Having work done on your House?

All Homeowners who are having work done on their homes, please tell your contractors to park all of their vehicles on one side of the street. Parking vehicles on both sides of the street does not allow emergency vehicles to get to their emergencies in a quick fashion. Please help to keep the Knoll Safe.

Stop signs must be obeyed. Drivers have been observed rolling through various intersections without stopping. A full stop is mandatory. To ensure that no one gets injured or ticketed, please be smart. Obey All Stop Signs. Obey the Law and Keep Yourself and Others SAFE!

EDITORIAL STATEMENT

The Board or its Editorial Subcommittee reserves the right to reject, edit or condense all submissions. They reserve the right to refuse any article that we consider illegible, libelous, and inflammatory or in bad taste or that may be offensive to other residents, or which promotes a personal or political agenda of any one or group(s) of Association members.

Clubs and Activities must submit their articles by email using Microsoft Word. Email your articles to the following email address: knollnewssubmission@gmail.com. Please get someone in your group to email the article if you are not able to do so. We have been asked by the publisher to refrain from using PDF’s. Thank you for your help.
President’s Corner

This has been some month! I hope all of you are well. We haven't seen a pandemic such as this in 100 years. The Spanish Flu of 1918 – 1920 infected one third of the world's population at that time. The death toll was estimated to have been between 17 to 50 million, possibly as high as 100 million. These numbers are much higher than COVID 19 thus far. Our lower numbers, no doubt, are due to education on the nature of this disease, and safeguards that the nation is taking, such as remaining at home, 6 ft. distancing, masks, gloves etc. I hope all are following these guidelines as we don't want to lose any of you.

In case you're wondering, The Association Office, although it is closed to visitors and residents, is still conducting business as usual with staff adhering to strict guidelines. You can still call the office with questions and concerns or you can write or drop note in yellow mailbox outside the building. The Board of Trustees has and will conduct phone conference meetings when necessary. We can still communicate by phone and e-mail. The office staff continues with their usual clerical work, paying bills and such. When we are given the OK to conduct Open Meetings you will be informed. So, keep an eye on communication channel, Leisure Knoll website, and the Knoll News.

In the meantime, practice social distancing and all other guidelines as this situation evolves. At this time, there is really no way of predicting when we can resume normal activities. It may be difficult, but these rules have been put in place to protect each one of you. So please try to be patient because we want all of you to remain healthy and happy.

Gail Noonan
President of the Board of Trustees
Please put your house number on your house and on your mailbox. This will help find your house in an emergency.
LEISURE KNOLL @ MANCHESTER ASSOCIATION
1 BUCKINGHAM DRIVE NORTH
MANCHESTER, NJ 08759
732-657-6661

MEETING DATES AND HOLIDAYS JANUARY 2020 THROUGH DECEMBER 2020

DATES FOR TRUSTEE MEETINGS 2nd WEDNESDAY

<table>
<thead>
<tr>
<th>LOCATION: LAKESIDE LODGE 10:00 A.M.</th>
<th>LAKESIDE LODGE 7:00 P.M.</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 12, 2020</td>
<td>January 8, 2020</td>
</tr>
<tr>
<td>April 8, 2020</td>
<td>March 11, 2020</td>
</tr>
<tr>
<td>June 10, 2020</td>
<td>May 13, 2020</td>
</tr>
<tr>
<td>August 12, 2020</td>
<td>July 8, 2020</td>
</tr>
<tr>
<td>October 14, 2020</td>
<td>September 9, 2020</td>
</tr>
<tr>
<td>December 9, 2020</td>
<td>November Meeting see below</td>
</tr>
</tbody>
</table>

DATES FOR OPEN TRUSTEE & ANNUAL MEETINGS. LOCATION: PERFORMING ARTS CENTER

Open Budget Meeting – Thursday August 6, 2020 @ 7:00pm
Open Trustee Meeting – Wednesday November 11, 2020 @ 6:00pm
Annual Meeting – Wednesday November 11, 2020 @ 7:00pm

HOLIDAYS ASSOCIATION OFFICE CLOSED (NO BUS SERVICE)

| January 01, 2020    | New Year's Day (Wednesday) |
| January 20, 2020    | Martin Luther King, Jr. (Monday) |
| February 17, 2020   | President’s Day (Monday)    |
| April 10, 2020      | Good Friday (Friday)        |
| May 25, 2020        | Memorial Day (Monday)       |
| July 03, 2020       | Independence Day (Friday)   |
| September 07, 2020  | Labor Day (Monday)          |
| October 12, 2020    | Columbus Day (Monday)       |
| November 26, 2020   | Thanksgiving (Thursday)     |
| November 27, 2020   | Thanksgiving Day after (Friday) |
| December 24, 2020   | Christmas Eve (Thursday)    |
| December 25, 2020   | Christmas Day (Friday)      |
Manager’s Memo

In this issue you’ll find a form to renew your Resident/Guest Badges. We do this every year just prior to opening the pool because these badges are used for pool entry as well. If you already have badges, we will simply update them with 2020 stickers. Under normal circumstances, we would ask you to bring them in to the Association Office and we would place the stickers on the badges for you. This year, we need to ask you to send the badges to us along with the completed form; either by US Mail or by dropping them off in the yellow mailbox outside of Lakeside Lodge. We will put the 2020 stickers on each one and then hand deliver them back to your home. If you have special instructions for delivery, please note it on the form.

At this point, it’s impossible to say when the pool will open for the season. We’re going ahead with all of the prep work so we’re ready as usual, but even if we can open on Memorial Day weekend, we may have to make some changes depending on what the governmental guidelines say at that time. For example, we may have to remove some of the lounge chairs, some of the dining chairs and we may even have to limit the number of people in the pool area at one time. We’ll send out Robo-Calls, post notices on the Community Channel 1970 and update the website as the situation evolves.

Do I have the job for you! It entails spending countless hours, no pay, getting criticized when things don’t go quite as planned and no acknowledgment or appreciation when they do. It is understanding that and coping with the fact that no matter what you do, there will be someone who will be unhappy. Sometimes, really unhappy. Can you guess what it is? I’m talking about running for a seat on the Board of Trustees. It is definitely not for the faint of heart but, still, you may find it is one of the most gratifying things you’ll ever do. Doesn’t the idea of volunteering your time to work toward keeping Leisure Knoll the best community around sound appealing? If yes, then jump right in and submit your paperwork by June 12th. Look inside this issue of the Knoll News for more info.

I know lots of people are getting more than a little stir-crazy being in the house all day and are taking long walks around the community. This is great to see but I need to remind you that you should stay on the sidewalks and not walk in the street. Although there are fewer cars on the road, it only takes one. Don’t count on them to see you. Wear light colored clothing. Better yet, come over to the Recreation Area and take a walk around the lake. Three times around is about a mile and it’s really lovely this time of year with enough open space to maintain your social distance.

Dogs need to maintain social distance too, but not quite in the same way as we do. For them it means keeping them off your neighbor’s lawns and the city strips in front. With people walking their dogs fifteen times a day lately, disputes between neighbors have been increasing. Check out the Policy Resolution in this issue which will remind everyone what our rules are.

The last month or so has been a difficult and scary time for everyone and there is no definite end in sight. We have learned some new words and phrases like “PPE”, “Social Distancing”, “Flattening the Curve” and “The New Normal”. We have seen many of the things we love to do suddenly become unavailable. Family and friends we love to be with we can only wave to from six feet away. Here in the Knoll, we’ve closed Timberland Hall and Lakeside Lodge and cancelled or postponed all events. The areas around the two buildings are eerily silent. The roads are sparsely travelled. Once outside of the community, traffic is strangely light too, reminding one of a holiday except that no one looks like they are celebrating. Making eye contact with a stranger over a face mask is somewhat disconcerting and then you realize how much we depend on the whole face to decide about a person’s intentions. So, as we always have when presented with challenges…we adapt…we find ways to help those that can’t…and we stay strong.

Mary D’imé
Community Manager
Notice of Board of Trustees Openings

During the month of September, our village will hold elections for their Board of Trustees. There are two, three-year terms and one, one-year term at this time. This is a formal notice of same and an invitation for members of our Association to complete and submit the required documents to the Association office no later than 4:00 P.M. on Friday, June 12, 2020.

Article V, Section 5, a, b and c of our By-Laws detail the requirements as follows:

a) In the event that an Association Member presently holds the position of elected Trustee, he shall be deemed to have been nominated for reelection to that position by signifying his intention to seek reelection in writing addressed to the Board of Trustees.

b) In the event that an Association Member who does not presently hold the position of elected Trustee or is an appointee of the Board of Trustees desires to run for election to that position, he shall be filing with the Board of Trustees a written statement signifying his intention to seek election together with a resume that contains your vision for the Knoll.

c) Only candidates who have been duly nominated in accordance with the foregoing procedure for nomination shall be eligible for election. Write-in candidates and nominations from the Floor on the date of the voting meeting are not permissible.

The Voting Committee will verify which candidates are eligible to run for election. At the Board of Trustees meeting taking place July 8, 2020, the names of the eligible candidates will be announced. The Community Channel 1970 and the website at www.leisureknollatmanchester.com will announce the names of the verified candidates immediately thereafter.

Within fourteen (14) days after verification, the candidates for Association office shall meet with the Secretary of the Board of Trustees and the Trustee Liaison and Chairperson of the Voting Committee to review the Rules and Regulations pertaining to the Election of Trustees. At this meeting, the name or names of observers should be submitted. A limit of two (2) observers per candidate shall be allowed.

Trustee candidates may distribute material to the members of the Association, but not leave them at homes without giving them directly to the resident. The candidates’ resume and vision will be published in the August and the September issues of the Knoll News.

Traditionally, a Candidates’ Night is scheduled in the PAC during the month of August for each candidate to present their case. This meeting and its format is at the discretion of the Board of Trustees.

Should anything in this article be in conflict with the Rules and Regulations and Amended and Restated Bylaws, those documents would govern.
POOL RULES
2020

The swimming pool is for the enjoyment of the residents and their guests. Monitors at the pool are to control admittance and to assist in enforcement of Pool Rules & Regulations.

NOTE: Monitors and Lifeguards have no authority to grant exceptions to any rule.

The Pool Rules are delivered to all residents before the Pool Season. They are also posted at the pool during the swimming Season. In 2018, the State of New Jersey adopted a new Sanitary Code Chapter IX for Public Recreational Bathing and the Association is required to comply with these codes, in addition to setting up their own rules and regulations.

*The State mandated rules printed in bold letters and italicized within the Association’s Swimming Pool Rules & Regulations and are also posted on a Notice Board at the pool.*

The complete rules are available at the Monitor’s table and posted at the Pump House.

A. POOL HOURS

1. Pool hours are 10:00 AM to 8:00 P.M. or dusk, whichever comes first, each swimming season and are posted at the pool.
2. Guests of residents’ ages four (4) years through fifteen (15) years may utilize the pool and pool area from 10 AM to 1 PM.
3. Lifeguards must be present or the pool will be closed.
4. Lifeguards are instructed to close the pool during a threat of inclement weather.

B. ELIGIBILITY

All Leisure Knoll residents in good standing and their invited guests are eligible to use the pool with the following restrictions:

1. Residents and guests must wear badges.
2. Only residents and guests sixteen (16) years and older are allowed within the pool gates during all pool hours.
3. Only children who are four (4) years of age or older and who are completely toilet-trained are permitted in the pool or within the pool area. An adult must accompany a non-swimming child or any child under the age of seven (7) in the water.
4. Children under four (4) years of age and babies in arms or strollers shall not be permitted within the pool gated area.

C. ADMITTANCE TO THE POOL

1. Each resident and guest (adult or child) must show an official Leisure Knoll badge to the Monitor and sign in.
2. No more than four (4) guests are permitted from any one household. All guests must have badges with the accompanying residents’ address. Guest badges may be purchased at the Association Office during regular business hours.

D. USE OF THE POOL

1. Any person showing evidence of any communicable skin disease, sore or inflamed eyes, cold, nasal or ear discharges, or any other communicable diseases shall be denied admission.
2. Any person with excessive sunburn, open blisters, cuts or bandages shall be denied admission.
3. Do not enter the water if you are experiencing or recovering from -diarrhea or have had any signs or symptoms or gastrointestinal (stomach) disease in the past seven (7) days.
4. Neither cloth nor disposable diapers are permitted in the pool. Diapers specifically designed for immersion in water is acceptable such as “Healthtex” - Reusables and/or “Huggies Little Swimmers” - Disposables.
5. Children should be encouraged to use the restroom before entering the water. Immediately report any accidents you observe in the bathing waters to a lifeguard.
6. No animals, except for service animals, shall be allowed in the swimming pool or pool deck, dressing rooms, or other parts of the enclosures or buildings.
7. Glass containers shall be prohibited.
8. All persons shall shower before entering the water.
9. Conduct which endangers the safety and comfort of others shall be prohibited.
10. Outdoor bathing shall be prohibited during an electrical storm.
11. Persons suspected of being under the influence of drugs or alcohol shall be prohibited from entering the water and must leave the pool area.
12. Children’s swimming ability will be evaluated by the Lifeguard before they are allowed to swim in the deep end of the pool.
13. An adult must accompany a non-swimming child or any child under the age of seven (7) in the water.
14. All injuries must be reported to the lifeguard and/or monitor immediately.
15. Only proper swimming attire is acceptable for the pool. Absolutely no cutoffs are permitted.
16. All persons wearing wet bathing suits and wishing to use the club house must use the REAR entrance/exit for restrooms. Children must be accompanied by an adult when using these facilities. No one is permitted to walk through the clubhouses in wet bathing suits. All pool users should park in the rear parking lot across from the Maintenance Building.
17. Food is not permitted in the pool area. Beverages are permitted only in unbreakable containers. Glass containers of any kind are prohibited. **No alcohol is permitted.** Any person found drinking alcohol at the pool must leave the pool area immediately.

18. Gum chewing is not permitted in the pool area.

19. No running, playing tag, rough and rowdy play, water pistols, water guns or other squirting devices, or blaring radios will be permitted in the pool area or on the pool deck.

20. Ball playing is not permitted.

21. Jumping/diving into and racing in the pool are banned during children’s hours. Cannonballing is prohibited at all times.

22. Rafts, snorkels, and masks are not permitted in the pool. “Noodles” will be permitted. If too many noodles are present, at any point in time, they may be prohibited by the Lifeguard. **Lifebelts which are fastened around the body or arms are permissible.** All devices must be approved by the lifeguard.

23. During holidays, weekends, or very hot days, lawn chairs may be brought from home for resident’s guests.

24. Incontinent adults must wear swim suit diapers or snug plastic pants under their swim suits. These must be tightly fitted around the waist and legs in order to contain any matter in the event of an accident. Examples of acceptable garments for adults: “Swimsters – Reusables” and/or “SwimMates – Disposables”.

25. The Association or its designated representative shall be the sole judge as to the adequacy of protective swimwear or other protective garment.

E. RESPONSIBILITY

1. All residents and their guests, including children, using the pool facilities do so at their own risk. The Association will not be responsible for any accidents in connection with such use.

2. Members and/or guests will be responsible for the cost of any damages caused through their negligence and/or carelessness.

3. The Association will not be responsible for loss of jewelry, valuables, clothing, or property in or about the pool.

4. No chairs, tables or lounges can be reserved. Every resident has an equal right to their use. On weekends and holidays, residents and their guests are encouraged to bring their own seating.

5. When the pool deck is crowded, personal belongings must be removed from extra chairs to allow others to use these chairs.

6. No smoking is permitted in the pool, on the pool deck, or at the entrance apron to the pool deck.

**THESE RULES HAVE BEEN ESTABLISHED ON THE BASIS OF THE STATE OF NEW JERSEY SANITARY CODE CHAPTER IX FOR PUBLIC RECREATIONAL BATHING AND ON PAST EXPERIENCE AND HAVE BEEN DESIGNED FOR THE COMMON GOOD OF RESIDENTS AND THEIR GUESTS. EVERY RESIDENT SHOULD BE FAMILIAR WITH AND ABIDE BY THESE RULES.**

**ANY RESIDENT OR GUEST WHO VIOLATES THESE RULES FORFEITS HIS OR HER RIGHT TO REMAIN IN THE POOL AREA.**

**LACK OF COOPERATION WILL RESULT IN THE POOL BEING CLOSED UNTIL THE VIOLATORS LEAVE THE POOL AREA.**

**THE LIFEGUARD MAKES THE FINAL DETERMINATION ON ALL SAFETY ISSUES.**
CHILDREN’S POOL RULES
2020

(THOSE 16 YEARS AND OLDER ARE PERMITTED DURING ALL POOL HOURS)

A.2. Guests of residents between the ages of four (4) years and fifteen (15) years may utilize the pool and pool area every day from 10:00 A.M. to 1:00 P.M.

B.2. Only residents and guests sixteen (16) years and older are allowed within the pool gates during all pool hours.

B.3. Only children who are four (4) years of age or older and who are completely toilet-trained are permitted in the pool, or within the pool area. Children wearing cloth or disposable diapers are not permitted in the pool. An adult must accompany a non-swimming child or any child under the age of seven (7) in the water.

C.1. Each resident and guest (adult or child) must show an official Leisure Knoll badge to the monitor and sign in.

D.12. Children’s swimming ability will be evaluated by the Lifeguard before they are allowed to swim in the deep end of the pool.

D.16. All persons wearing wet bathing suits and wishing to use the club house must use the REAR entrance/exit for restrooms. Children must be accompanied by an adult when using these facilities. No one is permitted to walk through the clubhouses in wet bathing suits. All pool users should park in the rear parking lot across from the Maintenance Building.

D.19. No running, playing tag, rough and rowdy play, water pistols, guns, or other squirting devices, or blaring radios will be permitted in the pool or on the pool decks.

D.20. Ball playing is not permitted.

D.21. Jumping/diving into and racing in the pools and cannon-balling are prohibited at all times.

D.22. Rafts, snorkels, and masks are not permitted in the pool. “Noodles” and goggles will be permitted. If too many “noodles” are present, at any point in time, they may be prohibited by the Lifeguard. Lifebelts which are fastened around the body or arms are permissible. All devices must be approved by the lifeguard.
It’s That Time Again!

Spring is around the corner. Here are some helpful tips as we approach the nicer weather to keep our community beautiful.

• Please turn on your sprinkler system to ensure a beautiful lawn.

• Shrubs/trees/plantings should be trimmed so as not to obstruct windows.

• Power wash any mold or mildew or paint on your home if necessary.
RESIDENT/GUEST BADGE
RENEWAL FORM

Resident Badges indicate Resident Name.
Guest Badges indicate Resident address.

Badges must be submitted with this renewal form

PLEASE PRINT

RESIDENT LAST NAME _______________________________ DATE _________________________
ADDRESS _________________________________________ TEL _________________________

RESIDENT(S)

NAME(S) APPEARING ON BADGE

1

2

3

GUEST(S) __________QUANTITY

For Office Use Only

Notes ____________________________________________________________
QUALITY is our trademark.

2020 OPTIONAL LAWN SERVICE  
SEASONAL SCHEDULE  

APPLICATION WINDOW*  

<table>
<thead>
<tr>
<th>ITEM</th>
<th>AMT</th>
<th>APR</th>
<th>MAY</th>
<th>JUN</th>
<th>JUL</th>
<th>AUG</th>
<th>SEPT</th>
<th>OCT</th>
<th>NOV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grass cutting</td>
<td>24-28</td>
<td>2</td>
<td>4</td>
<td>4</td>
<td>4</td>
<td>4</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Fertilizer</td>
<td>4</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Edgings</td>
<td>13</td>
<td>1</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Insecticide</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nutedge control</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pre-Emergent</td>
<td>2</td>
<td>1</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Post-Emergent</td>
<td>3</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lime</td>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Windows for applications are approximate and depend upon weather and seasonal conditions.

NEW JERSEY PESTICIDE APPLICATOR’S LICENSE # 94481A  
Watering: None of our applications will interfere with your watering schedule and applications do not require immediate Watering.
Compliance Notice

1. No vehicles can be parked on the street between 1 am and 5 am. You are subject to being fined and or towed at your expense.

2. It is a violation of Association Rules to allow your vehicle to overhang the sidewalk from your driveway between the hours of 6 am and 11 pm. If you ignore a warning letter, you will be fined.

3. It is a violation to park on the grass. If you ignore the warning, you will be fined.

4. It is the responsibility of the homeowner to keep their homes from becoming run-down and unkempt, this includes trimming shrubs and maintaining a green lawn. Failure to do so will result in fines.

Please remember that the storm drains in the streets are for rain water and melting snow. They are not garbage receptacles for your dogs’ waste. Please refrain from this practice. Keep the “Knoll” clean!

Manchester Township
CURBSIDE RECYCLING SCHEDULE 2020

<table>
<thead>
<tr>
<th>JANUARY</th>
<th>FEBRUARY</th>
<th>MARCH</th>
<th>APRIL</th>
<th>MAY</th>
<th>JUNE</th>
<th>JULY</th>
<th>AUGUST</th>
<th>SEPTEMBER</th>
<th>OCTOBER</th>
<th>NOVEMBER</th>
<th>DECEMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>13</td>
<td>10</td>
<td>9</td>
<td>6</td>
<td>4</td>
<td>1</td>
<td>13</td>
<td>10</td>
<td>12</td>
<td>5</td>
<td>2</td>
<td>14</td>
</tr>
<tr>
<td>27</td>
<td>24</td>
<td>23</td>
<td>20</td>
<td>18</td>
<td>29</td>
<td>27</td>
<td>24</td>
<td>21</td>
<td>19</td>
<td>30</td>
<td>28</td>
</tr>
</tbody>
</table>

Dates changed from regular Monday pickup to Saturday pickup due to holiday are in green bold italic.
Greetings from Cathie and Gabe:

No need to recount the inconveniences we’re all encountering. The lack of social interaction, from the pool room to the card room to club meetings and events, are taking its toll on our residents. When will it end? We have no idea.

You will notice in this addition there are no club-events display ads. Why? Because there is no firm date for re-opening any of our meeting rooms.

We’ve invited our club presidents to feel free to expand their columns. This is the time for communication and outreach!

For many of our readers, the most difficult part of this “enforced isolation” is the lack of contact with family. We have a solution for PC and MAC users.

We’re big supporters of “Teleconferencing”. You might just want to think of this as a “video chat” where you can talk to and see with whom your speaking. To that end, download, on your internet-connected device a free program called ZOOM. We selected ZOOM because it is compatible with and between all platforms. Make sure the other party also has ZOOM. Follow the simple directions and within minutes you can visit with your children, grandchildren or anyone else you wish. No need to be alone.

Just a reminder that we are always looking for new writers and poets. Feel free to submit articles and poems to your publication.

EDITOR’S NOTE. Because of a technical issue, two of our feature writer’s names were omitted. In the “On my Mind” section, the tribute to Paul Iovino was written by Gloria Watson.

In the Poet’s Corner, the poem “Growing” was written by Frank Finale.

All the best
Cathie and Gabe

Today I interviewed, by telephone, Sarri Van Liew, my red-haired neighbor on Harrogate Lane. She moved here from New Brunswick last July. She is now retired but used to work for the New Brunswick Court System.

Sarri has joined the Traveling Club and a Bowling League. She also loves to shop, and she absolutely loves the beach.

Sarri is a widow. She has one son and two grandchildren. She loves living in Leisure Knoll.

It was a pure delight speaking with Sarri. We would like to welcome her to our community. Her presence is an asset.

Submitted by Judith Lurie-Siegel
News from the Leisure Knoll Angels.......... 

The Leisure Knoll Angels are a group of residents trying to address senior isolation and loneliness and make residents aware of the many local resources they can access. We know that many of our residents are not from Ocean County and may not be aware of these resources that are so readily available.

And don’t we know how isolated everyone feels during this pandemic. We not only have a pandemic but an “epidemic of loneliness.” One thing that the Angels have requested is that neighbors need to be checking on neighbors. Just pick up the phone so someone alone hears another’s voice. Human contact is one of the most important things that people need at this lonely, stressful time.

We are now becoming used to the term “social distancing”; we need this to flatten the coronavirus curve to protect ourselves and prevent the current pandemic from worsening. Lack of social contact is extremely hard on populations most vulnerable to isolation and loneliness, such as older adults or those with disabilities. But right now, early in our “stay at home” days, this is going to be extremely difficult on those who normally have a day filled with activities, friends, shopping, church, etc.

We have no idea how this isolation caused by this pandemic will affect those who were at high risk before or now, just about everyone. We need to avoid things such as clubs, religious services, which is not difficult with all being closed or cancelled, and time with family now, who knows how long this will last and how it will affect us.

We know that during our “normal” days, people who are involved in meaningful, productive activities have a sense of purpose and their moods get boosted. Studies have shown that when older adults are active, it helps to maintain their well-being and even may improve their cognitive function.

Who knows how this isolation will affect any of us at this time? Loneliness can have a wide range of negative health effects.

But instead of all the NEGATIVE issues caused by loneliness, let's look at some of the things that we can do to keep our minds and bodies busy to keep us healthier, boost our mood and just plain help us during this time.

**Call** a friend you haven’t spoken to in a long time. Many have FaceTime or even if not, human contact by phone is great. Call your neighbors. People that may be alone will probably be thrilled to hear another voice.

Continued on page 18
***Read a book.*** Don’t have a library card, type in the **Ocean County Library** in your search bar. You can obtain a Digital Card and instructions are provided. You can access:

- Newspapers
- eBooks
- Audio Books
- Streaming movies, documentaries, music
- Digital Magazines
- eCourses

You can even get crafting tutorials online.

**Start a telephone or **online book discussion**.**

**Do a **Crossword Puzzle**, you can get many online. Learn how to do **Soduko**. You can access free games on your computer, learn a new game, play against your friends.

**Watch old movies**, If you don’t have Netflix, you can get a free 30-day preview. Many of the movie’s channels, HBO Showtime, Amazon, are offering free movies during this time. Most of us have the remote control from Comcast where you can speak into it. You can just press on the microphone and say something like, NETFLIX, and it will pop up.

**You can take a **virtual visit** to just about any museum.** Type the name of the museum and it will usually offer the exhibits you would have been able to see in person. Some of the museums offer a room by room display.

**Many folks are accessing **Ancestry.com** or some of the other sites that can help you look up genetic information plus additional family background.**

**You can also take a virtual tour of our **National Parks**. Just type in Virtual Tour of National Parks. You can spend hours visiting places.

**Listen to music, dance to the music.** What great exercise dancing is. Who cares if you are by yourself!

**Exercise** but if you have not been exercising, be careful. You can type in **Chair Exercises for Seniors**. Remember, exercise is medicine!

**As the days get longer and warmer, open some windows, maybe wash the windows.** But do remember, soon pollen will be everywhere for a while, we’ll wake up to an outside that is greenish yellow. So maybe just do the inside windows for now. **Sit outside** and say hello from a distance to those walking by your home. This is not the time to walk over to neighbors unless you keep your distance.

**Prepare your garden, pull weeds,** sit outside and enjoy the sun.
Again, we always hear the negative effects of the sun; eye damage, heat issues, skin cancer, sunburn, but the sun does have many positive effects that are good for your body, your mind, and your mood.

**Sunlight can improve your mood as it increases the serotonin in your brain which is associated with mood improvement.**

**Sunlight seems to help people that have Seasonal Depression, so enjoy the fresh air and sunshine.**

**Sunshine helps with stress by giving people the opportunity to be outside, to go walking, gardening, and enjoying the outside.**

**Sunlight exposure impacts how much melatonin your brain produces, which is what tells your brain when it is time to sleep.**

**Vitamin D is a vitamin involved in maintaining healthy bone strength. You can get this from exposure to ultraviolet light from the sun. But it has been shown that you only need about fifteen minutes of sun exposure to get all the Vitamin D you need.**

Many of us now have the cleanest houses that it has ever been or possibly the total opposite. Many of us that live here still work and are “stuck” home, so take a look around to see what needs to be done. In talking with the other Angels, summer clothes have come out, been washed, ironed (really), silverware has been polished, silverware drawers have been cleaned out, jewelry designed, breakfront glasses and knick knacks cleaned, garages rearranged, short stories written, rooms painted, emailed old friends, the world is right there in our own homes. And we know there is still so much you can do within your own home. We guarantee if you look hard enough, you will find something to do at home. Stay home, stay safe, stay healthy!

*Leisure Knoll Angels*
Attention Leisure Knoll Residents: Please Note

The websites, the Leisure Knoll Unofficial Forum, the Leisure Knoll Computer Club, The Owls, the Pet Club, Nextdoor Leisure Knoll, and the Leisure Knoll Veteran’s Club are all independent message boards.

The Leisure Knoll at Manchester Association has no connection whatsoever to the sites, and does not sponsor, endorse, nor contribute to their content.
Looking forward to the month of May and the many activities that have been planned, it is very hard to say whether they will be on hold or will happen. The monthly calendar is included in this issue but some events have been cancelled and we don’t know when Lakeside Lodge, Timberland Hall and our outdoor activities will be open to be available. This article was written a month before publication.

Our social lives have been on hold due to the Pandemic in our World. Many lives have been lost and our way of life has changed. We have been limited to sitting outdoors and taking walks on sunny days. The birds have been chirping since March, making nests for their new generation. Trees, shrubs and flowers are budding and blooming. They haven’t been touched by this horrible disease.

Being positive is very hard but we are resilient people and our lives in Leisure Knoll will return. We will, once again, be able to look forward to our attendance at activities, meetings and special events and the good times we are used to enjoying with our friends and neighbors.

Happy Memorial Day / Happy Mother’s Day!

---

**FREE**

**AIR CONDITIONING CONTRACT**
For New Customers
(Call for Details)

**FREE SERVICE CALL**
(with repair)
Not valid on after hours or weekend services.
Expires 5/31/2020

**$150 OFF**
Central A/C and / or
Gas Boiler/Furnace Replacement

**$500 OFF**
GAS CONVERSION

**$100 OFF**
TANKLESS GAS
HOT WATER SYSTEM
OR

**$250 OFF**
NEW INSTALL OF
AIR CONDITIONING OR
HEATING SYSTEM

**FREE 2nd Opinion**

FINANCING AVAILABLE

---

Central Air Conditioning • Boilers • Furnaces
Heat Pumps • Hot Water Heaters
Tankless Water Heaters • Attic Fans
Oil/Gas/Propane Conversions
Air Cleaners • Dryer Vents • Humidifiers
Tune-Ups • Service Plans

COUPONS MUST BE PRESENT WHEN SIGNING CONTRACT and may not be used for prior services/installations. Coupons do not expire, except service call coupon.

---

**The Company That Cares**

Care Temp L.L.C.

HEATING • AIR CONDITIONING

891 Route 37 West, Toms River, NJ 08755

732-349-1448 1-800-688-TEMP 732-657-8367

www.caretemp.com

FREE ESTIMATES ON REPLACEMENTS &
NEW INSTALLATIONS
CERTIFIED & TECHNICALLY TRAINED
PROFESSIONALS
SAME DAY SERVICE / REPLACEMENTS
CERTIFIED, LICENSED, BONDED, &
INSURED
SERVICE & INSTALL ALL MAKES &
MODELS

NJ HIC #13VH02253000
Master HVACR
Contractor LIC #19HC00852400

RT Brown, NJ Electrical LIC# 10584
We hope that the corona virus has not affected our Leisure Knoll friends and neighbors! In the hope our self-quarantine time has ended, our next meeting will be held Tuesday, May 7, 7pm, in Lakeside Lodge. Join us also on June 2 for our annual Ice Cream Social. Please refer to Comcast Channel 1971 for further details on both meetings.

In Ireland they do not celebrate Mother’s Day in May. They already celebrated it in March on Mothering Sunday staying true to their history by celebrating it on the fourth Sunday of Lent vs. America celebrating on the 2nd Sunday in May. The history of celebrating Mothering Sunday in Ireland can be traced to medieval times when children from poor families were sent to work as domestic servants and apprentices in wealthy homes. Once a year, in the middle of Lent, the children were given a Sunday off to visit their hometown church. Afterwards, the children would visit their Mothers and present them flowers they picked along the way. The practice died out in the late 18th century but was revived with influence from Americans after World War II.

Source: irishcentral.com

Beannachtai la ma mathair do gack linne!
HAPPY MOTHER’S DAY!

Eileen Cavanaugh
The Art Class

I hope you and your family are Safe and Well. When the Art Class Resumes, I want to encourage more people to attend our group of ARTISTS. We socialize and inspire each other as we paint our favorite pictures. Once a year we are invited to the “ART APPRECIATION CLUB” and display our paintings and receive recognition for all our hard work. Every Monday we meet, set up and enjoy our artistic talents and have fun! Come join US!

- NO DUES
- BRING YOUR OWN SUPPLIES
- PAINT WITH ANY MEDIUM
- NO EXPERIENCE NECESSARY

Call me for further information 732-657-5518, Hope to hear from you

Gloria Izzi, President

BOOK DISCUSSION

Greetings fellow shut ins. As you know our books come from the main library in downtown Toms River. The head librarian of the Book Discussion division notified me that the library is closed. That means that the book we currently possess may not be returned until the lockdown is over.

She recommends we hold our discussion after the lockdown is over, then return the books. Of course, at this point we have no idea when that will be. (I am writing this on April 1st to meet the Knoll News deadline.)

Watch the local TV channel 1971 for new information.

I hope you enjoyed reading Once We Were Brothers and look forward to our discussion.

Take care of yourselves.

Pat Williams

Bible Study

In an effort to promote a new way of gathering together, we have kept in touch with Bible Study members over the phone in recent weeks. This is a new day, a temporary time, in which we find ourselves having to adapt many of our habits of everyday life. Things have changed for each of us. Now more than ever, we need supernatural wisdom, truth, and strength to live our lives. As we read and study the Bible, I am certain that as we can make everyday applications of what we read, what God is saying, and how to respond, we will be in a good position to face all challenges.

For your review, over the previous few months, we had been studying the life of Abraham, and his response to God’s call to leave what he knew to be his home, his safety, his security, and to journey out into the unknown. His courage for the unseen road ahead of him and his steadfast faith in God to carry him through are no less inspiring and worthy of emulating today, than they were over 2000 years ago. This is just one example of how we endeavor to study God’s word and see it applied to our lives.

In light of the Coronavirus, each of us has been facing our own season of uncertainty. Like Abraham, our security and safety as we once knew it has been removed. Yet, we can have peace in the midst of this storm. And we can still be secure. It is during these trials when we can look up. Abraham was “looking forward to the city with foundations, whose architect and builder is God.” (Hebrews 11:11) Hope is found in God’s promise to never leave us or forsake us (Hebrews 13:5).

How do we make sense of the Corona virus? How do we deal with such loss and suffering all around us? It is at times like these, times of war or famine, that we cling to our hope in God. We reach for the promise that God has made a way for us, and nothing will separate us from Him. It is this very faith in God and God alone that removes fear from our lives. Nothing else will. No hero swooping in, no amount of money in our retirement accounts, not even good health can assure us of a certain future that will be ours. But with faith, we can walk without fear.

At times like these, great Bible scholars and leaders of our day are asked “Why?” In response, many will point out that we are not promised a life free of tribulation. It is expected and even foretold in scripture. Yet, there is strength from God Himself that we may endure, and we may come through as we trust in Him. So to whom He calls, herein is a promise of peace. Romans 8:28 states “And we know that in all things God works for the good of those who love him, who have been called according to his purpose.”

If you are among the called, then lift up your head, lift your praises to God, maker of heaven and earth, love your neighbor as yourself, and do not fear. God changes not. We continue to pray for one another here in the Knoll. If you would like prayer, or more information, please contact John or Chris at 732-766-2593, or jfarrell152@yahoo.com. May God bless each one of you.
It is spring and we are quarantined. Just when spring is here, and it is a great time to take pictures.

You still can take a walk and take pictures. So, when we meet again hopefully everything will be back to normal.

In the meantime, here are some pictures of springs past.

Please stay well and enjoy these pictures!

Your friend and President,

John Morris
Dear Sister Columbiettes,

Our next meeting will be held on Wednesday May 6th at 1:00 at Lakeside Lodge. This is dependent on the Corona-virus pandemic being over and our facilities being reopened. Please bring your pennies and tabs to the meeting. We will also be collecting backpacks at this meeting and the June meeting. If you know of any Catholic Women, who would like to be a Columbiette, please call Cathy Varsalona at 732-657-7642 or Joanne Martin at 732-657-4049. Happy Easter to all.

Remember our Servicewomen and men in your prayers, and all our sick Columbiettes and their families. In addition, let us all pray for all health care workers who are helping and saving lives during this Corona-virus pandemic.

Cathy Varsalona
Vice-President
Have you ever been introduced to someone and been asked, “Does Leisure Knoll have 5G?” Did you stand there like a deer in the headlights? Did you ask yourself whether this is a mob-style shakedown? Or did you calmly answer with self-assurance and retort with your own query, “Do you mean low-, mid-, or high-band 5G?” Have you ever stood before one of your many Wi-Fi-enabled devices wondering how does my **** router “know” to send my on-line bank information to my computer and not to my next-door neighbor’s (! – the mere thought scares the bejeebies out of me) or even to my Alexa-enabled device? (Now that would be good for a laugh.) Have you ever in some computer article come across the letters MAC and wondered whether some hungry geek started day-dreaming for McDonald’s (think “Big Mac”)? Or perhaps the ghost of Steve Jobs is putting in a cunning appearance to mess with your mind and get you to run out and buy a new MacBook? Well, if all of these questions has left you puzzled and scratching your head, just think of YOUR LK Computer & Technology Club.

Are you stuck in your house waiting and screaming for this pesky virus to just go away already? Have you grown tired of wishing Alexa a good day and long for human contact? The answer is simple: the LK Computer & Technology Club – of course when we can come together again.

Plus, remember in the coming months we have BIG plans for computer newbies. As mentioned last month, we have BIG plans for public workshops in the Spring (Summer?) on Facebook and Microsoft Word featuring not just the basics to get you on your way, but also the newest features and safeguards for each. All are welcome to attend from newbies to seasoned aficionados. If you have questions on technology – or just want to help answer some – then come on down. No, not to the “Price is Right,” but to the local computer & technology club.

Remember ZOOM? Well, learn how to keep in touch (no pun intended, not with your hands, silly, but through video conferencing) with your family and maybe even a friend every now and then. The LK Computer Club can help. And have you ever dreamed of your own YouTube channel? (Can you imagine hosting your own “Wayne’s World” TV show?) I bet the mere idea will get your heart a-pumping. Learn how from the Computer & Technology Club.

So, no need to feel left out or in the dark on all the new devices and gadgets. Even if you can’t find that darn on/off switch (It’s gotta be here somewhere) or if your printer refuses to talk with your computer, someone might just be able to come up with ideas. Don’t go away in a huff, join the club.

We meet three times per month on the 2nd, 3rd and 4th Monday of each month at 10:00am in the PAC.

Whether you’re an IT pro, a beginner, or just looking to get more “mileage” from your devices, you will find a place in our club. 

Submitted by the Cranky Grumpy Geek
This year has been unprecedented with health concerns and worries caused by the CORONAVIRUS.

Now called COVID 19, this virus is 2020’s biggest disrupter, and not the good kind either. Work stoppages, confinement, quarantines have all pulled the brakes on life and business as we know it.

More than ever, right now it’s more important to follow the World Health Organization and the Centers for Disease Control guidelines to help ensure the safety of you and your family. This year, there is an energy in the West corner, which is the sector of the lungs that can create breathing problems. In 2020 it’s essential to strengthen the West with the earth elements such as crystals, glass, vases or anything made from glass, crystals or ceramic. This will help boost lung health and children as well because this is also the sector for children. Do avoid blue colors (water in the lungs), red colors (fire in the lungs), and plants (they promote the fire energy of the west). This year with the potential to create breathing problems, such as asthma and COVID 19, and others you can place crystals and earth elements in the west corner of your living room, bedroom or home office. We now need more calming spaces than ever before. Keep your home calm and visually restful by making your bed. Besides, your mom would want you too. Grab your sage, it can kill bacteria in the air. Carnelian stone is beneficial in helping your body to absorb and properly disperse the vitamins you take. This amazing stone can assist in getting your juices flowing, as it improves circulation. It is also helpful to rid your lungs and sinuses of that nasty congestion. I wear carnelian the moment I feel an itchy sinus to shorten the time of cold or flu.

Each year there is a shift of energies that occurs in the Lunar New Year. This year that date was January 25th, 2020, which was right in the time when the virus had been active for almost 6 weeks and the annual Lunar New Year. New Year celebration were beginning in China. This is also the time when it became apparent that this was not a series of pneumonia related illnesses, but a virus that could spread by close contact. By February it became clear it had become a pandemic. This was the time when the old stars began to exit and the new ones came on board.

Black clothes are fashionable and chic, but during the Coronavirus pandemic, it’s best to avoid wearing black clothing in public. BRIGHT COLORS ARE MORE PROTECTIVE AND HELPFUL FOR YOUR personal feng shui energy. From our middle school art class, we know that black is a color that absorbs, and wearing it can causes you to pick up other’s energies and attract negativity toward you. This is especially true if you’re a very sensitive person and pick up on others feelings and energies easily. Instead, wear bright color such as red, white, pink, bright blue or orange to help protect your energy and make you feel better too. Stay bright!

By: Jeanine Moni

---

**NATIVE AMERICAN WISDOM**

An old Cherokee told his grandson, “My son, there is a battle between two wolves inside us all.

“One is Evil. It is anger, jealousy, greed, resentment, inferiority, lies and ego.”

“The other is Good. It is joy, peace, love, hope humility, kindness, empathy, and truth.”

The boy thought about is, and asked, “Grandfather, which wolf wins?”

The old man quietly replied, “The one you feed.”

Submitted by Gary Sherow

---

**PONDER THESE**

**WHY IS THE THIRD HAD ON A WATCH CALLED THE SECOND HAND?**

**HOW COME RAIN DROPS BUT SNOW FALLS?**

**WHY IS THAT WE PUT A MAN ON THE MOON BEFORE WE FIGURED OUT IT WOULD BE A GOOD IDEA TO PUT WHEELS ON LUGGAGE?**

**WHY DO WE DRIVE ON THE PARKWAY AND PARK ON A DRIVEWAY?**

**HOW COME GLUE DOESN’T STICK TO THE INSIDE OF THE BOTTLE?**

Submitted by Bob Calabro
I must say that this has been a challenging year for all Americans. I hope and pray by the time you are reading this article, the worse should hopefully be over and that we all can go back to our routine daily lives. This is a serious challenge for all Americans which includes the residents in this community. If anything, it made us aware of this terrible new virus which caused pandemic throughout the whole world and it taught us all how to be vigilant & prepared for this type of virus strain. I don’t take this terrible corona virus too lightly and feel that we all should take all the necessary precautions we were advised to take until we can see where we stand in the near future.

As we did not want to take any chances, we have rescheduled the “Fish/Chicken Fry” from Friday, May 8, 2020 to Friday, September 4, 2020. Details to follow in July Knoll News.

The Children’s Fishing Tournament was planned for Saturday, July 11, 2020, but we felt that with this huge undertaking and preparation involved & the many families, local merchants and businesses going through difficult times with this Corona virus, we decided to CANCEL this special popular event for just this year. God willing, we pray that the worse will be over as soon as possible if not by the summer. I know that you all were looking forward to this special day with your grandchildren, but if things turn out for the better by that time, you are welcome to take them fishing at our stocked lake. Just remember to have your resident or guest badge with you while fishing or boating. Only single hooks or single hook lures are allowed. No treble hooks are allowed. All fish caught must be returned back to the lake. Other rules for Fishing & Boating are posted on the bulletin board by the lake which also must be followed.

Due to the current restrictions, we are also cancelling our May meeting. We are hoping we can again resume our meetings on Monday, June 1, 2020 at 10:30 AM. Please follow us on the Fishing Club LK at Manchester facebook page and the Creeper on Channel 1971 for any updates or changes. Again, we thank you all for your understanding and look forward to the day we can return to Club activities. Stay safe!

Ray Pickwoad

This is the first Footlighters column that I am writing since the passing of our president and friend, Paul Lovino, on Saturday March 14th. After having had a major stroke (right on his birthday), he hung on as long as possible, but in the end, his heart gave out. To say that he is missed is a gross understatement. He was creative, a good guitarist and songwriter, a pro-active president, and zealous director. He took over when others bailed out, encouraging us to keep going and give it our all. We will never forget him.

Because of this terrible virus which has its grip on all of us right now, like most clubs in the Knoll, we’ve also had to cancel a few events this spring, such as our Hot Dog night, Karaoke Event, and an early summer show that Mary Morris was putting together for our residents. However, as many of you who are on Leisure Knoll’s Unofficial Forum know, the Footlighters are providing our community with individual performances from past shows. (Thank you to Gary, our current president, for getting these acts online.) We sure hope that the videos are entertaining, bringing smiles to your faces, and helping to lighten the mood as we shelter in place. Maybe, by the time you read this column (written the first of April), the crisis will at least have eased to some extent.

Our Footlighters’ Board has had conference calls instead of regular meetings. They will continue to keep everyone abreast and up-to-date on how things are being handled until we get back to normal. Ann Varga has stepped in as Second Vice-President, with Doug Watson as First Vice-President, and Gary Sherrow as President. Julio Tojeira and Marge Puccio will remain in their positions as Treasurer and Secretary.

We have 2 new members of the Footlighters, Dianne Werner and Joanne Carfagna…welcome! Once the dust settles, you’ll be put to “work” and will soon see, not only how much you’re needed, but how much fun you’ll have with the Footlighters. This club has become a lifeline for many of us, whether we are up on that stage, backstage, handling sound equipment, decorating the sets, etc. It’s a commitment, for sure, but also a labor of love!

Gloria Watson
FITNESS FOR US

Is an exercise class for each of us. We have a wide variety of workouts and no class is to difficult or to easy. All classes accomplish Strengthening, Balance Improvement, Toned Muscles and Cardio.

Our programs include, walking, weight training, Tai Chi, Yogini and so many more combos.

Some of our classes we do barefoot!

Our Classes are free!

2 Evenings a week and Saturday Morning

“years ago, Karen encouraged me to join her fun & nice exercise group as I was new to LK. Claire provides a variety of exercises; cardio, strength & flexibility stretches that have helped me from head-to-toe, and Meeting up with friends 3x a week just makes it fun “

Marcia

“I started these class 2 1/2 years ago not only to Exercise but also to meet people since I was new to the Knoll. It has helped me not only stay moving but I've also made some wonderful friends.”

Kathy

Come and Join us........
Things to do beyond the Knoll

So glad May has arrived as I’m sure you all are as well. Time to bask in the sunshine and spring air. I am hoping and praying along with this posting the “stay at home” order has been lifted and we can look forward to outdoor activities with friends and family. I am especially looking forward to the many FREE outdoor concerts in the coming months, which leads me to this important mention of a great program for anyone over 55;

GARDEN STATE ARTS FOUNDATION- SENIOR PROGRAM

CALL 732-442-9200 Ask them to put you on the mailing list for the senior concert series. They will send you a list of free concerts at the PNC Bank Arts center. All you have to do is pick any or all concerts to want to attend. Up to 4 tickets pp. It’s that easy. And what a great venue. Most concerts are early afternoon or early evening. WWW.GSAFOUNDATION.ORG.

Here is a list of a few more theatres and programs to call and obtain a list of any shows, programs and festivals as they start running again...

- JAY AND LINDA GRUNIN CENTER @ Ocean County College 732-255-0500
- TUCKERON SEAPORT- 120 WEST MAIN ST. TUCKERON 609-296-8868 Enjoy festivals, live music events and family activities
- OCEAN COUNTY LIBRARY music programs 732-349-6200

*LET US NOT FORGET*

- “GROUNDS FOR SCULPTURE”— A perfect Spring Time Day Trip, Hamilton, NJ, 609-586-0616
- “CAPE MAY COUNTY ZOO”—If you happen to have your Grandchildren

SO, I DID A LITTLE RESEARCH ON GARDENS IN THE GARDEN STATE, turns out we have quite a few beautiful places to take in some spring time splendor...A short drive will get you to most of them...

- GREENWOOD GARDENS in Short Hills, NJ, A 28 Acre garden and public paradise with meadows, ponds, terraces and historic buildings.
- RUTGERS GARDENS in New Brunswick, NJ, Discover a Bamboo forest, Ornamental tree collection, and a Rhododendron and Azalea garden. FREE ADMISSION.
- DAVIS JOHNSON GARDENS in Tenafly, NJ, take a stroll on the walking pathways and don’t miss the Nationally Accredited Rose Garden. FREE ADMISSION.
- RUDOLF W. van der GOOT ROSE GARDEN in Somerset, NJ, one acre of more than 3000 gorgeous roses, comprised of 325 varieties. FREE ADMISSION.

Moving Forward into Spring, I am wishing you Days of Sunshine and Daffodils

Linda Murray
Hello dear members and future members! We were certainly blindsided by Covid-19. The way I look at it is, we live in America! We are Americans! We’ve been through really tough situations before and this is serious, but NOTHING has stopped this amazing country from succeeding and this won’t either.

As of April 1, we Presidents have not been advised of dates when PAC and Lakeside will reopen. “Distancing” has become a new word in many of our vocabularies. Like “How to Grow a Pumpkin” On the packages it says do not plant any closer than 12’ apart! We should take a lesson! LK Garden and Nature Club will adhere to whatever our BOT decides to be in our best interest in keeping us safe. Membership dues are $5 and joining our club is easy. Please call Marlene Zanes 732-408-7405 or Marguerite Bernarducci 908-783-1998 and ask them how they would like to receive your $5 membership dues. You can also drop off at Pappy Surgents house. She has a large basket attached onto the siding on her front porch. She’ll see the dues get to the ladies. We appreciate your dues at this time, as we will use it wisely to make our meetings and events as special as possible. The new calendar is as follows

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday July 14</td>
<td>1 PM</td>
<td>Charlie and Karen Gartlan. NEW Monarch Butterfly Presentation</td>
</tr>
<tr>
<td>Tuesday August 11</td>
<td>1 PM</td>
<td>Japanese Ikebana Flower Arranging Demonstration</td>
</tr>
<tr>
<td>Tuesday September 8</td>
<td>1 PM</td>
<td>HOUSE PLANT EXCHANGE (Start Now!)</td>
</tr>
<tr>
<td>Saturday October 24</td>
<td>10 AM</td>
<td>Help Decorate for Victorian Tea, Refreshments Served to Helpers</td>
</tr>
<tr>
<td>Sunday October 25</td>
<td>1 PM</td>
<td>VICTORIAN TEA $22 Members, Nonmembers &amp; Guests Call Ruth Bernarducci to purchase your ticket 732-657-4969 NO TICKETS SOLD AT DOOR Hat Contest, Victorian Dress up, Fashion Show, Catered TEA Luncheon Cut off date for ticket sales is October 10</td>
</tr>
<tr>
<td>Tuesday November 10</td>
<td>1 PM</td>
<td>Whiting Florist “Make your own Centerpiece” $10 Charge take home arrangement Call Ruth Bernarducci after October 10 732-657-4969</td>
</tr>
<tr>
<td>Tuesday December 8</td>
<td>12 NOON</td>
<td>Candy Cane Lane Holiday Luncheon, Ramada Rt 70 Toms River, Installation of Officers</td>
</tr>
</tbody>
</table>

Please remember 2020 is my last year as President. If you would like to know more about this amazing position on our wonderful board please call, write or text Pappy, 908-907-2199 (2 B Buckingham Dr NO) Ruth Lederer 732-657-4359 or Laurie Lewczyk 201-841-6864 on how to apply for this position. Many of our board will be returning to their present positions to begin a new term.

***Important Plantation News***

Many Thanks and Commendations to Nancy and Frank Bohinski for all the years they have cared and managed the Plantation and kept it on going. Please call Vladimir Kowaliwskyj ASAP if you are interested in having space to garden in the plantation. First come First Served.

Pappy Surgent President

Laurie Lewczyk Secretary
## Activities for the Month of May 2020

### Monday
- 9:30A.M. Helping Hands Meeting - LL
- 1:30PM. Art Appreciation Meeting - PAC
- 4:30PM. Security and Safety Committee - A&C
- 7:00PM. American Irish Club meeting - LL
- 7:00PM. Owls Softball - LL

### Tuesday
- 10:00A.M. Helping Hands Meeting - LL
- 1:30PM. Art Appreciation Meeting - PAC
- 4:30PM. Security and Safety Committee - A&C
- 7:00PM. American Irish Club meeting - LL
- 7:00PM. Owls Softball - LL

### Wednesday
- 10:00A.M. Garden/Nature Club Meeting - LL
- 1:30PM. Art Appreciation Meeting - PAC
- 4:30PM. Security and Safety Committee - A&C
- 7:00PM. American Irish Club meeting - LL
- 7:00PM. Owls Softball - LL

### Saturday
- 9:00A.M. Computer Club Board - LAB
- 10:00A.M. Computer Club Meeting - PAC
- 2:00PM. Bowling at Ocean - OOK

### Sunday
- 12:30PM. Veterans Club Senior Gift Bingo - LL

### Weekly Recurring Events

- **EVERY SUNDAY**
  - All Day Billiards (Pocket) - BR
  - 8:45-9:45 AM. Exercise Class - PAC
  - 9:00-11:00A.M. Ladies Tennis - Courts
  - 9:30-10:30A.M. Library Committee - LIB
  - 10:00-3:00 PM. Art Class - A&C
  - 12:30-2:00PM Duplicate Bridge - LL
  - 1:00-3:00 PM. Needlecraft - PAC
  - 5:00-7:30PM. Mixed Tennis - Courts
  - 6:00-7:00PM Video Library - Library
  - 6:15-8:30PM. Horseshoes - PIT
  - 6:30-7:30PM Country Western Line Dancing - PAC
  - 6:30-7:30PM Fitness “For Us” - LL (video)
  - 6:30-10:30PM. Hi Lo Cards - Card Room
  - 6:30-10:30PM. Hand and Foot Card Games - APR
  - 7:00-10:00PM. Mah Jong - AR
  - 7:30-10:30PM Footlighters Rehearsal - PAC

- **EVERY MONDAY**
  - All Day Billiards (Pocket) - BR
  - 8:45-9:45 AM. Exercise Class - PAC
  - 9:00-11:00A.M. Ladies Tennis - Courts
  - 9:30-10:30A.M. Library Committee - LIB
  - 10:00-3:00 PM. Art Class - A&C
  - 12:30-2:00PM Duplicate Bridge - LL
  - 1:00-3:00 PM. Needlecraft - PAC
  - 5:00-7:30PM. Mixed Tennis - Courts
  - 6:00-7:00PM Video Library - Library
  - 6:15-8:30PM. Horseshoes - PIT
  - 6:30-7:30PM Country Western Line Dancing - PAC
  - 6:30-7:30PM Fitness “For Us” - LL (video)
  - 6:30-10:30PM. Hi Lo Cards - Card Room
  - 6:30-10:30PM. Hand and Foot Card Games - APR
  - 7:00-10:00PM. Mah Jong - AR
  - 7:30-10:30PM Footlighters Rehearsal - PAC

- **EVERY TUESDAY**
  - All Day Billiards (Pocket) - BR
  - 8:45-9:45 AM. Exercise Class - PAC
  - 9:00-11:00A.M. Ladies Tennis - Courts
  - 9:30-10:30A.M. Library Committee - LIB
  - 10:00-3:00 PM. Art Class - A&C
  - 12:30-2:00PM Duplicate Bridge - LL
  - 1:00-3:00 PM. Needlecraft - PAC
  - 5:00-7:30PM. Mixed Tennis - Courts
  - 6:00-7:00PM Video Library - Library
  - 6:15-8:30PM. Horseshoes - PIT
  - 6:30-7:30PM Country Western Line Dancing - PAC
  - 6:30-7:30PM Fitness “For Us” - LL (video)
  - 6:30-10:30PM. Hi Lo Cards - Card Room
  - 6:30-10:30PM. Hand and Foot Card Games - APR
  - 7:00-10:00PM. Mah Jong - AR
  - 7:30-10:30PM Footlighters Rehearsal - PAC

- **EVERY WEDNESDAY**
  - All Day Billiards (Pocket) - BR
  - 8:45-9:45 AM. Exercise Class - PAC
  - 9:00-11:00A.M. Ladies Tennis - Courts
  - 9:30-10:30A.M. Library Committee - LIB
  - 10:00-3:00 PM. Art Class - A&C
  - 12:30-2:00PM Duplicate Bridge - LL
  - 1:00-3:00 PM. Needlecraft - PAC
  - 5:00-7:30PM. Mixed Tennis - Courts
  - 6:00-7:00PM Video Library - Library
  - 6:15-8:30PM. Horseshoes - PIT
  - 6:30-7:30PM Country Western Line Dancing - PAC
  - 6:30-7:30PM Fitness “For Us” - LL (video)
  - 6:30-10:30PM. Hi Lo Cards - Card Room
  - 6:30-10:30PM. Hand and Foot Card Games - APR
  - 7:00-10:00PM. Mah Jong - AR
  - 7:30-10:30PM Footlighters Rehearsal - PAC

---

### Codes:
- CR-Card Room
- A&C-Arts & Crafts Room
- AR-Activities Room
- LIB-Library
- LL-Lakeside Lodge
- APR-All Purpose Room
- PAC-Performing Art Center
- OOK-Out of Knoll
- ARH-At Resident’s Home
- BR-Billards Room

All Buses Will Depart From Association Parking Lot. Please Park in Lower Lot.

### Holidays
- **3 May**
  - 1:00PM Sunday @ the Movies - PAC
  - 3:00PM Leisure Knoll Travel Club - LL

- **10 May**
  - MOTHER’S DAY

- **17 May**
  - 1:00PM Sunday @ the Movies - PAC

- **24 May**
  - MEMORIAL DAY

- **31 May**
  - 12:30PM. Veterans Club Senior Gift Bingo - LL
**Activities for the Month of May 2020**

<table>
<thead>
<tr>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00-12:00PM. Activities Committee meeting - A&amp;C</td>
<td>10:00-12:00PM. Activities Committee meeting - A&amp;C</td>
<td>6:00PM. Everything Italian Seminar - LL</td>
<td>6:00PM. Everything Italian Seminar - LL</td>
</tr>
<tr>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:00-10:00AM. Monthly Dance Tickets - APR</td>
</tr>
<tr>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
</tr>
<tr>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
</tr>
<tr>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
</tr>
<tr>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
</tr>
</tbody>
</table>

**RECURRING EVENTS**

<table>
<thead>
<tr>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00AM. Singles Club Board - AR</td>
<td>10:00AM. Singles Club Board - AR</td>
<td>10:00AM. Singles Club Board - AR</td>
<td>10:00AM. Singles Club Board - AR</td>
</tr>
<tr>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
</tr>
<tr>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
</tr>
<tr>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
</tr>
<tr>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
</tr>
<tr>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
</tr>
<tr>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
</tr>
<tr>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
</tr>
</tbody>
</table>

**Daily Activities**

<table>
<thead>
<tr>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00AM. Singles Club Board - AR</td>
<td>10:00AM. Singles Club Board - AR</td>
<td>10:00AM. Singles Club Board - AR</td>
<td>10:00AM. Singles Club Board - AR</td>
</tr>
<tr>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
</tr>
<tr>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
<td>LEAF &amp; BRUSH PICKUP</td>
</tr>
<tr>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
<td>8:30-10:00AM. Monthly Dance Tickets - APR</td>
</tr>
<tr>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
<td>8:00-10:00AM. Helping Hands Blood Testing KMC - LL</td>
</tr>
</tbody>
</table>

**May 2020 - The Knoll News 33**
HEALTH & FITNESS CLUB

As you know all Club activities are on hold due to the Corona virus outbreak.

With so much time on our hands, and since we must stay home, we find ourselves At a loss of what to do? Now is the time to catch up on the books you meant to read, puzzles you want to start or finish and maybe teach yourself something new.

The internet has many adventures you can explore. I read that you can travel to places you wanted to visit without leaving your home. Perhaps explore Italy or visit Paris. Climb the highest mountain or whatever you desire is just a finger tap away. It is very important at this stressful time to keep your spirits up and your mind active. You can telephone your family or friends. It’s better to hear their voice instead of texting. There is nothing like hearing the voice of a loved one at a time like this.

Perhaps you are good at using Skype, then do so.

Take advantage of senior store hours 6:00am to 7:30 am and take fewer trips to the store. Now is the time to use whatever staples you have on hand. Take out the cookbooks, watch cooking shows for ideas. Try something new and be adventurous.

Limit your time at the stores. Take walks outside, but as advised by our Governor keep six feet apart. Take a walk around our lake, do one or two laps. Sit on the bench And daydream while looking at the water. Time will bring things back to normal.

Since the clubs are closed many more people are enjoying walking. Keep your distance. The same applies when you are taking your dog for a walk. This is not the time to get together in groups even if there are only three or four of you and chat on the corner. Think of everyone in the village. Social distancing is the only way we must fight this. When you bring your groceries in, put the perishable items away. Wipe down all the cans and boxed items. Leave them in the garage or the sunroom, if you have one for at least two days. The same applies for your mail.

Wipe all counters, doorknobs and wash your hands often.

If you are not a member, think about joining our club. We meet four times a year on the fourth Tuesday in Lakeside Lodge at 7:00 pm, March, June, September and December. The meeting usually includes a speaker on subjects of interest to our wellbeing. Coffee and cake are served at the end of each meeting. The Health and Fitness club also has various exercise classes on Tuesdays at 9:00 with Ron, Tuesdays at 10:00 am with Dawn and Thursday in the Pac from 11:15 to 12:00 pm with Ron. There is a fee of $5.00 for this class and you only pay if you attend. For further information about these classes and others check the Knoll News. Our meeting will be held on June 23rd 7:00pm at Lakeside Lodge. Hope to see you there.

In the meantime, take care of yourself. See you around the Knoll.

Riki Giglio, Corresp. Sec. Health and Fitness Club

Helping Hands

Hopefully we are all coping with this pandemic virus at this point.

Helping Hands is an all-volunteer group of Knoll Residents dedicated to assisting the residents of this community.

Some of our proudest accomplishments offered to you as residents of Leisure Knoll are as follows:

- Mobility Equipment available from our supply center. You can borrow Canes, Crutches, Folding Wheelchairs, Walkers, Seated Walkers, High Grabbers and Long Shoehorn. If you require any of these items, you may call Marilyn Larsen at 732-581-5074. We are not allowed to loan out any equipment that comes in direct contact with the body.
- The Helping Hands Ring-a-bell program contacts our homebound residents with a wakeup call each AM upon their request.
- Flu shots are given once a year sponsored by Rite Aid.
- We have blood testing done twice a month.
- Holiday Flowers are delivered to our homebound residents twice a year.
- Selling Greeting cards at the whopping price of 10 cents each.
- File of Life Magnets are supplied to newcomers. Refills for the Medical History Forms are available at the Helping Hands desk. These magnets with the medical history form are to be placed on your refrigerator. The First Aid members know to look for this information.
- If you are in need of information or supply center equipment, call the helping hands phone number.
- Helping Hands supply center is located at the far end of the Association Garage in the back-parking lot. At present the supply center is available by contacting our office phone number. Please hold it and contact the office phone for information.
- At this time, we don’t know when we’ll have our next meeting, so we ask that you watch the Community Calendar on Channel 1970 for updates on our activities and, in the meantime, STAY SAFE!!!

Dominic Tangredi, President
Had someone told me two months ago that the best way to stay healthy would be to confine myself to my house, I’d have questioned that person’s sanity. And now here we are, doing that very same thing. It’s times like these, that we can really count our blessings. I don’t know about you but my complaint list has become practically non-existent. I’ve been too busy praying for the first responders, the doctors, the nurses, any hospital staffers and all the victims from this terrible pandemic. Somehow, my little worries and concerns have become rather trivial in comparison to so many others. I don’t have to worry about where the money is going to come from to pay my rent, my utility bills, my food or any of my living expenses. There are people out there on the front lines fighting this war for me and for you while at the same time, trying to stay alive and healthy.

It’s strange. When I look out the window, nothing appears to have changed. It’s the same old lawn with the same old trees and the same old houses. In most wars, it’s what you see that can kill you. In this war, the enemy cannot be seen, smelled, tasted or felt until it sneaks up and grabs you from behind. We are definitely living in a strange new world filled with so many new normals. I feel as if I have been watching a 1950’s science fiction movie.

With everything being cancelled, I really don’t have much news to report other than the proposed rescheduling of The April 18, Pancake Breakfast. The new date will be July 25. If that changes, we will let you know.

Unfortunately, due to Covid 19, we have had to cancel the Seminarian Dinner scheduled for June 12.

Our lifestyles have been altered so drastically. We are social beings but the ability to be social has been taken away from us. With God’s help, this too shall pass and we as the resilient beings that we are, will bounce back to be stronger than we were before. In the meantime, remain safe and remain healthy.

Hope to see you next month.

Matt Bernardi
As many of the residents know who read this club report each month, I try to talk about many things and people Italian that may be of interest. I try to be informative but also to keep current when possible and positive always. Sadly this month’s column will refer to two events that has me and many others here very dismayed.

The Covid-19 virus has made us all wary of our immediate surroundings and where we may have to go when necessary to get food or attend to medical issues. So far we seem to be faring well in our town and our county and state.

That cannot be said about Europe, especially Italy. The Province of Lombardy has been hit the hardest with many fatalities. Those over the age of eighty with underlying medical issues has been the hardest hit age group. Last goodbyes in hospitals have not been allowed. Funerals have been curtailed with only graveside services provided instead. Those who have relatives living in Italy are praying every day for their wellbeing.

This past month our community lost a club president, Paul Iovino. His loss was felt very deeply by many here. His involvement with the Footlighters, our in-house theatrical group and club was his pride and joy. He was not only a musician and song writer, but an entertainer through and through. He directed shows here at the Knoll but his friendship and loyalty to his club came first. We grieve with his lovely wife Sharyn whom Paul loved so deeply. His contribution to our community was one that will be cherished for a long time because he gave of himself his time and abilities to those around him.

Hopefully by the time this goes into print that this Coronavirus epidemic will finally be under control.

Since I have to submit my article a month prior to the May issue, everything is, at the present time, at a standstill with no news as to when we can expect to update our schedule, etc.

I sincerely hope that everyone has managed to stay healthy. My thoughts and prayers go out to all who have suffered at this most difficult time in our history. One thing I know for sure is that we are strong people who are always able to bounce back from any obstacles big or small which, unfortunately, test our resolve.

I hope to see you all very soon.

Val Marchinetti

Dispose of Unwanted Medications Properly
Manchester Police Dept.
has a prescription drop-off box at Police Headquarters
at 1 Colonial Drive
For info, call 732-657-6111

Ladies Golf

HAPPY Mother's DAY

The Leisure Knoll Dance Committee
Wishes all our Moms, Grandmothers and Great-Grandmothers a wonderful and happy, healthy Mother’s Day,

At this time, the May Monthly Dance is CANCELLED.

If there are any changes, information will be posted on 
Channel 1960 or the LK Unofficial Facebook page.

Wishing everyone good health.

Heidi Hartmann – 732-408 – 1768
Leslie Terjesen – 732-408 – 5726
Dolores Calabro – 732 – 657- 4238
Jeannie Mazza
HUMOROUS STAY-AT-HOME SIGNS FROM MARION
Submitted by Marion Goldberg

“WHAT ARE YOU WEARING JAKE FROM STATE FARM?”

“UMMMMM A HAZMAT SUIT”

DAY 6 WITHOUT SPORTS.
WATCHING BIRDS FIGHT OVER
WORMS....

CARDINALS 3 - BLUE JAYS 1

My cellphone is so full of information on this virus, it doesn’t vibrate anymore, it coughs!!

Why are the annoying servants staying in my home all day now?

LIKE A GOOD NEIGHBOR
STAY OVER THERE

My house by the end of self isolation
May has at long last arrived. With it the flowers are starting to bloom, the grass is growing, and the birds are chirping. All seems right except for the question of ‘is the Pandemic nearing an end’. Since this article is being written April first, it’s hard to know what will be and what to plan. With that said, please don’t rely on the calendar printed in the Knoll News. Just like the April edition gives you a date for the Trivia Challenge, we had no idea we would have to cancel so please, check the Activity channel or obviously if the PAC has not been re-opened we will not be having the previously scheduled event.

Sadly, we had to cancel our much-anticipated Trivia Challenge. Our next big gathering was to be our Mother’s Day Breakfast that was an enormous hit in 2018. It too is being canceled, not knowing if the PAC can be used after April 30th. There is a great deal of preparation in such an undertaking and regretfully even if the PAC can be opened a week isn’t enough time to get everything in place.

If all is clear by June, we will schedule something then.

Looking ahead, July is our yearly scheduled pool party. We have Jay Pendleton and the Shore Bet band scheduled to entertain us. We are hoping we can turn that into a getting back to a more normal life celebration.

August 29th or rain date August 30th

Again, if all is good, and we are definitely hoping it will be by then, we will host our 3rd Carnival. Steve Fitzpartick along with Susan will be chairing the event. As we get closer and an all clear is present, we will again be looking for volunteers to operate the different games we will have. It’s a huge undertaking and in order to make it a success we will need volunteers. This is far from a few people taking part to make an event that is enjoyable, it takes many hands to make it a success. We do this for the entire community plus their families to enjoy. Especially the grandchildren.

September?? We have a couple of things in mind but will have to wait to make any announcements.

October, we have a great group coming to the Knoll to entertain. ‘The Jersey Four’ if you LOVE or even just like the Four Seasons you will undoubtedly fully enjoy the evening of entertainment, they have planned for us.

If you are new to the community, please consider joining our club. The initial fee is $10. and after that it’s $5. to renew each year. Many of our events have a lower cost for members than for non-members. Also, often we restrict sales to members first. Usually you can join before a meeting or by contacting Ellen or depositing a check in our mailbox in the lobby of Timberland hall. Unfortunately, all of this is on hold until we get the all clear.

For now, the members of the Social Club board want to wish everyone well. We are all in this together and hopefully we will be able to get back to living in the manner that we have become accustomed to.

Lynda Dowd & Diane Thijssens
Law Offices of TAFF, DAVIES & KALWINSKY
143 Route 70
Toms River, New Jersey 08755

Phone: (732) 901-5797
Email: info@taffanddavies.com

Full Service Elder Law Firm

• Wills - Estate Planning - Trusts
• Estate Administration - Guardianships
• Probate Litigation - Will Contests
• Real Estate

Robert H. Taff* - Joel A. Davies*
Matthew K. Kalwinsky
Christina V. Acker^*

*Member, National Academy of Elder Law Attorneys
^Also Admitted in NY and MA

Serving our clients with dedication, competence, and compassion.

Mr. Davies has recently been appointed by Governor Christie to serve as a member of the “New Jersey Task Force on Abuse of Persons who are Elderly or Disabled.”
VETERANS CLUB

Here we are in a very bad crisis, however we are strong, and we will prevail, especially our veterans. If you guys can go back to the days of basic training, you will remember when we were on field maneuvers we were told to SPREAD OUT, 8 FEET APART, BY OUR DRILL INSTRUCTORS. So, let’s keep that in mind it should be no problem for veterans.

I would like to share a story with all of you. In the last week of March, I went fishing with my friend George Sisca. George and I decided to fish under the Mantoloking Bridge for winter flounder. We were at least 10 feet apart when we were told we must leave the ground by a county Sheriff. He was very nice and felt bad that the area was restricted, by orders of his boss. My point is that we must take this Covid-19 seriously and listen to our leadership, so please be patient and this too shall pass.

On the other hand, On Monday April 6, 2020, I received a call from one of our members (Phil Falazerano) and he wanted to do something for all our first responders. (Phil was a Corp man in the Navy during the Vietnam War.) I liked the idea he brought to my attention and he and I decided to run with the idea, along with the help of some club members. We knew that ALL our first responders were running into the dangers that were similar to the wars that this country endured. Our veterans met the challenge then, and our front liners (Doctors, Nurses, E.M.T.s, hospital workers, and all the others who helping to fight this epidemic of Covid-19) will meet the challenge now.

You see, we (Vietnam Veterans and Vietnam –Era Veterans) understand the importance of that little Thank You. We decided to uplift the spirits of our first responders, by giving them the recognition, they so deserve. We know what it is like not to be recognized, we wanted to lift these spirits and give them the strength to go on to the next day to save lives that are so important to all of us. We salute and honor our front liners. So, on the next day April 7th we decided to fly our flags and blow our horns for all they are doing and continue to do to save lives. All these heroes are the front-line soldiers of a war we cannot see. May God bless all of you.

We all don’t know where this epidemic is going to leave us, but we need to be strong and diligent. We will prevail but only if we work together.

I’m looking forward for the summer and I hope this evil thing will be behind us. Let’s all pray to our God to help us achieve the happiness we once had. May God bless us all. Let’s all be strong and look out for each other and WE WILL WIN THIS WAR SO HELP US GOD.

Keep looking on the Creeper for all updates for the Veterans Club.

God bless America
Your Brother
Mike

THE POET’S CORNER

SUNDAY

Frank Finale

Through the east windows, sun slants a little higher this month. The cats have just been fed. Each finds its patchwork sunlight to preen under. From the frying pan, eggs and bacon begin their morning chatter leaking the flavors of their conversation into the air. Still in pajamas, I skim the news. Under the sheet, one foot out, my wife is drawn from her dreams by scents of coffee and bacon. Mourning doves flock about the feeder. Above them, leaves vibrate with light. A reflection off the silverware catches the cats’ eyes; simply buttering bread, I break into joy.

2020 Lawn Sprinkler System Service Contract:

$60.00

Contract Includes: Spring Lawn Sprinkler System Start Up, Fall Winterization, Complete System Analysis & Free Service Calls

*Additional Parts/Sprinkler heads, if necessary, are not included in the price of the contract. Price includes Tax.

732.684.1519

FREE ESTIMATES • FULLY INSURED • NJ CIC#458559

CMD Irrigation LLC
Lawn Sprinkler System Installations • Service • Lawn Care

ads-2009a
Travel Club
Come journey with Us on
Day Trips
Overnights
Shows

If you no longer want to drive, but still want to
Explore, Eat out with friends, See a play, Go on a mini
vacation or Travel afar

Then come to our meetings and hear what we have planned for
YOU!

2nd Sunday of every month at 3 pm

THE WORLD IS A BOOK
AND THOSE WHO DO NOT TRAVEL OR EXPLORE
READ ONLY A PAGE

St. Augustine

B.T.U. CONTROL CORP.
(732) 367-3232
Sales and Service
Summer A/C Special
$79.95 plus tax
per system
Expires on July 31, 2020
Central Air Conditioning
Performance Check
* INCLUDES
• All Routine Maintenance Service
• ALL Lubrication Materials
• One Disposable 1-Inch Standard Air Filter
• Advise Homeowner of System Conditions
• Fully Insured Business
• A Member of the Better Business Bureau
• Family Owned and Operated Business
• All Technicians are Freon Certified by the EPA
• We Service All Makes of Equipment
• New Equipment Installed

Peter M. Ricciardi
Master HVACR Contractor
Lic. #2288
*Call For Info

B.T.U. CONTROL CORP.
460 Faraday Avenue
Bldg. B Suite #1
Jackson, NJ 08527
(732) 367-3232
Sales and Service

Summer A/C Special
$79.95 expires on July 31, 2020
Central Air Conditioning
Performance Check
* INCLUDES
• All Routine Maintenance Service
• ALL Lubrication Materials
• One Disposable 1-Inch Standard Air Filter
• Advise Homeowner of System Conditions
• Fully Insured Business
• A Member of the Better Business Bureau
• Family Owned and Operated Business
• All Technicians are Freon Certified by the EPA
• We Service All Makes of Equipment
• New Equipment Installed

*Call For Info

B.T.U. CONTROL CORP.
460 Faraday Avenue
Bldg. B Suite #1
Jackson, NJ 08527
(732) 367-3232
B.T.U. CONTROL CORP.
460 Faraday Avenue
Bldg. B Suite #1
Jackson, NJ 08527
(732) 367-3232

ADVERTISE WITH US
516 East Bay Ave. Manahawkin, NJ
1-888-746-7200
LIC# 13VH00147400

AMERICAN FLOORING
516 East Bay Ave. Manahawkin, NJ
1-888-746-7200
LIC# 13VH00147400

AMERICAN FLOORING
516 East Bay Ave. Manahawkin, NJ
1-888-746-7200
LIC# 13VH00147400

18 Months
0% Financing

BUY LIKE A BUILDER
AMERICAN FLOORING
BUY DIRECT

DESIGNER FLOORS AT WHOLESALE PRICES

10% OFF UP to
$1,0000
May not be combined
with other offers
Must be presented at
time of purchase

FREE UPGRADE UNDERLAYMENT

WE BEAT ANY PRICE”
Take one father’s desperate search for a missing daughter. Then, add the complexities of a computer in safeguarding information, which in this case hindered that search. Intertwine these scenarios and you get a successful attempt on a new way of movie making.

A decent mystery told from the point of view of a computer and mobile screen. It deals with how today’s human interaction happens mostly through social media and how one can navigate a person’s life through the same mode.

The screenplay is so engaging and extremely relatable that as a viewer you will become the character of the movie and solve the mystery along with him.

Since whatever he does is not over the top and unrealistic, it is as if what any of us would do and face if we were in his shoes and that’s what makes the viewer feel close to the movie and character.

More than the unconventional storytelling, it is the attention to minute details that they have given by showing earnest care that makes this movie a good one.

The music score of this movie really supports the experimentation as there is lot of emotions riding behind the computer screen, the music does well to deliver those right into the hearts of the audience.

A truly commendable attempt in storytelling which has paid off well almost entirely. The movie will engross you and entertain you. You will find yourself cheering on the father as his relentless pursuit for his daughter creates sub plots and a surprise ending.

This reviewer watched the movie on Starz on demand which can be accessed through your Infinity button on your remote.
Below is a Public Service Announcement from the Jewish Federation of Ocean County.

**KEEP CALM AND STAY CONNECTED**

Jewish Family and Children’s Services of Ocean County has been going virtual to best respond to needs during this time of Corona Virus. Those suffering from anxiety or in need of counseling can take advantage of video or phone sessions with a licensed social worker.

“Anxiety and other mental health issues can become magnified during this crisis, especially as people stay indoors in very close quarters – or alone,” said Rita Sason, Director of Jewish Family & Children’s’ Services. Rita offers these tips to stay calm and collected during stressful times:

- **Don’t isolate yourself.** In these days of self-distancing and staying at home, it is easy to feel alone and isolated. Because older adults can be more vulnerable to COVID-19, even close family are keeping their distance – out of the best of intentions.
  - Remember there are people who care about you – just from afar.
  - The phone (and facetime) work two-ways. Reach out first to family and friends. Go through your phone book and call friends and family you may not have been in touch with recently. Odds are, they will be thrilled to hear from you!
  - Pick a book (such as from PJ Library) and read together with a grandchild…or a great-grandchild.
  - Similarly: **If you know someone stuck at home, reach out.** Call. Send a text, an email, or try facetimeing. Or go “old school” and send an actual card. You don’t know how much this will be appreciated. Children, grandchildren – Call your parents and grandparents. Repeat often.

- **Stick to a schedule.** If your calendar of events has been cancelled, make sure to create new opportunities each day – including getting up at a set time and getting dressed, and scheduling specific appointments throughout the day. Set times to speak with friends and family by phone or facetime to talk. Schedule – and stick to – a set time to go for a walk in your neighborhood. Enjoy the sunlight – just be sure to stay 6 feet away from others when doing so!

**Focus on things that make you happy.** This could be wearing clothes or jewelry that have positive associations, getting to those projects you’ve been putting off for a while (reading that book you bought, or doing a puzzle you set aside), or catching up with some good programs or series that caught your eye.

- **STOP WATCHING THE NEWS.** Seriously. If you wish to stay informed, set aside one or two times to watch or listen to the news in a specific time slot. But don’t watch or listen to the news all day, whether CNN, CNBC, or FOX. You are not going to miss anything, and you can catch up later. This, more than most other things, can lower your stress level.

The good news is that, today, there are many tools and technology innovations that can help everybody to stay connected to others and find ways to grow and have fun personally. If you haven’t done facetime or ZOOM before, or you haven’t set up your smart TV…now is the time to do so. And, if you don’t know where to start – that’s another great opportunity to connect with a grandchild that can help (over the phone, of course).

"Life is 10% what happens to you and 90% how you react." Charles R Swindoll
“Don’t separate yourself from the community.” Hillel

Should you or others be dealing with chronic anxiety or other issues, there are resources to help. Contact Rita at **JFCS@ocjf.org** or 732-363-8101 to set up a virtual or remote consultation or counseling session.
On My Mind

Checkers Anyone

Every day I say into my remote “CNN” since the Covid 19 virus has reared its ugly head. All my husband and I do is sit by the television and watch the numbers of people getting the Covid 19 virus go up and the number dying from it grows larger.

We marvel at the healthcare workers and all those working to keep us safe. We listen to Governor Murphy and Governor Como begging people to stay in their houses and ask the companies to make or find PPE equipment so the healthcare workers can protect themselves... only go out if you need food, gas or have a job where you need to go to work.

Not all the states are on the same page to stay in their houses. My children call us every day to make sure we are ok. We call them also and hear how our grandchildren and great grandchildren are so frightened. Of course, we are all frightened we are at war with an enemy we can’t see or smell or hear. Who will be next to meet up with this unknown enemy??

I have always been told the best way to deal with the unknown is to meet it head on. My Daughters kept telling me how frightened the kids were, they had nothing to look forward to. I felt the same way. I called 3 of the older grandchildren and asked them if they wanted to have a checker’s tournament online. We don’t live near them and we all have to stay in our own homes. We never tried to do anything online before. They were delighted. Each of us must go to the App store and download, for free, Classic Checkers for multiplayers. Then the first winner would play the next person and so on. We all did this. It took about 3 days before we could find a version of the checkers, we could all download. So far none of us was complaining of being frightened. We had a goal.

We still have not gotten to play checkers yet since we need to update our friends in each of our settings. I have the job of finding out why this is not working. Hopefully, I will have an answer next week from Apple.

All of us stopped thinking about how frightened we were. We all discussed our feelings and even if we are still not playing yet we know soon we will be.

Barbara Jaffee

Why We Do What We Do

By Paul Iovino

We do what we do to wake up that Genie inside the bottle dying to be released and do its magic again for all to see.

We do what we do to hear that sweet sound of one hand banging against another by the hundreds.

Sometimes we do what we do to stifle the sound of that person in our past that told us we were crazy to want to do what we do.

Sometimes we do what we do to show the guy out there who is thinking he could do better that he’s wrong! No egos involved in entertaining! (Sarcasm emoticon here please.)

We do what we do because of the woman in the third row who just learned she has breast cancer just needs a few moments of sanity back into her life.

And then there’s the guy in front of us at the grocery store who said he was coming to the show because he buried his brother yesterday and needs to think about something else for a moment or two.

And of course we do what we do to catch a glimpse of a dazzling little face in the audience just as he says to the person sitting next to him “that’s my Grandpa”.

And then of course, we do what we do because we blew a line in a rehearsal and recovered with a line that was so good the director put it in the show. (And every time we hear it again we think to ourselves “that was freaking brilliant”)

We do what we do to bring to the surface a memory or an emotion that has long been buried in someone’s mind. To see a smile…. to hear the laughter or even generate a tear.

We do what we do to challenge an inner flame that is fueled only by the sound of applause, and then only for a little while because no matter how bright it burns today, it is immediately doused by the silence of the empty theater after the curtain comes down… and just as the sun rises every day that flame will light back up again tomorrow, burning brighter every time.

We do what we do because we are willing to expose our own vulnerabilities. We do what we do …….not so much to make our selves happy but to make other people happy.

To touch another life……. to light up another day and to once again to hear that unbelievable sound of one hand banging against another!

We are Entertainers!

Submitted by Gloria Watson
On My Mind

GROCERY SHOPPING DURING THE PANDEMIC

By Frank Finale

My friend who can’t go to the ShopRite designs a mask for me—a colorful scarf with two rubber bands to hold it in place. She sends me off with a perfectly organized list: produce aisle (apples, blueberries and strawberries) to the dairy aisle (milk, cream and cheeses) written in her neat cursive.

When I arrive there, it’s 70’s Studio 54 with shopping carts and a line down to the last store in the mall, with most people masked. An unmasked housewife shouts, “They’re only letting in 50 at a time!” I caboose the end of the line in my red sweatshirt. Minutes later, I look behind me to see that the line has nearly doubled, almost as quickly as this pandemic virus.

At the door, a man sitting in a white plastic chair waves two of us in announcing, “Only one wipe allowed per person!” With my latex fingers, I take one, wipe my cart clean and begin my walk down the aisles. The shelves full as though it’s late night, when stock boys silently slip pallets of products quietly in and shelve them. I find most everything on my list: meats, lettuce, cereal etc. However, I witness the empty paper products shelves and cleaned out cleaning supplies. I wonder if people think themselves that unclean and need to absolve themselves of germs, dirt, and perhaps, even this virus.

I push my mini cart into one of two lines, wait for an aproned director of carriage traffic to tell me where to go. She waves me out of the longer line, points me towards an express line, the main register at the head of the store. The shelves full as though it’s late night, when stock boys silently slip pallets of products quietly in and shelve them. I find most everything on my list: meats, lettuce, cereal etc. However, I witness the empty paper products shelves and cleaned out cleaning supplies. I wonder if people think themselves that unclean and need to absolve themselves of germs, dirt, and perhaps, even this virus.

Like teenagers playing hooky, we enjoyed a nice drive through the countryside while listening to our favorite tunes. Then, all too soon, our Chevy pulled up to an unassuming, yet pleasant looking building tucked back in the woods. Upon seeing a sign that read “Retreat House”, we looked at one another askance. But before crossing the threshold, we decided to take a walk around the grounds, rich with shrubbery and colorful flowers. There were paths leading to ponds, trails winding their way around willow trees, and restful looking benches, hiding behind lovely azaleas. There were lovely statues and sculptures here and there. I wondered how my non-religious husband would feel about all this. He noticed, but only smiled as we walked.

Finally, we ventured inside where there were other twosomes milling about; some a bit older and others

Serendipity

By Gloria Watson

We certainly didn’t plan for this to happen; would never have given it a second thought. And, since this was a strange and unusual gift given by the “older generation”, we knew there must have been a hidden agenda. It was our 10th wedding anniversary; not exactly newlyweds, and luckily had not had too many bumps along the marital road, thus far. Although we weren’t feeling totally safe from any cancers that could eat away at our union, we felt pretty secure in the relationship. The gift-givers, on the other hand, had hoed a rough terrain for many years. Theirs was a match made in… well, we weren’t quite sure. Sometimes it was good, other times, not even close. But still it was a generous gesture, to be sure.

Our benefactors said that they’d had a wonderful weekend away but would not elaborate; only asking that we trust them and give it a chance. Again, we were wary, perhaps now even more so. This two-day happening was being sponsored by a church, which prompted questions, especially by my husband, who wasn’t sure if a Supreme Being even existed. Also, it meant sharing time with other couples whom we didn’t even know. Therefore, who could blame us for wondering how we could possibly have a good time while not knowing anyone? But on the other hand, it meant two whole days without the responsibilities of home and children; and best of all, private time, which was indeed a rarity. A weekend get-away, bought and paid for. How could we hurt their feelings and refuse the offering? Selfishly, we decided to give it a shot.

Contuned on page 46
younger than us. Although we all were strangers, there was one common denominator… confusion. Soon enough we were greeted by friendly folks who showed us to our room, which was very plain, but clean and comfortable. We were told to assemble in the lobby in a few minutes, so after unpacking, we made our way back downstairs. A smiling couple who wore name tags which read “Team”, ushered us into the great room where we sat on comfortable easy chairs, couches, and lounges. We had snacks and drinks, chatted a bit and waited. A little while later, two team couples sitting up front, passed out papers and pencils asking each of us to write down 3 good qualities about our spouses. Taken aback by this request, our group squirmed around in their seats, looked at one another with raised eyebrows, but picked up the pencils. And so, began a weekend we will never forget.

In Cervantes’ Man of La Mancha, while Don Quixote is on his quest - his “Impossible Dream” - he finds the love of his life. She is a simple, uncouth peasant named Aldonza, but Quixote sees her only as Dulcinea, meaning “sweetness” – the most beautiful of all women. He sings to her: “I see heaven when I see thee, Dulcinea.” This story was brought home to us when the team couples explained in no uncertain terms that God does not make junk and one can always find the goodness in people if you really try. And who better than to try for, but our very own?

Nothing could have prepared us for the magnitude of that weekend. We were sponges, absorbing as much as possible, and sometimes spilling over. We were taught how to delve deep into each other’s psyches, with love and acceptance (even if total understanding was sometimes lacking). We learned how to actually feel one another’s feelings – to experience a keen awareness - and therefore be able to accept those feelings without condition or reservation; most importantly, without judgment. The laughter and the tears, the long-into-the night dialogues, admitting not only a fear of not wanting to repeat mistakes of the past, but also a hidden fear of what may lie ahead in an uncertain future. Emotions ran high, and that was ok. We finally understood that love is not a feeling but a decision and discovered a new world while finding that spirit dwelling in each other.

Complete with a small colorful bumper-sticker, our car was a hydrofoil, sailing us home that Sunday afternoon with passengers feeling so good about themselves and marriage that we were ready to take on the world. We were a real couple now, and nothing could bring us down. We couldn’t know then that oftentimes the road ahead would be filled with potholes, and we would face problems and struggles just like everyone else. As the weeks and months and years flew by, we saw other couples fall apart, and learned that no one is immune. But thankfully, the foundation of that weekend was strong and so were we…and we still are.

Without leaving our living room, we journeyed to places neither one of us knew existed. It was a relationship pilgrimage which brought us to amazing heights as well as plunging us into the depths of our very souls. We stumbled upon discoveries which turned out to be much more than just happenstance, but more like incredible blessings that changed priorities forever. Most couples experience rough spots in long-term relationships for sure, and I believe that what we learned that weekend has helped us through some very difficult moments. We are worth it!

There was a song which became an anthem for those who were fortunate enough to have experienced that serendipitous weekend. Corny as it may seem, for me and mine the lyrics still hold true, and I believe will continue to do so for a long time to come:

“It’s a long, long journey, so stay by my side. When I walk through the storm, you’ll be my guide. If they gave me a fortune, my treasure would be small. I could lose it all tomorrow and never mind at all. But if I should lose your love dear, I don’t know what I’d do. For I know I’ll never find another you.”
What exactly is Utopia? Supposedly a place of perfection, no doubt filled with music and gorgeous flowers and lovemaking and babies and marvelous food and wine. A dream may be a wish your heart makes, and sometimes fantasizing and daydreaming is an easy, non-threatening escape. We all need to escape once in a while, right? Paradise means different things to different people; after all, even Adam and Eve had a difference of opinion.

Peter Pan thought that his world was a whimsical place where the answer to all problems was neither to grow up nor take responsibility for anything. However, if you recall, things in Never-Neverland weren’t exactly sublime. (There was always that darn crocodile lurking about.) Anyway, everyone knows that kids are seldom satisfied for very long; just ask Tinkerbell.

Nirvana” is an awakening to a place of enlightenment, where all the mind’s cobwebs disappear. The human mind can accomplish amazing things and take us wherever we wish to go, so perhaps this could be termed a state of Utopia.

Perhaps another Universe would be the ideal, where elements are orderly and harmonious, with people on the same wave-length, completely non-judgmental and always congenial with one another. The planets would be in perfect alignment, and their inhabitants would live in peace… imagine such bliss? Wow, I sound like a Hippie!

Most of us have been taught that in Heaven we will be safe and infinitely happy. However, we are also taught that God is present in the here and now; in our hearts and in our minds. For the majority of the human race, it takes a lifetime to make it to Heaven. (But let’s face it; we’re not always anxious to get there.) Whichever yellow-brick road we take, regardless of the bumps, most of us prefer to stick around for as long as possible, even though we are completely cognizant of the fact that this Earth is not Utopia.

In Mitch Albom’s book “For One More Day”, the main character is given a golden opportunity to spend special time with his mother, who had passed away years earlier. In my case, I’d seize the chance to be reunited here on earth with the dear ones that I’ve lost. Like a bunch of flowers I’d hold their hands in mine and feel their cherished embraces once again. I’d caress their faces and peer deeply into their laughing eyes. I would stand on my toes to reach up to the big ones, and kneel down to cradle the little ones in my arms. All would be forgiven; no dark memories of past hurts or pain. Best of all, there would be no need to ask the question, “Do you still love me?’ It would be understood; we would be surrounded by love, encased by it. To quote philosopher Kahil Gibran: “Death is stronger than life, but love is stronger than death.” And so for me, that one special day would indeed be…Utopia.
QUALITY WORK...HONEST PRICES

OWNER SUPERVISED WORK
Joseph Williams

NO SUB-CONTRACTORS

Jvw Contracting
908-601-3733
jvwcontracting@verizon.net

Residential ~ State License No. 13vh06829300

Roof Replacement
New Construction
Pitched Roofs
Gutters and Leaders

Established 1984

24 Hour Emergency Service

Serving All of New Jersey

References
Licensed
Insured

Gaf
Timberline
Lifetime High Definition Shingles
MAGIC SPRINKLERS
Lawn & Garden Sprinklers
Servicing Ocean County for 30 years
Licensed and Insured

• COMPLETE SYSTEM UPGRADES
• ADD SPRINKLERS FOR PROPER COVERAGE
• MOVE EXISTING SPRINKLER HEADS
• ADD ZONES TO WATER LANDSCAPE
• ACTIVATION/WINTERIZATION CONTRACTS
• EXPERT REPAIRS

ALL WORK GUARANTEED
CALL TODAY 732-506-0600

SAVE 30% OFF your Entrance Fee and
30% OFF your Monthly Service Fee for ONE FULL YEAR.
CALL TO FIND OUT MORE!

30th Anniversary SPECIAL

CRESTWOOD MANOR
A SPRINGPOINT COMMUNITY
All-Inclusive Lifestyle
CALL TODAY 877-490-2160

50 Lacey Road, Whiting, NJ 08759
A Senior Living Community
crestwoodmanoronline.org

EXCEPTIONAL SERVICES, OUTSTANDING AMENITIES
• Contemporary, spacious apartment homes
• Restaurant-style dining and the casual Bistro
• Fitness center and heated indoor swimming pool
• 24-hour security and emergency alert system
• Living Options include:
  • Independent living
  • Personal care services
  • Skilled nursing
  • Rehabilitation
I’m writing this column on April 4th and of course nobody knows when it’ll safe to be together again in a group setting. After talking to each member of our O&MAC board and taking into account everything we’re hearing from the health experts in the news, we’ve decided to cancel the rest of our remaining meetings until further notice. Traditionally we don’t have meetings in July and August and that will hold true for this year even if the restrictions are lifted. These months will be used as “catch up with family” time if we’re able to see each other by then. This year, more than ever, this will be a priority.

Beside my role as president of the Organ Club I’m also a member of The Footlighters. Our president, Paul Iovino, suddenly and unexpectedly passed earlier this year. He will be dearly missed by all who knew him and got to “break a leg” with him on stage. From the Organ board and all its members, we express our deep condolences to his wife Sharyn and their entire family.

There have been two notable Jazz icons taken from us by the Corona virus in April: Bucky Pizzarelli and Ellis Marsalis Jr. Bucky was a Jazz guitarist from New Jersey whose career spanned eight decades. He accompanied all the greats such as Frank Sinatra, Peggy Lee, Carmen Mc Rea and many others. His chord work was impeccable and he created a soft, easy, swinging rhythm with his strumming which was infectious. Many guitarists who came after him adopted his style. His musical family, including son John, a Jazz icon in his own rite, have promised a tribute to Bucky as soon as we can all be together again as a group. Bucky passed at age 94.

Ellis was the patriarch of the famous Marsalis family of New Orleans. Ellis was a legend and the prototype of what’s talked about as “New Orleans Jazz”. He stayed mostly in New Orleans acting as a teacher and mentor to greats such as Harry Connick Jr., trumpeters Terence Blanchard and Nicholas Payton as well as his own children, notably Wynton and Branford. Ellis passed at age 85.

We hope that by the time the June issue is published we’ll have heard good news about progress with a vaccination. In the meantime, we can all be grateful for the work of the doctors, nurses, first responders, and everyone who puts themselves out there for us. Nurses to me have always been special in any medical treatment I’ve received. They provide that confident and comforting care that we all look for anytime we require medical assistance. Behind every good doctor is a NURSE! After this is over I hope all these special people receive the compensation and acknowledgement they deserve.

May all in our Leisure Knoll community stay healthy and, for those who are able, check up on neighbors of yours who are alone and may need the sound of a friendly voice. Loneliness under the best of times is hard but when there’s the stress of this virus we’re dealing with it can really ramp up the anxiety one may feel.

Rob Keely - President
THE ELEMENTS OF DESIGN

No matter what garden style appeals to you, a successful landscape requires the use of basic design principles. Knowing these principles and how to use them well will enable you to create the look and feeling you want.

For over 14 years, we've built our family business on relationships and continue to lead the Landscape Industry in innovation and quality.

Now Accepting Credit Cards
Owner - John Applegate

SPC-758C
(732) 657-3859

Spring Is Here... Get A Head Start!
Across
1. Young nocturnal bird
6. Fastner
10. Reckless
14. Fumble
15. Look
16. Male singing voice
17. Relating to kidneys
18. Footwear
19. Layer
20. Immerse
22. Urge on
24. Tender
25. Outflow
27. Candy
29. Lofty
33. Device used to shape metal
34. Individual structure
35. Swarm
37. Postage token
41. Form of transport
42. Angered or excited
44. Negative vote
45. Livid
48. Entice
49. Agitate
50. Small island
52. Short hours employment
54. Can make your eyes water
58. Stead
59. Unwell
60. Female red deer
62. The second of two
66. Destroy
68. Den
70. System of five lines in music
71. Boundary of a surface
72. Gumbo
73. Spooky
74. Surface impression
75. Submerged rock or coral
76. Mythical cave-dwelling creature

Down
1. Fiend
2. Small bird
3. Lengthy
4. Shoulder board
5. Bank employee
6. Cooking surface
7. Highly excited
8. Single-masted sailing vessel
9. Explosive device
10. Rodent
11. Legal excuse
12. Beer mug
13. Multitude
21. Belief
23. Rostrum
26. Bow down
28. Allow
29. Musical instrument
30. Burden
31. Desire
32. Outfit
36. Wall painting
38. Opposing
39. Wound seriously
40. Funeral mound
43. Danger
46. Sense organ
47. Close
49. Stammer
51. Sartor
53. Tableware

Answers on page 61
B&M PRO SHRUB CARE

All phases of Shrub and Ornamental Tree Maintenance, Pruning, Feeding, Replacement, Stump Removal & Landscape Design. Also specializing in Cleanup and Flower Bed Mulching.

Angie’s List Preferred Contractor

PROTECT YOUR GREATEST INVESTMENT
YOUR HOME!

Maintenance of your landscape will maximize the value of your home.

Call (732) 371-0977 for a Free Estimate.

Special

EXP 5/31/20 Not to be combined with other offers or discounts

FREE AZALEA WITH THIS AD

* We will beat any legitimate written estimate from another company.

Ashley Herman Art
CARICATURES & FACE PAINTING

For Kids Parties and Special Events!

For Info:
- Please contact Ashley at
  848-525-1861
  AshleyHermanArt@aol.com
  AshleyHermanArt.com

Executive Enterprises
of N.J. LLC
TOMS RIVER, NJ

Full Service • Hot Water & Soap
Remove Dirt, Mold and Mildew
Houses & Gutters — Concrete Patios
Driveways • Walkways • Pavers
GUTTER CLEAN-OUTS

SPECIAL SENIOR PRICING

SAFELY WASHING HOUSES AND ROOFS IN LEISURE KNOLL FOR 14 YEARS
OUR SERVICE IS SAFER AND WILL PRODUCE BETTER RESULTS USING BIODEGRADABLE ENVIRONMENTALLY SAFE CLEANING PRODUCTS

Professional Results at Affordable Prices
QUALITY OF WORK IS SECOND TO NONE!
Call 732-608-6181/888-971-7070
Fully Insured Free Estimates
N.J. Lic. #13VH0587600
ads-6318

Power Washing
NO BLEACH! Low Pressure Roof Stain Removal with 2 YEAR WARRANTY
(bleach does not kill mold spores & stains will reappear quicker)

*SPRING SPECIAL*
House Wash starting at $150
Must sign up by May 31, 2020.
Leisure Knoll Residents Only

Executive Enterprises
of N.J. LLC
TOMS RIVER, NJ

Full Service • Hot Water & Soap
Remove Dirt, Mold and Mildew
Houses & Gutters — Concrete Patios
Driveways • Walkways • Pavers
GUTTER CLEAN-OUTS

SPECIAL SENIOR PRICING

SAFELY WASHING HOUSES AND ROOFS IN LEISURE KNOLL FOR 14 YEARS
OUR SERVICE IS SAFER AND WILL PRODUCE BETTER RESULTS USING BIODEGRADABLE ENVIRONMENTALLY SAFE CLEANING PRODUCTS

Professional Results at Affordable Prices
QUALITY OF WORK IS SECOND TO NONE!
Call 732-608-6181/888-971-7070
Fully Insured Free Estimates
N.J. Lic. #13VH0587600
ads-1071b
All FOR SALE submissions must be on 3” x 5” index cards and placed in the ACTIVITIES MAILBOX. FOR SALE items are then moved to BULLETIN BOARD located in Timberland Hall in the HALLWAY BETWEEN THE GYM AND THE ARTS AND CRAFTS ROOM. If the items have been posted on the bulletin board for approximately one month and have not been sold, they will then be forwarded to The Knoll News for publication in the next issue.

Beginning with the January issue the ADS FOR SERVICES WILL NOT APPEAR. Those providing services wishing to place an ad are encouraged to take out individual ads by contacting the publisher at 1-888-637-3200. Any questions, call Ruth 732-657-4969.

---

Old Florida #4 Fly Reel - $80.00
Call Tom at 732-408-7274

G. Loomis GL2 8’ Casting Rod
Ex-heavy Mod-Fast Action -- 25 -- 40 lb. 3-1002
Model # BBR968C - $95.00
Call Tom at 732-408-7274

3 Bar Stools – dark green leather seats, wood back
$100.00 or make offer
Call 732-323-3591

---

```
5 2 3 7 9 8 1 6 4
8 6 4 2 5 1 9 3 7
7 1 9 3 6 4 5 2 8
2 3 8 9 4 6 7 1 5
6 4 1 8 7 5 2 9 3
9 7 5 1 3 2 8 4 6
4 9 6 5 1 7 3 8 2
3 5 2 6 8 9 4 7 1
1 8 7 4 2 3 6 5 9
```
<table>
<thead>
<tr>
<th>Professional and Hasselfree Vehicle Buying Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Respectful and Honest Service</td>
</tr>
<tr>
<td>Fast and Reliable</td>
</tr>
<tr>
<td>Estate and Private Sales - Free Appraisals</td>
</tr>
<tr>
<td>Cash Purchases</td>
</tr>
<tr>
<td>732-600-9238</td>
</tr>
<tr>
<td>25 years experience</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Professional Interior Painting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Over 30 Years Experience</td>
</tr>
<tr>
<td><strong>CG PAINTING</strong></td>
</tr>
<tr>
<td>I also live in the village</td>
</tr>
<tr>
<td>732-986-6809 - “Chuck”</td>
</tr>
<tr>
<td>10% discount with this ad</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hanvey Landscape &amp; Powerwash LLC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Complete landscape design</td>
</tr>
<tr>
<td>• Tree and shrub maintenance, planting, trim, and removal</td>
</tr>
<tr>
<td>• Pavers, Retaining Walls, Decorative Stone</td>
</tr>
<tr>
<td>• MULCH, TOP SOIL</td>
</tr>
<tr>
<td>• POWERWASH any surface</td>
</tr>
<tr>
<td>Leisure Knolls “Reasonable” “Professional” and “Honest” Landscaper</td>
</tr>
<tr>
<td><strong>JUST CALL CHRIS 848-525-5370</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CUSUMANO CONSTRUCTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADDITIONS • DECKS • ROOFS • WINDOWS</td>
</tr>
<tr>
<td>REMODELING • SIDING • TILE AND MORE</td>
</tr>
<tr>
<td>We Do All Types Of Painting</td>
</tr>
<tr>
<td>732-370-6722</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>DURA - PLEX</th>
</tr>
</thead>
<tbody>
<tr>
<td>WINDOWS - SIDING</td>
</tr>
<tr>
<td>DOORS - SUN ROOMS</td>
</tr>
<tr>
<td><a href="http://www.dura-plex.com">www.dura-plex.com</a></td>
</tr>
<tr>
<td>FAMILY OWNED &amp; OPERATED SINCE 1972</td>
</tr>
<tr>
<td>732-458-4061</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LOCKSMITH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home Call Auto</td>
</tr>
<tr>
<td>732-240-6333</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PRECISION DOOR SERVICE OF CENTRAL &amp; SOUTH JERSEY</th>
</tr>
</thead>
<tbody>
<tr>
<td>GARAGE DOOR REPAIRS &amp; INSTALLATIONS</td>
</tr>
<tr>
<td><strong>SENIOR DISCOUNTS AVAILABLE</strong></td>
</tr>
<tr>
<td>(732) 497 - 8937</td>
</tr>
<tr>
<td>Licensed and Insured</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Andrew Orlich</th>
</tr>
</thead>
<tbody>
<tr>
<td>Masonry &amp; Paving</td>
</tr>
<tr>
<td>Concrete Driveway 10x24x4 $1749.00</td>
</tr>
<tr>
<td>Asphalt Driveway Resurface 10x20 $399.00</td>
</tr>
<tr>
<td>Pavers 15% Off Total Price</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>A.E.J’s</th>
</tr>
</thead>
<tbody>
<tr>
<td>LOCKSMITH</td>
</tr>
<tr>
<td>Home Call Auto</td>
</tr>
<tr>
<td>732-240-6333</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>NEED COMPUTER HELP?</th>
</tr>
</thead>
<tbody>
<tr>
<td>CALL BOB WATSON - 732-240-3430</td>
</tr>
<tr>
<td>SERVING YOUR COMMUNITY FOR 10+ YRS</td>
</tr>
<tr>
<td>MICROSOFT CERTIFIED</td>
</tr>
<tr>
<td>SETUP, REPAIRS, INSTRUCTION</td>
</tr>
<tr>
<td>FREE ESTIMATE - NOT HAPPY - DON'T PAY!</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>J and B Perkins</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Contractor LLC</td>
</tr>
<tr>
<td>609-242-3946 or 732 674-4121</td>
</tr>
<tr>
<td>Roofing • Siding • Windows • Doors • Repairs</td>
</tr>
<tr>
<td>Fully Insured • Workmanship Guaranteed</td>
</tr>
<tr>
<td>35 Years Experience</td>
</tr>
<tr>
<td>NJHIC#13VH07811200 - AP-5000371394</td>
</tr>
</tbody>
</table>

May 2020 - The Knoll News 35
## DIRECTORY

### M&M Handymen, LLC
Improving your home for you!
Ceiling fans, doors, flooring, plumbing, windows, Kitchen & Bath Upgrades, etc.
Free Estimates, reliable, references
Lic # 13VH01398900
(732) 961-0128 Mark

### Able All Around - Handyman
We are honest, affordable, knowledgeable & dependable.
Call for a Free Estimate - (732) 930-7988

### Jersey Shore GARAGE DOORS
We take pride in our work!
732-276-2220
Garage Doors & Automatic Openers
Sales · Service · Installation · Repairs
NJHIC Lic. # 13VH06354700
Fully Insured

### B & R LOCKSMITH
Complete Lock & Key Service
Bob Sontag - Bonded Locksmith
3112 Windsor Ave.
Toms River, N.J. 08753
732-616-6033
Licensed and Insured

### DOORS
Interior- Exterior
Installation- Repairs
Garage Door Capping
Over 40 Years Experience
Art  Jeff
848-391-1435  732-610-6946

### Felder Plumbing LLC
ALL CALLS ANSWERED
No Show Up Service Charge Fee
732-312-7201
Affordable Repairs  Senior Discounts
Insured  NJMPL #9638  Bonded

### MESSER PLUMBING & HEATING
732-598-0773
EMERGENCY SERVICES
1 CALL SOLVES IT ALL
LIC#9288 Residential & Commercial
Sewer & Drain Cleaning • Water & Sewer Repairs/Replacements
Camera Sewer Lines • Boiler & Water Heater Repairs & Insulation
Gas Lines Insulation • Kitchen & Bathroom Remodeling
Heating & Air Conditioning Replacements & Conversions

### STUMP & ROOT GRINDING
SHRUBS & SMALL TREES REMOVED.
ROOTS REMOVED, SO GRASS CAN GROW.
MAKE HOME BEAUTIFUL, REMOVE UGLY SHRUBS
STUMPS GROUND BELOW GROUND.
GOOD CLEAN JOB GUARANTEED.
30 YEARS EXPERIENCE IN BUSINESS.
KEN GARDNER (732) 657-1501

### Jeff’s Powerwashing
Hot Water and Soap • Mold Removal • Houses Patios • Roofs Washed • Gutter Cleaning • Dryer Vent Cleaning • Interior/Exterior Painting
732-901-5336
Insured Lic. #13VH09707800
Senior Discounts • Free Estimates
Low Pressure Roof Stain Removal
Safely Washing Houses & Roofs for Over 15 Years

### RMI CONSTRUCTION
732-919-7663
HOUSEHOLD REPAIR SERVICE
*ROOFING * WATER PROOFING * PAINTING
*CLEANUPS * INTERIOR EXTERIOR REPAIRS
<table>
<thead>
<tr>
<th><strong>DIRECTORY</strong></th>
</tr>
</thead>
</table>
| **Improving Your Home Is Our Specialty!**  
**Patrick T. Walsh**  
**Contracting**  
*Est. 1971*  
*No Job Too Big or Small*  
*All Interior / Exterior Renovation*  
*Decks, Kitchens, Baths, Windows & Doors*  
*3 Season Sun Rooms*  
13VH02631500  
732-688-7193  
INSURED |
| **ELECTRICIAN**  
732-851-1561  
**All Electric Services** - Lic.# 15848  
*Ceiling Fans • Recessed Lights • Bathroom Fans*  
*TV Mounting • Smoke Detectors • Security Lights*  
**$10 OFF ANY SERVICE**  
www.allelectricnj.com |
| **Major Appliance Service**  
*Factory Authorized*  
Refrigerators • Freezers • Ranges  
Washers • Dryers • Dishwashers  
732-892-8508  
All work fully guaranteed  
Insured |
| **REDI HOME SERVICES**  
Call 732-256-9844  
**DRYER VENT CLEANING/REPAIR**  
**POWER WASHING - GUTTER CLEANING**  
**PAINTING/HANDYMAN SERVICES**  
Lic# 13VH082081000 www.redihomeservices.com  
Senior Discounts redimanage@optimum.net |
| **Brian’s Tree Service**  
Removal - Trimming - Stump Grinding  
Senior Discounts Available  
**Brian Naysmith LTCO #240**  
732-773-0575  
NJTC Registration #768110  
www.brians-tree-service.com |
| **Congregation B’nai Israel Memorial Park**  
W. Whitty Road, Toms River, NJ  
732-349-1244  
MemorialPark@CBITR.org  
Ocean County has been a great home  
Now make it your eternal home  
Peace of mind for all who love you  
Interfaith Section Available |
| **Hometowne Plumbing**  
**No Job Too Small**  
732-270-3232  
Lic. 9452  
FORMER MARINE |
| **Gary Koch Remodeling, LLC**  
Kitchens and Baths, Tile and Flooring,  
Household Repairs, Replace Doors,  
Drywall, Painting  
**Free Estimates**  
Lic#13VH08935900  
Call 732-642-0529 |
| **Care With Kindness**  
Experienced and Responsible  
Caregivers/Health Providers - Excellent Care  
Live In/Out, Hourly/Overnight  
**References Available Upon Request**  
Call 732-300-1348 |
| **BILL’S PAINTING & POWERWASHING**  
Let’s keep OUR KNOLL BEAUTIFUL!  
Interior & Exterior Painting  
Fixing of Imperfections • Powerwashing!  
30 Years Experience  
Call me ... your neighbor Bill  
609-213-2934 |
<table>
<thead>
<tr>
<th>Directory</th>
</tr>
</thead>
</table>
| **Cindy’s Hang-Ups**  
Window Treatments - Curtains • Valances  
Wood Blinds • Mini-blinds • Pleated Shades  
Great Prices • Great Service  
Over 25 Years Experience  
**732-270-9002** |
| **Under Home Foundation**  
**Plumbing Pipe Leak Repair**  
25+ Yrs. Exper • NJ Licensed  
Complete Repair From $2,300 to $2,900  
Often Covered by Your H.O. Insurance  
Visa / MC / Amex Accepted  
If your meter is Moving with Faucets Off, “Call Us”  
**201-995-7695**  
Al Q Construction |
| **Homeland Contracting LLC**  
General home repairs big and small  
Siding - Windows - Doors - Roofing  
Carpentry - Attic Fans - Power Washing - Painting  
Call James for a free estimate - Senior discounts  
Lic. #13VH10841000  
**732-701-3693** |
| **Wash, Blow & Cut**  
$25 short hair - $35 long hair  
Offer Valid Tues. & Wed. until 12/01/2020  
SISTER SISTER BEAUTY SALON  
We specialize in keratin treatments, Brazilian blow-out.  
**732-657-7666**  
2122 Rt. 70, Manchester, NJ |
| **Car Service**  
Miscellaneous - Airports  
(732) 433 - 5694  
Senior Discounts |
| **Triple Seven Limo**  
Airport Car Service  
Senior Discounts  
Licensed/Insured  
**888-777-6627** |
| **DON & SON**  
PLUMBING & HEATING  
Repairs • Water Heaters • Winterizing  
Bath & Kitchen Remodeling • Well Pumps  
Serving All Ocean County  
Cell: 908-814-0607  
“Repair Specialist” • Bonded & Insured  
NJ Plumbing Lic. # 9935 |
| **DRIVEWAY SEALCOATING**  
$35. SINGLE (ONE CAR)  
$55. DOUBLE (TWO CARS)  
**732-504-7620**  
Group Discounts Available!  
Cell: 732-221-4840  
Lic #13VH02478200 |
| **Shore Care Appliance**  
Service and Repair  
**732-621-3686**  
We Also Repair All Major Appliances  
Specializing in LG and Samsung Appliance Repairs  
Dryer and Vent Spring Cleaning Special  
Starting at just $99.95  
Service Call Special just $49.95  
*Special discounts and rates for Leisure Knoll Residents |

---
### GUARDIAN GARAGE DOOR SERVICE
Repairs ~ Sales ~ Installation
Repairs Done Right!
**732-269-9667**
Lic. #13VH01882000

### THE EXPERT TOUCH LLC
ALL HOME REPAIRS AND REMODELING
- All Bath & Kitchen Repairs
- New Kitchens, Bathrooms & Granite Tops
- Sheetrock, Spackle, Painting, Wallpaper Removal
- Ceramic Tile and Back Splash
- Moldings and Trim, Doors, Decks,
- Window Replacement/ Carpet & Flooring

**DON GEMMA** #732-832-1211 FAX 732-593-6929

### OUJO ELECTRIC, LLC
Honest, Friendly, Neat & Clean
Everything Electrical
Call Bob: **732-919-0602**
OVER 40 YEARS EXPERIENCE
BONDED & FULLY INSURED
www.oujoelectric.com • NJ MASTER ELECTRICIAN LIC #11406

### CAREGIVERS
EXPERIENCED HOME HEALTHCARE GROUP
WILL HELP YOU, HOURLY OR 24/7
(Personal Caregivers, References Available)
Call NATELA ROWLAND
**732 300 7652**

### MJF PLUMBING, HEATING, AC
For all of your Plumbing, Heating, & AC needs
SPECIAL ON AC CHECKUP
$97.00 + tax
**732-477-1605**

### LET DEWEY DO IT
TRIM THE SHAPE BACK INTO YOUR SHRUBS, HEDGES & GARDENS
Dewey - Landscaper - Ocean County
Hedge & Shrub Trimming/Pruning, Clean-ups, Mulch, Decorative Stone & Landscape Walls
Priced by Job:
Call 732-270-1826 for a free estimate

### HOUSE WASHING
Most Houses Under $200
Also Available: Driveway, Sidewalk and Patio Cleaning
Homeland Contracting, LLC
Call James for a free estimate
**732-701-3693**
Lic #13VH10841000

### ARK HEATING & AIR CONDITIONING
**732-674-9877**
SALES-SERVICE-INSTALLATIONS
GAS CONVERSIONS
NJ Gas Save Green Participating Contractor
$6500 0% APR Financing on Bill Repayment Program
MASTER HVAC #19HC00102300 - 30 YEARS EXP

### HOUSE WASHING
Most Houses Under $200
Also Available: Driveway, Sidewalk and Patio Cleaning
Homeland Contracting, LLC
Call James for a free estimate
**732-701-3693**
Lic #13VH10841000

### CURRY ELECTRICAL CONTRACTING
NJ LIC # 17767
“Electrical Service You Can Trust”
**732-267-4061**
*Free Estimates*
| **Cardinal Landscape**  
Quality Work at a Fair Price  
**732-657-8478**  
Fully Insured  
NJ Lic. # 13VH03057200 | **Fortified Garage Doors, LLC**  
609-618-8707  
Sales, Service, & Installs  
Family Owned and Operated  
Fully Insured  
Free Estimate for New Door  
Ask about our Specials |
| --- | --- |
| **LOW COST POWER WASH**  
• One story house-----------$130  
• One story with high peak----$150  
• Two story house-----------$180  
DRYER VENT CLEANING  
(Basement or First Floor vents only)  
• FREE ESTIMATE • HELP KEEP THE NEIGHBORHOOD BEAUTIFUL  
Call 609-828-7756  
Eastern Mobile Wash | **ARROW ELECTRIC**  
Friendly service because nice matters!  
**732-269-6960**  
Family Owned and Operated Since 1980  
HIGH QUALITY ELECTRICAL INSTALLATIONS AND REPAIRS  
Lighting, Fans, Panels, Troubleshooting and EVERYTHING in between!  
Master Lic. # 15333 - BONDED & INSURED - ArrowElectric.org |
| **ESH LANDSCAPING**  
All Your Landscaping Needs  
Mulch, Cleaning, Trimming, Power Washing, Paver Patios, Ornamental Fish Ponds and Waterfalls  
Fully Insured Landscaping Design  
Free Estimates • 732-506-9636  
No Job Too Big or Small | This Space Available  
— — —  
Call 888-637-3200 |
| This Space Available  
— — —  
Call 888-637-3200 | This Space Available  
— — —  
Call 888-637-3200 |
| This Space Available  
— — —  
Call 888-637-3200 | This Space Available  
— — —  
Call 888-637-3200 |
To all my dear friends in Leisure Knoll, words cannot express my heartfelt gratitude at the outpouring of love and prayers during my recent illness. Your concern, cards, and phone calls helped get me through this difficult time. It is wonderful to know that there are such beautiful people in our community who we can depend on when we need them the most. By the grace of God, I am doing well and am on the road to recovery. Thank you again

Cathy Varsalona

I would like to thank all my friends who called, sent their well wishes for a speedy recovery and the many cards received after my two surgical procedures on both my legs. Both legs were 100% blocked and these procedures corrected that problem. This is a wonderful community we live in and I appreciate all the support and love that people have shown me.

THANK YOU!!
Ray Pickwoad

"My sincere thanks to all of you thoughtful residents of Leisure Knoll for your cards, emails, texts, etc. in memory of my husband, Paul Iovino. It has been comforting to me knowing that he was cared for by so many; I will never forget your kindness.

With sincere gratitude,
Sharyn Kelly"
## TELEPHONE DIRECTORY UPDATE

### DELETE

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>BEILER, Mina</td>
<td>28 Tarworth Ter</td>
</tr>
<tr>
<td>BENSCHAR, Dori &amp; Moshe</td>
<td>42 Buckingham Dr No</td>
</tr>
<tr>
<td>BREIG, Evelyn</td>
<td>7 Weybridge Pl</td>
</tr>
<tr>
<td>CARPENETO, Dennis &amp; Danielle</td>
<td>5 Sandhurst St</td>
</tr>
<tr>
<td>CONTE, Kathleen</td>
<td>11 Flintshire Ter</td>
</tr>
<tr>
<td>CUCCINELLO, Mary</td>
<td>20 Leighton La</td>
</tr>
<tr>
<td>D'APICE, Albert</td>
<td>14 Reigate La</td>
</tr>
<tr>
<td>FROELICHT, John &amp; Ronnie</td>
<td>45 Greenwich Ave</td>
</tr>
<tr>
<td>GENTILLE, Josephine</td>
<td>35 Flintshire Ter</td>
</tr>
<tr>
<td>LANZER, John &amp; Josephine</td>
<td>14 Friham La</td>
</tr>
<tr>
<td>MILWINCZ, Maria</td>
<td>1 Surrey St</td>
</tr>
<tr>
<td>MORANZ, Frances</td>
<td>19 Banbury Ave</td>
</tr>
<tr>
<td>PANELLI, Christopher</td>
<td>110 Buckingham Dr No</td>
</tr>
<tr>
<td>ROONEY, James</td>
<td>11 Flintshire Ter</td>
</tr>
<tr>
<td>RUSSO, Dorothy</td>
<td>52 Dorset Rd</td>
</tr>
<tr>
<td>SCOTT, Joyce</td>
<td>16 Tarworth Ter</td>
</tr>
<tr>
<td>SONUK, Santana</td>
<td>14 Buckingham Dr No</td>
</tr>
<tr>
<td>TAN, Benjamin &amp; Juliet</td>
<td>54 Normanton Ave</td>
</tr>
<tr>
<td>VALE, William</td>
<td>3 Kirkby La</td>
</tr>
<tr>
<td>YOUNG/HORTON, Kathleen/Mary Jane</td>
<td>48 Buckingham Dr No</td>
</tr>
</tbody>
</table>

### ADD/CHANGE

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANDREWS, Velma</td>
<td>101 Buckingham Dr No</td>
<td>732-941-9353</td>
</tr>
<tr>
<td>AUNIO, Judith &amp; Kauko</td>
<td>29 Durham Ave</td>
<td>732-397-0516</td>
</tr>
<tr>
<td>BENWELL, Tracy &amp; Ann</td>
<td>16 Woodstock La</td>
<td>732-941-9170</td>
</tr>
<tr>
<td>BEY, Majade &amp; Bondelemu</td>
<td>42 Twyford La</td>
<td>646-221-5107</td>
</tr>
<tr>
<td>COBIANCHE, Dawn</td>
<td>42 Buckingham Dr No</td>
<td>609-994-6019</td>
</tr>
<tr>
<td>DeFRANCO, Dolores &amp; Gregg</td>
<td>17 Reigate Ave</td>
<td>201-675-0120</td>
</tr>
<tr>
<td>ECK, Maria &amp; Brian</td>
<td>24 St Paul Pl</td>
<td>201-240-2050</td>
</tr>
<tr>
<td>EMO, Diane M</td>
<td>54 Normanton Ave</td>
<td>978-758-8600</td>
</tr>
<tr>
<td>FOTINOS, Gale &amp; Emmanuel</td>
<td>18 Twyford La</td>
<td>732-320-8550</td>
</tr>
<tr>
<td>GALLAGHER/DECOSTA, Rosemary/Louis A</td>
<td>54 Mansfield Ave</td>
<td>732-657-9087</td>
</tr>
<tr>
<td>GEDO, Lorriane</td>
<td>32 Kirkby La</td>
<td>732-228-0981</td>
</tr>
<tr>
<td>GEDO, Nicole</td>
<td>32 Kirkby La</td>
<td>732-228-0897</td>
</tr>
<tr>
<td>HONG, MaryEllen &amp; Caru</td>
<td>41 Greenwich Ave</td>
<td>973-772-6797</td>
</tr>
<tr>
<td>LEWICKY, Laurie</td>
<td>34 Westgate Pl</td>
<td>201-841-6864</td>
</tr>
<tr>
<td>PERNICE, Toni Ann &amp; Joseph</td>
<td>35 Blackthorn Pl</td>
<td>848-258-3112</td>
</tr>
<tr>
<td>SOHM, Christine &amp; Barry</td>
<td>15 Romford La</td>
<td>848-227-3645</td>
</tr>
<tr>
<td>SWEREDA, Cornelia</td>
<td>34 Westgate Pl</td>
<td>732-323-6194</td>
</tr>
</tbody>
</table>

As of 3/31/2020
CLUBS OF LEISURE KNOLL

- American Irish Club
- Art Appreciation
- Bingo
- Bowling / Friday
- Bowling / Monday
- Columbiettes
- Computer Club
- Cookie Jar
- Fishing Club
- Footlighters
- Garden / Nature Club
- Golf / Ladies
- Health 'n Fitness
- Helping Hands
- Italian American Club
- Knights of Columbus
- Leisure Travel Club
- LK Angels
- Organ Club
- Singles
- Social Club
- Softball / Owls
- Veterans Club
- LK Angels

ACTIVITIES OF LEISURE KNOLL

- Bible Study: John & Chris Farrell
- Book Discussion Group: Pat Williams
- Camera Club: John Morris
- Guitar Group: Richard Brierley
- Sunday @ The Movies: Joe Chociejmski
- Art Class: Gloria Iazzi
- Ceramics / Day and Evening: Joan Stefano
- Ceramics / Day and Evening: Barbara Liona
- Needlecraft: Olga Crotti
- Quilting: Mary Lou Gill
- Red Hats: Mary Morris

ACTIVITIES COMMITTEE

- Reservations: leisureknollreservations@gmail.com / 657-8421

CARDS

- Canasta: Marge Puccio
- Duplicate Bridge / Daytime: Phyllis Smykowska
- Mah Jong: Arlene Herenchen
- May: Marge Puccio
- Pinochle: Carmine Cundari
- Poker: Pete Alward

EXERCISE

- Morning Exercise Class: Detta McCarthy
- Morning Exercise Class: Claire Gauer
- Fit'n Trim / Tue. & Thurs. Midday: Jo Caruso
- Love Your Bones: Fran Lupico
- Lakeside Lodge Losers: Sue Olsavary
- TOPS: Janet Zelinski

ACTIVE ACTIVITIES

- Billiards - Men's: Paul Jacob
- Billiards - Women's: Marge Puccio
- Bocce Club - Monday Nights
- Bocce Club - Tues., & Thurs. AM
- Horseshoes: Ed Chair
- Pickle Ball: Barry Mintz
- Ping Pong: Jim Hockenjos
- Shuffleboard: Ed Chair
- Tennis / Ladies: Elaine LaMagna
- Tennis / Men's: Bill Scarpone
- Exercise Room: Assoc. Office
- Plantation: Bill Bond
- Video Library: June Ceglio
- Country Line Dancing: Amy Lauria

May 2020 – The Knoll News 63
We are hoping and praying that by the time you receive this edition of **Knoll News**, our Country will be well on its way to **healing**. Our offices have been closed since March 23rd, by mandate of the President. In the meantime, you can always reach us by calling **732-942-9950**. Be assured that we are able to serve our Sellers and potential Buyers during this crisis. We look forward to re-opening our offices as soon as possible.

At this time, we wish our Friends and Neighbors Good Health and Great Hopes for the Future of our Country.

*Ridge Realty is independently owned by June G. Holder, JGH & Associates, since 2006. If your home is presently listed for sale, this is not intended as a solicitation. Ridge Realty does not represent that this Agency has listed and/or sold all the homes shown above.*