</th>
<th>Amount</th>
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<tr>
<td>500.0 Administration</td>
<td>190,570.34</td>
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<tr>
<td>520.0 Residences</td>
<td>205,817.59</td>
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<tr>
<td>540.0 Common Facilities</td>
<td>185,391.58</td>
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</tbody>
</table>

**Total Expenses**  581,779.51

**Total Income Over Expenses**  59,591.48

**BALANCE: 7/1/18-7/31/18**  $59,591.48

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**LIONS HEAD SOUTH**

**New Residents - 2018**

- Martin, Timothy & Veronica 16 Ashford Dr. R/S Fedorasak
- Fredo, John & Mary 78 Yorkwood Dr. R/S Williams
- Schumacher, Harry (flipper) 171 Lions Head Blvd. S. R/S Cheasty
- Holz, Ingrid 221 Lions Head Blvd. S. R/S Kelly
- Bennett, Evelyn Marie 9 Lions Head Blvd. S. Lease: Clarke
- Schumanski, Richard & Kathryn 23 Yorkwood Dr. R/S Anderson Estate

**Deletions - 2018**

- Fedorasak, Grace 16 Ashford Dr. R/S Martin
- Williams, Catherine (Katie) 78 Yorkwood Dr. R/S Fredo
- Cheasty, John 171 Lions Head Blvd. S. R/S Schumacher (flipper)
- Kelly, Catherine 221 Lions Head Blvd. S. R/S Holz
- Anderson Estate 23 Yorkwood Dr. R/S Szymanski

**Deceased Residents - 2018**

- Goncalves, Anthony 110 Lauren Ln. 7/16/2018

---

**Built Rite WINDOWS**

**Call Now For A Free Estimate**

732-270-4433

1591 Rt. 37 West, Toms River, NJ 08755

Take Jug Handle At North Hampton

38 Years Family Owned A+ Rated By BBB

License number: #13VH00722500
RIDGE REALTY is opening their 8th office in the Lions Head Office Park!!

Five of our eight offices are located in Active Adult Communities in Ocean County and our Corporate Office is on Rt. 70 in Toms River. Founded in 2000, Ridge Realty specializes in Adult Community Resales and has earned an outstanding reputation in this field.

We have more than 70 Agents who realize the important details of marketing to the senior communities and know how to bring sellers the best possible price for their homes in the least amount of time.

Selling your home can be a stressful undertaking and we offer suggestions which will help make your home stand out in the market. Remember, you only have one chance to make a First Impression! We will host an Open House at least once a month and inform you at least once each week as to what the real estate market in your community is doing, reporting feedback on the activity of your listing.

We chose the Lions Head Office location to focus on the adult communities in the immediate area. Our on-site offices include Four Seasons and Leisure Village in Lakewood, Greenbriar Woodlands in Toms River, and Leisure Village West and Leisure Knoll in Manchester. Our Corporate office is on Rt. 70, adjacent to Lake Ridge.

If you are thinking about selling your home this year and would like to know what it may sell for in today's market, please give us a call or stop by. We are here to answer your real estate questions.

As of August 7th, 2018, 4 properties are on the market in your community, 8 properties are under contract and 22 properties closed title since January 1st, 2018.

Our Office offers fax, copy, and Notary services at no charge. Please call for a notary appointment.

*Why list with anyone else?*

*If your home is presently listed for sale, this is not intended as a solicitation.*
Do you know what is happening at the Jersey Shore University Medical Center?

What new services are offered?
How does this differ from our facility in Brick?

DID YOU KNOW.................................

Jersey Shore University Medical Center is the region's only university-level academic medical center, with services that include a Level II Regional Trauma Center, a Stroke Rescue Center, and the region's only Cardiac Surgery program. Jersey Shore recently completed its largest expansion in its 105-year history, a $300 million initiative with a new patient care pavilion, emergency department, diagnostic and treatment building, and state-of-the-art operating rooms and patient care amenities. Jersey Shore University Medical Center offers services in all major medical disciplines, including a full range of cardiology services, pediatric sub-specialties, orthopedics, and cancer care.

JOIN US – MONDAY, SEPTEMBER 17, 2018, AFTER THE LHS MONTHLY MEETING AND LEARN FROM A JERSEY SHORE UNIV MEDICAL CENTER REPRESENTATIVE ALL OF THE EXCITING THINGS THAT ARE HAPPENING!

Refreshments to follow!

Sponsored by the LHS Community Awareness Committee
Attention
Lions Head South
Gardeners

Are you particularly proud of your garden, one plant or a focal point in your yard that has done exceedingly well this year for you? Please share a picture with the Garden Club so that we might feature it in the Lions Pride, the website and on our bulletin board as a

"Gardenscape".

We know we are not the only gardeners in the community. Don’t be shy, we know you are out there!!

Contact: Clare Mathiasen
Garden Club Chairman
732-600-3742

The Garden Club will photograph and handle publishing
Dear Homeowners:
You are cordially invited to attend our Presentation of *The Good Earth ... The Good Life*
On Friday, September 28, 2018 @ 9:30 AM     Free Admission     Light Refreshments
Lectures will be given on...
• Attracting Butterflies & Humming Birds To Your Garden
• Love the Bug, Beneficial insects in the home garden
• Seashore Gardening     • Plus addition Tips on Gardening and a Free Gift for All

**FALL GARDEN DAY**
**SEPTEMBER 28, 2018**
9:30 a.m. to 3:00 p.m.
1623 Whitesville Road, Toms River, N.J.

*The Good Earth...The Good Life*
Presented by Rutgers Master Gardeners of Ocean County

FREE ADMISSION - Includes lectures, displays, demonstrations, Q & A and light refreshments. Space is limited so don’t miss out!
For additional information, call: 732-349-1246
Please feel free to bring a non-perishable food item with you as a donation for local food pantries...we appreciate your generosity!
Visit our website to learn more about Rutgers at [http://ocean/njaes.rutgers.edu/](http://ocean/njaes.rutgers.edu/)
A sky piled high with billowy clouds,  
Shades a garden bright and glowing ...  
Where morning glories and marigolds  
So merrily are growing.  
--Louisa Patrick

One would think that July and August are a quiet time for the Garden Club since most of our work is done and we can sit back with the community and enjoy our plantings. Not so this year. We continued our meetings with most of the time spent on sprucing up areas which are in need of attention. Our watering schedule continues with members taking turns watering daily throughout the summer months. We request that you do not water any of the plantings. If you see a problem, please call one of our members. It is easy to see that Garden Club volunteers play an important role in keeping our community attractive.

The Garden Club has purchased 3 new hoses. They are lightweight aluminum which make our watering easier. They do, however, require some care. We would request, if you have occasion to use these hoses, that you please drain them completely before replacing them on the holder. This will help them last longer. Replacing hoses has been a problem we are trying to avoid.

For any organization to run efficiently there are many jobs to be done. The Garden Club is no exception. Our members do double duty in addition to tending gardens and planters.

Chairperson - Clare Mathiasen  
Secretary - Linda Adamo  
Callers - Debbie Gehringer, Mary Weinberg  
Building & Grounds Committee Liaison - Sharon Newton  
Watering Schedule - Judy Murray  
Sunshine - Mary Weinberg  
Treasurer - Judy Murray  
Lions Pride Articles - Linda Adamo, Carmela Ferraro  
Inventory - Carmela Ferraro, Debbie Gehringer, Jeanine Hogan, Lucy Coburn  
Spring/Fall Luncheons - Jeanine Hogan, Mary Weinberg  
Historian - Sharon Newton

GARDENER’S REMINDERS:  
• If you haven’t already done so, July and August is the time to divide iris. You still have time. Check for borers and discard affected corms.  
• Dig up and cure tender bulbs when foliage turns brown. Store in a cool, dry place.  
• Plant winter pansies and fall annuals such as ornamental cabbage and kale.  
• Collect seeds from perennials and annuals.  
• Be sure houseplants are pest-free before taking them indoors.  
• If houseplants are root bound remove carefully and repot in larger container.  
• I would be remiss if I didn’t mention that soon chrysanthemums will be available. They are a colorful and enduring plant for the fall. They require little care and will add beauty to your property. Just be sure to purchase plants in bud rather than full bloom to last longer. Also, if they are field grown varieties, they can be planted outdoors for next year.

MULCH:
Mulch is a covering of the soil spread around plants to benefit gardening. It helps in many ways: regulating soil moisture by slowing down the drying out of the soil; helping to reduce run-off by allowing water to slowly soak into the ground; helping to prevent weeds. There are several types of mulch:
• Organic or natural material such as pine needles, leaves, wood chips and grass clippings,  
• Lasting cover such as rocks or pebbles which do not break down,  
• Plant mulch such as Mondo grass, periwinkle and pachysandra are examples of perennial mulches,  
• Inorganic mulch such as plastics and fabrics tend to last longer than organic ones.  

Best time for mulching is in spring after the soil warms or in fall after soil freezes to prevent freeze-thaw cycles. Darker colors will absorb heat and warm the ground more than lighter colors that reflect the sun and keep the soil cooler. As mulch decomposes, be sure to reapply as needed. Ocean County provides free compost and mulch at the recycling center on New Hampshire Ave., Lakewood.

Be sure to check our bulletin board in the clubhouse for gardening hints and photos of some of our activities. Our next meetings are Wednesday, September 12, and October 10, in the Lion’s Den at 10:30 AM. We are always looking for new members. Won’t you consider joining this busy, fun group?

See Garden Flyer on page 8
On August 27, 2018, Travel will be selling a trip to Resorts Casino for Oct. 24 to see **GERARD ESPOSITO:**

*One Man, One Voice, One Great Show!*

*Songs from Vegas to Broadway!*

For $25 you will get transportation, show, and $10 back.

If you cannot attend a trip, please sell your ticket. Please notify Susan Mills if you sell your ticket. For insurance reasons, it is important that the office knows who is on the bus for any trip. Please cross your name off the wait list if you change your mind.
ZESTY TOMATO SOUP FOR TWO

1 tomato
1/2 white onion
1 cup tomato-vegetable juice cocktail
salt & pepper to taste

Puree the tomato & onion in a food processor or blender. Transfer to a medium saucepan. Stir in vegetable juice & seasoning. Bring to a boil & let simmer for about 10 minutes. Serve hot with your favorite cheese or fresh bread.

SHRIMP FRANCESCA

1 lb. uncooked lg shrimp, peeled & deveined
1 (8 oz can) artichoke hearts in water,drained
1/2 cup Italian seasoned bread crumbs
1 tbsp. chopped fresh parsley
1 lemon, juiced
1/2 cup butter
1 1/2 tbsp. minced garlic
1 tbsp. finely shredded imported Romano cheese

1. Preheat oven to 375. Lightly grease a 9 X 13 baking dish.


3. Melt butter with garlic in small saucepan over medium heat; drizzle over bread crumbs. Sprinkle the top with Romano cheese.

4. Bake until crumbs & cheese brown lightly & the shrimp turn opaque & orange-pink, appr. 10 to 12 minutes. Serve hot.

If you have any good but easy recipes you would like to share, please e-mail Lucy Hubert @ lehubert74@gmail.com.

WEBSITE COMMITTEE

Chairperson, Donna Iversen

By the time you read this our NEW looking website will be in full swing.

A new look for the site took much planning and many hours by this committee. The site offers faster moment to get to the page or pages you want to look at. Please offer any suggestions to us as we serve the community of Lions Head South.

Submitted by Peter Brennan, Member
COMMUNITY AWARENESS COMMITTEE

Barbara Skelly

The Community Awareness Committee would like to thank everyone for their participation at our meeting held on Monday, July 9, 2018 when our current Mayor, John Ducey attended our meeting. The Mayor spent almost 40 minutes updating us with information concerning what is happening around town. He answered questions from the floor and shared information about the various building projects around town. (Yes, there will finally be end to the empty FoodTown Lot - and maybe even by the end of the year!). In all, the Committee has heard only favorable comments about his presentation. If you missed the meeting, you missed a lot of information - we had almost 100 people in attendance! The Mayor has indicated that he would be happy to come back any time to speak to the organization and the Committee has already put him on the schedule for next year.

To all who attended, THANK YOU for your participation. Let’s hope next year’s attendance will be bigger and better.

As a reminder, our next Community Awareness speaker is scheduled for Monday, September 10, 2018. We will have a representative from Jersey Shore University Medical Center share what is happening as a result of their recent $300 million expansion effort. Please mark your calendars now. A flyer with additional information is located in this issue of the PRIDE.

Also, look for the PRIDE’s announcement concerning the AARP Safe Driving Program. Although we will not be offering it at LHS, there are other local sessions available.

As always, we really do appreciate any feedback you can give us concerning these meetings - we want them to be meaningful and purposeful for all of our residents.

See you on the 10th of September.

CHRISTMAS PARTY FOR THE CHILDREN

A special group of ladies in our community have taken on the initiative to bring back to the community the Christmas Party for the children of families in special need in Brick.

This party was held for many years under Ruth and Jack Strauss, along with many volunteers. We are asking for your help as volunteers and with monetary donations.

This party will be held on December 15th in the Lions Den.

The Brick school system will provide us with the names of the children and we are planning to give each child a luncheon, gift, as well as gifts for the family. All this can only be done with your help.

As chairperson, I will be accepting your donations for this event. Donations can be left in my folder in the clubhouse, or call a designated committee member for pickup.

Thanking you in advance,

Lee Scaturro 732-687-0602
Committee: Geri Mort 732-920-1502
Rosalie DeMeglio 732-477-6628
Laura Jacquin 732-920-6523
I am disappointed! At the last two General Membership Meetings (April and June) the attendance, including the 8 Directors was less than 25 members. Don’t you care? My thanks to those who do; and attend these meetings. The LHCC needs the support of the membership to promote and help with fundraisers and other activities. Much of the information about these events is discussed at these meetings. The proceeds of our fundraisers go back to the LHS community and help support the overall community budget which pays for the Golf Course! I hope the attendance at the August meeting, Monday, August 20 at 7:00 pm is better. Be advised, once again that 4 of the 5 elected positions on the Board of Directors expire this year - nominations and elections will take place at the October General Meeting.

At this writing, the August 18 “Comedy Nite” will have occurred. Initial response and sales were very positive and this will be a success. Upcoming, we have the “FunDay Golf” for all LHCC & WGA members and their guests on September 14 - volunteers will be needed. On September 29 we are, once again, holding our Annual Tournament and Luncheon with $1,000.00 in prizes. This event is open to anyone. Team applications and registration information will be posted on both the Main Clubhouse bulletin board and in the pro shop on August 1st. The registration deadline is September 15.

Here are the results of the July 10 Scramble: Closest to the Pin Men on Hole #1 - Jim Clarke; Closest to the Line Women - Bea Scanlon on Hole #3 and Barbara Hurley on Hole #5; Closest to the Line Men on Hole #5 - Nick lanelli. Team winners were: 1st Place - Eileen Winne, Brian Halm, Bill Lardieri, Chuck Florio; 2nd Place - Dot Cummings, Jay Wiss, Joe Bill, Dick Mayer; 3rd Place - Sue DeSimone, Don Jacquin, Harry Elsey, Jim Clarke. Congratulations to all. There will be no Scramble in September as we have Fun Day and the Annual Tournament scheduled.

GET INVOLVED - SUPPORT YOUR CLUB!

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429 Arc Lane Brick NJ 08723

HIC # 13VH00138200

GO SOLAR

Bray General Contractors has now teamed up with My Solar Home, Inc. to introduce the opportunity to go solar. Call for a free quote from one of our My Solar Home associates.
Whew!! August was a typical New Jersey August, hot and humid, but that did not deter the Men’s Club with continuing our activities.

The Blue Claws Game of August 3rd was well attended and in spite of the game being canceled, we did enjoy a fine buffet and fireworks. Hopefully, you saved your tickets which the stadium will honor for another home game.

Even Sundae Sunday was a drenching day but ideal for the many families that attended Family Day. The pool was busy with grandparents, children and grandchildren all of whom indulged in a tasty, cold treat. A special thanks to the members who made the event great.

Fall is fast approaching with another Beaverson Blvd. clean-up scheduled for September 12th. The sign up sheet is located on the Men’s Club bulletin board. The more members participating, the easier it goes.

Don’t miss this trip! September 24th - 28th is our Multi-Day Trip to Wildwood. There are still a couple of weeks to purchase your tickets...so please don’t hesitate to get to the clubhouse on Monday mornings. See Ralph and get your tickets while they are still available. September is one of the best months at the Jersey Shore.

Mark your calendar for October 6th - Italian Night Dinner Dance! Tickets will be on sale starting September. Lots of food....Lots of music.....Lots of dancing!

To our Men’s Club Members....Thank you all for the great activities for LHS residents to enjoy.

Be a part of this active group by attending our monthly meetings held on the first Wednesday of each month. These meetings are always worth coming to with a guest speaker and a great lunch. So, if you know someone who is considering joining the Men’s Club, bring them along to introduce them to our lively group. Ken Winne, our Membership Chairmen, will assist anyone interested in joining. You don’t know what you miss if you don’t attend.

The next monthly meeting will be September 5th; can’t make that, then come October 3rd....See you there!

Please read the Pride...check the bulletin board...listen to the ROBO calls, and a call from a Men’s Club volunteer so you don’t miss out. Guests and new members are always welcome.
FIRST MEETING SCHEDULED FOR SEPTEMBER 9TH

It seemed like only yesterday that we had our end of the year luncheon - and now the Single’s Board has met in order to plan our meetings for the year. I really do appreciate all of the efforts of this group. Without them, we would not be able to plan such a wonderful year.

Elaine Long is almost all set for the Hostesses for the year - but she has 2 months which we will need some additional help. Consider volunteering for this and don’t worry there are always a lot of extra hands to help. No one is left in the kitchen by themselves - this is always a team effort.

As always, Barbara Craney has done a wonderful job in identifying the programs for the year. I do not know where she gets all of these ideas from - but she certainly makes certain there are always interesting things happening at our meetings. Whether it is a speaker, special music or a game, she always has something interesting planned for us. Our program for September will be LINE DANCING. Don’t worry, you will not have to get up and show us your “stuff” unless you want to!

Muriel Mills has started collecting our annual dues - $30.00 for the year. If you have not paid in advance, please bring a copy of the membership sign-up and your check to the first meeting.

Speaking of Membership - we are always looking for new members. We already know of 4 people who have left the Community, so our numbers continue to dwindle. I often get asked - what is Singles all about? First of all it is not a community dating service - but it is a community opportunity to meet other singles. Make new friends but keep the old - one is silver and the other is gold! It is a wonderful opportunity to sit and talk to others and get a free lunch, too!

We have also made a decision to expand our Board of Directors by adding an additional Committee. Additional information will be shared at the September Meeting. Don’t forget, as part of the Lions Head beautification process, MUMS will be delivered toward the end of the month. Jim Clarke has assured me that he is doing his best to sell more mums than last year and according to the initial number of plants that have been ordered - I will bet money on it that he will do this again!

All of the Board members have assured me that their committees are set and are ready to start the new year of meetings. Usually the September meeting seems to go on forever since everyone is busy catching up with what has been happening over the summer. And yes - there always seems to be more noise during that meeting!

Our meeting is scheduled for SUNDAY, SEPTEMBER 9, 2018 at 1PM. Try to get there by 12:45 so we do not have a backlog at the sign-in table. See you in a couple of days!
A world of expert urological experience

Charles S. Tomaszewski, M.D., Urologist and Urological Surgeon, is now accepting patients at his Lakewood location.

Educated at UCLA, Harvard, and Rush Medical College in Chicago, Dr. Tomaszewski is a Diplomat of the American Board of Urology and a leading member of the mid-Atlantic section of the American Urological Association. He has been in practice for over 20 years and has been serving the Lakewood community for many years. He is an expert in bladder control issues, prostate disease, male infertility and kidney stones.

For more information or to arrange a consultation, please contact us at 732-364-1664

Associated Urologists, LLC
Parkway 70 Plaza, 1255 Route 70, Suite 33-S
Lakewood, NJ 08701
www.associatedurologistsnj.com

OFFICE HOURS: Mon. - Fri. 9 am - 5 pm

WOMEN’S CLUB OF LHS
Cherie Parker

September begins a year of transition for the Board of the Women’s Club of LHS, the Lionettes. If you have any questions and/or concerns please feel free to contact myself or Maria Savino.

Our speaker this month will be Diane Carnelle, the patient care liaison for Tri-State Pharmaceuticals. She will be discussing Medicare Parts Band D.

Lunch will consist of a delicious grilled chicken salad.

Meetings will end up with something new - games with prizes.

Janet Pedersen will be renewing memberships for $30, please see her enclosed schedule.

Our Social Outings have been a great success. Our community seems to enjoy the GRUNIN Center @ Ocean County College. Over 50 people attended the Man of La Mancha performances, and the September performance of Assisted Living a Musical tickets sold out on the 1st day of sales. Please contact Maria Savino if interested in any future programs and we will start an interest sheet and purchase the discounted ticket. THESE ARE NOT FUND RAISERS, just social outings that offer discounted tickets to local events.

On our Oct. 19th BINGO will bring some changes. Bingo will be evening bingo. The doors will open at 6 PM; bingo will start at 7 PM sharp. Your $10 admission will include a 6 game/6 pack. We will feature 3 specials whereby winners will receive 50% of the proceeds for each of those specials. Full page special winner will receive $150 ............ Cost for Specials - $2 ea ... Extra 3 game/6 packs - $5 ea.

Oct. 23 the Board of Health will be across the street @ LHN where you will be able to receive your FLU shots from 10am -12 noon.

Please check our Bulletin Board to see what events are happening.

Thank you.

See Influenza Flyer on page 17

American & Foreign Service Center
175 Brick Boulevard
Brick Twp, New Jersey 08723

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www.associatedurologistsnj.com

OFFICE HOURS: Mon. - Fri. 9 am - 5 pm
THE OCEAN COUNTY HEALTH DEPARTMENT

2018-2019 INFLUENZA CAMPAIGN

LOCATION: **Lions Head North Clubhouse**

DATE: **Oct. 23, 2018**

TIME: **10am - 12pm**

The Ocean County Health Department is offering seasonal flu and pneumonia vaccinations at the above clinic.

**Influenza and Pneumonia vaccinations are free if enrolled in Medicare Part B ($20 if not enrolled).**

Specific vaccines this year will include:

* High Dose Influenza (trivalent vaccine)
* Regular, Preservative-Free Influenza (quadrivalent vaccine)
* Pediatric, Preservative-Free Influenza (quadrivalent vaccine)
* Pneumovax 23 Pneumococcal vaccine

For questions about these services, please call 732.341.9700 ext 7604.

FOR MORE INFORMATION:

Ocean County Health Department
Public Health Nursing: Clinic Services
175 Sunset Avenue • P.O. Box 2191
Toms River, New Jersey 08754
(732) 341-9700 ext. 7604
www.ochd.org

Image courtesy of the Centers for Disease Control and Prevention
For nearly two decades patients have entrusted their surgical care to JSASA. Our team of board-certified general surgeons is skilled in the evaluation, diagnosis, and treatment of many surgical conditions. Our surgeons perform open, laparoscopic, and robotic surgery, using clinical judgment to decide which surgical approach is most suitable for each patient. Here are just some of the surgical conditions that our physicians treat:

**General Surgery** • Gallbladder disease • Abdominal wall hernias • Diverticulitis • Colon cancer • Hiatal hernia • Reflux • Stomach tumors • Intestinal tumors • Port placement for chemotherapy

**Breast surgery** • Needle breast biopsy • Lymph node biopsy • Lumpectomy • Mastectomy • Cyst removal • Breast infection

**Skin/Soft Tissue Surgery** • Removal of benign tumors • Lipomas • Cysts • Hydradenitis • Melanoma • Basal cell carcinoma • Squamous cell carcinoma

**Weight Loss Surgery** • Sleeve gastrectomy • Adjustable gastric banding • Revision surgery

Our reputation for quality outcomes and results is unsurpassed and we strive to remain among the top professionals in our field. Our team will make you feel comfortable and confident with the courtesy, respect and compassion necessary to accomplish your goals.
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>9:00 Men's Golf</td>
<td>8:00 WGA</td>
<td>9:30-11:30</td>
<td>9:30-11:30</td>
<td>9:00 Zumba for</td>
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<td>11:00 Crochet</td>
<td>11:00 Chair/mat</td>
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**LIONS PRIDE SEPTEMBER 2018**

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**Recycle**

- 7:00 Rummy Cube

**Garbage**

- Leave a MSG on the machine.
- AT: 732-349-0444
- Lawn Complaints: Call TurfMasters

---

**Medical CTR Representative, Refreshments**

- 7:00 PM Guest Speaker: Jersey Shore U My July at ACC Residents' Meeting - Sep

---

**PROVIDED**

- Provided.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>8:00 AM</td>
<td>Tournament</td>
<td>Wildwood Crest</td>
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<tr>
<td>9:00 AM</td>
<td>Club Exec Bd</td>
<td>Wildwood Crest</td>
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<tr>
<td>10:00 AM</td>
<td>Finance Bd</td>
<td>Clubhouse</td>
</tr>
<tr>
<td>11:00 AM</td>
<td>Fun Day</td>
<td>Wildwood Crest</td>
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<tr>
<td>12:00 PM</td>
<td>Lunch</td>
<td>Wildwood Crest</td>
</tr>
<tr>
<td>2:00 PM</td>
<td>Fun Day</td>
<td>Wildwood Crest</td>
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<tr>
<td>8:00 PM</td>
<td>Movie</td>
<td>Wildwood Crest</td>
</tr>
<tr>
<td>9:00 AM</td>
<td>Morning</td>
<td>Clubhouse</td>
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<tr>
<td>10:00 AM</td>
<td>Games</td>
<td>Clubhouse</td>
</tr>
<tr>
<td>11:00 AM</td>
<td>Breakfast</td>
<td>Clubhouse</td>
</tr>
</tbody>
</table>

**Notes:**
- Event Schedule for September 2018.
- Wildwood Crest Location.
- Events include: Tournament, Club Exec Bd, Finance Bd, Fun Day, Lunch, Morning, Games, Breakfast.
- Additional activities such as Community Awareness and Recreation also listed.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>9</td>
<td>10:00 PM Singles Trustees</td>
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<td>10</td>
<td>9:00 AM Bd of Trustees Office Closed</td>
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<tr>
<td>11</td>
<td>9:00 AM Bd of Library</td>
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<tr>
<td>12</td>
<td>10:00 AM Security GARBAGE</td>
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<tr>
<td>13</td>
<td>10:15 AM Bd of Library RECYCLE</td>
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<tr>
<td>14</td>
<td>8:00 AM Bd of Library Bowling</td>
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<tr>
<td>15</td>
<td>12:00 PM Bd of Library Rain Fun Day</td>
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<tr>
<td>16</td>
<td>10:00 AM Bd of Library Architectural Club</td>
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<tr>
<td>17</td>
<td>11:30 AM Men's Club Mtg</td>
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<tr>
<td>18</td>
<td>11:00 AM WGA Website</td>
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<td>19</td>
<td>10:00 AM Bd of Library Bowling</td>
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<td>20</td>
<td>10:00 AM Bd of Library Architectural Club</td>
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<td>21</td>
<td>11:30 AM Men's Club Mtg</td>
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<td>22</td>
<td>11:00 AM WGA Website</td>
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<td>10:00 AM Bd of Library Bowling</td>
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<td>24</td>
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<td>25</td>
<td>11:30 AM Men's Club Mtg</td>
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<tr>
<td>26</td>
<td>11:00 AM WGA Website</td>
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<tr>
<td>27</td>
<td>10:00 AM Bd of Library Bowling</td>
</tr>
</tbody>
</table>

**Events Calendar for September 2018**

**Weekly Events**

- **Monday**
  - 10:00 AM Bd of Library
  - 11:00 AM Security GARBAGE
  - 10:15 AM Bd of Library RECYCLE
  - 8:00 AM Bd of Library Bowling

- **Tuesday**
  - 12:00 PM Bd of Library Rain Fun Day

- **Wednesday**
  - 10:00 AM Bd of Library Architectural Club
  - 11:30 AM Men's Club Mtg
  - 11:00 AM WGA Website

- **Thursday**
  - 10:00 AM Bd of Library Architectural Club
  - 11:30 AM Men's Club Mtg
  - 11:00 AM WGA Website

- **Friday**
  - 10:00 AM Bd of Library Bowling

- **Saturday**
  - 12:00 PM Bd of Library Rain Fun Day
MESSENGERS will be in the Office to receive the Office after that time NO ONE up on Tues Sept 4th. Please DO NOT CALL LATER than Friday, the 31st by 12 Noon for pick up. If you must call the office by Friday, you must call the Ocean County Mail on Tues 9/4, you must call the Ocean County Mail on Tues 9/4.

VAAN SERVICE FOR LABOR DAY FOR P/U to the

Monday only.

4am - 11:30 am. Travel Phone: 732-920-6455 Travel Committee: Hours: Monday 9:30

TRAVEL COMMITTEE: To Report any Death or to Report an Illness/Hospitalization.

Sunshine Committee: To Report any Illness.

The Office accepts no responsibility for contractors. The Association reserves the right to refuse service by resident contractors. The Association reserves the right to refuse service by resident contractors. The Association reserves the right to refuse service by resident contractors. The Association reserves the right to refuse service by resident contractors. The Association reserves the right to refuse service by resident contractors. The Association reserves the right to refuse service by resident contractors. The Association reserves the right to refuse service by resident contractors. The Association reserves the right to refusal service by resident contractors. The Association reserves the right to refusal service by resident contractors. The Association reserves the

be sure to have EXACT change.

BILLIARD ROOM. The machine is available.

PHOTO COPIER: FOR RESIDENT USE IN THE EMERGENCIES ONLY: Location: 732-349-9903. After hour problems will be investigated within 24-48 hours. Sprinkler complaints: Fill form out and place in complaints box.
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And Heating Needs!
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I’VE LEARNED THAT...
Written by Andy Rooney of CBS’s 60 Minutes

I’ve learned that ......
the best classroom in the world is at the feet of an elderly person.
when you’re in love, it shows.
just one person saying to me, ‘You’ve made my day!’ makes my day,
having a child fall asleep in your arms is the most peaceful feeling in the world.
When your newly born grandchild holds your little finger in his little fist,
you’re hooked for life.
being kind is more important than being right.
you should never say no to a gift from a child.
I can always pray for someone when I don’t have the strength to help him
in any other way.
sometimes all a person needs is a hand to hold and a heart to understand.
simple walks around the block on summer nights when I was a child did wonders
for me as an adult.
life is like a roll of toilet paper. The close it gets to the end, the faster it goes.
money doesn’t buy class.
it’s those small daily happenings that make life so spectacular.
under everyone’s hard shell is someone who wants to be appreciated and loved.
everyone you meet deserves to be greeted with a smile.
everyone wants to live on top of the mountain, but all the happiness and growth occurs while you’re climbing it.

Jeffrey Urban DMD
Where Healthy Smiles Begin

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Lic # 9677

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24 LIONS PRIDE SEPTEMBER 2018
LAUGHING MATTERS

After summer vacation, a teacher asked her young pupils how they spent their holiday away from school. One child wrote the following:

We always used to spend summers with Grandma and Grandpa. They used to live in a big brick house, but Grandpa retarded and moved to Florida. They go to a building called a wrecked center, but they must have got it fixed because it is all okay now, and do exercise there. There is a swimming pool too where they all jump up and down with hats on.

At their gate, there is a doll house with a little old man sitting in it. He watches all day so nobody can escape. Sometimes they sneak out. They go cruising in their golf carts. Nobody there cooks, they just eat out. And, they eat the same thing every night: Early Birds.

Some of the people can’t get out past the man in the doll house. The ones who do get out, bring food back to the wrecked center and call it pot luck.

My Grandma says that Grandpa worked all his life to earn his retardment and says I should work hard so I can be retarded someday too. When I earn my retardment, I want to be the man in the doll house. Then I will let people out so they can visit their grandchildren.

ON THE LIGHTER SIDE

TEACHER: Maria, go to the map and find North America.
MARIA: Here it is.
TEACHER: Correct. Now class, who discovered America?
CLASS: Maria
TEACHER: Glenn, how do you spell ‘crocodile’?
TEACHER: No, that’s wrong.
GLENN: Maybe it is wrong, but you asked me how I spell it.
(I love this child)
TEACHER: Donald, what is the chemical formula for water?
DONALD: HI J KLM N0
TEACHER: What are you talking about?
DONALD: Yesterday you said it’s H to O.
TEACHER: Clyde, your composition on ‘My Dog’ is exactly the same as your brother’s. Did you copy his?
CLYDE: No sir, it’s the same dog.
(I want to adopt this kid!!!)

Sudoku

Answers on page 32

J.I.L.

WINDOW WASHING
(includes cleaning the windows and sills as well as dusting the screens)

LET THE SUN SHINE IN!!

Jill Carpenter

NO JOB TOO LARGE OR SMALL

(732) 920-5960

FREE ESTIMATES
Earlier this year, The Community Awareness Committee posted an interest sheet for the AARP Smart Driver Course. Since no one signed up, we had decided not to offer the program this year. Since then several people have asked about the program. Although we will not be able to schedule it this year, you can sign up for local courses offered elsewhere or take it on-line.

Meridian Health - Brick Saturday, Oct 13, 2018 9-3PM 800-560-9990
The Lighthouse - Toms River Tuesday, Sept 11, 2018, 9-12 AM 888-724-7123 and Sept 18, 2018 9-2PM
Howell Friday, Sept 28, 2018 9-3PM 732-938-4500

The AARP Smart Driver Course is available in classroom and online settings. The classroom course is $15 for AARP members and $20 for non-members, and the cost for the online course for AARP members $17.95 and non-members $21.95.

Why Take the AARP Smart Driver Course?
Completion of the Smart driver online or classroom course will help you:
• Receive a multi-year discount on your auto insurance.
• Refresh your driving skills and your knowledge of the rules - and hazards - of the road.
• Reduce your chances of receiving a traffic violation or getting into an accident.
• Learn at your own pace - you’ll have 60 days to complete the course on-line

Course highlights:
The AARP Smart Driver course covers:
• Research-based safe driving strategies.
• Information on the effects of medication on driving.
• Preventive measures to reduce driver distractions.
• Proper use of safety belts, air bags, anti-lock brakes, and new technology found in cars today.
• Techniques for handling left turns, right-of-way, and roundabouts.
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ACROSS

1. This tasty nougat is covered in caramel, peanuts, and chocolate. The creators of this candy bar named it after their favorite horse.
3. M&M’s® were created for the military. A candy coating shell was added so the chocolate wouldn’t do this.
7. What climate do cacao beans grow in?
8. What are the street lights on Main Street in Hershey, PA shaped like?
9. A contest was held to name this candy bar. Afterwards, it was dropped out of airplanes over many cities to introduce it.
10. After the cacao beans are roasted, they break into little pieces. What are they called?
12. This continent produces the most chocolate.

DOWN

1. What country consumes the most chocolate per person?
2. This candy factory worker created this candy bar in his home basement and eventually started his own candy factory.
4. White chocolate is made with this but not with cocoa solids.
5. How much did the first 3 Musketeer’s bar sell for? ____ cents
6. What chocolate is the healthiest?
11. What country discovered the delight of drinking hot chocolate?

WORD LIST: Africa, Butterfinger®, Cocoa Butter, Dark, Five, Italy, Kisses®, Melt, Nibs, Reese’s®, Snickers®, Switzerland, Tropical

Answers on page 32
MUSHROOMS WORD SEARCH

WORD LIST

- BLACK TRUMPET
- CHANTERELLE
- CREMINI
- ENOKI
- MAITAKE
- MOREL
- OYSTER
- PORTOBELLA
- PUFFBALL
- SHIITAKE
- TRUFFLE
- WHITE

Answers on page 32
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<tr>
<th><strong>CALL FRANK</strong></th>
<th><strong>Heavenly Helper</strong></th>
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<tr>
<td><strong>TUB TO SHOWER CONVERSIONS</strong></td>
<td><strong>ALICE MURTAGH</strong></td>
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<td><strong>COMPLETE BATHROOM MAKEOVERS</strong></td>
<td>732-644-1011</td>
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<td><strong>PLUS SINKS, FAUCETS VANITIES, &amp; TOILETS</strong></td>
<td>Brick</td>
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<tr>
<td>** TILE, REPAIRS &amp; SHOWER DOORS**</td>
<td>Organizing, Transportation,</td>
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<td>Grocery Shopping, Errands</td>
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<td><strong>CALL FRANK</strong></td>
<td><strong>Jeff’s Powerwashing</strong></td>
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<td><strong>WE FIX GROUT</strong></td>
<td><strong>Hot Water and Soap</strong> • <strong>Mold Removal</strong> • <strong>Houses</strong></td>
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<td><strong>IF YOU HAVE GROUT, YOU NEED US</strong></td>
<td><strong>Patios</strong> • <strong>Roofs Washed</strong> • <strong>Gutter Cleaning</strong></td>
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<tr>
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<td><strong>Interior/Exterior Painting</strong></td>
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<td>Michael A. Viglione, Master Plumber</td>
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<td><strong>Art</strong> 732-610-6946</td>
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<td><strong>848-391-1435</strong></td>
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<td>ROOF REPAIRS - SOFFIT/FASCIA/ &amp; CAPPING INSTALLED &amp; REPAIRED</td>
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<td>Call James for a free estimate - Senior discounts</td>
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<td>Lic. #13VH05752300</td>
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<td>Phone #732-701-3693</td>
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<td><strong>LET DEWEY DO IT</strong></td>
<td>TRIM THE SHAPE BACK INTO YOUR SHRUBS, HEDGES &amp; GARDENS</td>
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<td>Dewey Zeller - Landscaper - Ocean County</td>
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<td>Hedge &amp; Shrub Trimming/Pruning, Clean-ups, Mulch and Decorative Stone</td>
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<td>Call 732-270-1826 for a free estimate</td>
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<td>Lic# 13VH082081000 <a href="http://www.redihomeservices.com">www.redihomeservices.com</a></td>
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Crossword Puzzle Answers

Word Search Answers

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Most vehicles. Includes up to 5 quarts, new filter & lube. All vehicle belts, tire pressure and fluids will be checked!

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24 months or 24,000 miles / 40,000 kilometers, whichever comes first when traveling more than 25 miles / 40 kilometers from the original TECHNET PROFESSIONAL AUTO SERVICE repair facility.
Fun Day Golf

Friday
September 14
12 Noon ‘til...
(Rain Date, Saturday
September 15)

$15.00 per person
B.Y.O.B.

Fun - Games - Food - B-B-Q

For all LHCC & WGA Members
and Their Guests ONLY!

Tickets go on Sale Mondays,
Aug 20, 27 and Sept 10, 9:30-11:30 AM
WILD WEST ROUNDUP

Saturday, Sept. 15, 2018
6:00 PM

Music by WILD ROSE

CHOW:
- Pulled Pork
- Chili
- Cobb Salad
- Corn Bread
- Barbecue Chicken
- Potato Wedges
- Grilled Vegetables
- Apple Cobbler

$27.00 per person

Tickets on Sale:
August 13, 20, 27 and Sept. 4

Hosted by the Social Committee
The Lionettes present

At the Ocean County College

Jay & Linda Grunin Center for the Arts

Assisted Living: The Musical

How the Older Half Lives!

2:00 PM
Saturday, Sept. 22, 2018
$22.00 per person

It delivers laughs from the opening scene, when the show's host-couple enters heaven, suspecting their son pulled the plug to get his hands on Dad's vintage Corvette. They don't seem to mind. Instead, the couple fondly remembers Pelican Roost, an active, full-service retirement community, where 70-something is the new 20-something.

Two actors play eighteen different characters who sing and dance, revel and kvetch and celebrate their way through later life. "Assisted Living-the Musical" is for everyone who is aging or hopes to age. Sound Familiar?

Tickets Go On Sale Mondays 9:30-11:30 AM
Starting July 16, 2018
This is YOUR COMMUNITY

It does not run on remote control!

Dedicated homeowners serving as Trustees are needed to see to all of our needs. Perhaps you - one of such homeowners can step up and make a difference! Whether to maintain the community as it now operates or to initiate changes that will reflect changing times.

For 2019 there are 3 positions available for the Board of Trustees. These are for 2-year terms. Please consider stepping up to help your community!

INTERESTED? Simply pick up a candidate packet from the LHS Office, obtain 20 signatures from other homeowners and submit the packet to the office NO LATER THAN TUESDAY, SEPTEMBER 25, 2018.
A New Bingo Format is Coming on a Friday Night!
Sponsored by the LHS Lionettes

Featuring a FREE* 6-up, 6-game pack; Three 50/50 Special Games and a $150 Super Jackpot Special; and for you High Rollers - an Extra 3-up, 6-game pack will be available for $5.00

Friday Night
October 19, 2018
Doors Open 6:00 pm
Bingo at 7:00 pm
Admission $10.00

*6-up, 6-game pack included with price of admission
Extra 3-up, 6-game pack available for $5.00

B.Y.O.B. and Snacks; Cookies, Water, Coffee and Tea will be served
Tickets go on sale Mondays starting September 30th
Stay Informed!

At the Wednesday, September 19, 2018 Meeting (12 Noon) Diane from Tri-State Pharmacy will explain Medicare Parts B & D

If you wish to change your Medicare Advantage Plan, you must do so during Open Enrollment between October 15 and December 7, 2018.
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