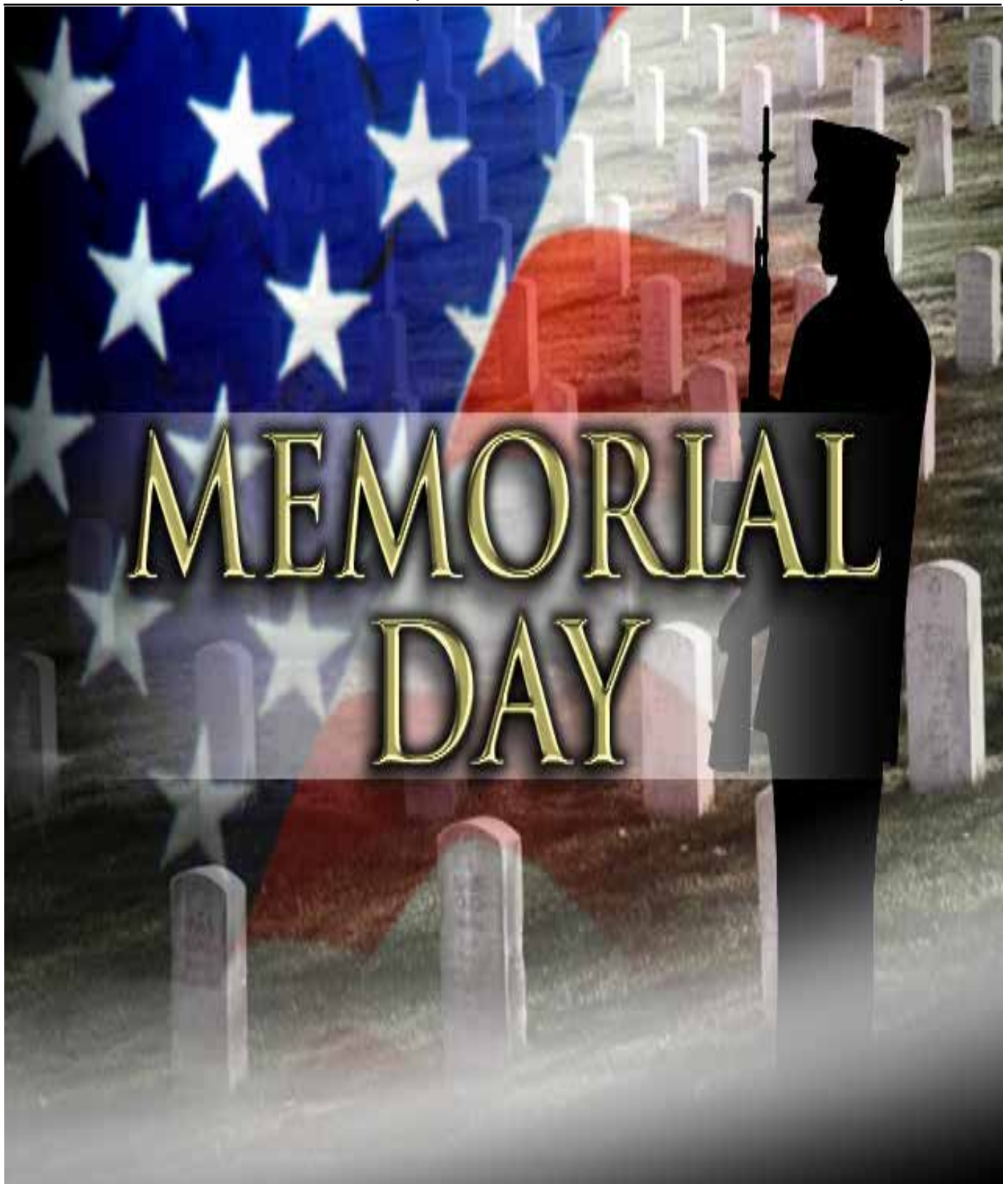


Greenbriar Times

Volume 39, Number 5

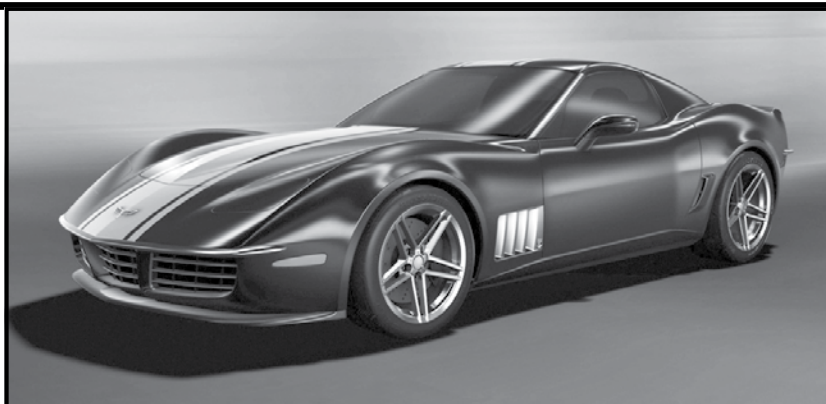
Published By And For The Residents Of Greenbriar

May 2025



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Patricia Gigon.

The TIMES is the official publication of the GREENBRIAR ASSOCIATION, Inc. and is published monthly. It is intended to reflect the policy of the Greenbriar Association, and its activities, maintenance and administrative functions. It is a paper for the residents and published by the ASSOCIATION of Greenbriar. The TIMES is edited and published at no cost to Greenbriar residents. The TIMES does not knowingly accept false or misleading advertising. We reserve the right to reject any advertising. The TIMES is not responsible for errors in advertisements beyond the cost of the space. It publishes advertising on the assumption of the merchants’ good faith and compliance with Federal and State Consumer Protection Laws. Any evidence of misrepresentation should be reported to the Editors.

Editor requests all contributions be submitted double-spaced. Also, if you have an activity report that requires photos, please supply your own.

Articles appearing in this publication do not necessarily reflect the views of the publisher or staff there of and must be considered as the individual opinions and viewpoints of the persons submitting (or writing) such. Neither the TIMES nor the ASSOCIATION, INC. assumes responsibility for the opinion of authors of articles published herein. Any letters submitted must be limited to 200 words — articles to 300 words. Material submitted must not be libelous or obscene in any manner.

Comments may be edited for brevity and clarity. The TIMES reserves the right to reject any comment or letter that is found to be unsuitable.

The items you want in the
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Thank you!

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ads-2728

GREENBRIAR

MARCH OPEN MEETING MINUTES

"Pending Board Approval"
Submitted by Joanna Frigon

Location: Clubhouse
Date: 03/24/2025
Time: 7:00 p.m.
Facilitator: Peter DAgostino

Members: Peter DAgostino/ Patricia McClendon/ Michael B. Collins/ Joanna Frigon
Toni Miello/ Ilsebet Gianna
David Vasilenko – Absent

- 1. Pledge of Allegiance/ Moment of silence**
- 2. Opening Statement – Read by Carlene**
- 3. Roll Call**
- 4. Introducing Kyle and Nic.**
- 5. Review of Minutes/ Secretary Joanna Frigon**
 - Read the minutes from the January 27th open meeting.
- 6. Patrol Presentation**
 - Carl Nigro reviewed the do's and don'ts of the patrol team. Reiterating that Patrol cannot enter residents' homes, drive residents in the Patrol car, or pick up residents that have fallen down. Also, Carl emphasized that it is quicker for a resident to directly call 911 in a possible emergency situation.
- 7. President Peter DAgostino**
 - ACC Member Introduction: Victoria Bigica, Jerry Campbell, Chuck Hessinger, John Katarsky, Tony Mento, Keith Nicolliello, Judy Russo, Lisa Siko, Bruce Tipling
 - Introduction of Craig the president of Picture-Perfect Landscaping, Greenbriar's new landscape contractor. Picture Perfect currently mows nearly 1000 acres per week and maintains Essex County Golf Course.
- 8. Treasury Report/ Treasurer Michael B. Collins**
 - February Financial Review
- 9. Administration Report**
 - Streetlight project delay from the mayor. Initially on the table was the replacement of all street lights in Greenbriar by JCPL during 2026.
 - Upcoming events
 - Road Paving
- 10. Motions to approve. Approved by all board members**
 - Motion to accept Picture Perfect company for \$697K
 - Motion to replace electronics in fountain at the lake not to exceed \$10K.
 - Motion to change pool *testing* company, upon recommendation of current pool maintenance company, with savings of \$953.
 - Motion to approve 3 private parties
 - Motion to approve ACC applications
- 11. Pat McClendon** Spoke of speeding and failure to stop at stop signs. In addition, emphasizing the importance to pick up after your dog.
- 12. Toni Miello,** Spoke about the new support group that she is leading.
- 13. Adjourn**



Greenbriar Association 2025 Meeting Schedule

In accordance with NJSA 45:22A-21 ETSEC, the Greenbriar Association, Inc. hereby publishes the 2025 meeting schedule for the Board of Trustees and the Greenbriar Association. All scheduled meetings will be held at 1 Darley Circle, Brick, NJ. This meeting schedule is published for all homeowners of the Greenbriar Association, Inc. only. The aforesaid meetings are **NOT** open to the general public and resident's identification may be required to attend the meetings.

Monday	January 27, 2025, 7:00 p.m.	Association and Trustee Meeting
	February (NO MEETING)	
Monday	March 24, 2025, 7:00p.m.	Association and Trustee Meeting
Monday	April 28, 2025, 7:00 p.m.	Association Audit Meeting
Monday	May 19, 2025, 7:00 p.m.	Association and Trustee Meeting
Monday	June 23, 2025, 7:00 p.m.	Association and Trustee Meeting
	July (NO MEETING)	
Monday	August 28, 2025, 7:00 p.m.	Association and Trustee Meeting
Monday	September 22, 2025, 7:00p.m.	Association and Trustee Meeting
Monday	October 27, 2025, 7:00 p.m.	Budget and Trustee Meeting
Monday	November 24, 2025, 7:00 p.m.	Association and Trustee Meeting
Monday	December 22, 2025, 7:00 p.m.	Association and Trustee Meeting

All Meeting dates may be subject to change.



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Course open March – November * Contingent of Course Conditions*

Full Annual Membership: \$440.00

Associate Membership: \$275.00

Associate Membership includes unlimited play on weekends and holidays only (perfect for the working man/woman).

10-Play Card (*Good for 1 year from date of purchase*) **\$200**

Non-Resident Daily Rate \$25 (play all day- no limit on course play).

**For Membership Applications or Additional Information
Contact: LHCC 732-477-7277 (PARR)**

Course opens at 2:00 P.M., Mondays, Contingent of Course Conditions


Course closed from 8 :00 A.M – 11:00 A.M., Wednesdays and Thursdays for League Play



ads-4794

Greenbriar Homeowners Association Financial Report

Feb-25

	February	Year to Date	YTD Budget
INCOME			
Billed Maintenance	236280	472560	472560
Interest (operating and reserve)	1088	2292	4354
Billed Maintenance Work	745	2145	0
Membership Dues/Late fees	4205	16772	13950
Miscellaneous Income	500	500	1000
Other Income	320	505	584
Property Rental Fee	0	0	0
Recreational Activities	0	1660	1208
Rental Income	4850	31719	9833
TOTAL INCOME	<u>\$247,988</u>	<u>\$528,153</u>	<u>\$503,489</u>
EXPENSES			
Administration	35582	98896	94876
Bus Service Expense	3716	5926	5374
Clubhouse Expense	22453	48053	40418
Grounds Maintenance	41158	81687	109293
Outside Contractors	17014	37014	98516
Security Expense	17153	33595	31858
TOTAL EXPENSE	<u>\$137,076</u>	<u>\$305,171</u>	<u>\$380,335</u>
NET ORDINARY INCOME	110912	222982	123154
Budgeted Operating to Replacement	61456	123154	123154
NET INCOME (Loss)	<u>\$49,456</u>	<u>\$99,828</u>	<u>\$0</u>
Total Capital Reserve	\$1,673,894		
Total Operating	\$365,420		
			
Michael B. Collins		Treasurer	

Treasurer's Financial Recap

Submitted by Michael Brendan Collins

Income

February's top-line came in at \$248K, missing its \$252K budget, a \$4k miss on *Membership Dues*. *Membership Dues/Late Fees* generated less in February, as three homes closed here, versus a projection of five. We received \$5K compared with \$6.9K in our budget. With that said, year-to-date income has exceeded its budget of \$503K by \$25K, or 4.9%. *Billed Maintenance Work* generated \$745, which was not budgeted for February. *Rental Income* is the Parking Spaces and Boat and RV storage fees we collect, the account's budget for February is \$1,692. However, we collected \$1,850.

Expenses

Total expenses for February came in under its budget of \$252K at \$199K. *Administration* was \$34K, \$11K under its \$45K budget, mostly attributed to lower Legal Fees. *Bus Expense* exceeded its budget of \$2680 by \$1,360 on repairs. *Clubhouse Expense* was also over its budget of \$20K by \$2K as a result of colder weather, which increased utilities cost. In addition, we also had a one-off expense in our *Water/Sewer* bill for February due to a leaky toilet in the men's room. An extra 100,000 gallons made us go over by \$1,000. The toilet was fixed immediately. We called for a credit on the overage and received a \$500 credit on next quarter's bill. *Grounds Maintenance* came in \$14K under its \$55K, mostly on lower payroll, as the department is not running at full employment. *Outside Contractor* was under budget as a result of the lack of snow removal expense. *Security* expenses were \$1,225 over budget due to the payroll mix, as well as some additional guards needed for events like the comedy night.

Current Assets

On the close of business February 28, 2025 our Capital Reserve and Operating totaled \$1.67 million and \$365K, respectively, for a total of \$2.04 million.

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President's Letter

Submitted by Peter D'Agostino

I can almost taste summer! Finally, May is upon us. As everyone knows, we have a new landscape contractor, Picture Perfect Landscaping. By now, I am sure that everyone has experienced their work. Summer planting is beginning to ramp up, and the mulch has gone down. I have confidence that we will find success with Picture Perfect, as Craig, the owner is always available and easily approachable. Throughout May, you'll also notice Joe and the Grounds Team readying the pool deck for the summer.

Speaking of the pool, in early April, as planned we replaced the heaters in the kidney-shape pool, for roughly \$12K, so expect the water to be wonderful and warm when the pool opens on Memorial Day Weekend. In addition, as planned, we replaced the second set of salt-cells for around \$6.5k. The salt-cells are responsible for converting the salt into chlorine via electrolysis, yet keeping the water silky smooth. Last season we replaced one set, as a set is needed for each pool.

In May the lake fountains will be up and running as we now have the new electric panels for each. Each panel replacement was about \$3K. If you recall,

last year we had the fountain motors rebuilt, which were completed in October and earlier this year we needed to replace the circuits that operate them, as they were quite old.

Throughout the community you'll notice the benches are being replaced. In early 2024, we purchased, I think 48 or so. We will be offering the residents to purchase plaques for remembrance or dedication for the benches. You'll hear more on that as the bench project unfolds.

Our Architectural Control Committee (ACC), was introduced to everyone at our March open meeting. They have been riding around the community and meeting residents. Remember, they're your friends and neighbors and want to work with you to keep your property looking great. Also, at our March meeting, Carl from Greenbriar Patrol gave a presentation highlighting the department's Do's and Don'ts.

We had a stellar turnout at our dance party in April. Over 200 residents came out for a wonderful evening of dancing to The Briar Connection. The Briar Connection is a local band comprised of Greenbriar and Greenbriar II residents. Our Auditorium rocked, with a crowded dance floor, a few cocktails, and a sultry, cabaret vibe. We made around \$1100.

With May comes our Memorial Day Party. I am excited for this. The party will run from 2pm-10pm on Saturday May 24th. The party is open to residents only, please do not forget to wear your badges. This dance-centric party is free of charge. The DJ will be sponsored by our new landscape contractor, Picture Perfect, and our catering will be paid for by Willow Springs. It will be a fun, casual-vibe event, without assigned seating. Bring some drinks and snacks. Even though it is a free, open event, please give the office a call before mid-May so that we can have a guesstimate on the number of attendees.

I ask for you all to check on your neighbors, whom may be elderly or housebound. A little extra kindness goes a long way and will boomerang back. Well, I guess that is it for now.

See you at the next opening meeting.

Remember, together, we are all Greenbriar.

Best,

Peter



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Join us and our guest speaker
Jen from Community Outreach
on May 6th at 11:00 am for a
free lecture about depression
and anxiety.

Please call the office to be added to the guest list
732-458-3700

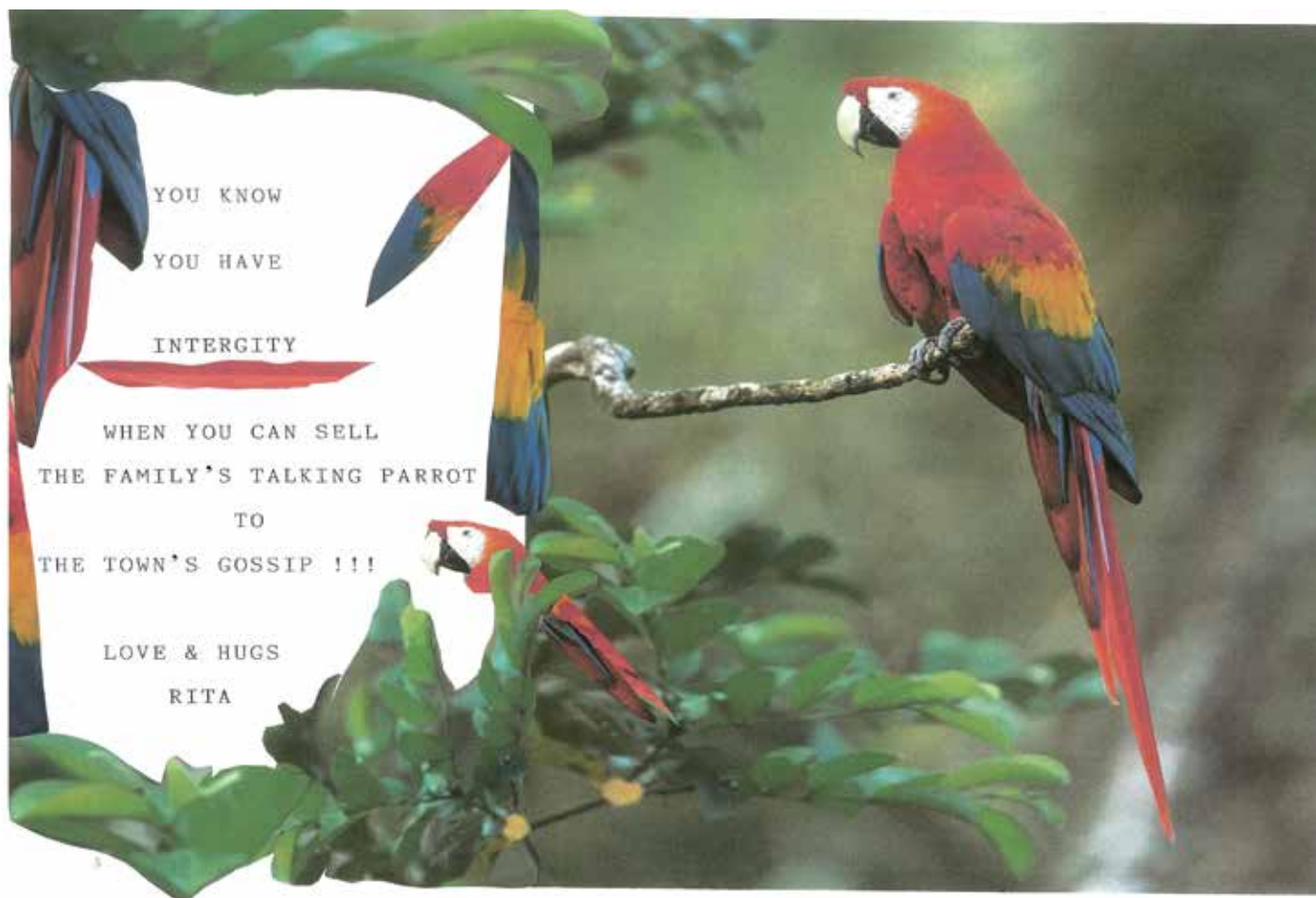


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LOVE & HUGS

RITA



## SWIMMING POOL RULES AND SAFETY REGULATIONS

*Revised March 31, 2025*

The Board of Trustees has adopted the following rules and regulations.

The rules and regulations pertain to the entire fenced-in area surrounding the swimming pools. They are with the sole intent to ensure a SAFE and PLEASANT experience for residents and guests. Children must be between 3-17 years of age. Children under 3 years of age are NOT permitted in the pool or pool area.

Badges are required for entry and must be visibly worn by all residents and guests. All guests must be accompanied by a resident and must supply their own chairs. Although guests are welcomed, our residents are not to be inconvenienced by a limited supply of pool furniture. On weekends, Friday, Saturday and Sunday, chaise lounges are reserved for residents and are limited to one lounge per household. Pools are cleaned daily.

### HOURS

Residents and guests 18 years and older welcomed from 10am to closing.

Guests ages 3-17 are limited to the kidney shaped pool from 10am-12pm and 4pm-6pm.

### POOL RULES

1. Any person showing evidence of any communicable skin disease, inflamed eyes, cold symptoms, nasal or ear discharge, or any other communicable disease will be denied entry.
2. Any person with excessive sunburn, open blisters, wounds, or bandages will be denied entry.
3. Please do not enter the pools if you are experiencing or recovering from diarrhea or have had symptoms of gastrointestinal (stomach) disease within the past seven (7) days.
4. Adults or children wearing incontinent undergarments, diapers, and/or plastic pants will not be allowed in the pools.
5. Children should be encouraged to use the restroom before entering the pool. Please immediately report all "accidents" observed in the pools to a pool attendant.
6. No animals, except service animals, shall be allowed on to the pool deck, dressing rooms, or any other parts of the enclosure.
7. Food and drink are allowed only at your chair and/or table. Please clean up after yourselves. NO GLASS CONTAINERS.
8. Conduct that endangers the safety and comfort of others is prohibited.

## Pool Rules

### Continued from page 10

9. Outdoor bathing shall be prohibited during an electrical storm.
10. Persons suspected of being under the influence of drugs or alcohol shall be prohibited from entering the pools and security will be notified.
11. Toys, floating objects, snorkels, fins, etc. are not allowed in the pool. Arm floaties, noodles, life preservers and similar floatation devices are permitted.
12. Children must always be accompanied by a resident with a badge. This person is responsible for the children's actions.
13. Bathing attire is not permitted in the clubhouse. Entrance to the restrooms must be made from the pool area only. A covering wrap is required outside of the fenced-in area and in the clubhouse. Individuals must be dry to enter the clubhouse.
14. All person(s) using the pool must wear acceptable bathing attire (no cutoffs or clothing are allowed).
15. We ask that swimmers shower prior to entering the pool water.
16. Bicycles, scooters, and strollers are not allowed in the pool area. Handicap scooters and wheelchairs are permitted but must always keep away from the pool edge.
17. Smoking is not permitted as per local ordinance and is only allowed in designated areas.
18. No ball playing, running, rough play, diving or jumping into the pools is permitted.
19. Swimming is prohibited when the clubhouse is closed. Pools must be vacated by 10pm.
20. Evening swimming from 6pm-10pm is limited to adults 18 and over and is at your own risk. Swimming alone is prohibited; another person must be present.
21. No one is to sit within 4 feet of the edge of the pools. This includes handicap scooters, wheelchairs, lounge chairs and anything that impedes the area around the pool. In addition, sitting on the edge or stairs of the pool is prohibited.

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Kiwanis Presents

# Wine & Cheese

Sunday June 8, 2025

4PM - 7PM

\$25/p - Tickets are available in the Greenbriar Office

Music provided by Second Time

A photograph of a tiered tray of sandwiches and a cup of tea. The text is overlaid on the right side of the image.

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Join us for an afternoon of conversation, tea sandwiches, and sip a cup of tea as we share how Crestwood Manor's vibrant lifestyle, exceptional amenities, and flexible living options make retirement both fulfilling and affordable. Then, join us for a guided tour and see for yourself what makes us the area's friendliest Life Plan Community.

**Choose Your Date: May 14 or May 15**  
**RSVP by May 8 to 877-490-2160**

  
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[crestwoodmanoronline.org](http://crestwoodmanoronline.org)  
50 Lacey Road, Whiting, NJ 08759

This event will include an informational presentation about our community that will last at least 10 minutes.



ads-5537

# A Reminder from Rules Regs

## 11.16 LANDSCAPING PLANTINGS

11.16.1 No personal plantings are permitted on common grounds or on the side of driveway that is not bordering the home. This approval is to assure plantings do not impede mowing operations. ALL exceptions must be submitted to the Board for approval.

11.16.2 A sketch showing number, variety and location of proposed planting exceptions must be submitted to the Board Approval.

11.16.3 Personal plantings are permitted up to 36" from the foundation of the house, on the sides and rear, and a maximum of 8 feet from the foundation in the front of the house. The following plants are prohibited:

- Wisteria sinensis (Chinese Wisteria)
- Clematis ternifolia (Japanese clematis)
- Lonicera japonica (Japanese Honeysuckle)
- Acer platanoides (Norway maple)
- Euonymus alatus (Winged Burning Bush)
- Berberis thunbergii (Japanese Barberry)
- Viburnum dilatatum (Linden Viburnum)
- Miscanthus sinensis (Chinese Silver grass)
- Bambusoideae (Bamboo)
- Wisteria floribunda (Japanese Wisteria)
- Hedera helix (English Ivy)
- Ampelopsis brevipedunculata (porcelainberry)
- Pyrus calleryana (Callery/Bradford pear)
- Euonymus fortune (Wintercreeper)
- Buddleia spp (Butterfly Bush)
- Spiraea japonica (Japanese Meadowsweet)
- Paulownia tomentosa (Princess Tree)

11.16.4 Despite the granting of permission, any damage done to sprinkler and/or utility lines by homeowner's plantings shall be charged to the homeowners.

11.16.5 If maintenance operations such as sprinkler heads, lawn watering, mowing, etc. are hindered or obstructed by such personal plantings they may be removed, at the owner's expense.

11.16.6 The homeowner is responsible to ensure that shrubs do not become overgrown and unsightly and do not reach the height of the soffits. If the homeowner fails to keep personal plantings trimmed, the Association has the right to have the trimming done, and to add the labor costs to the resident's maintenance.

11.16.7 Residents are responsible for weed removal in beds. A work order can be submitted.

11.16.8 Fees for additional service provided by Greenbriar's Ground Department are listed in the Greenbriar Resident Revised Paid Services Document.

11.16.9 Decorative items must be made of materials specifically for landscape use, concrete ceramic, resin, or metal. The resident is responsible for maintaining the items in good repair and satisfactory appearance. Broken items are to be removed promptly.

11.16.10 Cafe size tables & chairs and Adirondack type chairs designed for outdoor use are permitted.

11.16.11 Holiday decorations may be of any chosen material made for exterior decorative purposes.

11.16.12 Holiday decorations may be displayed 2 weeks prior to any given holiday and up to 1 week after the specific holiday, at which time they are to be removed.

11.16.13 December holiday decorations are permitted the day after Thanksgiving and up to January 8th of the following year, at which time they are to be removed.

## Kiwanis Korner

*Submitted By Patricia Gigon*

KIWANIS GREENBRIAR MEETS THE FIRST AND THIRD THURSDAY OF EACH MONTH.

Tony Lionelli will give you the correct dates and times for the upcoming AC dates and he will let you know where the dates will be posted.

March 6, 2025 Peter D'Agostino spoke at our Kiwanis meeting. Peter spoke of improvements being made in Greenbriar. He enjoyed speaking to Kiwanis and we hope to have him speak again.

Greenbriar Kiwanis celebrated the 100<sup>th</sup> Anniversary of Key Club for International Kiwanis. Students from Brick Memorial High School Key Club, which is sponsored and supported by Greenbriar Kiwanis, attended our March 6th meeting. Twenty-five students attended the meeting. Thank you to our **Key Club Liaison, Linda Potenza**, for the years of support and work with Ms. Tarnowski. We congratulated BMHS Key Club with a cake and "Thank You's". Greenbriar

1 Kiwanis supports BMHS Key Club: School Supplies Collection, Trunk or Treat Candy Donations, Toys for Tots. Greenbriar 1 Kiwanis also grants scholarships to graduating Key Club seniors. The scholarships will be presented at BMHS Senior Awards Assembly.

Kevin McGowan was our musical guest. He played guitar and sang some Irish tunes and songs for a group sing along (Sweet Caroline).

**March 20th** was our last meeting with this school year's Key Club. Seniors are graduating and going off to college. They will be missed. We thank them for their service: serving food at Kiwanis events, helping to clean up, and bringing youth and joy to our Kiwanis meetings. Ms. Tarnowski, Key Club advisor announced her retirement from 33 years of teaching. She will be missed.

Kiwanis wished her **CHEERS!!!!**



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# TRAVEL CLUB

**NEXT MEETING: Thursday, May 1st, 2025 at 11 AM**

## DAY TRIPS

**MAY 16th 2025 The Hindu Temple in Robbinsville, NJ.** Come and enjoy all the new additions to this beautiful Temple and surrounding buildings. It is breathtaking. Then wander around the Columbus Market, enjoy lunch and enjoy some shopping. \$88.00 Only 22 seats on the bus.

**DECEMBER 2025 LONGWOOD GARDENS** In the planning stage for 1st week of December. More info next month.

## AROUND THE WORLD

**SEPTEMBER 24th - 30th 2025 ICELAND** Included Blue Lagoon, Grand Circle Tour, Lava Tubes, and more. \$2,900.00 pp dbl occ. Plus NJ Transfers and Travel Insurance. Limited space avail if you are interested.

**OCTOBER 16th to 23rd 2025 Pure AMERICANS** Start in Cincinnati with a tour of the Gorgeous German Village mansions, Newport on the Levee and a sightseeing cruise on the Ohio River. Visit the Creation Museum and botanical gardens then the ARK encounter, the actual size replica of Noah's Ark. Enjoy the included dinner at Emzara's Kitchen. Continue to Lexington and visit the Thoroughbred Heritage Horse Farm, the Old Friends Farm and see retired champion Thoroughbreds. Then onto Louisville. Enjoy a walking tour of Churchill Downs, enjoy a buffet lunch at the Derby Cafe. Then off to the Cooper & Kinds Distillery for a tour and samples. Next stop Nashville for a guided tour of the city, a dinner cruise on the General Jackson Showboat, tour the Ryman Auditorium, The Johnny Cash Museum & Cafe, have dinner at the Opry Backstage Grill. Enjoy a live performance at the Grand Ole Opry and more. Fly home from Nashville. \$3,435 PP DbL. Occ. NJ transfers and trip ins. not included. We must have a minimum of 20 people for this trip to go. Let us know ASAP if you are interested.

**OCTOBER 25th to 31st 2025 Budapest Hungary, Vienna, Austria and Prague, Czech Republic.** Three great cities in three great countries. \$1,999.00. Air fare included pp dbl occ NJ transfer and travel insurance not included.

**NOVEMBER 1st to 9th 2025 TURKEY!!!** Start in Istanbul, then Gallipoli, Troy area, Pergamum, Kusadasi, Ephesus, Pamukkale, Bursa, Iznik, and depart from Istanbul. \$2,400.00 pp dlb cc. Airfare included. USA transfers, travel insurance not included.

**NOVEMBER 8th to 16th 2025 Costa Rica Occidental Papagayo** (adults only) All inclusive resort \$1,685. Includes air based on space available. This won't last. USA transfers and travel insurance not included.

**NOVEMBER 8th to 16th Spain and Portugal Escape.** Visit Lisbon, Seville, Cordoba, Toledo, Madrid, Barcelona and Globus. Air fair included. USA transfers and travel insurance not included \$2,699.00.

**MAY 24th - JUNE 2nd 2026 ALASKA CRUISE** Sail from SEATTLE TO SEATTLE

Enjoy stops in Victoria, Canada, Ketchikan, Tracy Arm, Juneau, Icy Strait Hoonhah, Glacier Bay. Round trip air fare \$2,334.00, balcony pp dbl occ. \$3,034.00, Ocean View single occ. Plus transfers in NJ and travel insurance.

Monica will be in the Clubhouse Tues. 4:30 until 6:30 & Thurs. from 10:30 until 12:30. Call or email her anytime 732-341-4555 or email [Acetravel@comcast.net](mailto:Acetravel@comcast.net)

# SNIPPETS FROM THE PATCH

*Submitted by Ann Clark and Gail Winsor*

Members of the Briar Patch Community Garden here in Greenbriar are looking forward to embarking on their 16<sup>th</sup> season. Flowers will be blooming and vegetables will be growing. The garden patio will be bustling with social gatherings throughout the summer. Be sure to check out our Farmers' Markets in July and August for a variety of produce, baked goods, homemade jams, fresh cut flowers and crafts. The garden will be coming alive soon, thanks to the efforts of all who are involved. We thrive because of the continued support of not only our members, but the Greenbriar Staff, Board of Trustees, and the entire Greenbriar Community.

Our General Membership Meeting, held annually, took place in early April. Attendees signed up and paid their dues to have the opportunity to plant flowers or vegetables in one of the 45 assigned "patches". In addition, several people paid dues to join as social members, which last season included over 30 people. We manage a group of 70 members on Facebook that is open to any interested Greenbriar Residents who enjoy gardening. Feel free to check out "Greenbriar Patch Gardeners".

It is one of the ways we use to keep our members abreast of garden club activities and may have information you find useful for your own planting. Happy gardening!







# Ballroom Dance GROUP CLASS

Come join us for fun  
group class at the  
**Greenbriar Clubhouse!**

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FOOT ON A BALLROOM FLOOR, THIS  
IS THE PERFECT OPPORTUNITY TO  
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**MAY 3, 2025**  
**11AM - 12PM**

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CALL TO RSVP:  
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30 Lewis Street  
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# Greenbriar 1 Book Discussion Group

## And Then There Were None by Agatha Christie 1939

*Submitted by Patricia Gigon*

Greenbriar 1 Book Discussion Group read Agatha Christie's first novel, *And Then There Were None* published for the first time in 1939. Agatha Christie wanted to write a mystery novel and have it published. She went on to write and publish 75 books, including 66 detective novels and 14 short story collections. As it turned out Agatha Christie is the most read of all authors. Her books have been turned into plays, movies and used for the basis of a popular television show. March was International Women's Club, and the Book Club thought this book and author were a good choice.

The novel *And Then There Were None*, takes place in pre-World War II England. A small group of people receive a mysterious invitation to a remote island destination off the coast of Cornwall. The group first meet each other on the small boat which takes them to the island with a beautifully renovated manor house. The setting is now the isolated island and manor house. The guests begin to introduce themselves and

all are slightly uncomfortable. Someone knew each of the individuals in the group, but what was the connection? And the mystery begins.

Using a series of flashbacks the reader learns these individuals all have a shady past, including murder or in some cases "accidental murder". Who is guilty and who is not becomes the overriding question?

Everyone begins to feel they are being judged. Then the accidental deaths of the characters begin one by one in the manor house. Due to the seasonal rough seas the boat cannot get across to the mainland and get the group off the island. Who is the killer?

The reader learns several clues for each murder but who is the mastermind behind all these murders? The characters accuse each other, and the story continues until then there were none.

The Book Discussion Group first talked about Agatha Christie's successes; author, playwright, movie scripts, and a record number of books read.

A discussion began of biblical themes based on David and Bathsheba. What is justice and who is charged with seeking justice and determining justice? Is one individual allowed to determine justice? Agatha Christie entwines her reader on a mysterious path and sometimes raises more questions than answers. While there is no love interest in the novel, characters were crafted to fit the plot, and the plot was crafted to fit the characters. Meticulous writing keeps the reader involved until the very end.

All members recommended reading the book, even for a second or third read. Enjoy!

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## SHUFFLEBOARD IS BACK!

Every Monday night at 6:00pm  
beginning May 12<sup>th</sup>

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# The Greenbriar Bulletin

## MAY 2025

\*\*\*\*\*

**ADMINISTRATION - 732-458-3700**

**SECURITY - 732-948-2076**

**EMAIL ADDRESS - Greenbriarassociation.com**

**FACEBOOK ACCOUNT**

**Greenbriar Darley**

**ERA BYRNE - 877-458-1077**

**WEBSITE - GREENBRIARONE.COM**

**ACE TRAVEL - 732-341-4555**

**BOARD OF TRUSTEES' MEETING**

**MAY 19, 2025 AT 7:00 PM**

\*\*\*\*\*

**BLOOD PRESSURE SCREENING:** May 6th have your blood pressure read by a professional for FREE! Free Bagels! Our registered nurse will be here at 10:00 am. So make sure you take advantage of a good thing!

**PODIATRIST:** May 8th to have your feet checked by a professional. Our doctor will be here at 9:15 am so make sure you take advantage of a good thing. Please reserve a spot a week before the date.

**ANYTIME DANCE LESSONS (11:00 AM) May 3rd**  
Come and enjoy a fun-filled ballroom dancing lesson with Chris and Victoria! No experience needed - just bring your enthusiasm and dancing shoes! Tickets are \$10 per person.

**NOTARY SERVICES AVAILABLE:** 10:00am-2:00pm Monday through Friday. You must have a valid driver's license or another form of identification with you at the time your document is getting notarized. Please do not sign your documents prior to getting it notarized or the notary will be unable to notarize your forms.

**COUNTY CONNECTIONS: PASSPORT ASSISTANCE RETURNS:** Mark your calendars. County Connections will be back at the clubhouse on Tuesday, May 6, from 9:00 AM to 3:00 PM to assist with passport applications. Take advantage of this convenient opportunity to get your passport application sorted without the hassle.

**CPR CERTIFICATION CLASS:** Learn life-saving skills with our CPR Certification Class led by professional instructors. This hands-on training will equip you with the knowledge and confidence to respond in emergency situations. May 7 at 6:00 PM \$65 per person. Don't miss

this opportunity to gain essential CPR skills! Spots are limited, so register early.

**LIVING WITH DEPRESSION AND ANXIETY - SEMINAR:** Join us for an insightful seminar on Living with Depression and Anxiety, where we will discuss coping strategies, support systems, and ways to improve mental well-being. Monday, May 6, Time: 11:00 AM. This seminar aims to provide valuable information and resources for those experiencing or supporting loved ones with depression and anxiety.

**COME JOIN US FOR LEFT RIGHT CENTER:** Mark your calendars for May 17 at 6:30 PM! Be sure to RSVP by May 15 to secure your spot. It's going to be a fun-filled evening of excitement and entertainment. Don't miss out!

**SELF-DEFENSE CLASS (6:00 PM) May 20:** Empower yourself with practical self-defense techniques.

**CULTIVATING GRATITUDE:** Join us every Thursday at 1:00 PM for a class on cultivating gratitude. Learn how practicing gratitude can improve your mindset, reduce stress, and enhance overall well-being. Thursdays at 1:00 PM \$10 per class or \$35 for 4 classes. All are welcome to attend.

**LADIES GOLF:** Starting May 15, meet each other every Thursday at 8:00 AM for a fun and relaxing round of golf.

**COME JOIN US FOR LIFETIME FITNESS:** Join us every Tuesday at 11:00 AM for a refreshing and energizing fitness session. Stay active and have fun!

**OFFICE CLOSURE MAY 26:** Please note that the office will be closed on May 26.

**COME JOIN US FOR THE NEW EVENING EXERCISE CLASS:** Starting this Monday, May 5th join us every week at 6:30 PM for a refreshing evening workout. Get active and end your day on a positive note!

**COME JOIN US FOR SHUFFLEBOARD:** Starting on May 12, every Thursday at 6:00 PM, join us for some fun and friendly competition. It's a great way to unwind and enjoy the evening!

**COOKING CLUB:** Join us for an evening of culinary creativity and delicious food. It's a great way to share recipes. 5 PM May 13th.

**COME JOIN US FOR THE MEMORIAL DAY PARTY:** Celebrate with us on May 24 at 2:00 PM! This event is open exclusively to Greenbriar residents, with

no fee to attend. Enjoy food, music, and feel free to bring your own beverages. Let's make this a memorable day! No Guests. No Children.

#### RECYCLING PICKUP DATES FOR APRIL:

**Monday, May 5<sup>th</sup>**

**Monday, May 19<sup>th</sup>**

#### GARBAGE PICKUP DATES FOR MARCH:

**Friday, May 2<sup>nd</sup>**

**Friday, May 9<sup>th</sup>**

**Saturday, May 16<sup>th</sup>**

**Friday, May 23<sup>rd</sup>**

**Saturday, May 31<sup>st</sup>**

#### UPCOMING EVENTS JUNE

*Garage Sale: June 7*

*Kiwanis Wine and Cheese: June 8*

*Good Night's Sleep: June 10*

*Left Right Center: June 28*

#### Trivia Pursuit

*Submitted by Carolyn Rubino*

1. Botany is the study of what?
2. Tanks were used in battle for the first time in which conflict?
3. Squab is a name given to the young of which bird?
4. What American beer has long been promoted as the "King of Beers"?
5. Which fashion designer was shot dead in the summer of 1997?
6. What type of beans are chickpeas also known as?

**Answered on page 29**



JUST WHEN YOU THOUGHT IT COULDN'T GET  
ANY BETTER ...

I HAVE GONE TO HEAR THEM EVERYTIME  
THEY HAVE COME TO GREENBRIAR. I HAVE  
GONE TO OTHER VENUES THAT THEY HAVE  
PLAYED AT. THEY HAVE ALWAYS BEEN  
OUTSTANDING BUT TONIGHT THEY  
OUTDID THEMSELVES!

ASK ANYONE WHO WAS FORTUNATE TO

BE THERE & I'M SURE YOU WILL GET  
THE SAME RESPONSE, HOW TRULY  
FORTUNATE WE ARE TO HAVE THE  
ATLANTIC WIND ENSEMBLE AT  
GREENBRIAR.

THEY WENT FROM MARCH MUSIC TO  
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| MAY                           |                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                         |                                                                                                                                                                             |
|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| SUNDAY                        | MONDAY                                                                                                                                                                                                                                                                                                                                                                           | TUESDAY                                                                                                                                                                                                 | WEDNESDAY                                                                                                                                                                   |
|                               |                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                         |                                                                                                                                                                             |
| <b>4</b>                      | <b>5</b> <b>RECYCLING</b> <br>MONDAY BUS - STOP & SHOP PT PL<br>9:30 AM PAID EXERCISE CLASS<br>10:00 AM SEWING CLUB<br>11:00 AM TAI CHI<br>1:00 PM CRIBBAGE CARD CLUB<br>6:30 PM EXERCISE CLASS                                                                                                 | <b>6</b><br>MALL BUS TRIP<br>9:45 AM BLOOD PRESSURE<br>11:00 AM LIFETIME FITNESS<br>11:00 AM LIVING W/DEPRESSION AND ANXIETY<br>1:00 PM SOCIAL CLUB<br>6:30 PM MAH JONGG<br>7:00 PM BILLIARD GAME NIGHT | <b>7</b><br>WEDNESDAY<br>WALMART<br>8:15 AM STRENGTH & CHAIR YOGA<br>9:00 AM BOWLING<br>10:00 AM ZUMBA<br>11:00 AM KNIT & CROCHET<br>6:00 PM CPR CLASS<br>7:00 PM BOOK CLUB |
| <b>11</b> <b>MOTHER'S DAY</b> | <b>12</b><br>MONDAY BUS - STOP & SHOP PT PL<br>9:00 AM ON-SITE MVC-DMV<br>9:30 AM PAID EXERCISE CLASS<br>10:00 AM SEWING CLUB<br>11:00 AM TAI CHI<br>1:00 PM CRIBBAGE CARD CLUB<br>6:00 PM SHUFFLEBOARD<br>6:30 PM EXERCISE CLASS                                                                                                                                                | <b>13</b><br>MALL BUS TRIP<br>11:00 AM LIFETIME FITNESS<br>5:00 PM COOKING CLUB<br>6:30 PM MAH JONGG<br>7:00 PM BILLIARD GAME NIGHT                                                                     | <b>14</b><br>WEDNESDAY<br>WALMART<br>8:15 AM STRENGTH & CHAIR YOGA<br>9:00 AM BOWLING<br>10:00 AM ZUMBA<br>11:00 AM KNIT & CROCHET<br>11:00 AM GB PAT                       |
| <b>18</b>                     | <b>19</b> <b>RECYCLING</b> <br>MONDAY BUS - STOP & SHOP PT PL<br>9:30 AM PAID EXERCISE CLASS<br>10:00 AM SEWING CLUB<br>11:00 AM TAI CHI<br>1:00 PM CRIBBAGE CARD CLUB<br>1:00 PM OVERVIEW SENIOR SVCS<br>6:00 PM SHUFFLEBOARD<br>6:30 PM EXERCISE CLASS<br><b>7:00 PM OPEN COMMUNITY MTG</b> | <b>20</b><br>MALL BUS TRIP<br>9:00 AM COUNTY CONNECTIONS (PASSPORTS)<br>11:00 AM LIFETIME FITNESS<br>6:00 PM SELF DEFENSE<br>6:30 PM MAH JONGG<br>7:00 PM BILLIARD GAME NIGHT                           | <b>21</b><br>WEDNESDAY<br>WALMART<br>8:15 AM STRENGTH & CHAIR YOGA<br>9:00 AM BOWLING<br>10:00 AM ZUMBA<br>11:00 AM KNIT & CROCHET<br>3:30 PM HEALTH                        |
| <b>25</b><br>POOL OPENS       | <b>26</b> <b>MEMORIAL DAY</b><br>MONDAY BUS - STOP & SHOP PT PL<br>9:30 AM PAID EXERCISE CLASS<br>10:00 AM SEWING CLUB<br>11:00 AM TAI CHI<br>1:00 PM CRIBBAGE CARD CLUB<br>6:00 PM SHUFFLEBOARD<br>6:30 PM EXERCISE CLASS<br><br><b>OFFICE CLOSED</b>                                                                                                                           | <b>27</b><br>MALL BUS TRIP<br>9:00 AM LADIES & MEN GOLF SIGN UP<br>11:00 AM LIFETIME FITNESS<br>6:30 PM MAH JONGG<br>7:00 PM BILLIARD GAME NIGHT                                                        | <b>28</b><br>WEDNESDAY<br>WALMART<br>8:15 AM STRENGTH & CHAIR YOGA<br>9:00 AM BOWLING<br>10:00 AM ZUMBA<br>11:00 AM KNIT & CROCHET                                          |

| 2025                                                                              |                                                                                                                                             |                                                                                                                                                                                                                                                     |                                                                          |
|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| WEDNESDAY                                                                         | THURSDAY                                                                                                                                    | FRIDAY                                                                                                                                                                                                                                              | SATURDAY                                                                 |
|                                                                                   | <b>1</b><br>9:00 AM KIWANIS<br>11:00 AM TRAVEL CLUB<br>12:30 PM DUPLICATE BRIDGE<br>1:00 PM CAPTIVATING GRATITUDE (P)<br>6:00 PM CORN HOLE  | <b>2</b> <u><b>GARBAGE DAY</b></u><br>FRIDAY BUS - SHOPRITE BRICK<br>8:15 AM STRENGTH EXERCISE<br>9:30 AM PAID EXERCISE CLASS<br>10:00 AM STRONGER TOGETHER SUPPORT GROUP<br>11:00 AM LIFETIME FITNESS<br>2:00 PM PING PONG<br>7:30 PM LINE DANCING | <b>3</b><br>9:00 AM YOGA<br>11:00 AM ANYTIME DANCE (P)                   |
| BUS - ALDI /<br>STRENGTH EXERCISE<br>LINE DANCING<br>CROCHET<br>CLASS (P)<br>CLUB | <b>8</b><br>9:15 AM PODIATRIST<br>11:00 AM LIBRARY<br>12:30 PM DUPLICATE BRIDGE<br>1:00 PM CAPTIVATING GRATITUDE (P)<br>6:00 PM CORN HOLE   | <b>9</b> <u><b>GARBAGE DAY</b></u><br>FRIDAY BUS - SHOPRITE BRICK<br>8:15 AM STRENGTH EXERCISE<br>9:30 AM PAID EXERCISE CLASS<br>11:00 AM LIFETIME FITNESS<br>2:00 PM PING PONG<br>7:30 PM LINE DANCING                                             | <b>10</b><br>9:00 AM YOGA                                                |
| BUS - ALDI /<br>STRENGTH EXERCISE<br>LINE DANCING<br>CROCHET<br>MATCH             | <b>15</b><br>8:00 AM LADIES GOLF<br>9:00 AM KIWANIS<br>12:30 PM DUPLICATE BRIDGE<br>1:00 PM CAPTIVATING GRATITUDE (P)<br>6:00 PM CORN HOLE  | <b>16</b> <u><b>GARBAGE DAY</b></u><br>FRIDAY BUS - SHOPRITE BRICK<br>8:15 AM STRENGTH EXERCISE<br>9:30 AM PAID EXERCISE CLASS<br>11:00 AM LIFETIME FITNESS<br>2:00 PM PING PONG<br>7:30 PM LINE DANCING                                            | <b>17</b><br>9:00 AM YOGA<br>6:30 PM LEFT RIGHT CENTER                   |
| BUS - ALDI /<br>STRENGTH EXERCISE<br>LINE DANCING<br>CROCHET<br>MEAL EATING FOR 1 | <b>22</b><br>8:00 AM LADIES GOLF<br>11:00 AM LIBRARY<br>12:30 PM DUPLICATE BRIDGE<br>1:00 PM CAPTIVATING GRATITUDE (P)<br>6:00 PM CORN HOLE | <b>23</b> <u><b>GARBAGE DAY</b></u><br>FRIDAY BUS - SHOPRITE BRICK<br>8:15 AM STRENGTH EXERCISE<br>9:30 AM PAID EXERCISE CLASS<br>11:00 AM LIFETIME FITNESS<br>2:00 PM PING PONG<br>7:30 PM LINE DANCING                                            | <b>24</b><br>9:00 AM YOGA<br>2:00 PM MEMORIAL DAY PARTY "RESIDENTS ONLY" |
| BUS - ALDI /<br>STRENGTH EXERCISE<br>LINE DANCING<br>CROCHET                      | <b>29</b><br>8:00 AM LADIES GOLF<br>12:30 PM DUPLICATE BRIDGE<br>6:00 PM CORN HOLE                                                          | <b>30</b><br>FRIDAY BUS - SHOPRITE BRICK<br>8:15 AM STRENGTH EXERCISE<br>9:30 AM PAID EXERCISE CLASS<br>11:00 AM LIFETIME FITNESS<br>2:00 PM PING PONG<br>7:30 PM LINE DANCING                                                                      | <b>31</b> <u><b>GARBAGE DAY</b></u>                                      |

# The Sound of Love

By Bill Pane

When you're a child you don't understand the adult world. You don't know how things get done, what things cost or the difficult choices adults have to make. Often those choices are made for the benefit of their kids, and too often those kids are ungrateful little brats who see their parents as unreasonable ogres: heavy handed, overbearing and doing everything in their power to lord over them and keep them from having fun.

In my childhood the world was a different place. The Women's Rights movement was a new thing and societal norms still had women mostly limited to more traditional roles around the house. It was a time when women were not paid as well as men for the same job.

My Mom wasn't typical for that time: A divorced working mother with two school age boys at home. She worked in an office doing the standard secretarial duties but surely also had the subservient tasks expected of women in those days: Making coffee, smiling and maybe flirting a little with visiting clients, and laughing off inappropriate comments about her tush.

We weren't poor but the budget was tight. One

way Mom got around this was by making her own work clothes. She'd go to the fabric store for cloth and a pattern, and one of the oft heard sounds of my youth was the Singer sewing machine hard at work. Us kids never realized that making her own clothes was actually something she did for us, a way of saving money so we could have nice gifts at Christmas.

Being typical rough and tumble boys we made more work for her. We ripped out the knees of pants playing football and found all kinds of ways to add to her already full plate. She always did whatever was necessary and never complained about it. The sewing machine was just a vehicle through which the depth of her love for us was shown.

She put those skills to use all her life. When we grew up and our friends had children of their own she made baby blankets and booties for them or frilly dresses for the girls. In her elder years, she fashioned costumes for the tap dance group she performed with, well into her 80's.

My brother and myself never understood that the sound of the sewing machine was the sound of love. Our childhoods were happy and maybe that's why we ended up well adjusted adults and not some guy on the roof of The Chrysler Building with a rifle taking pot shots at the people below.

Mom passed away in 2016 but no Mother's Day goes by without feeling gratitude for the sacrifices she made, and the things she denied herself, to make sure we were happy and provided for. Does anything show your love for another better than taking on personal sacrifice for them?

What is the sound of love? It's any sound you associate with someone you love, and for me the sound of that sewing machine was one. Even now if I close my eyes I can still hear it toiling away making Mom's work clothes, but also making sure every birthday and Christmas were full of wonderful gifts and the invaluable knowledge that you were loved.

Thanks for every sacrifice you made, Theresa. I may not have realized it as a child but I do now. I'll see you again, maybe not in this world but in that place where all the mysteries of life are answered. Until then, I can only wonder if they have sewing machines in heaven and if you are keeping busy making alterations.

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## Greenbriar's New Neighbors

*Submitted by Carolyn Rubino*

Greenbriar would like to welcome Jean Hirst to the Community. She moved here from Point Pleasant. Jean was a nurse. She came to Greenbriar to be near family and friends.

Greenbriar would like to welcome Silvia and Elias Couso to the Community. They previously lived in Kearny. They are retired. Silvia and Elias chose Greenbriar because of its amenities and its proximity to the beach.

WELCOME TO GREENBRIAR JEAN, SILVIA AND ELIAS!

## Greenbriar's Amazing Bowlers

*Submitted by Kevin T. Smith*

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Carol Fox 200-183-188

Barry Johnson 213-194-211-223-200-194-206-209-198-203-200-201

Ed Sheedy 191-206-202=192

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**5/1/1931** – The Empire State Building opened in NYC, marking it as the tallest building in the world at the time.

**5/8/1945**– Germany surrendered, thereby ending World War 2. It is also called VE Day, or Victory in Europe Day.

**May 11th**– Mothers Day is celebrated on the 2<sup>nd</sup> Sunday of May. This year its May 11th

**5/5**- Cinco de Mayo is celebrated worldwide. Americans spend more on Beer on this day than the Superbowl or St. Patricks Day!.

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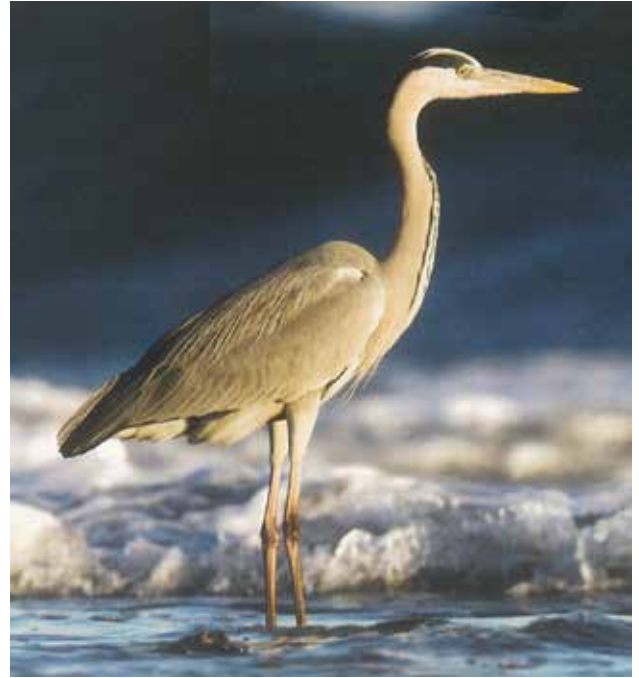
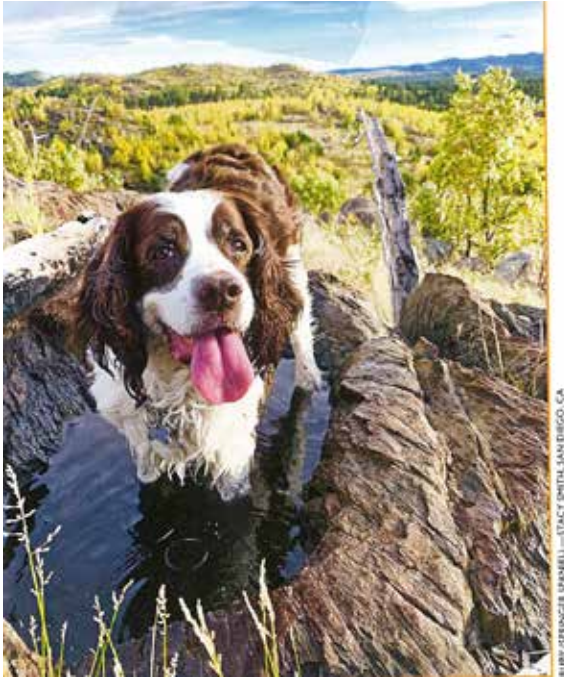
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Deb Caletti

## Trivia Pursuit Answers

- |                |                   |
|----------------|-------------------|
| 1. Plants      | 4. Budweiser      |
| 2. World War 1 | 5. Gianni Versace |
| 3. Pigeon      | 6. Garbanzo       |

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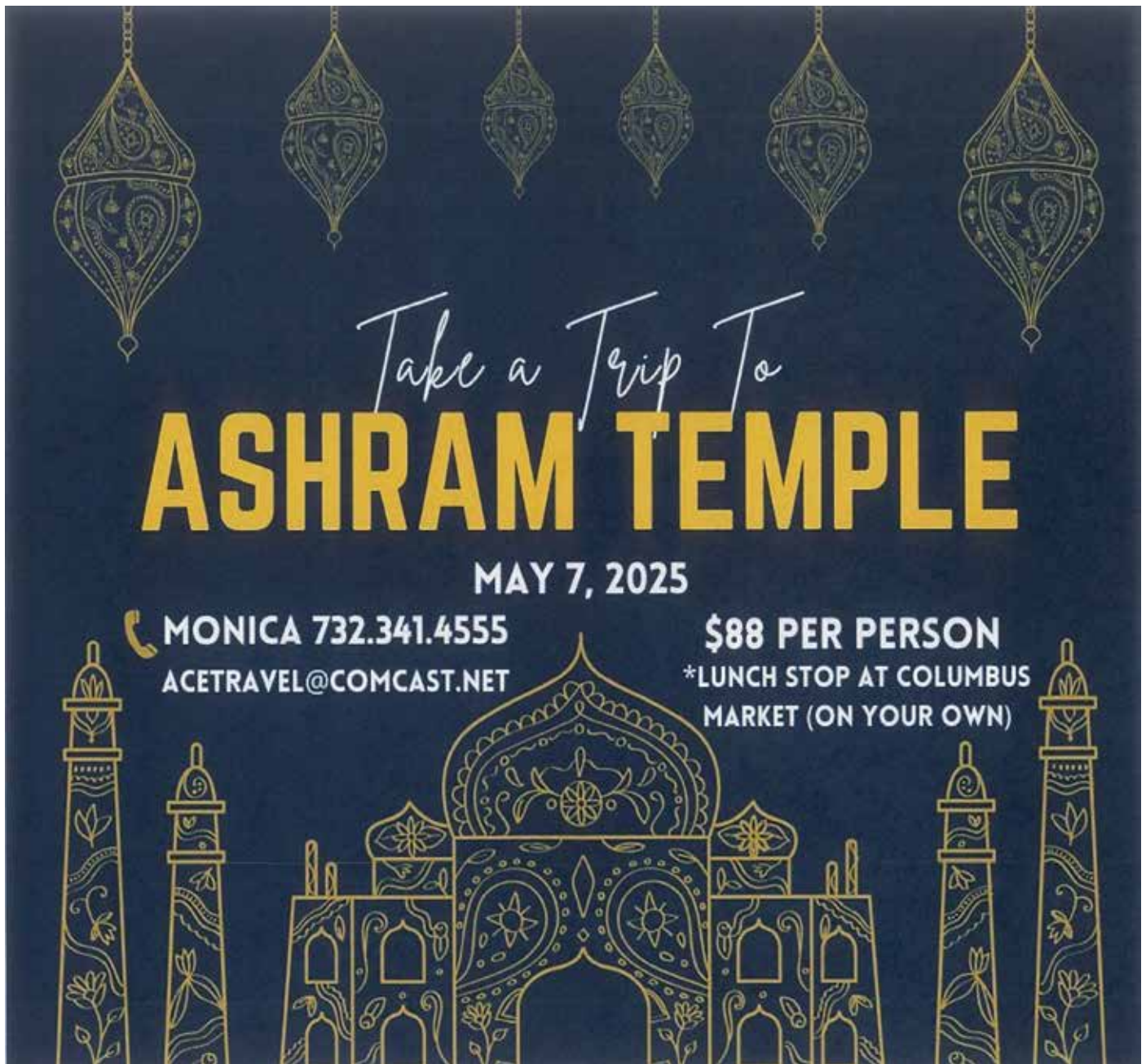
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# RESTAURANT REVIEW

## Tommy's Tavern + Tapas

*Submitted by Carolyn Rubino*

Your intrepid newspaper staff went to Tommy's to taste what the always full parking lot was all about. To our delight we quickly found out. The Tavern is cavernous inside. The walls are covered in TV's, all showing various sports games. On the day we went the Mets were playing the Miami team on some TVs and on the other it was soccer. The bar is HUGE, there are tall tables, regular tables, banquettes and booths. The interior is dark, but pleasant.

We went to see what the food in this burger place was all about. Paulina had the grilled Ahi Tuna Wrap. It was a rare-cooked delight placed on sliced avocado, lettuce, and tomato on a ciabatti bread. The sandwich came in a soy ginger marinade. Paulina had fried sweet potatoes on the side.

Ernestine had a Southwestern Turkey Burger. This is ground turkey mixed with bits of vegetables. It was covered in melted pepper jack cheese. This burger was served on a chipolte broiche roll. It came with a side of fries.

Maryanne had a sliced steak sandwich. It was covered with cooked wild mushrooms and provolone cheese. The sauce was a garlic aioli. The sandwich came in a ciabatti roll. She also had the sweet potato fries.

Carol had The House Regular, a Triple T. Cheese-burger. This is ground 10 ounce chopped meat, ordered cooked medium well. It was covered in melted cheddar cheese. The patty was covered in tomato, onion and lettuce. The roll was toasted brioche. She had regular french fries.

Pat went for the Tavern dip sliced prime rib. This had coal-fired onions and mozzarella, and topped with a horseradish cream. It was served on a ciabatti brioche. Pat got the regular fries as her side.

Rita and I both ordered the Old-School Chicken Salad Sandwich. I can't figure out what was old - school about it. The chicken was roasted and cut into nice sized pieces. The chicken was covered with bacon, onion and chipotle mayo. I had the regular fries and Rita ordered the sweet potato fries.

All of us really liked these unique sandwiches. REALLY! We felt the fries could have been served warmer. The sweet potatoes came with a unique dipping sauce, marshmallow fluff with cinnamon. Yes, you read that right marshmallow fluff! The general feeling was that it was interesting but not for sweet potato fries.

The seven of us agreed on two desserts and seven spoons. We ordered the key lime pie, Fabulous!! And the chocolate lava cake with vanilla ice cream and whipped cream. Chocolate is chocolate, Wonderful!! We enjoyed the desserts, the food and the company!!

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# Recipes

*Submitted by Carolyn Rubino*

Chicken Pot Pie is a favorite of mine, but it never dawned on me to make it. I found this recipe in THE ULTIMATE CAST IRON COOKBOOK RECENTLY and I didn't think it looked too hard. I will use a frozen pie crust. Sometimes little fixes make a thing that might be a no-no why not try it! I hope you do. Bon Appetite!!

## Chicken Pot Pie

2 tablespoons olive oil

½ yellow onion, diced

1 garlic clove, chopped

1 carrot, peeled and chopped

1¼ cups whole milk, at room temperature

2 tablespoons unsalted butter, cut into smaller slices

2 tablespoons all-purpose flour, plus more for dusting

1½ cups cooked chicken, cut into bite-sized pieces

¾ cup chopped frozen green beans

Salt and pepper, to taste

½ teaspoon cayenne pepper (optional)

1 Flaky Pastry Crust (see page 215)

1 tablespoon half-and-half

- 1 Preheat the oven to 350°F.
- 2 In a small skillet other than the cast-iron skillet, heat the olive oil. Add the onion and garlic and cook, while stirring, for about 2 minutes. Add the carrot, reduce the heat to low, cover, and cook, while stirring occasionally, until the carrots start to soften and the onion caramelizes, about 5 minutes. Set aside.
- 3 Before starting to make the white sauce, be sure the milk is at room temperature. If it's not, microwave it so that it's just warm, about 15 to 20 seconds. Have the milk ready.
- 4 Place the butter in a 12-inch cast-iron skillet and melt over medium heat. Sprinkle the flour over it and stir quickly yet gently to blend. Reduce the heat slightly so the butter doesn't burn. Stir until the butter and flour form a soft paste.
- 5 Add just a little of the warm milk and stir constantly to blend it in. Add more milk in small increments, working after each addition to stir it into the flour-and-butter mixture smoothly. Work in this manner until all the milk has been incorporated. Continue to stir the sauce while cooking over low heat until it thickens, about 5 minutes.
- 6 Add the chicken pieces, green beans, and vegetable mixture from the other skillet. Season with salt and pepper. If you want a hint of heat, add the cayenne pepper.
- 7 On a flour-dusted work surface, roll out the crust so it will fit over the filling. Lay it gently on top, push down slightly to secure, and cut 3 or 4 slits in the middle. Brush the crust with the half-and-half.
- 8 Put the skillet in the oven and bake for 30 to 40 minutes, until the crust is browned and the filling is bubbly.
- 9 Remove from the oven and let cool slightly before serving.





# DRYER VENT FIRES

## Introduction

5,600 fires.

15 deaths.

400 injuries.

\$99 million in direct property loss.

That was the average toll taken by fires caused by clothes dryers between 2002 and 2004, according to the U.S. Fire Administration (USFA).

Many homeowners consider their clothes dryer a necessity. However, improper installation or maintenance of this appliance can pose a serious fire risk to families. The leading factor contributing to dryer fires is failure to clean lint from traps, vents and areas surrounding the dryer.

This guide covers the proper selection, installation and maintenance of vents for clothes dryers.

## Signs of a Blocked Dryer Vent

- Lengthy drying times
- Clothes are hotter than normal at the end of the dry cycle
- Dryer deactivation due to high temperatures
- Increased heat and humidity in the area of the dryer
- Flapper on vent hood does not open when dryer is on

## Why are Dryers Vented?

After the washer's spin cycle has finished, a typical 12-pound load of laundry weighs about 20 pounds. This means that the dryer will need to dispose of about a gallon of water with every load. A dryer vent removes this moisture as well as heat and lint produced by the clothes dryer to the exterior of a home.

As the dryer forces hot air through a rotating drum and the heat removes water from the clothes, lint forms. Lint is a highly flammable fiber that will ignite easily. While most moisture and heat vent to the outside, the removable lint filter traps most lint, before it reaches the vent but some lint will always get by the filter. When trapped in the vent, lint will reduce the venting capacity and can eventually lead to a total blockage. It will also reduce the efficiency of the dryer and can result in a buildup of excess heat, moisture and lint into your home. It is important to clean lint from the lint filter before or after every load.

## Vent Materials

Several types of ducting material are available for venting a clothes dryer. The preferred material is either a rigid aluminum or galvanized steel duct. The use of flexible metal ducting may be an acceptable alternative to rigid metal duct.

The flexible thin foil and flexible plastic accordion style vents sold in home improvement stores are unacceptable materials for venting a dryer. These vents can sag and allow lint to accumulate and catch fire if exposed to sufficient heat.

## Proper Venting

The best venting arrangement is to exhaust directly outdoors in the straightest, shortest distance possible. Unfortunately, trends in new construction now place the dryer in convenient but nontraditional areas of the home such as upstairs laundry rooms, hallways and bathrooms. These installations generally require longer vent lengths to reach the outside and involve sharp turns and bends to navigate the structure.

The International Building Code and Underwriters Laboratories limit the length of a dryer vent to a maximum of 25 feet. Every 45-degree bend in the vent reduces the total allowable length by 2 1/2 feet and every 90-degree bend reduces the allowable length by 5 feet. However, some dryers may have rated lengths that exceed those established by this standard so it is best to check the manual for each dryer to determine the maximum allowable length of the dryer vent. There is also maximum allowable height requirements set by the manufacturers for each model.

## Dryer Vent Fires

Continued from page 36

The dryer vent must be independent of all other systems and terminate outdoors. Never vent the dryer into another vent or chimney, the attic, a wall or a crawl space. On the outside, install a vent hood that is equipped with a back draft damper.

### Proper Dryer Maintenance

When completed regularly, a few simple, inexpensive measures can help detect a problem with a dryer vent before it becomes a fire hazard and may even reduce wear on the dryer and energy costs to operate the dryer.

1. Remove lint from the lint filter before or after each load. Inspect the filter for rips before placing it back in the dryer.
2. Wash the lint filter with soap and water every couple of months to reduce the waxy residue left behind by dryer sheets.
3. Inspect and clean outside wall dampers on a regular basis.
4. Disconnect, clean and inspect the dryer duct and venting at least every two years. In homes with higher use or long vent runs, this should occur every year. You can also hire a professional to complete this service.
5. Vacuum lint from behind and beneath your dryer on a regular basis.
6. Have your dryer professionally serviced and cleaned by a factory-authorized service representative every two to three years.

### RECOMMENDATIONS MADE BY COMMUNITY ASSOCIATION UNDERWRITERS OF AMERICA

- > Replace plastic and metal foil vents with 4 inch minimum diameter rigid metal vents.
- > Vent dryers directly to the outside in the shortest, straightest distance possible.
- > Insulate the dryer vent to protect it from lower outside temperatures.
- > Remind residents to clean the lint filter before or after drying every load and to read and follow the dryer manufacturer's operating guidelines and suggested maintenance practices.
- > Inspect the dryer vent termination point at least annually for blockages, bird nests or the presence of other wildlife.
- > Never turn on a dryer and then leave the house.
- > Purchase and install a portable fire extinguisher in an accessible area near the laundry room.



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spc-705





## Gardening Ease

**Fitness Facts  
By Dr. Toni**



Spring is here, and gardening can be a great form of exercise. In fact, gardening can burn up to 300 calories in an hour. If done improperly, gardening just like exercise, may cause problems for your body.

**Here are a few tips to keep you healthy as you garden:**

**Warm up:** As with any type of exercise it is important to “get the blood flowing”. You can do this by starting with a 10-minute walk.

- **Listen to your body:** If you feel achy and tired in certain muscles, it is time for a break, or to change positions. As a general rule, you should change your position every 10 minutes or so.
- **Don't bend over from your back:** When you bend down to pull weeds, or grab for something, make sure to bend from your knees, as well as contract your abdominal muscles for additional support.



- **Kneel properly:** If you plan on being down on the ground, attempt to squat or kneel on one knee, rotating between knees. Use a kneeling cushion for the health of your knee joints and perhaps purchase one with sidebars. The sidebars will make it easier to get up from the ground. If you choose to use planter boxes, you can avoid kneeling.
- **Use the right tools:** Use tools that are ergonomically designed to reduce stress on your hands and wrists. Wide gripped tools can help prevent injuries such as carpal tunnel. If you are tall, avoid tools with short handles. This will cause you to bend from your back, which can cause injury over time.
- **Avoid twisting at the waist:** Turn your feet when in the direction of your work to keep your back healthy.
- **Keep hydrated:** As with any outdoor activity, it is important to drink lots of water to keep cool and prevent dehydration - which can lead to injury.

**Cool down:** When finished gardening, take a short walk around the yard to admire your work! This will give your body a chance to return to a resting state.

**Before you do any gardening, please stretch before to get your body ready to work without the tightness and stiffness that results from this work. Stretching reduces muscle tension and makes the work easier.**

**Dr. Toni LaSala, resident of Greenbriar I, is a Certified Exercise Physiologist with 34 years' experience as a college professor, personal trainer, group fitness instructor, Health, Fitness and Wellness Coach and Pickleball Coach.**





## No Frills Dance Party







**Join us for an empowering 90-minute self-defense seminar designed to equip you with essential skills and knowledge to stay safe in any situation.**

**The class will meet in the Greenbriar clubhouse on Tuesday May 20<sup>th</sup> at 6:00pm.**

**ALL ARE WELCOME!**

**Call the office to reserve your spot  
732-458-3700**

## **PASSPORT RENEWALS!**

*County Connections will be at the  
Greenbriar Clubhouse on*

*Tuesday May 6<sup>th</sup>*

*from 9:00am -3:00pm to renew  
passports. No appointment necessary.*



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*A Four Week Workshop*

Learn tools and techniques to  
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and improve your happiness,  
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Place: Greenbriar /  
Clubhouse

Date: May 1, 8, 15 &  
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Cost: \$10 per class or  
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(due at 1st class)



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Please call the office if you  
would like an appointment.

Next visit is May 8<sup>th</sup> @ 9:15 am



## ***LEFT RIGHT CENTER***

Saturday May 17<sup>th</sup> 6:30 pm

Greenbriar Clubhouse

Please register by Wednesday May 14<sup>th</sup>

Must stay for the whole 5 games played

Bring a dish and paper products for the  
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Contact Micki Morris to register

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[apm@greenbriarassociation.com](mailto:apm@greenbriarassociation.com)

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**Come join us on Saturday May 3<sup>rd</sup> at  
7:00 pm in the Greenbriar Clubhouse  
for a wonderful evening of music and  
relaxation with Jersey Shore Chorale  
for the Spring Concert.**

**Admission is \$10.00 & tickets can be  
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**The Jersey Shore Corale hopes to see  
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# Directory

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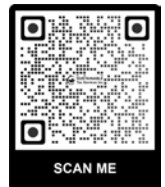
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