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The Knoll News

The Leisure Knoll Association
1 Buckingham Drive North
Manchester, NJ 08759

APRIL 2025

LEISURE KNOLL

"The Official Newspaper of The Leisure Knoll Community"

MANCHESTER, NJ



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Editor's Note



April Showers
Bring May Flowers

We are so very excited that spring is coming. We have an extra hours' sleep, the days are a little warmer, and we are all starting our seeds to be planted as soon as the ground is warmer. So many things starting back up in The Knoll, we are waking up 2025!

Pretty soon, we will be smelling the blooms and we can put away our coats. I love the dogs that come up and say hi when they are with their human parents. Leisure Knoll is amazing for its friendliness of all our neighbors, 2 and 4 legged alike!

I look forward to seeing you all around!

Happy April Neighbors!



The Knoll News, the Leisure Knoll website at www.Leisureknoll.Net and the community channels 1970 and 1971 are the only official outlets for Leisure Knoll at Manchester news and information. The association is not affiliated with any other social media outlets, including, but not limited to Facebook, Twitter/X, Tiktok etc and any opinions expressed thereon are not representative of official information.

Leisure Knoll at Manchester

Trustees/Officers

The Board of Trustees meets once a month on the 2nd Wednesday. The odd numbered months: 1-January, 3-March, 5-May, 7-July, 9-September, 11-November the meetings are 7 p.m. in the PAC. On the even numbered months: 2-February, 4-April, 6-June, 8-August, 10-October, 12-December, the meetings are held at 10 a.m. in the PAC. Workshop Meetings will be scheduled as needed. The meeting time and place will be announced on Channels 1970-1971, and on the Official Website. All homeowners are welcome to attend.

President

Peter Marottoli 2027

Vice President

Andy Passman..... 2027

Treasurer

Ken Wiseman 2026

Secretary

Dave Glenn 2026

Trustee

Diane Bame..... 2025

Vladimir Kowaliwskyj..... 2025

Lynn Miller 2027

Property Manager

Mary D'imé

Knoll News

Editor – Jessica Robinson

Article Submissions:

news@Leisureknoll.net

Telephone Numbers & Hours

Association Office 732-657-6661

9 a.m. - 4 p.m. Monday-Friday

Gatehouse: 732-657-5007

24 Hours a Day

Helping Hands Unlimited: 732-657-7269

1-3 p.m.

Monday-Wednesday-Friday

Ocean County Handicapped Elderly Transportation Service: 732-736-8989

Ocean County Senior Services: 732-929-2091

Comcast/Xfinity: 1-855-638-2855

Manchester Fire or First Aid Squad

911 – Manchester Police

732-657-6111 or 911

Leisure Knoll Official Website: www.leisureknoll.net

Leisure Knoll Email Address: rcosta@leisureknoll.net



President's Corner

Pete Marottoli, President
Leisure Knoll Board of Trustees



I hope those of you who are interested in the progress of the pool have checked out leisureknoll.net to read the reports from our engineers. We on the Board are satisfied with the progress taking place in late winter and feel we are in good position to finally get this project completed for a May opening.

Speaking of the pool, in this issue of the Knoll News are the pool rules for 2025. The rules have very few changes other than expanding children's hours at the pool.

Our new trash collection system starts this month. You will only have one pick up per week so check out the route list and map for your day. I heard some unhappiness with the color of the cans. Turns out they are MTHS' colors... "Go Hawks!"

There is nothing to report on the paving project. The sewer scoping is complete, and the engineering is done. The bids have gone out so I hope to have more information next month.

We on the Board are trying to be as open as possible to keep everyone informed yet we hear time and time again: "I didn't know... nobody told me". We post things on leisureknoll.net, we print it in the Knoll News we televise the open meetings on Channel 1970. I honestly don't know what else we can do so if you have a suggestion please let us know.



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Manager's Memo

Mary D'imé - Community Manager

AND FINALLY...TRASH TALK TIPS

April 1st is here and the Robo-Cans are ready to go!!! Here's the important stuff you need to know...

✓ ROBO CAN SIZES

The standard size can that has been made available to all households is a 64 gallon size unless you have already submitted your request for the 32 gallon substitute by the March 1st deadline. Anyone who requested a 32 gallon after March 1st has been placed on a waiting list and those requests will be filled in the near future

✓ MORE ROBO CANS

Additional cans (beyond the one mentioned above) are available for purchase, the cost of which is \$ 95. for the 64 gallon and \$ 75. for the 32 gallon. There is a waiting list for the 32 gallon and your request will be filled in the near future. Please contact Meadowbrook Customer Service directly at 732-774-0404 if you would like to purchase an additional can

✓ ROBO CAN PICK UP SCHEDULE

Pick up is now once weekly; approximately half of the community on Tuesdays and the other half on Wednesdays. The color coded street listings for each day as well as the color coded route map are in this issue of the News

✓ ROBO CAN PICKUP PLACEMENT

Curbside placement of the can is at your discretion but it must be reachable from the street

✓ ROBO CAN SPECIAL ASSISTANCE PICKUP

Meadowbrook will only pick up cans in front of the garage that are on the pre-approved Special Assistance list. If you are not on that list and your can is in front of the garage or anywhere other than curbside on your pickup day it will be assumed you do not need to be picked up

✓ ROBO CAN STORAGE

Storage of the can in between pickups will be permitted either in the garage or on the side of house at the pit can location

✓ ROBO CAN PERSONALIZATION

Painting and/or changing the color of any part of the can is not permitted. You may place your address on the can provided it does not cover any part of the serial number which is unique and assigned to you and used for tracking when lost

✓ PIT CANS

Pit can removal is not mandatory

✓ PIT CAN REMOVAL - DIY

For those residents who remove the pit cans themselves, the Association will dispose of the pit cans for you at no charge. Arrangements for the disposal of the removed pit cans may be made by calling the Association Office

✓ PIT CAN REMOVAL – DTE

We have been able to arrange for Down to Earth to assist with the pit can removals. The pit can removal is \$ 48., tax included. The cost includes removal/disposal of the pit can, backfilling the hole with top soil and tamping the area down. If your pit can is in a bed that has mulch, stone or grass, replacement/placement of these materials is not included in the price - you will be responsible to re-cover/cover the topsoiled area with those materials after DTE removes the can. Please make your check payable to Down to Earth and drop it off at the Association Office.

✓ OLD CAN REMOVAL

You may dispose of your no-longer-needed trash cans by placing them at the curb with a note (or write on the can itself) "Take" and Meadowbrook will dispose of them for you at no charge.





Leisure Knoll at Manchester Association
 4 Buckingham Drive North, Manchester, NJ 08759
 Phone: 732-657-6661 Fax: 732-657-7433

BOARD OF TRUSTEES OPEN MEETING MINUTES

February 19, 2025

(February 12, 2025)

- I. CALL TO ORDER – The meeting was called to order by Pete Marottoli at 10:07 AM.
- II. PLEDGE OF ALLEGIANCE- Led by Trustee, Vladimir Kowaliwskyj
- III. ROLL CALL – Board of Trustees
Present
 Pete Marottoli, Andy Passman, Lynn Miller, Vladimir Kowaliwskyj

Absent
 Dave Glenn (excused) & Ken Weisman (excused)
- IV. GUEST(s) -N/A
- V. REVIEW/APPROVAL OF MINUTES
 1. January 8, 2025 -Vlad Kowaliwskyj motioned to approve the Minutes of January 8, 2025. Andy Passman seconded. None opposed (Dave Glenn and Ken Weisman excused). Motion carried.
- VI. TREASURER'S REPORT
 1. Statement of Cash Flow 2/12/25 – Lynn Miller motioned to approve the Statement of Cash Flow 2/12/25. Andy Passman second. None opposed (Dave Glenn and Ken Weisman excused). Motion carried.
- VII. PRESIDENT'S REPORT – Pete spoke about the recent progress on the pool. All updates are now posting the latest engineer's report on leisureknoll.net.

Latest storm service with DTE was successful within 24 hours.

We have heard your concerns when there is a non- plowing event. We have changed our operations such that we are pre-salting the roads before the storm and also resalting earlier in the morning before residents go to work.

2025:0008

Nothing will be allowed around the mailbox other than an American flag. The only thing allowed around the mailbox is a hardscape which is a border to protect it from the weed whackers. You can put stones inside the border. No plants or pots of any kind.

- VIII. MANAGERS' REPORT – Regarding our ongoing trash talk series about Robo Cans- if anyone wanted to switch from the standard 64 to 32 gallon instead, please be sure to submit the form in the LK News by March 1st so Meadowbrook has enough time to order

substitutes. Also, those that have met the physical challenges in the LK News will have their garbage picked up by the garage. If residents are interested in having their pit can removed, DTE can do it for \$48. If interested, please make out a check for \$48 to DTE and drop it off at the office. The office will collect the checks and the list, and you will be given a time frame in which they will remove your can. Switching to Tuesday and Wednesday pickup. The streets identified by date was in the recent LK News and will be repeated next month.

The sidewalks are common property which is the association's responsibility. We have truly little common space in which to place the snow. The vast majority is homeowner property. The driveway and the walkway that lead to the driveway belongs to the property. The sidewalks belong to the property. This was due to the concern of the residents about who is responsible for the sidewalks.

IX. MOTIONS -N/A

X. COMMITTEE REPORTS -Linda Murray, Activities- Reminder Sat. 2/22 Mrs. Senior NJ Pageant at 2:00 in the PAC. At our next open Board meeting, Linda will be introducing the new members of Activities.

XI. UPDATES -N/A

XII. ADJOURNMENT – Vlad Kowaliowskyj made a motion to adjourn the meeting. All Board members were in favor. Motion passed. Meeting adjourned at 10:25 AM.

XIII. OPEN FORUM

1. Marilyn Crivello, 45 Flintshire Terrace – DTE will fill the empty pit cans with dirt as part of the request. However, the homeowner is expected to refresh their property.
2. Nancy Cameron, 19 Hastings Rd- Since the trees across the street from her house on Hastings were trimmed significantly, she has been experiencing some damage to her house due to the excessive wind. She has asked the Board to see if their solution.
3. Leslie Terjesen, 94 Red Hill – Ocean County /Dept. of Fish & Game are instructing all of us not to touch the geese. Bird flu could be transmitted to humans, and we should be alerted.
4. Linda Murray, 1 Banbury- clarified the next meeting she discussed in her committee report is the next Open Board meeting at 7 PM next month.
5. Marilyn Crivello, 45 Flintshire Terrace – spoke about a Karen story because it spoke to who she was. Marilyn had an ACC issue, but it was resolved and subsequently Karen spent an entire day with Marilyn. Showed who she really was.

Meeting adjourned at 10:35 AM.

Respectfully submitted,



Lynn Miller
Acting Secretary



POOL RULES 2025

The swimming pool is for the enjoyment of the residents and their guests. Gate Attendants at the pool are to control admittance and to assist in enforcement of Pool Rules & Regulations.

NOTE: Gate Attendants and Lifeguards have no authority to grant exceptions to any rule.

The Pool Rules are delivered to all residents before the Pool Season. They are also posted at the pool during the swimming Season. In 2018, the State of New Jersey adopted a new Sanitary Code Chapter IX for Public Recreational Bathing and the Association is required to comply with these codes, in addition to setting up their own rules and regulations.

The complete rules are available at the Gate Attendant's table and posted at the Pump House.

The State-mandated rules are printed in bold letters and italicized within the Association's Swimming Pool Rules & Regulations and are also posted on a Notice Board at the pool.

A. POOL HOURS

1. Pool hours are 10:00 AM to 8:00 P.M. or dusk, whichever comes first, each swimming season and are posted at the pool.
2. Guests of Residents' ages four (4) years through fifteen (15) years may utilize the pool and pool area Monday - Friday from 11 AM to 1 PM and 4 PM to 6 PM and Saturdays from 4 PM to 6 PM except on holidays and during hours of organized exercise (which will be posted). Guests must be accompanied by a Resident.
3. Guests of Residents' ages sixteen (16) years and over may utilize the pool and pool area during all hours of operation and must be accompanied by a Resident.
4. Lifeguards must be present or the pool will be closed to guests fifteen (15) and under.
5. Lifeguards are instructed to close the pool during a threat of inclement weather.

B. ELIGIBILITY

All Leisure Knoll Residents in good standing and their invited Guests are eligible to use the pool with the following restrictions:

1. Residents and Guests must have updated, official Leisure Knoll badges.
2. Residents and Guests must be sixteen (16) years and older and are allowed within the pool gates during all pool hours.
3. Children who are four (4) years of age or older and who are completely toilet-trained are permitted in the pool or within the pool area. An adult must accompany a non-swimming child or any child under the age of seven (7) in the water.
4. Children under four (4) years of age and babies in arms or strollers shall not be permitted within the pool gated area.

C. ADMITTANCE TO THE POOL

1. Each Resident and Guest (adult or child) must show an updated, official Leisure Knoll badge to the Gate Attendant **and sign in.**
2. No more than four (4) Guests are permitted from any one household. All Guests must have badges with the accompanying Residents' address. Guest badges may be purchased at the Association Office during regular business hours.
3. NO GUESTS ARE PERMITTED IN POOL AREA WITHOUT RESIDENT.

D. USE OF THE POOL

1. ***Any person showing evidence of any communicable skin disease, sore or inflamed eyes, cold, nasal or ear discharges, or any other communicable diseases shall be denied admission.***
2. ***Any person with excessive sunburn, open blisters, cuts or bandages shall be denied admission.***
3. ***Do not enter the water if you are experiencing or recovering from -diarrhea or have had any signs or symptoms or gastrointestinal (stomach) disease in the past seven (7) days.***
4. ***Neither cloth nor disposable diapers are permitted in the pool. Diapers specifically designed for immersion in water are acceptable such as "Healthtex" - Reusables" and/or "Huggies Little Swimmers" - Disposables***
5. ***Children should be encouraged to use the restroom before entering the water. Immediately report any accidents you observe in the bathing waters to a lifeguard.***
6. ***No animals are permitted in the pool or on the pool deck, except for service animals which shall be allowed on the pool deck.***
7. ***All persons shall shower before entering the water.***
8. ***Conduct which endangers the safety and comfort of others shall be prohibited.***
9. ***Outdoor bathing shall be prohibited during an electrical storm.***
10. ***Persons suspected of being under the influence of drugs or alcohol shall be prohibited from entering the water and must leave the pool area.***
11. An adult must accompany a non-swimming child or any child under the age of seven (7) in the water.
12. All injuries must be reported to the Lifeguard and/or Gate Attendant immediately.
13. Only proper swimming attire is acceptable for the pool. Absolutely no cutoffs are permitted. NO ONE PERMITTED IN POOL WITH STREET CLOTHES.
14. All persons wearing wet bathing suits and wishing to use the Clubhouse must use the REAR entrance/exit for restrooms. Children must be accompanied by an adult when using these facilities. No one is permitted to walk through the Clubhouses in wet bathing suits. All pool users should park in the rear parking lot across from the Maintenance Building.
15. Food is not permitted in the pool enclosure. Designated areas are located in several locations outside of the pool enclosure for dining. Beverages are permitted only in unbreakable containers. ***Glass containers of any kind are prohibited. No alcohol is permitted.*** Any person found drinking alcohol at the pool must leave the pool area immediately.
16. Gum chewing is not permitted in the pool area.
17. No running, playing tag, rough and rowdy play, water pistols, water guns or other squirting devices, or blaring radios will be permitted in the pool area or on the pool deck.
18. Ball playing is not permitted.
19. Jumping/diving/cannonballing and the like into the pool and/or racing in the pool are prohibited.
20. Rafts, hammocks floats, large/oversized chair floats, snorkels, and masks are not permitted in the pool. "Noodles", small "Noodle" chairs and small float chairs will be permitted. Noodles may be no larger than 5'L x 3"C and Noodle Chairs and Float Chairs may be no larger than 32"W x 25"D x 6"C. If too many of the aforementioned permitted items are present, at any point in time, and based upon bather load, they may be prohibited by the Lifeguard. ***Lifebelts which are fastened around the body or arms are permissible.*** All devices must be approved by the Lifeguard.

21. Lawn chairs may be brought from home but must be of a size/type similar in nature to the pool chairs in use by the Association. Use of additional chairs will be limited by deck capacity.
22. POOL LADDERS/STAIRS ARE FOR ENTRY/EXIT TO THE POOL ONLY AND MUST NOT BE BLOCKED.
23. Incontinent adults must wear swim suit diapers or snug plastic pants under their swim suits. These must be tightly fitted around the waist and legs in order to contain any matter in the event of an accident. Examples of acceptable garments for adults: "Swimsters – Reusables" and/or "SwimMates – Disposables".
24. The Association or its designated representative shall be the sole judge as to the adequacy of protective swimwear or other protective garment.
25. OFFENSIVE LANGUAGE (PROFANITY) WILL RESULT IN BEING ASKED TO LEAVE THE POOL/POOL DECK.
26. Bathers will yield to swimmers in the lap lane.
27. Entry stairs/ladders must be kept free and clear at all times. No sitting or loitering permitted.
28. For assistance with using the ADA Chair Lift, please see the Gate Attendant.

E. RESPONSIBILITY

1. All Residents and their Guests, including children, using the pool facilities do so at their own risk. The Association will not be responsible for any accidents in connection with such use.
2. Members and/or Guests will be responsible for the cost of any damages caused through their negligence and/or carelessness.
3. The Association will not be responsible for loss of jewelry, valuables, clothing, or property in or about the pool. Any and all belongings left behind will be discarded daily.
4. No chairs, tables or lounges can be reserved. Every Resident has an equal right to their use. On weekends and holidays, Residents and their Guests are encouraged to bring their own seating.
5. When the pool deck is crowded, personal belongings must be removed from extra chairs to allow others to use these chairs.
6. No smoking or vaping is permitted in the pool, on the pool deck, or at the entrance apron to the pool deck.

THESE RULES HAVE BEEN ESTABLISHED ON THE BASIS OF THE STATE OF NEW JERSEY SANITARY CODE CHAPTER IX FOR PUBLIC RECREATIONAL BATHING AND ON PAST EXPERIENCE AND HAVE BEEN DESIGNED FOR THE COMMON GOOD OF RESIDENTS AND THEIR GUESTS.

EVERY RESIDENT SHOULD BE FAMILIAR WITH AND ABIDE BY THESE RULES.

ANY RESIDENT OR GUEST WHO VIOLATES THESE RULES FORFEITS HIS OR HER RIGHT TO REMAIN IN THE POOL AREA.

**LACK OF COOPERATION WILL RESULT IN THE POOL BEING CLOSED
UNTIL THE VIOLATORS LEAVE THE POOL AREA.**

THE LIFEGUARD MAKES THE FINAL DETERMINATION ON ALL SAFETY ISSUES.



There are four (4) pages of updates to the Rules & Regs in this issue.
 The new/modified sections are highlighted in yellow.
 These changes will take effect beginning May 1st.



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LEISURE KNOLL at MANCHESTER

RULES & REGULATIONS

DÉCOR/DISPLAYS

A. Holiday

1. Holiday decorations displayed for the current holiday season on the lawn, house, shrubbery or trees may only be displayed during the specific holiday season.

B. Signs

1. Signs supporting US Troops are permitted.
2. No sign of any kind shall be displayed to the public view on the lot except as follows:
 - "For Sale"
 - May only be displayed on the inside of the home's street facing window
 - May not exceed 18"x18"
 - "Security"
 - May be displayed on the inside of the home's window street facing window
 - May be displayed within the border of the home's three (3) foot foundation bed at a distance of no more than one (1) every 20 feet
 - May not exceed 8"x8"
 - "Political"
 - May only be displayed forty-five (45) days prior to and no longer than three (3) days after election day
 - May be displayed on the inside of the home's street facing window, Not to exceed 18" x 18"
 - May be displayed within the border of the home's three (3) foot foundation bed at a distance of no more than one (1) every twenty (20) feet, not to exceed 18" x 18"
 - May not include profanity
 - May only include current candidates for the current election

C. Flags/Banners

1. The classic American flag (thirteen (13) alternating red/white stripes & fifty (50) white stars on a blue background) is permitted to be displayed to the public view on the lot at all times. Yellow ribbons supporting US Troops are permitted. Any other variation is permitted and governed by the outdoor décor/display general rule(s).
2. Flags supporting US Troops are permitted.
3. Flags must be on a proportionately sized in-the ground or wall-mounted flagpole. Flagpole installations must be pre-approved by the Architectural Control Committee.
4. The American flag must be in good condition at all times and not faded, tattered and/or torn. Disposal of an American flag that is no longer a fitting emblem for display may be disposed of at the flag drop-off mailbox located by the

LEISURE KNOLL at MANCHESTER

RULES & REGULATIONS

Maintenance Facility. Any flag other than the American flag must be displayed below the American flag and must be no larger than the American flag when on a single pole.

5. Flags/banners of a political nature are permitted but are subject to the following additional restrictions:
 - May only be displayed forty-five (45) days prior to and no longer than three (3) days after election day
 - May not include profanity
 - No flags/banners can be displayed on the home itself including the garage door(s) and/or across the porch
 - **May only include current candidates for the current election**
 6. Flags/Banners of a decorative and/or seasonal nature may be displayed on a wall-mounted flagpole or within the border of the home's three (3) foot foundation bed. No flags/banners can be displayed on the home itself including the garage door(s) and/or across the porch.
- D. City Strip
1. No items of a decorative nature such as seasonal signs & flags, statuary, and the like are permitted in the city strip except for the following: a protective hardscape border around the mailbox (eg. rocks, gravel, stone to protect the mailbox post. This area may not exceed 1.5 feet from the mailbox post on all sides. No plants are allowed. The maintenance and upkeep of the protective barrier is the sole responsibility of the homeowner, regardless of the source and/or cause of damage(s) that may occur during the Association's performance of maintenance duties in the area.
The American flag may be placed in the protective border around the mailbox, following the same guidelines for placement, maintenance and upkeep.

DISRUPTIVE CONDUCT

Residents, their guests and/or their contractors shall exercise extreme care to avoid making, or permitting to be made, loud or objectionable noises in such a manner as may disturb, or tend to disturb, residents and/or guests or other occupants in the community.

ESTATE/MOVE OUT SALES

A maximum of two (2) sales may be held per year per household. Hours of Operation are limited to 9 AM – 5 PM – limit of three (3) days each occasion. The Gatehouse must be notified no less than seven (7) days prior to event. Signs, streamers, banners, etc. are permitted on the individual property and at the Route 70 and Colonial Drive entrances only on the day of the event and must be removed no later than two (2) hours after the conclusion of the event. No items for sale will be permitted outside of house and garage door must be closed.

FOUNDATION BED

LEISURE KNOLL at MANCHESTER

RULES & REGULATIONS

2. Parking of vehicles anywhere in the village without license plates or current registration is prohibited. Parking of abandoned vehicles is prohibited. A vehicle is considered abandoned if, within reason, it is determined that the vehicle is parked for seven (7) or more consecutive days on common property, without the prior written consent of the Association. (This paragraph does not apply to vehicles parked within a resident's driveway or garage).
 3. Repairing of vehicles in any Leisure Knoll parking area or on any street is not permitted. Vehicle repairs conducted on a driveway must be completed within a twenty-four (24) hour period. No motor vehicle may be left on blocks, jacks, etc. at any time without the owner in attendance. No petroleum products are to be disposed of on Leisure Knoll property.
 4. Overnight parking of Commercial vehicles in the driveway is not permitted except by a contractor doing extended, ACC permitted work at the home. A commercial vehicle is defined as a vehicle with commercial plates and/or commercial lettering on the exterior of a vehicle or its windows. Parking for such vehicles is permitted in the resident's garage or may be permitted in the Long Term (LT) parking area (by Permit only and subject to availability).
 5. The parking of any RVs, boats, RV trailers (ATV, motorcycle, or boat) or storage/utility trailer on any street or driveway is not permitted overnight.
 6. Overnight parking is not permitted in front of Lakeside Lodge & Timberland Hall.
 7. Overnight parking on the streets is not permitted between the hours of 1:00 A.M. and 5:00 A.M., without the prior permission of the Association and the issuance of an Overnight Permit (OP) which must be prominently displayed on the vehicle's dashboard, information side facing up while parked during non-permitted hours. The OP is only valid for up to three (3) days from issuance. After business hours, the Gatehouse may issue an OP which expires on the next business day; at which time an extension may only be issued by the Association Office. OP's are limited to a total of four (4) passes per vehicle in any calendar month.
 8. In lieu of an OP, a vehicle may be parked in the driveway overhanging the sidewalk only between the hours of 9 PM to 7 AM.
 9. Any and all exceptions to the aforementioned must be approved by the Board of Trustees.
- B. Long Term Parking
1. The Long Term (LT) parking area is available to residents that require additional space for their registered vehicles on a first-come, first-serve basis. An LT Permit must be obtained from the Association Office for an annual fee payable in advance. Only one (1) LT Permit will be authorized for each Leisure Knoll household in good standing.
 2. Any resident assigned a parking space must notify the Association immediately when permanently relinquishing said space and a pro-rated reimbursement will be issued.

LEISURE KNOLL at MANCHESTER

RULES & REGULATIONS

A. Residences

1. Paint on trim and shutters shall be sound and essentially free of blisters and bare spots. Siding shall be free of significant amounts of mildew or areas of faded color. Shutters must be hung squarely.
2. Roof shingles shall be flat and held securely in place. Missing shingles must be replaced with shingles of like color. Discolored roofs shall be treated for mildew, algae and/or mold staining.
3. Gutters shall be secured firmly in place with no sagging portions and must be kept free of debris and vegetation. Down spouts shall be firmly anchored with splash blocks in place.
4. Windows and doors shall have no broken glass or plywood or plastic inserts. All screening and awnings shall be in good repair.
5. Storm doors shall be hung squarely and be in good repair.
6. Garage doors shall be painted and in good repair.
7. Storing of bicycles, lawn mowers, ladders, unused flower pots, trash bags, bags of mulch, etc., on or around a house or property is prohibited.

B. Shrubs/Flower Beds

1. Any shrubs or bushes blocking street and/or traffic signs or blocking vision at intersections must be pruned back.
2. Dead shrubs must be completely removed.
3. Shrubs must be neatly trimmed and not infringe on the neighbors' property.
4. Flower beds must be kept neat and free of excess weeds.

C. Lawns

1. Lawns must be neatly manicured.
2. Lawns must be weed free.
3. Lawns must be adequately watered.

RECREATIONAL FACILITIES

The following Rules and Regulations have been established by the Board of Trustees to govern the use of the Leisure Knoll at Manchester facilities. The facilities are intended for the use of all residents and their guests.

All recognized and approved Clubs, Groups and Committees have use of the Community's facilities for scheduled events, subject to certain guidelines. Scheduling of all events or meetings must go through the Activities Committee.

Facilities are normally open daily from 5:00 A.M. to 11:00 P.M., except when an approved activity or program is scheduled beyond the hour indicated

No smoking/vaping is allowed in any facility or within twenty (20) feet of any facility entrance.

Leisure Knoll at Manchester - Street/House Count Toter Routes

Beginning April 1, 2025

Section	Sequence	Name	House Count	Section Total	
1	0	BLYTH LANE	0	Move to 3 & 4	
1	0	HEATH LANE	0	Move to 3 & 4	
Tues	1	BUCKINGHAM DRIVE NORTH	150		
Tues	2	KNOLL CIRCLE	16	166	
Tues	3	MANSFIELD AVENUE	88		
Tues	4	DURHAM AVENUE	35		
Tues	5	KIRKBY LANE	46		
Tues	6	CROMWELL COURT	17		
Tues	7	TARWORTH TERRACE	41		
Tues	8	BLACKTHORN PLACE	26		
Tues	9	GREENWICH AVENUE	60		
Tues	10	KENT LANE	0		
Tues	11	TURNBRIDGE ROW	36		
Tues	12	HARROW PLACE	17		
Tues	13	TWYFORD LANE	43	409	
Tues	14	APPLEBY PLACE	29		
Tues	15	MARLOW AVENUE	28		
Tues	16	HASTINGS ROAD	63		
Tues	17	HEXAM COURT	5		
Tues	18	BANBURY AVENUE	47		
Tues	19	LEIGHTON LANE	43		
Tues	20	ESHER COURT	9		
Tues	21	SURREY STREET	12	236	811
Wed	1	RED HILL ROAD	102		
Wed	2	WEYBRIDGE PLACE	20		
Wed	3	GLADSTONE AVENUE	40		
Wed	4	WOODSTOCK LANE	28		
Wed	5	WESTGATE PLACE	42		
Wed	6	SANDHURST STREET	56		
Wed	7	REIGATE LANE	14		
Wed	8	NEWBURY ROW	18	320	
Wed	9	EDGEWARE PLACE	20		
Wed	10	MAIDSTONE WAY	28		
Wed	11	LAMBETH LANE	19		
Wed	12	ELMSWELL AVENUE	50		
Wed	13	FLINTSHIRE TERRACE	47		
Wed	14	ST. PAUL PLACE	33		
Wed	15	HARROGATE LANE	28		
Wed	16	NORMANTON AVENUE	55		
Wed	17	CAROL COURT	9		
Wed	18	DORSET ROAD	72		
Wed	19	FRILHAM LANE	17		
Wed	20	OAKHAM ROW	27		
Wed	21	MARSTON ROW	24		
Wed	22	WOLVERTON PLACE	13		
Wed	23	WYCOMBE WAY	32		
Wed	24	ROMFORD LANE	22	496	816
					1627

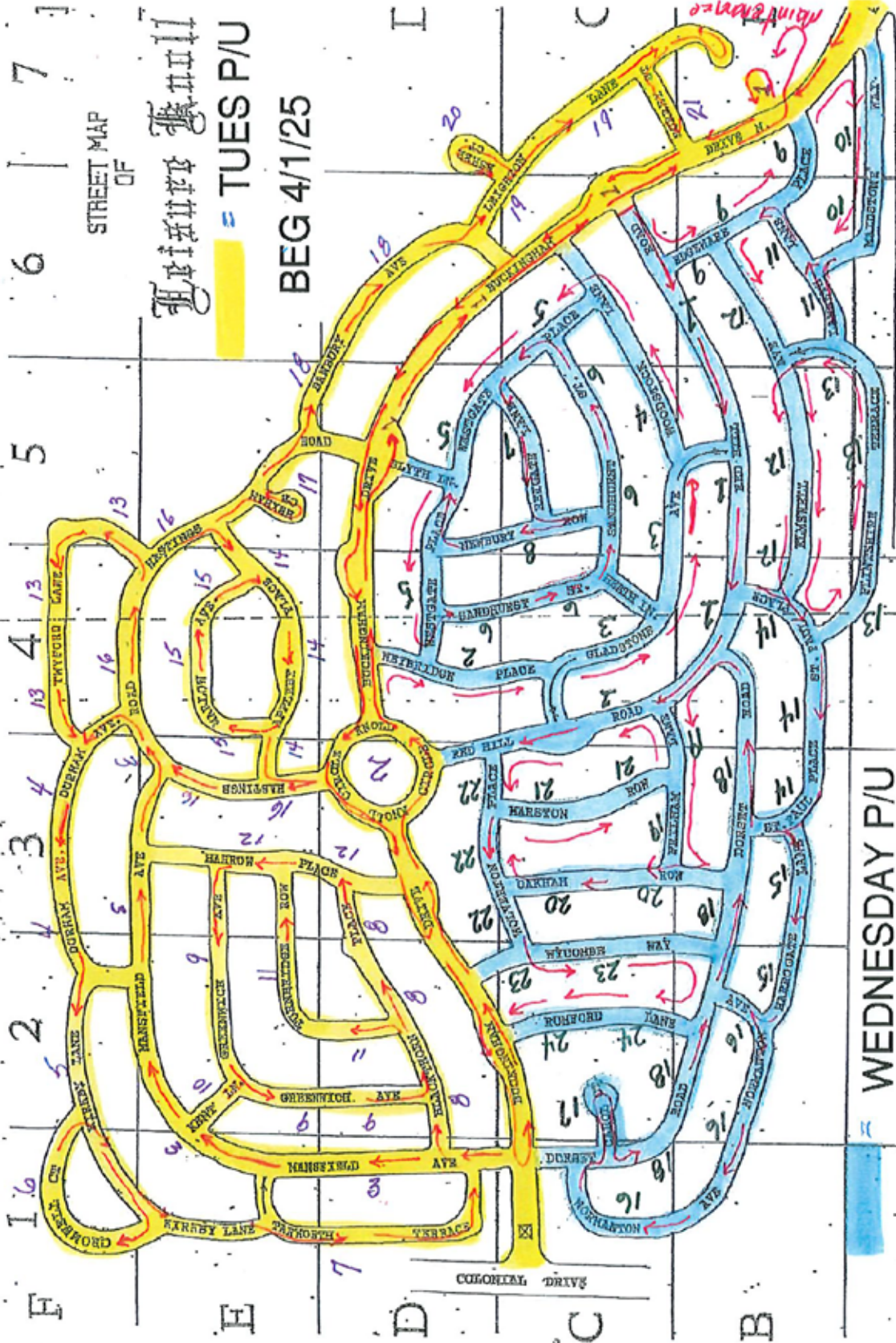
F 1 2 3 4 5 6 7

STREET MAP
OF

Thrift Hill

= TUES P/U

BEG 4/1/25



WEDNESDAY P/U

A 1 2 3 4 5 6 7-A

LKN TOTER SECTIONS

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I make selling your home
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Wendy Kern

Realtor

2501 Rt 70
Manchester, NJ 08759

Office 732-657-6200

Cell 609-529-8862

wendy.kern@flanaganrealty.com



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Call Wendy at 609-529-8862 for your free home evaluation today!

AD# 8123

AQUA AEROBICS

Evening Classes: Mondays 6-7 pm

Morning Classes: Wednesdays 10-11am

**DATES TO BE POSTED AT A LATER
DATE**

Both sessions must be prepaid.

Due to increased insurance and certification fees, the class price has risen from \$5.00 to \$6.00.

Courses will last 6 weeks, with additional days for rain dates or extra classes if needed.

- Evening classes cost \$36.00, and double if attending both morning and evening sessions.
- Necessary equipment and recommendations are listed below.
- Classes are instructed by a certified Aquatic Fitness Instructor.
- More details will follow in next month's article.

Equipment Available for Purchase on Amazon

FEBUD Noodle: 59 inches in length with a diameter of 2.63 inches. This size is optimal for the various exercises conducted in class. Please note that noodles in the dollar store may not provide the necessary strength.

Lugyhana Water Dumbbells: Set of 2 or any other foam water dumbbells.

Fitness For Us

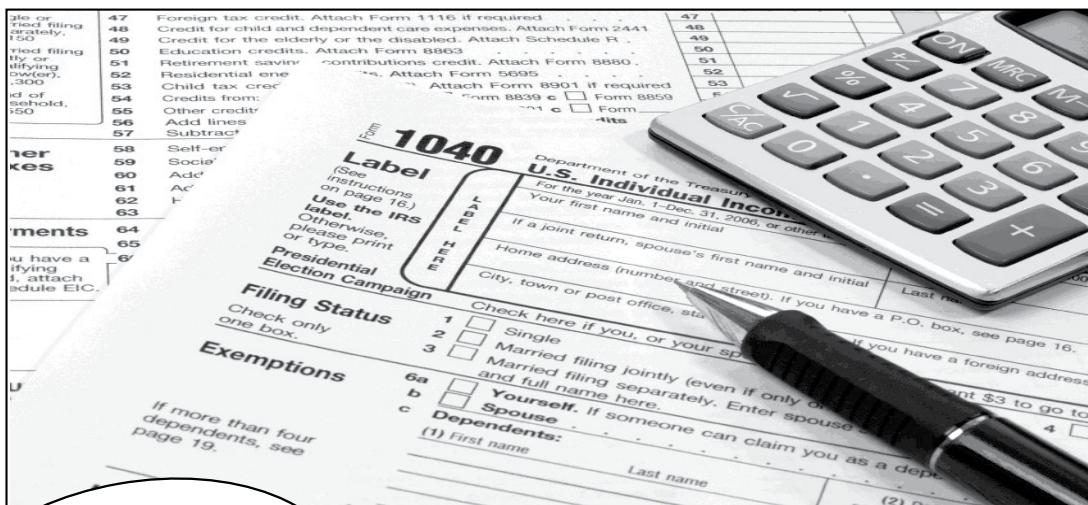
Claire Gauer

732-408-6472





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- ☒ Family Owned and Operated
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We proudly stand behind our work. Pick up and drop off service is available, and for those in medical need we do not charge extra to come to the home.

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Whiting, NJ 08759

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info@fencefinancial.com

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Call early for an
appointment of your choice

ads-913b

DOWN TO EARTH LANDSCAPING, INC.

QUALITY is our trademark.

2025 OPTIONAL LAWN SERVICE SEASONAL SCHEDULE

<u>Application Window</u>		<u>Product</u>
APRIL	2025	FERTILIZER 25% SLOW RELEASE PRE-EMERGENT – BARRICADE (CRABGRASS) POST-EMERGENT BROADLEAF WEED CONTROL
JUNE	2025	FERTILIZER 25% SLOW-RELEASE POST-EMERGENT BROADLEAF WEED CONTROL PRE-EMERGENT –BARICADE (CRABGRASS)
LATE JULY	2025	NUTSEDGE CONTROL/ FERTILIZER INSECT CONTROL
SEPTEMBER	2025	POST-EMERGENT – BROADLEAF WEED CONTROL FALL FERTILIZER AND LIME

Time frames/frequencies for applications and routine maintenance services such as grass cuttings are approximate and depend upon weather and seasonal conditions.

Routine Maintenance	Seasonal Totals		APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV
Grass cutting	24-28		2	4	4	4	4	4	2	2
Fertilizer	4		1		1	1		1		
Edgings	13		1	2	2	2	2	2	2	
Insecticide	1					1				
Nutsedge control	1					1				
Pre-Emergent	2		1		1					
Post-Emergent	3		1		1			1		
Lime	1							1		

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YOUR TEETH AND GUMS HEALTHY!

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Family Dentistry, LLC

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*Just Minutes from Leisure Knoll
in Manchester Plaza*

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- ❖ Cleaning
- ❖ White Fillings
- ❖ Crowns & Bridges
- ❖ Full & Partial Dentures
- ❖ Veneers
- ❖ Root Canals
- ❖ Extractions
- ❖ Teeth Whitening
- ❖ Implant Rehabilitation
- ❖ Same Day Repairs

✓ Emergencies Accommodated ✓ Nitrous Oxide & Quiet Drills
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NEW PATIENT SPECIAL

25% OFF

Initial consult; exam, x-rays, oral cancer screening
periodontal (gum evaluation).

WITH THIS AD

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All phases of Shrub and Ornamental
Tree Maintenance, Pruning, Feeding, Replacement,
Stump Removal & Landscape Design.
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Angie's List Preferred Contractor

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transplant, trim & feed shrubs and trees to maintain
their optimal health. Call today to schedule a Free
Consultation and Landscape Audit to evaluate the
health of your landscaping and to schedule necessary
Spring projects.

* We will beat any legitimate written estimate
from another company.

ads-378b



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& PEST
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**ALL INSECTS
ALL ANIMALS
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*PRICES DO NOT INCLUDE TAX

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ESTIMATES**

100% PEST ELIMINATION, NO IFS, ANTS, OR BUGS ABOUT IT!

Quarterly Pest Control
Termite Inspection \$80*

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Yearly Quarterly Service \$250 - \$270*

4 Times Inside - 3 Times Outside

**Termite Contracts \$100* per year with
no current termite problems.**

Neighbor Discount - \$70* Each
Get 5 neighbors for a one time spray only
(inside/outside) - MUST BE APPLIED SAME DAY

**ALL INSECTS
COVERED**

**GROUND BEETLES • CENTIPEDES
• MILLIPEDES EARWIGS • SPIDERS
• ANTS • SILVERFISH • CRICKETS**

BED BUGS NOT INCLUDED

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ads-2704B

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CARDBOARD

Do not tie. You can also break them down and place them in our cookie jar. It helps the community.

GLASS

Bottles & Jars

METAL CANS

Aluminum & Steel food containers

PAPER

Not shredded

PLASTIC

Only clean #1, #2, & #5
Lids/Caps on



NOT ON LIST? DON'T PUT IN BIN! KEEP BIN COVERED

DON'T BAG MATERIALS- CLEAN & DRY MATERIALS ONLY

For a complete list of please go to Acceptable-and-Not-Acceptable-Recyclables.pdf (manchestertwp.com)



Robo Call

The Board of Trustees has implemented a Robo-Call system to keep the community informed of upcoming events. This is for your information only and requires no action from you.

This is a VOICE ACTIVATED system and will wait until you say "hello" before starting to play the recording. It will pause a moment before it starts to play. DON'T HANG UP.

Please be patient and give it a chance to play. If you are not receiving the Robo-Calls, call the Association to check on what number we have on file for you.

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- Real Estate

Robert H. Taff* - Joel A. Davies*
Matthew K. Kalwinsky

*Member, National Academy of Elder Law Attorneys

*Serving our clients with dedication,
competence, and compassion.*

Mr. Davies has recently been appointed by Governor Christie to serve as a member of the "New Jersey Task Force on Abuse of Persons who are Elderly or Disabled."

spc-316

BULK PICK UP SCHEDULE 2025

MARCH 6 – MANCHESTER TWP.

JUNE 11 – MEADOWBROOK INDUSTRIES

(NO ELECTRONICS, HAZARDOUS MATERIALS,
ITEMS WITH REFRIGERANT)



SEPTEMBER 25 – MANCHESTER TWP.

NOVEMBER 12 – MEADOWBROOK INDUSTRIES

(NO ELECTRONICS, HAZARDOUS MATERIALS,
ITEMS WITH REFRIGERANT)

LEAF & BRUSH PICK UP SCHEDULE 2025

MAY 20 – MANCHESTER TWP.

DECEMBER 16 – MANCHESTER TWP.



DeGraff Cremation Services



**Direct
Cremation
\$1,875.00**

Arrangements available in your home,
Removal from local hospital,
Alternative container, Wood #ODZ,
Transfer to crematory

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www.degrafffuneralhome.com

Additional Costs: Crematory Fee, Urns, Disposition of Cremains
& Certified Copies of Death Certificates, Permit, Removal Assist.
& Mileage, Viewings or Memorial Services

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AP-GC10254746-01

ads-496



Coastal Hematology & Oncology Center

Jessica Taff MD

- Triple Board Certified: Medical Oncology, Hematology, & Internal Medicine
- Trained at Georgetown University School of Medicine & NYU Langone Medical Center
- Former Chief Fellow in Hematology/Oncology at NYU
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Ads-6530



Architectural Information

For your information, here is a list of items that need a permit...

AIR CONDITIONERS

* AWNINGS/DECORATIVE PERGOLAS

* DECK/PATIO

DECK/PATIO BOX

*DRIVEWAY EXTENSION

* DUMPSTER, POD CONTAINERS & UTILITY TRAILERS

FENCING/GATES

FIRE PITS

FIREWOOD STORAGE

* GAS, NATURAL GRILL HOOKUP

* GAS, PROPANE

* GAZEBO, CANVAS/HARD TOP CANOPY

* GAZEBO, CANVAS TENT (TEMPORARY)

* GENERATORS (not portable)

* GRILLZEBO

IRRIGATION, LAWN

LANDSCAPING & ORNAMENTATION

MAILBOX

PAINTING & COLORING

* PELLET/WOOD BURNING STOVE

* PERGOLA WOOD/VINYL

* PORCHES/PORTICOS

RAILING, ORNAMENTAL

* ROOFING (sheathing replacements)

* ROOM ADDITION

SATELLITE DISHES/DUAL BAND &

HAM RADIO ANTENNAS

* SIDEWALKS

SIDING REPAIR/REPLACEMENT

* SOLAR PANELS

STORAGE SHEDS

TRASH/RECYCLING CAN STORAGE SHED

TREE REMOVALS (See "Landscaping
& Ornamentation Non-Seasonal")

* VENEER STONE FRONT

WINDOWS

WHEN YOU APPLY FOR A PERMIT ALSO ASK FOR A GUIDELINE FOR WHAT YOU WANT TO DO

MODIFICATIONS MARKED WITH AN "" REQUIRE TOWNSHIP PERMIT(S);
EITHER BUILDING, ZONING OR BOTH*

*WHEN YOU ARE CALLED AND NOTIFIED YOUR PERMIT IS READY
PLEASE PICK UP AT THE ASSOCIATION OFFICE ASAP*

**DUMPSTERS & UTILITY TRAILERS MUST BE COVERED OVERNIGHT
(7PM to 8AM)**

**AND WHILE IN TRANSIT THROUGH THE COMMUNITY
WHETHER EMPTY OR NOT**

Amended November, 2024

2025

CURBSIDE RECYCLING SCHEDULE

JANUARY	6	20	
FEBRUARY	3	17	
MARCH	3	17	31
APRIL	14	28	
MAY	12	31	
JUNE	9	23	
JULY	7	21	
AUGUST	4	18	
SEPTEMBER	6	15	29
OCTOBER	13	27	
NOVEMBER	10	24	
DECEMBER	8	22	

Dates changed from regular Monday pickup to Saturday due to holiday are in **green bold italic**.

- YOU MAY USE ANY SIZE/SHAPE/COLOR RECYCLING CONTAINER WITH A LID THAT YOU CHOOSE.
- DO NOT USE PLASTIC BAGS.
- DO NOT TIE UP OR BUNDLE ANY MATERIALS GOING INTO YOUR CONTAINER.
- ALL RECYCLABLE MATERIALS ARE COMBINED. DO NOT SORT.
- RECYCLING CONTAINERS MAY BE PLACED CURBSIDE AFTER 6:00 PM THE NIGHT BEFORE SCHEDULED PICK UP.
- RECYCLING CONTAINERS MUST BE REMOVED FROM CURBSIDE NO LATER THAN 6:00 PM THE NIGHT OF SCHEDULED PICK UP. CONTAINERS MAY BE STORED EITHER INSIDE YOUR GARAGE OR ON THE SIDE OF YOUR HOME IN BETWEEN PICK UP DAYS.

ONLY RECYCLE PLASTICS WITH THESE RECYCLING SYMBOLS
ON THE BOTTOM OF THE CONTAINER



Hello from the Compliance Committee

Important modification to Rules and Regulations: In January the Board of Trustees modified the rules regarding the city strip. **Specifically, NO plants are allowed on the city strip or around the mailbox.** The only thing allowed will be hardscape (rocks, gravel, stone) to protect the mailbox. **This takes effect May 1st.**

Irrigation: now is the time to make an appointment to have your irrigation system turned on. You may want to make that call to get on your service provider's list.

General property exterior: Spring is also a good time to check attic vent covers, gutters/downspouts, awnings, and shutters for possible repair or replacement. Also, check to see if your mailbox and/or post need to be painted or replaced and check your driveway for any disrepair.

Tattered flags: Since we live in the windy city, please check for tattered flags that need to be replaced. American flags should be deposited in the red, white, and blue box by the cookie jar trailers/maintenance building.

- Revised Rules and Regulations are posted on Leisureknoll.net



Thank you all for making Leisure Knoll a beautiful place to live!



Seasonal Sprinkler Contracts

2025 SPRING TURN ON & FALL WINTERIZATION

Servicing Ocean County



Spring Turn-ons

- Turn water on to system
- Customize clock's watering schedules for each zone to meet your specific needs
- Adjust heads for proper water coverage
- Check backflow/well for any winter damage
- Check for any leaks
- Inspect rain sensor



Fall Winterizations

- Turn off water supply to sprinkler system
- Disconnect power to sprinkler clock
- Disconnect power to well pump
- Properly blow out well pump/backflow
- Blow out sprinkler lines

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jcummiskey@murphymoves.com

ad # 7175

LEISURE KNOLL ACTIVITIES COMMITTEE

SUNDAY AT THE MOVIES

"OTHERHOOD"

April 6th from 2 – 5 PM in the PAC

Free water & popcorn!!!



INDOOR SPORTS IN THE PAC

Corn Hole & Ping Pong

Mondays 6 PM – 8 PM



Shuffleboard &

Toss InTens (Indoor Skee Ball)

Thursdays 4:30 PM & 6:00 PM

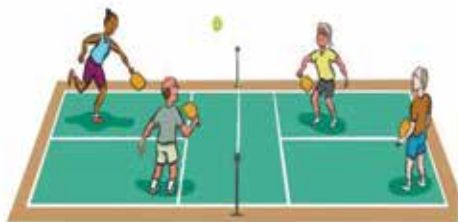
Except the 3rd Thursday of the month.



Save the date!!!

PICKLEBALL CLINIC

Save the date!!!



***Come & learn how to play & meet
new friends!!***

ALL ARE WELCOME!!!

TUESDAY, APRIL 22nd &

THURSDAY, APRIL 24th

6:30 PM at the PICKLEBALL COURTS

Please wear sneakers!!

Balls & Paddles will be supplied!

For more information call: Barry Mintz at 732-986-7980



MEADOWBROOK INDUSTRIES, LLC.

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PHONE (732) 774-0404 FAX (732) 774-2604

E-MAIL: JCALDEIRA@MEADOWBROOK-INDUSTRIES.COM

BULK COLLECTION

ITEMS NOT ALLOWED

Paint
Tires
Batteries
Propane Tanks
Motor Oil
Pool Chemicals
Antifreeze
Hazardous Waste
Regulated Medical Waste
Yard Waste
Construction Debris
Car Parts
TV's / Computers / Printers / Microwaves

ITEMS ALLOWED

Furniture
Small household appliances...Toasters, toaster ovens, broilers
Bedding, mattresses, box springs.
Carpeting (rolled and tied in sections no larger than four feet in length).
White Goods...washers – dryers, stove, dishwasher
NOTE: Refrigerator, Freezer and AC units must have Freon removed prior
to pick up

WWW.MEADOWBROOK-INDUSTRIES.COM



Ocean County

2025 RESIDENTIAL

DOCUMENT SHREDDING PROGRAM

SPONSORED BY THE OCEAN COUNTY BOARD OF COMMISSIONERS AND THE
DEPARTMENT OF SOLID WASTE MANAGEMENT



FREE to ALL Ocean County residents at any location

Safely shred & recycle your documents!

More info at co.ocean.nj.us/recycle

Paper ONLY - Documents with Social Security or open bank account numbers

4 File boxes max | Reusable containers welcome | **NO BLACK PLASTIC BAGS!**

All events run 9 am to 12 pm or until truck fills

SCHEDULE

SPRING

Lakewood	Fri. April 4th	1 America Ave.
Berkeley	Sat. April 26th	630 Pinewald Keswick Rd.
Stafford	Sat. May 17th	379 Haywood Rd.
Waretown	Sat. May 31st	117 Wells Mills Rd.
Jackson	Sat. June 7th	95 West Veterans Hwy.
Pt Pleasant Boro	Sat. June 28th	2300 Panther Path

FALL

Manchester	Sat. Sept. 6th	101 S. Colonial Dr
Lacey	Sat. Sept. 13th	820 Municipal Ln.
Toms River	Fri. Sept. 19th	250 Riverwood Dr.
Brick	Sat. Oct. 4th	836 Ridge Rd.
Little Egg Harbor	Sat. Oct. 18th	1 Sports Complex Dr.
Beachwood	Sat. Oct. 25th	1600 Pinewald Rd.

NO

Batteries and electronics are a FIRE hazard.
Books, Junk Mail, Greeting Cards, Photos, X-Rays, CDs.



Please stay in your vehicle at ALL times.

Place materials in the vehicle's trunk and workers will remove all items directly.

All documents destroyed confidentially on-site.

LOADS CONTAINING UNACCEPTABLE ITEMS MAY BE REJECTED.

[CO.OCEAN.NJ.US/RECYCLE](https://co.ocean.nj.us/recycle)



OCEAN COUNTY RECYCLES



RECYCLE COACH APP

WEEKLY RECURRING EVENTS

EVERY SUNDAY

- 6PM - 8PM Pickleball (April - November) - Courts

EVERY MONDAY

- 8:45AM - 9:30AM Exercise Class - PAC
- 9AM - 10AM Library Committee - LIB
- 12:30PM - 4PM Duplicate Bridge - APR
- 1PM - 3PM Needlecraft - LL
- 1PM - 4PM Canasta - AR Room (1st & 3rd Monday)
- 6PM Horseshoes (April-November) - Courts
- 6:30PM - 10:30PM Mike Poker - CR
- 6:30PM - 10:30PM Jimmy - Hi-Lo Cards - CR
- 6PM - 10:30PM Chris Texas Hold Em - CR

EVERY TUESDAY

- 9AM - 11AM Bocce (May-October) - Courts
- 10AM - 11AM H&F Fit & Trim - PAC
- 10AM - 1PM Art Class - LL
- 1AM - 4PM Mah Jong - AR (Phyllis)
- 2PM - 4PM Guitar Group - CR
- 2PM - 4:30PM Rummikub - APR
- 6PM - 10PM Rummikub - APR
- 6:30PM - 10:30PM Art Poker - CR
- 6:30PM - 10:30PM Bob Poker - CR
- 6:30PM - 10PM Arlene Mah Jong - AR
- 6:30PM - 10:30PM Mike Poker - CR
- 6PM - 8PM Pickleball (April - November) - Courts
- 7PM - 10PM Owls - AR
- 7:30 - 9:00PM Bible Study (1st & 3rd Tuesdays) - LL

EVERY WEDNESDAY

- 8:45AM - 9:30AM Exercise Class - PAC
- 9AM - 11AM Ceramics - A&C
- 1PM - 4PM Arlene Mah Jong - AR
- 1PM - 4PM Carol Mah Jong - APR
- 6PM Horseshoes (April-November) - Courts
- 6:30PM - 10:30PM Hi-Lo Cards - CR
- 6:30 PM - 9PM Ceramics - A&C
- 7PM - 10PM Pinochle - AR

EVERY THURSDAY

- 9AM - 11AM Bocce (May-October) - Courts
- 9:30AM - 12PM Quilting - A&C
- 10AM - 11AM Library Committee - LIB
- 11:15AM - 12:15PM H&F Fit & Trim - PAC
- 1PM - 4PM Barbara Mah Jong - AR
- 1PM - 4PM Hand & Foot - APR
- 4:30PM - 8PM Shuffleboard
(Indoor ending 4/10, outdoors starting 5/8)
- 6PM - 8PM Pickleball (April - November) - Courts
- 6PM - 10PM Tom Poker - CR
- 6PM - 10PM May I (Judy) - APR
- 6:30PM - 10PM MAY 1 - AR
- 6:30PM - 10:30PM Jon Poker - CR

EVERY FRIDAY

- 8:45AM - 9:30AM Exercise Class - PAC
- 1PM - 5PM Hi-Lo Cards - CR
- 7PM - 10:30PM Pinochle - AR

EVERY SATURDAY

- 9AM - 11AM Mixed Tennis - Courts



Activities for the

Prepared By: Leisure

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
		1 10AM - 1PM Art Class - LL 10AM - 11AM H&F Fit & Trim - PAC 1PM - 3PM Art Appreciation Mtg - PAC 6PM - 7:15PM Fitness for Us - LL 6:30PM - 9:30PM Footlighters Rehearsal - PAC 7PM - 9PM Owls Softball - AR 7:30PM - 9PM Bible Study - LL	2 8:45AM - 9:30AM Exercise Class - PAC 10:30AM - 12:30PM Tai Chi - LL 1PM - 3PM Garden Club Mtg - PAC 6PM - 10PM Bingo - PAC
6 2PM - 5PM Sunday at the Movies - PAC	7 8:45AM - 9:30AM Exercise Class - PAC 10:30AM - 12PM Fishing Club Mtg - LL 1PM - 3PM Needlecraft - LL 2:30PM - 3:30PM Chair Yoga - PAC 6PM - 8PM Ping Pong - PAC	8 10AM - 1PM Art Class - LL 10AM - 11AM H&F Fit & Trim - PAC 1PM - 3:30PM Garden Nature Club Mtg - PAC 1PM - 2PM Italian American MTG BD - LL 6PM - 7:15PM Fitness for Us - LL 6:30PM - 9:30PM Footlighters Rehearsal - PAC	9 8:45AM - 9:30AM Exercise Class - PAC 10AM - 12PM Association Mtg - PAC 11AM - 1PM Monthly Dinner - LL 6:30PM - 7:30PM Mattress - LL
13	14 RECYCLING 8:45AM - 9:30AM Exercise Class - PAC 10AM - 11:30AM Computer Club - PAC 1PM - 3PM Needlecraft - LL 2:30PM - 3:30PM Chair Yoga - PAC 6PM - 8PM Ping Pong - PAC (Last one for season)	15 10AM - 1PM Art Class - LL 10AM - 11AM H&F Fit & Trim - PAC 1PM - 4PM Social Club Bd Mtg - A&C 6PM - 7:15PM Fitness for Us - LL 6:30PM - 9:30PM Footlighters Rehearsal - PAC 7:30PM - 9PM Bible Study - LL	16 8:45AM - 9:30AM Exercise Class - PAC 10:30AM - 12:30PM Tai Chi - LL 6PM - 10PM Bingo - PAC 6:30PM - 7:30PM Mattress - LL
20	21 8:45AM - 9:30AM Exercise Class - PAC 1PM - 3PM Needlecraft - LL 6PM - 8PM Health & Fitness Mtg - LL	22 10AM - 1PM Art Class - LL 10AM - 11AM H&F Fit & Trim - PAC 6PM - 7:15PM Fitness for Us - LL 6:30PM - 9:30PM Footlighters Rehearsal - PAC	23 8:45AM - 9:30AM Exercise Class - PAC 10:30AM - 12:30PM Tai Chi - LL 7PM - 10PM Footlighters Rehearsal - PAC
27 12:30PM - 5PM Veterans Club Sr Gift Bingo (max 45) - PAC	28 RECYCLING 8:45AM - 9:30AM Exercise Class - PAC 10AM - 12PM Pink Ladies - LL 1PM - 3PM Needlecraft - LL	29 10AM - 1PM Art Class - LL 10AM - 12PM Helping Hands Board - AR 10AM - 11AM H&F Fit & Trim - PAC 6PM - 7:15PM Fitness for Us - LL 6:30PM - 9:30PM Footlighters Rehearsal - PAC	30 8:45AM - 9:30AM Exercise Class - PAC 10:30AM - 12:30PM Tai Chi - LL 6:30PM - 7:30PM Mattress - LL

Month of April

Knoll Reservations

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Exercise Class - PAC Reservations - PAC Club Bd Mtg - APR AC	3 11:15AM - 12:15PM H&F Fit & Trim - PAC 1PM - 3:30PM Footlighters - PAC 1:15PM - 3PM Book Discussion Group - LL 6PM - 7:15PM Fitness for Us - LL	4 8:45AM - 9:30AM Exercise Class - PAC 9:30AM - 10:30AM Fishing Club Bd Mtg - AR	5 10AM - 11AM Zumba - PAC 10AM - 12PM LK Golf Club Ticket Sales - Outside PAC 11AM - 1PM Monthly Dance Ticket Sales - APR
Exercise Class - PAC Bd Mtg - PAC Ticket Sales - APR Yoga - LL	10 10AM - 12PM Veterans Bd Mtg - APR 11:15AM - 12:15PM H&F Fit & Trim - PAC 1PM - 3:30PM Footlighters - PAC 6PM - 7:15PM Fitness for Us - LL	11 8:45AM - 9:30AM Exercise Class - PAC 1PM - 3PM Helping Hands Meeting - PAC 6PM - 11PM Italian American Mtg - Billy Joel Tribute - PAC	12 10AM - 11AM Zumba - PAC 2PM - 5PM LL Rental - SS
Exercise Class - PAC Reservations - PAC AC Yoga - LL	17 11:15AM - 12:15PM H&F Fit & Trim - PAC 1PM - 3:30PM Footlighters - PAC 6PM - 7:15PM Fitness for Us - LL 7PM - 9PM Veterans Meeting - PAC	18 Good Friday - Office Closed 8AM - 9:45 AM HH Blood Testing KMC - APR 8:45AM - 9:30AM Exercise Class - PAC	19 10:30AM - 12PM Fishing Club Fish Fry tickets - TH 2AM - 5PM LK Golf Club event - PAC
Exercise Class - PAC Reservations - PAC Bd Mtg - LL	24 11:15AM - 12:15PM H&F Fit & Trim - PAC 1PM - 3:30PM Footlighters - PAC 6PM - 7:15PM Fitness for Us - LL	25 8:45AM - 9:30AM Exercise Class - PAC 10AM - 12PM Activities Meeting - A&C 7PM - 10PM Social Club Mtg - PAC	26 10AM - 11AM Zumba - PAC 10:30AM - 12PM Fishing Club Fish Fry tickets - TH 6PM - 10PM Monthly Dance - PAC
Exercise Class - PAC Reservations - PAC Yoga - LL	1 11:15AM - 12:15PM H&F Fit & Trim - PAC 1PM - 3:30PM Footlighters - PAC 1:15PM - 3PM Book Discussion Group - LL 6PM - 7:15PM Fitness for Us - LL	2 8AM - 9:45AM HH Blood Testing KMC - APR 8:45AM - 9:30AM Exercise Class - PAC 9:30AM - 10:30AM Fishing Club - BD - AR	3 10AM - 11AM Zumba - PAC 10:30AM - 12PM Fishing Club Fish Fry tickets - TH 11AM - 1PM Monthly Dance Ticket Sales - APR 7PM - 9PM HH Divas Live - PAC

ACTIVITIES COMMITTEE

Chair- Linda Murray, Co-Chair - Leslie Terjesen, Janet Peto, Dominic Tangredi,
Jackie Jeandron, Marlene Stoever, Linda Masarsky, Robyn Samra

CLUBS OF LEISURE KNOLL

Art Appreciation • <i>Art Appreciation meets the first Tuesday of each month 1PM-3PM in PAC.</i>	Judith Manco	732-941-9294	judithmanco01@gmail.com
Bingo (Community) • <i>Bingo - 1st & 3rd Wednesday of each month. Doors open at 6PM, they start selling @ 6:30PM, 7PM game begins.</i>	Ann Mary Maratolli	732-657-4129	Nannyten103@gmail.com
Cookie Jar • <i>Cookie Jar - contribution of cardboard and paper - down by maintenance bldg. - open 24 hours.</i>	Charles Jobes	732-597-2504	PoppaDoodle60@yahoo.com
Fishing Club • <i>Fishing Club - General meeting 1st Monday of Month in LL @ 10:30PM till noon.</i>	George Tricarico	848-459-6547	sixtrics@msn.com
Footlighters • <i>Footlighters - 4th Wednesday of the month @ 7PM - 9PM in LL.</i>	Scott Schaffer	215-397-7162	Scottschaffer51@gmail.com
Garden/Nature Club • <i>Garden/Nature - Second Tuesday of the month @ 1PM-3:30PM in the PAC.</i>	Donna Miranda	732-539-0875	CDJANDA@comcast.net
Golf • <i>Golf - See calendar for meetings. No specific schedule.</i>	Marylin Crivello	732-619-4747	marylinc1000@comcast.net
Health & Fitness • <i>Health & Fitness - third Monday of every other month @ 6PM in LL.</i>	Ellen LoForte	917-838-2773	ellen_loforte@comcast.net
Helping Hands • <i>Helping Hands - second Friday of every month @ 1PM in PAC.</i>	Dominic Tangredi	732-597-2798	dtangredi@yahoo.com
Italian American Club • <i>Italian American - Third Friday of each month from 7-9PM in the PAC.</i>	Mike Petrillo	732-408-0271	elpres88@aol.com
Monthly Dance • <i>Monthly Dance - The third Saturday of each month, from 6-10PM in PAC.</i>	Joan Cloughley	732-598-9510	joancloughley@gmail.com
Social Club • <i>Social Club - Fourth Friday of month @ 7PM in the PAC.</i>	Ann Mary Maratolli	732-657-4129	Nannyten103@gmail.com
Softball: Owls • <i>Owls Softball - First Tuesday of the month from 7-9PM in the AR from March through November.</i>	John Palang	732-408-7435	jjp1944@msn.com
Veterans Club • <i>Veterans - Third Thursday of the month from 7-9PM in the PAC from March through November.</i>	Mike Magliocco	732-408-7701	mikem68vet@gmail.com
Reservations: LKcalendar@leisureknoll.net			

ACTIVITES OF LEISURE KNOLL

Art Class • <i>Art Class - every Tuesday from 10-1PM in LL.</i>	Gloria Izzi	732-998-7274	Gloriagreco19@gmail.com
Bible Study Group • <i>Bible Study - First and third Tuesday of each month from 7:30-9PM in LL.</i>	Valerie Beckett	732-288-5001	1057valerie@gmail.com
Book Discussion Group • <i>Book Discussion Group - First Thursday of each month from 1:15-3PM in LL.</i>	Diana Deer	732-754-7016	dianad9491@gmail.com
Ceramics / Day and Evening • <i>Ceramics - Every Wednesday 9-11AM in the ceramic room.</i>	Joan Stefano	732-552-4027	AM Classes stefanojas@aol.com
Ceramics / Day and Evening • <i>Ceramics - Every Wednesday 6:30-9PM in the ceramic room.</i>	Barbara Liona	732-657-1872	PM Classes nanababs38@gmail.com
Computer Group • <i>Computer Group - Second Monday of each month 10-11:30AM in the PAC.</i>	Joan Brownlee	732-657-7494	brownleejoan@yahoo.com
Fitness for Us • <i>Fitness For Us - Every Tuesday and Thursday from 6-7:15PM in LL.</i>	Claire Gauer	732-408-6472	Cgauer308@gmail.com
Guitar Group • <i>Guitar Group - Every Tuesday from 2-4PM in the card room.</i>	Richard Brierley	732-691-1869	judybri74@gmail.com
Needlecraft • <i>Needlecraft - Every Monday from 1-3PM in LL.</i>	Olga Crotti	732-408-1805	No email
The Pink Ladies • <i>The Pink Ladies - Fourth Monday starting in March at 10AM in LL.</i>	Linda Murray	908-839-1518	linda.murray36@aol.com
Quilting • <i>Quilting - Every Thursday from 9:30AM-12PM in the Arts & Crafts room.</i>	Mary Lou Gill	732-657-9773	gillwash2@verizon.net
Sunday @ The Movies • <i>Sunday at the Movies - Typically first Sunday at 2PM in the PAC from fall through winter (see calendar).</i>	Roger Brownlee	732-216-1278	vze29txt@verizon.com
Travel Club • <i>Travel club - subject to flyers provided during the year. No set meetings.</i>	Claire Gauer	732-408-6472	cgauer308@gmail.com

ACTIVITIES COMMITTEE

Chair- Linda Murray, Co-Chair - Leslie Terjesen, Janet Peto, Dominic Tangredi,
Jackie Jeandron, Marlene Stoeve, Linda Masarsky, Robyn Samra

CARDS

Canasta • Canasta - First and Third Monday in the AR from 1-4PM.	Joan Brownlee	732-657-7494	brownleejoan@yahoo.com
Duplicate Bridge / Daytime • Duplicate Bridge - Every Monday from 12:30-4PM in the APR room.	Phyllis Smykowski	908-783-3933	tedcat1@msn.com
Hand & Foot • Hand & Foot - Every Thursday from 1-4PM in the APR room.	Ourania Koufidakis	732-408-0877	koufidakis.o@gmail.com
Mah Jong • Every Tuesday: 6:30-10PM in the AR • Every Wed. 1-4PM in the AR.	Arlene Herenchak	732-657-3423	waitmin@aol.com
Mah Jong • Every Tuesday: 1-4PM in the AR.	Phyllis Smykowski	908-783-3933	tedcat1@msn.com
Mah Jong • Every Thursday: 1-4PM in the AR.	Barbara Jaffee	201-615-0747	bjaffee7@gmail.com
Mah Jong • Every Wednesday: 1-4PM in the APR.	Carol Nicolay	732-686-6242	carolnicolay39@gmail.com
Pinochle • Pinochle - Every Wednesday from 7-10PM in the AR and Friday from 7-10:30PM in the AR.	Carmine Cundari	848-226-8380	carly1939@aol.com
Poker • Poker - there are varying games held in the poker room Monday-Friday at various times. See weekly recurring events page.	Tom Cosumano	732-408-6276	beachwood63@gmail.com
May I • Every Thursday: 6:30-10PM in the AR.	Arlene Herenchak	732-657-3423	waitmin@aol.com
May I • Every Thursday: 6-10PM in the APR.	Judy Tangredi	732-597-2798	judytang55@aol.com

EXERCISE

Fit'n Trim/Tues & Thurs • Fit'n Trim - Tuesday from 10-11AM and Thursday 11:15AM-12:15PM in the PAC. \$5 per session.	Cathy Garofalo	917-301-1112	tinytina1029@yahoo.com
Morning Exercise Class • Morning Exercise Class - Every Monday, Wednesday and Friday from 8:45-9:30AM in the PAC.	Detta McCarthy	732-604-9992	No email
Yoga • Mondays chair yoga 2:30PM in PAC, Wednesday Matt yoga 6:30PM in LL \$5 per session.	Jennifer Schwester	No phone	jennyzenyoga@gmail.com
Zumba • Saturdays 10AM in the PAC \$10 per session.	Catherine Cataletto	No phone	cathyzumba@aol.com

ACTIVE ACTIVITIES

Billiards - Men's • Men's Billiards - Free play anytime except Monday - Friday from 2-5PM.	George Sisca	646-831-8190	scully81152@aol.com
Bocce Club - Tues. & Thurs. AM • Bocce - Tuesdays and Thursdays 9-11AM May-October at Bocci Courts.	John Giampapa	732-408-6335	giampsu2@yahoo.com
Community Garden • Community Garden - see office staff.	Assoc. Office	732-657-6661	No email
Exercise Room • Exercise Room - open from 5AM-11PM, must have fob to enter. See office staff. Closed every Friday between 2-3PM for cleaning.	Assn. Office	732-657-6661	No email
Horseshoes • Every Monday 6PM, April through November.	Bruce Cannell	732-996-0245	brcannell05@gmail.com
Library • Library - Open 5AM-11PM.	Jo Dakin	732-597-8281	josephine.dakin11@gmail.com
Pickle Ball • Pickleball - Tuesday & Thursday 6-8PM April through November and Sundays from 4PM-6PM.	Barry Mintz	732-986-7980	barryandphyllismintz@gmail.com
Ping Pong • Ping Pong - Every Monday at 6PM in PAC.	Nancy Pederson	908-600-9509	nanbobmarrob@comcast.net
RV & Boat Lot • RV & Boat Lot - see office staff for available spot.	Joe Hodapp	609-802-7524	jchodapp@gmail.com
Shuffleboard Indoors / Corn Hole • Indoor Shuffleboard/Cornhole - every Thursday two sessions starting at 4:30PM and 6PM in PAC.	Andy Passman	714-812-2903	andydplumber@yahoo.com
Shuffleboard Outdoors • Outdoor Shuffleboard - every Thursday two sessions starting at 4:30PM and 6PM.	Andy Passman	714-812-2903	andydplumber@yahoo.com
Tennis / Ladies • Tennis Every Saturday mixed tennis 9-11AM - tennis courts.	Helen Bird	828-544-9060	hpbird1212@gmail.com
Tennis / Men's • Tennis Every Saturday mixed tennis 9-11AM - tennis courts.	Bob Bird	908-472-9261	Rjhpbird@gmail.com

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LEISURE KNOLL CLUBS

EDITORIAL STATEMENT

The Board or its Editorial Subcommittee reserves the right to reject, edit or condense all submissions. They reserve the right to refuse any article that we consider illegible, libelous, and inflammatory or in bad taste or that may be offensive to other residents, or which promotes a personal or political agenda of any one or group(s) of Association members.

Clubs and Activities must submit their articles by email using Microsoft Word.

Email your articles to the following email address: news@LeisureKnoll.net
Please get someone in your group to email the article if you are not able to do so.

We have been asked by the publisher to refrain from using PDF's.

Thank you for your help.

Art Appreciation Club

Judy Manco, President

Laurie Lewczyk, Secretary

As we swing into Spring our Club is abuzz putting together enjoyable monthly meetings. On Tuesday, April 1st Judy Manco will give a presentation on the Art of Comic Illustration. Refreshments will be served, and \$5 membership dues are still being collected at the membership desk inside the PAC.

We have an interesting year planned. In March we learned about the Harlem Renaissance from Anne Nemeth who spoke in length about this creative art movement in New York City. Many of the creative artists studied in Paris, and some taught at NYU and other prestigious Universities. Today, their paintings command well over a million dollars.

In May there will be talk on New Jersey artists. There is a very talented group of artists in New Jersey, some more known than others. Come discover them and learn more about your state in the process. In June we are bringing back our Art Lab by popular demand. We do not meet in July and August, but there might be a possible carpool trip to a destination still to be determined so stay tuned. Meetings resume in September until November.

We advertise on channel 1971, in the Knoll News, and there is a poster in Timberland Hall with our monthly event displayed. Come join the camaraderie of this club and learn something new about Art at our meetings. All are welcome.



The Art Class

Gloria Izzi, President

Written by Laurie Lewczyk

In February and March, the Art Class joined together to draw and paint a subject as one. We chose to interpret a still-life painting portraying various summer fruits such as a juicy watermelon, ripe cherries, and luscious blueberries. From this still life, we created our own individual, unique versions. They were done in oils, watercolors, and acrylics. It was fun to see our individuality emerge and the end results.

Be sure to catch one of our members, Donna Bruton, exhibiting and selling her beautiful watercolors at Calgo Gardens (462 Adelphia-Farmingdale Rd, Freehold, NJ} at their annual show "Art in the Garden" on April 19 from 10:00 am to 4:00 pm.

We will continue to meet throughout the spring on Tuesday mornings from 10:00 am to 1:00 pm in Lakeside Lodge. We do our own thing using different mediums such as watercolors, oils, acrylics, colored pencils, pen and ink. Adult coloring books welcome. We help each other. Bring your own supplies. If you are interested in joining our group, please contact Gloria Izzi, President at 732-998-7274.

Happy Easter and Happy Passover to all that celebrate.

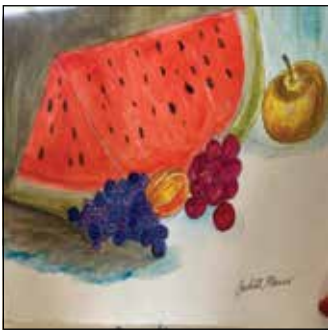


The Art Class



Project: Interpreting A Still life
Top left to right:
Laurie Lewczyk, Donna Bruton,
Racquel Andryszczyk, Lynn Melapioni,
Judy Manco

The pictures were all completed using watercolors during our Tuesday morning meets in Lakeside Lodge in Feb/March.



We at the bingo club will always make decisions with the interest and safety of our residents in mind. For Example, on March 5th, due to high winds and heavy rain we decided to cancel bingo for the safety of all.



Our progressive is once again on the rise and will be over \$600 for our April 9th games.

Whether you're a regular player or a newcomer, we welcome you to check us out on the 1st and 3rd Wednesday of every month for some good community fun.

We also have a very nice snack bar featuring hot dogs, fresh hot pretzels, cakes, candy, snacks, and hot and cold beverages.

Our doors and snack bar open at 6pm, and our games begin at 7pm so come on out and give it a try.

April's bingo dates are the 9th and the 23rd. Outside guests are also welcome.



Book Discussion Group

Diana Deer



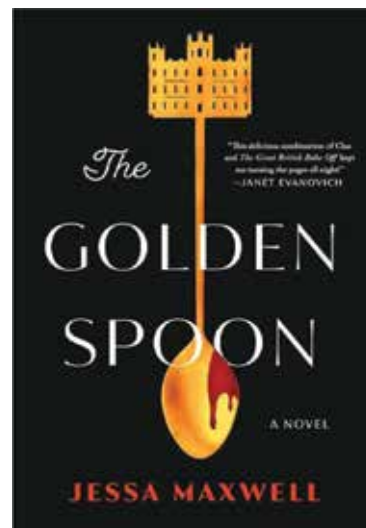
The Book Discussion Group will meet on April 3, 2025, at 1:30PM to 3PM in Lakeside Lodge to discuss the historical fiction novel, “News of The World” by American poet, memoirist, and novelist, Paulette Jiles. Members are encouraged to volunteer to moderate our book discussions. You will find moderating a book discussion is fun as well as interesting.

Book recipients will receive copies of the book selection for the May meeting, “The Golden Spoon” by Jessa Maxwell. This book is a “cozy” murder mystery about six baking contestants competing to win the Golden Spoon and a sought-after cookbook publishing contract.

New members are welcomed.

“Reading is to the mind what exercise is to the body.”

-Joseph Addison



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The Ren Selvaggio Cookie Jar

Charlie Jobes, President

Christine Sohm, Secretary

Hello April! Bring on the sunshine and smiles! A big, warm welcome to those Spring showers and sunshine that will wake up the sleeping tulips and daffodils and help “paint” the trees green. Welcome to warmer, longer days and perhaps thoughts of gardening. In the words of the Fab Four “Here comes the sun, Here comes the sun, And I say, it’s all right, Little darling, it’s been a long, cold, lonely winter, Little darling, it feels like years since it’s been here.” Thanks for letting me take you on that stroll down the 60’s music lane.

So, you might be wondering, just what is the Ren Selvaggio Cookie Jar and how can I/we participate? If you are new to the Leisure Knoll community, here’s what you need to know. Instead of placing your cardboard, newspaper, magazines and books out for pickup every other Monday, bring them down to the two Cookie Jar trailers located adjacent to the maintenance building/overflow parking lot. When the trailer is full, arrangements are made for it to be carted away and weighed. The monies received are returned to our community by donations made to the many Leisure Knoll clubs and events.

Ren Selvaggio Cookie Jar’s Six-Step, Recycling-For-Success Program

- **Collect all your cardboard – DO NOT tie it up – Tied cardboard must be untied to insure proper stacking. Absolutely NO Pizza Boxes – the oily residue that remains on the top and bottom makes cardboard unacceptable for recycling.**
- **Collect your newspapers and magazines – DO tie them up.**
- **Collect your books – DO NOT tie them up.**
- **Take only your cardboard/paper (no glass, plastic or Styrofoam) to the two Cookie Jar trailers by the maintenance building/overflow parking lot.**
- **Upon arrival there, please read all the safety notices posted on the trailer doors. They are there for your information and safety.**
- **Place your cardboard/paper in their respective plastic bins in front of each trailer. Please do not throw anything into the trailer, ONLY fill the plastic bins. The volunteers have a specific way of stacking to best utilize the space in each trailer and to ensure their safety as well.**

We hope that your April begins with a smile that lasts all month long. A Happy April Fool’s Day – when trust takes a day off... but is it lying or just creative storytelling? On behalf of all the Cookie Jar volunteers, many thanks for your continued support and we look forward to perhaps meeting you at one of your drop-offs “down yonder.”

FISHING CLUB

George Tricarico, President

I hope everyone is enjoying the first weeks of spring.

Our next meeting will be April 7th at 10:30 am in LL.

Our annual fish fry will be held May 9, 2025, from 6-10PM. Doors will open at 5:45. Tickets will be available to members at the April 7th meeting. The cost this year will be \$27 per person. Members are asked to be prepared to purchase tickets that day. Please bring a check made out to LK Fishing Club for the number of tickets you wish to purchase. Please be prepared to fill out the table seating sheet which will be available at the meeting. We ask that you fill out the sheet with the choice of meal (fish or chicken). Please give all the information to Marge Puccio.

Tickets will become available to all Leisure Knoll residents later in April (dates to be announced) on a first-come, first-serve basis. Entertainment will be provided by DJ Johnny. The food will, again, be provided by Argyle who has always done an amazing job for us. Watch the scroll for further information.



In other news, save the date for the children's fishing tournament. It will be held on July 12th from 10:30 am to noon, after which lunch will be provided in the PAC.

We are in desperate need of volunteers to help with fundraising so we can provide the best possible experience for the children.

Volunteers are desperately needed for this event to take place.

Please contact me at: **732-977-9465**.

Your help would be greatly appreciated.

This year we will be going on four, possibly five, fishing charters. Right now, we will be going in late May for sea bass. Then, there will be one trip each in June, July, and August for Fluke. We are also looking into a possible late season Fluke trip in September.

I will post the dates in the May newsletter.

Please feel free to come to one of our monthly meetings held on the first Monday of every month.

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April 2025

**Fitness for Us / Evening Exercise
Tuesday and Thursday at 6 pm in
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What do you think about this?

Studies show that More than 5.0 hours of intense to strenuous physical activity can actually **shorten your life span!**

Significant studies also show that just 2.5 to 3.5 hours of physical activity weekly with your heart rate at 60% to 80% of its maximum delivers the most health benefits.

This means excessive weightlifting and long-distance running are not as healthy and smart as “sensible” physical activities that get your heart pumping for short periods of time. This is what low-impact exercises offer.

Low impact exercises are defined as those where only one of your feet leaves the ground at any given time. This includes walking, hiking, most step aerobic exercise programs, and some cardio dance workouts. Water aerobics, cycling, elliptical machine exercises, Pilates, and strength training are “no impact” forms of physical activity and should be done 1-2 times per week.

**Adults over 50 should go low or no impact
when working out.**

Claire Gauer
732-408-6472

FOOTLIGHTERS

Scott Schaffer, President

Our next membership meeting is Wednesday,
April 23rd at 7:00 pm in Lakeside Lodge.

Welcome spring! Hopefully, the winds of March are gone and gardening season is here to stay!

Unfortunately, we had to cancel our planned April 5th Talent Show. We know there are very talented individuals here in the Knoll, but too few wanted to get up on stage with us. So, come to a meeting and we'll figure out how to include you in what we do! Our group continues to work on singing and staging skills, and the Tapsations would love more dancers! Piano or guitar players are always greatly appreciated to help keep the beat.

With questions or to sign up, call Scott Schaffer at 215-397-7162 or email at scottschaffer51@gmail.com.



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This event will include an informational presentation about our community that will last at least 10 minutes. The guest speaker's presentation, opinions, advice, and comments are those of the speaker only.



You're Invited!

MAKE THE MOVE BREAKFAST

Join us for an exclusive Make the Move Breakfast at Crestwood Manor, where you'll enjoy delicious bites and expert insights that could transform your retirement plans.

Choose Your Date:

Thursday, April 10
or

Wednesday, April 23

RSVP by April 4 to
877-490-2160

GARDEN NATURE CLUB

Donna Miranda, President

"We Grow Friendships as well as Flowers"

**Hello Spring! The Garden Nature Club will meet on
Tuesday, April 8 at 1:00 pm in the PAC.**



At our April meeting, we will welcome Bill Schmidt from the Lakehurst Naval Base Historical Society to tell the story of the airship Hindenburg. He has done extensive research and is a valuable source of local history.

As always, refreshments will be served. The Hospitality group will have a sign-up sheet for members to volunteer to bring goodies for May. Our hardworking Hospitality ladies and the board appreciate our members' support. Only five members signing up to donate each month makes a big difference for all who attend!

If you have any questions, please contact:

Donna Miranda, President at 732-539-0875 or
Jayne Garretson, Vice President at 908-347-8199.

We have a lot planned for 2025!

Back Gate Access

Every home has a four-digit personal code for the rear gate. Do not give this code out except to family members and trusted friends. You can change your code by filling out a form on the Docu-Tree in Lakeside Lodge.

You can also use the pedestrian gate by using a special fob. This fob can also be used to access the fitness center. Be sure to pull the gate closed behind you as you leave or enter as it is a magnetic lock.

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ANNOUNCING THE NEW LEISURE KNOLL GOLF CLUB

Marylin Crivello, President

We are pleased to announce that the Leisure Knoll Ladies Golf Club has officially transitioned into a

CO-ED GOLF CLUB!

We are now The Leisure Knoll Golf Club and ALL residents, both men and women golfers, are welcome to become a member of our club. **Once you are a member of our club, you can join us on the golf course each week at the Pine Ridge Golf Course at the Lakehurst Naval Air Station in Lakehurst, N.J. Annual membership is only \$20.00. It's high time that all Leisure Knoll residents, with some golfing experience, get a chance to enjoy an affordable 9-hole round of social golf each week out on the links. The weekly cost for 9-holes with a cart is only \$27.00!**

For further information call 732-619-4747.



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Dominic Tangredi, President

Our next Helping Hands meeting will be on April 11th in the PAC at 1:00pm.

There will be a general meeting. Our membership drive will continue. Refreshments will be served.

Helping Hands is an all-volunteer group dedicated to assisting the residents of our community by providing:

- Annual Vaccinations
- Blood testing provided by LabCorp (see schedule posted in Timberland Hall)
- Mobility Equipment (walkers, seated walkers, canes, etc.) - always looking for gently-used or new seated walkers, canes, or transport chairs to lend out to residents.

Please do not leave donated/returned equipment outside of the supply center.

Contact Dominic @ 732-597-6633 or Andy @ 714-812-2903.

- Greeting Cards - .10c each or priced as bundled
- Large Print Books (in the library)
- Eyeglass Donation Program. (drop box in Timberland Hall)
- Periodic Food Drives to support local food banks.

LEISURE KNOLL ACTIVITIES COMMITTEE



SUNDAY AT THE MOVIES

"OTHERHOOD"

April 6th from 2 – 5 PM in the PAC

Free water & popcorn!!!



INDOOR SPORTS IN THE PAC

Corn Hole & Ping Pong

Mondays 6 PM – 8 PM

**Shuffleboard &
Toss InTens**

(Indoor Skee Ball)

Thursdays 4:30 PM & 6:00 PM

Except the 3rd Thursday of the month.



Save the date!!!

PICKLEBALL CLINIC

***Come & learn how to play & meet
new friends!!***

ALL ARE WELCOME!!!

**TUESDAY, APRIL 22nd &
THURSDAY, APRIL 24th**

6:30 PM at the PICKLEBALL COURTS

Please wear sneakers!!

Balls & Paddles will be supplied!

For more information call: Barry Mintz at 732-986-7980

HELPING HANDS OF LEISURE KNOLL PRESENTS

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HORSESHOES

Bruce Cannell



The following are important announcements for April:

- The 2025 Horseshoe League has been cancelled. A dog park is scheduled to be built on the site.
- The Rutgers Football team is predicted to win the Big 10 Championship.
- The community pool will not open until 2026.

APRIL FOOLS!

Horseshoe pits are open for practice on Mondays and Wednesdays at 6:00 pm.

All residents and homeowners are welcome to join us for fun and competition.

You can sign up for league play which begins May 5th as an individual, a two-person team, or a sub.

Stop by the pits, call 732-996-0245, or email brcannell05@gmail.com

Also scheduled is an in-house Singles Horseshoe Double Elimination Tournament.

The tentative date is April 26th with the rain date April 27th.

Registration will be at the pits on Mondays or Wednesdays.

Italian American Club

Mike Petrillo, President

There are only a few more days left to get tickets for the Billy Joel tribute concert.
Don't miss this great show.



The April 18th meeting of the Italian American Club will feature Dr. Gabe Jasper, the fellow seen on his tv commercials. I would like you to meet him to see for yourself what an interesting guy he is. He is quite a character, and his personality will make you smile.



Dr. Jasper will explain the various procedures that have successfully solved back pain issues for many people. As a patient of Dr. Jasper, I can vouch for the success of his procedures.



Italian American Club

Written by John Addams

You snooze a little and time just flies!

I could swear it was just a few days ago that I was celebrating the new year and here we are, a quarter of 2025 has gone by faster than Superman. I am getting to be a year older, as are most of you, and with it come new ailments and complications with our aging bodies.

Every single bone in my body aches every day! I bet most of you are in the same boat. Take your back as an example. When is the last time you bent over and sprung right up like when you were young? I usually must hold onto something to get up, slowly, very slowly.

What does this have to do with Italy? You're right, absolutely NOTHING!

But it has a lot to do with your physical wellbeing.

At our April 18 meeting we have invited Dr. Gabriele (Gabe) Jasper to be a guest speaker. He is bringing Jeremy, a Hollywood stunt man seen on some of Dr. Jasper's commercials, who will explain how the Jasper Spine Institute gave him back a pain-free life.

Our President, Mike Petrillo, has also been treated successfully by Dr. Jasper and can tell you his story.

Dr. Gabe Jaster is a pain medicine physician in Brick, NJ and has over 35 years of experience in the medical field. He graduated from Universita Degli Studi Di Bologna, Facolta De Medicina E Chirurgia in 1987. He is affiliated with medical facilities such as Ocean University Medical Center and Community Medical Center in our area.

Speaking of doctors, why stop here. As mentioned in last month's Knoll News, at our May meeting we will be featuring another doctor, and if his schedule allows, the CEO of the Barnabas Hospital Outreach Center which is part of the newly-built hospital on Route 37 which includes many specialties.

Make sure to attend both meetings as you will, without a doubt, come out with a greater understanding than when you came in. You will not be disappointed.

And remember, don't snooze much. As I said in the beginning, when you snooze time flies by; you don't want to miss the rest of 2025.

Spero di vederti il mese prossimo. Arrivederci per ora

Jon Addams-



ITALIAN AMERICAN CLUB PRESENTS:

A TRIBUTE TO
BILLY JOEL



PERFORMED BY "STRANGERS"

FRIDAY, APRIL 11TH 7 PM

CONCERT STADIUM SEATING

TICKETS \$20 MEMBERS \$25 NON-MEMBERS

TICKET SALES BEGIN SAT.,

MARCH 1ST 10-12 NOON

ALL SATURDAYS IN MARCH

10-12 NOON IN PAC FOYER

LK Monthly Dance



Come Join us at our Spring Glow Dance Party!

Wear your Brightest Glow-in-the-Dark Attire as we Dance our way into Spring!

Due to the Easter Holiday, the dance has been moved to the last Saturday of the month.

Date: April 26th Time: 6pm-10pm

Introducing a New DJ: Joe of Universal Entertainment

Ticket Sale Dates: Saturday 4/12 & Wednesday 4/16 at 11am-1pm in Timberland Hall APR

Tickets \$12 for Residents, \$17 Non-Residents

Please feel free to bring your own snacks & beverages and whatever makes you Glow!

Coffee and Dessert will be provided.

Any Questions: Joan Cloughley 732-598-9510 Diane Rydziko 732-547-4544 Teresa Russo 732-441-7490

NEEDLECRAFT

Olga Crotti, President



*Every Monday, 1-3 pm
Lakeside Lodge – join us!*

Come see what we're up to!



LEISURE KNOLL OWLS

SOFTBALL TEAM



Is looking for new players!!!



WE NEED YOU!!!

Looking for residents of Leisure Knoll age 55 and over to join our softball team. We are a member of the Manchester Senior Softball League. Games are played Monday and Wednesday mornings May through late July.

Please consider joining us. We have a lot of fun! If you have not played in a while, it doesn't matter....it's like riding a bike....it will all come back to you!!!



**If interested, please contact:
Larry Hurley at 908-310-4971 or
Walt Peto at 732-503-2016**

SHUFFLEBOARD

Andrew Passman, President

Indoor Shuffleboard stops on Thursday, April 10th. We had a great season with two sessions of 24 to 32 residents playing at each session every week for 12 weeks. We are looking forward to the next season OUTDOORS. Yes, we have eight beautiful courts outside near the pool & horseshoe pits.

The Outdoor season starts on Thursday, May 8th. Sessions will, again, be 4:30 and 6 pm every Thursday. There is always room for more players either as singles, teams (2 people) or subs (if you can't play every week). If interested, please contact Andy Passman at andydplumber@yahoo.com. Indoors or outdoors fun for all!



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Social Club

Annmary Marottoli, President

Welcome Spring! Thankfully, the cold weather is gone and warmer weather is on the way. Welcome back to all our Snowbirds as well.

Our Country Western Night turned out to be a fun night. We hope all that attended had a good time.

FYI, there will be no general meetings in April, May, or June. Our BOT meeting will be held on the 3rd Tuesday of every month.

Our next big event is our Pool Party, which has now become our Summer Fling, on Saturday, July 26. Hopefully, we can have it on the golf green again. Watch for further information as it gets closer.

There will be no general meeting in August. Our Eagles Concert will be on Saturday, Sept 27. Our Murder Mystery has been changed from October 24 to Saturday, November 1. The theme is "Death of a Gangster." Watch the creeper and the Knoll News for ticket sales dates. We usually begin selling them the month before on Saturdays from 10 am to Noon. Our Annual Christmas Party, for members only, will be held on Saturday, December 6. The entertainment will be The Crystals.

The cutoff date for 2025 membership is September 1.

Make sure you get your membership before then.

Any new Ideas for 2026 are always welcomed. Please feel free to let me know. Talk of a Pancake Breakfast is in the works for a Sunday in the month of June. A date will be posted soon. Hope everyone will think about coming.

Wishing everyone a happy and blessed Easter and Passover

That is all I have for now. Remember, April Showers bring May Flowers.



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AT APPLEBEE'S IN MANCHESTER
Saturday, May 10, 2025 • From 8-10AM

Includes: Pancake, Sausage, Scrambled Eggs,
Coffee, Tea, Juice or Soda
Tickets are \$12.00

Contact:

Tim Sammy.... 732-657-1110 Al Ruth..... 732-657-3333

Sue Aucoin 732-551-8234 John Corona... 732-657-1620

or pay at the door.

GOODBYE LEISURE KNOLL TRAVEL CLUB

The Travel Club, prior to Covid, was a very active club. Meetings were very well-attended, trips sold out, and quite often waiting lists were formed for the sold-out trips. Then in 2020 Covid hit, and like all other clubs and activities, we were shut down for over a year. When we received the green light to resume, we did so with great enthusiasm. We felt bad for those who had signed up and wanted to go. However, after much deliberation and discussion, it has been decided to disband the Travel Club.

Our last trip will be the Yankees/Mets game on May 18.

For those still interested in day trips and long weekend trips, we recommend going with:

- Garden State Getaways
- Gary's Fun on Wheels.
- Sandy at Travel Plaza in Manchester (for longer vacations).

Thank you to those who have supported us over these past several years.

Here's to Happy Trails ahead and may any future journeys be filled with joy.

I want to take this opportunity to thank Lydia, Pat, and Fran for their dedication and perseverance to the club. It was a pleasure working side-by-side with you.

Regards,

Claire Gauer, Lydia Falco, Pat King, and Fran Beradis



VETERANS NEWSLETTER

Michael Magliocco, President

Spring is just around the corner, so let us all welcome the impending weather.

I want to give all residents the following updates to our Veteran's Bingo:

1. OUR BINGO IS OPEN TO ALL RESIDENTS OF LEISURE KNOLL. You do not need to be a veteran to attend. It is held on the last Sunday of each month in the P.A.C. If we do not have our maximum of 45 attendees, we will, then, open it up to non- residents.
2. We are limited to 45 attendees and will not exceed that number. We sell out most of the time. However, if you want to attend, you must call me or advise me 1 month in advance. My numbers are 732-832-6214 (cell) and 732-408-7701 (home).

Doors close at 12:30 p.m. with a maximum of 45 attendees. The Veterans Club will provide coffee, water, and soda; you can bring your own food and dessert if desired.

You must bring a NEW GIFT NOT LESS THAN \$15.00.

Come and enjoy a great day of bingo!

This month we will be celebrating Easter Sunday and Passover. We want to wish all our residents a Happy Easter and a Happy Passover.

Let us all congratulate Neil Pontecorvo as a new member of our Honor Guard. Neil will be an asset to our guard and club.

Next month we will be preparing for our annual Memorial Day ceremony which will be held on Monday, May 26th at 11:00 am by the flag pole. If the weather gods do not cooperate with us, we will have the ceremony in the P.A.C. This event requires a lot of planning by our club so come out and pay your respects to all the veterans who made the ultimate sacrifice. This event is a day of mourning for all veterans.

Dates to remember:

Thursday, April 10, Veterans board meeting 1000 hours in the all-purpose room

Thursday, April 17, Veterans membership meeting 7 p.m. in the P.A.C.

Sunday, April 20, Easter Sunday

Sunday, April 27, Veterans Bingo in the P.A.C. - doors close at 12:30 p.m. - max 45 attendees.

That's all for now. May God bless you all and may God bless America.



COME ASK A PGA GOLF PRO FOR YOURSELF!



SATURDAY, APRIL 19, 2025 2:00 p.m.

Professional PGA Golfer, Kevin Whitlow

ADVANCE Ticket Sales: March 29 and April 5 10:00 a.m. 12:00 p.m.

Leisure Knoll Timberland Hall

Residents \$5.00

Non-Residents \$6.00

Presented by the Leisure Knoll Ladies Golf Club

or call for tickets 732-619-4747

Come spend time with PGA Professional, Kevin Whitlow, and get answers to your personal golfing questions. **For just a few dollars**, take advantage of an opportunity to interact with a PGA Pro and **find out how best to improve your golf game in person!**

As a member of the PGA of America for 27 years, Kevin Whitlow's career highlights include participation in the Philadelphia OPEN, the Lavino OPEN, qualification in the PGA Tour Q-School Finals as well as a College National Championship and a USGA Junior National Championship. Kevin also served as a professional golf instructor in several exclusive country clubs in both Bryn Mawr and Merion-Ardmore, PA. **Limited tickets sold at the door!**

food for thought

CHICKEN PICCATA MEATBALLS

Submitted by Patrice Neumann

Here is a scrumptious do-ahead meatball recipe courtesy of Giada De Laurentiis. The piccata sauce is the star here, combining shallots, parmesan, lemon and capers. My trusty LK testers (thank you friends!) gave this recipe a ten out of ten rating.

For the Meatballs: (serves 4)

½ cup of torn, soft white bread (crust removed)
2 tablespoons of whole milk
½ cup of freshly grated Parmigiano Reggiano cheese
1 large egg
1 shallot, finely chopped
2 tablespoons of chopped capers
1 teaspoon of grated lemon zest from 1 lemon
½ teaspoon of kosher salt
2 tablespoons of chopped Italian parsley
1 pound of ground chicken

For the Sauce:

2 tablespoons of olive oil
1 shallot, chopped
½ teaspoon of kosher salt
2 ½ teaspoons of all purpose flour
1 ½ cups of low-sodium chicken broth
2 tablespoons of freshly squeezed lemon juice
2 tablespoons of capers, drained
2 tablespoons of chopped Italian parsley
Freshly grated Parmigiano Reggiano cheese to serve

Preparing the Meatballs:

- Preheat the broiler to high and position a rack in the top third of oven
- Drizzle a baking pan with 2 teaspoons of oil

- Combine the bread, milk, parmesan cheese and egg. Stir together until the bread is evenly coated and mashed into a paste. Let it sit for 5 minutes.
 - Add the chopped shallot, capers, lemon zest, salt and parsley to the bowl and stir.
 - Add in the ground chicken and mix with your hands until combined (do not overmix).
 - Using damp hands, form the mixture into 1 ½ tablespoon-sized balls. Put on the baking pan.
 - Broil the meatballs for 7 minutes and set aside.
 - Preparing the Sauce:
 - Heat a medium straight sided skillet over medium heat. Add olive oil and heat for 30 seconds.
 - Add the chopped shallots and salt to the skillet. Cook, stirring for 1 minute.
 - Sprinkle in the flour and whisk until smooth. While whisking, add chicken broth and lemon juice.
 - Stir until smooth and bring to a simmer.
 - Reduce the heat to a gentle simmer. Stir in the capers and let the sauce simmer for 5 minutes.
 - Add the meatballs to the sauce and stir to coat them evenly. Cover the pan and let the meatballs simmer in the sauce for another 5 minutes.
- Stir in chopped parsley and additional Parmigiano Reggiano cheese if desired.
- To Prepare Ahead: make the recipe, cool and refrigerate. Reheat, covered on the stovetop adding broth if needed.



The Writer's Corner

Frank Finale

AT THE WEDDING

They're all here: my brothers, Brian and Ralph, my mother (85), the disk-jockey singing *Sweet Caroline-touching, touching*—still around the tables, drinking our wine and coffee—still in Brooklyn. But I look again, and father who loved his Rheingold is gone; the landlord's youngest son—clear-eyed & handsome—at 23, is gone; mother's friends are gone—Florida and beyond. Yet, we're still dancing—*Keep moving—Shake that thing!* Wear the straw hat, play the pink plastic sax. Dance, and don't stop moving—I love you all.





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- 4. Regular trash pickups – Tuesday & Friday. If trash was put out on time and not picked up, call the Route 70 gatehouse.**
- 5. Use emergency red phones in Timberland Hall, Lakeside Lodge, at swimming pool, at tennis/bocce courts or at boathouse to contact Manchester Police.**