Volume 18, Number 4

Wine Club
Singles at Heart Club
Book Club
Social Committee

Ice Cream Club
Men's Club
Bosom Buddies
Women's Club

Bocce Club
Photography Club
Bowling Club
Bridge Club
Tennis Club
Pickleball Club

Billiards Club
History Book Club
Italian American
Club
Shalom Club
Trips & Tours

### CLUB NEWS

### <u>Women's Club</u> Happenings 2025

May: 8 "Rock of Ages"-Axelrod Theater

TDB Collection for Active Military

June: 7 Best of Billie Joel: Tribute Band

September: 18 Paid Up Member Event

October: TBD Fall Coat Drive

November: TBD Thanksgiving Food Drive

Share and Care: Meeting at 10:00 am on the 3rd Wednesday of the month (there are no meetings in February or July).

Many other exciting events will be added to the calendar. We hope that you will join us!!!

### **Shalom Club News**

Submitted by Phyllis Brill, President

Save the dates and mark your calendars for 2025! Please join us!!

Sunday Morning-May 18, 2025 @ 10 A.M. Bagel Brunch-Eat, Listen, Learn, and Laugh a bit! A Presentation by Susan Addelston: 100 Years of Jewish Genius 1847-1947

Sunday Morning-August 17, 2025 @ 10 A.M. Bagel Brunch-Eat, Listen, Learn, and Laugh a bit!

A Presentation by Sal St. George:

Those Boisterous Boys from the Borscht Belt

Saturday evening-September 6, 2025 @ 6 P.M. Rosh Hashanah hot dinner and entertainment by

Julian and Dominique, one of America's favorite singing duos.

Saturday evening-December 6, 2025 @ 6 P.M.

Chanukah dinner and fabulous Klezmer music from The Hester Street Troupe.

Some ideas suggested by our members that we will explore for future events:

- The Daffodil Project: www.thedaffodilproject.net
- Am Yisrael Chai is a non-profit Holocaust education and genocide awareness organization that welcomes participation in building a worldwide Holocaust Memorial Daffodil Garden in memory of the 1.5 million children who perished in the Holocaust, and supporting children suffering around the world today.
- Shalom Club Movie Night: A few suggested titles are Crossing Delancey, One Life, The Pianist, The Boy in Striped Pajamas, Schindler's List, and The Last Days.
- Bus tour to the Eldridge Street Synagogue, Anne Frank Exhibition and the Essex Market

Would you like to assist in planning these events or do you have any other suggestions? Please let me know! If you have any questions or suggestions, please email me at <a href="mailto:phyllisb18@yahoo.com">phyllisb18@yahoo.com</a>.

New and returning members of our Shalom Club are always welcome! Please make your check payable to FSM Activity Fund. Membership cost is \$18 per household.







Am Yisrael Chai Shalom, Phyllis

### **Bosom Buddies**

Should You Get a Second Opinion?

Reported by Goldie Golden

Receiving a breast cancer diagnosis is a life-changing moment. It is filled with so many emotions and important discussions that will shape your recovery.

During the confusion and urgency of a new diagnosis, a patient may consider getting a second opinion. This may confirm the initial diagnosis and open up more and different treatment options. A second opinion does not have to reflect doubt on your current doctor but instead allows you to know all aspects of breast cancer and all treatments that are available to you.

To seek a second opinion, gather all your medical records together, including pathology reports, imaging results, and any treatment plans already discussed. Most doctors will welcome you wanting a second opinion. If not, then that is not the right doctor for you. A second opinion offers peace of mind that whatever road is chosen is the most informed and the one that's best for you.

Searching for a second opinion is not just about medical accuracy. It is about allowing you to make informed choices. A second opinion does not always change the original diagnosis or treatment plan, but it can give you important information and verify the situation. It is about making sure you have exhausted every avenue for treatment. Getting a second opinion is a step toward being in control in a situation where you can feel lost and alone. You must be proactive.

Please discuss your yearly screenings with your doctor, do a monthly self-breast exam, and report any changes to your physician. Doing all this gives you the best chance to save your life.

Although the name of this column has changed, the mission is the same. We want you thrive and be your own advocate.

"Don't be afraid to seek a second opinion. It is your body, your choice, and your right."

Dr. Tricia Pingel, Naturopathic Doctor, Phoenix, Arizona



Four Seasons at Manalapan Shalom Club

Presents

A Discussion Given by

### Susan Addelston Sunday, May 18th at 10 AM

Ballroom Doors open at 9:45 AM

Light breakfast will be served- bagels and schmears, egg and tuna salads

Shalom Club members Only \$18 PP

100 Years of Jewish Genius 1847-1947

The freeing of Jews from medieval ghettos, as a result of the Napoleonic Age, brought an explosion of Jewish talent that significantly advanced world progress. We will hear about several of the most important ones in politics, art, music, literature and science.

Sign up April 17th 9:30 AM Tables of 8 or 10 Checks must accompany sign up

MAKE CHECKS PAYABLE TO: FSM ACTIVITY FUND No refunds after May 5th

#### QUESTIONS??

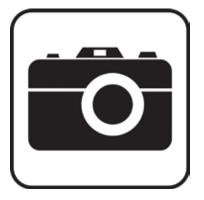
Hope Nechamkin ● (732) 890-6477 Faye Kasner ● (732) 740-1149 Phyllis Brill ● (732) 415-8758

Donations of canned, boxed, or bagged dog or cat food for the Jackson Pet Food Pantry are appreciated

### CLUB NEWS

### The Photography Club Wants You

Submitted by Jerry Deutsch



Do you own a cell phone? Do you use it to take pictures? Then you're a "photographer!" Regardless of what you use to take photographs and what you take photos of, participation in the Four Seasons Manalapan Photography Club (FSMPC) can greatly improve your images.

At every meeting, we have a speaker or a video about various aspects of photography, with an emphasis on improving everyone's

skills. We also critique images submitted by members, which heightens everyone's awareness of how they can improve the composition of their images.

You don't have to own an expensive camera to take great photos. A cell phone is all you need. Join us as a guest and learn what the club is about.

We meet once a month on the second Monday of every month at 7:30 P.M. The meetings take place, in person, in the upstairs conference room and are also transmitted via Zoom.

You can see last month's winning photographs from our monthly competition in this edition.

For more information about FSMPC, please contact Jerry Deutsch (732) 213-6363 or jerrydeutsch@yahoo.com, Alan Bogard at (732) 446-0967 or anbche@optonline.net, or Wai Seto setowai@hotmail.com.



### Singles at Heart Club

Submitted by Debbie Rubinstein

Calling all singles at Four Seasons at Manalapan! It's never too late to join our vibrant singles club and be part of a community that values fun, friendship, and new experiences.

If you're interested in joining, you can find the folder in the concierge office. Our club has a variety of activities planned for each month, including dinners, concerts, and even a day at Monmouth Raceway.

It's a perfect opportunity to connect with other singles in our community and enjoy some quality time together. Don't miss out on the chance to be a part of our exciting events and meet new people!



### **Social Committee**

Submitted by Al Lassoff

#### **Happy Hour**

No Happy Hour was held in March.

Possible Happy Hours may be held in April and May. If held, an eblast notice will be issued by Susan Schovanec, our Lifestyle Director.

Happy Hours are an opportunity for ALL Four Seasons at Manalapan residents to socialize with old friends and meet new ones. **There is no charge to attend!** All future Happy Hour dates and times will be announced by Lifestyle Director Susan Schovanec.

#### **Friday Night Movie**

The Friday Night Movie for February was "Conclave," a political thriller set in the context of the death of a pope and the subsequent papal conclave to elect his successor. This mystery/thriller explores one of the most secretive and ancient events, the participation in the selection of a new pope. An audience of 50+ residents enjoyed the film and the surprise ending.

The Friday Night Movie for March was "September 5," a thriller/drama, about an American sports broadcasting crew that finds itself thrust into covering the hostage crisis involving Israeli athletes.

The Friday Night Movie for April has not been selected yet. The title and date will be announced by Lifestyle Director Susan Schovanec.

#### **Please Remember!**

The Friday Night Movie is usually held on the 3<sup>rd</sup> Friday of the month and is **FREE**, **NO CHARGE**!

#### **Other Events:**

**Casino Night** was held on Saturday, March 1, 2025. Many newcomers learned to play table games taught by pros. Event prizes, raffles, and awards were given out by our sponsor,

Monroe Gardens. **Prizes were in the hundreds of dollars \$\$\$\$!** The sold-out event was a rewarding experience for many residents who had played with "house money." Pictures of this event can be found in this issue of the Pegasus Press.

The Mentalist, an evening sponsored by Towne Home Care, entertained Four Seasons residents while providing light refreshments. The event was scheduled for Sunday, March 16, 2025, and all in attendance enjoyed feats of extraordinary demonstrations of mental powers.

**Night at the Races** was scheduled for Saturday, March 22, 2025. Bowties and hats were displayed at this Derby evening of horse racing and hat contests, resulting in prize-winning! Dessert and prizes were sponsored by the Social Committee.

Can You Dig It? 70s Band is scheduled for Saturday, April 26, 2025. It will be a celebration of the iconic decade of the 70s. We will revisit the era through music, dance, fashion, and cultural trends. The band will take us back in time, reliving some memories from that colorful decade. Seats may still be available! Inquire with Susan in the Lifestyle Director's office.

The coming months will bring a host of events sponsored by your Social Committee:

Memorial Day BBQ: Monday, May 26, 2025, with a DJ!

Polynesian Night: Friday, June 13, 2025

Music on the Patio: Thursday, July 10, 2025 (Please note the date change)

Pool Party: Tuesday, July 22, 2025, with a DJ!

Music in the Ballroom: Saturday, August 9, 2025, with "The Eddie Testa Band"

Friday Night Movies and Happy Hours will be held during the coming months

Please watch for email announcements from Susan!

New members of the Social Committee are always welcome at our meetings.

Bring new suggestions for future events, and stay to help implement them!

### Women's Club

Submitted by Pat Dorin and Maria Longo

"It's almost here—It's safe to say
I saw a Crocus yesterday
Its' colors bright—A lovely thing
My heart Rejoiced! 'Twil soon be Spring!

The winter blues will soon be gone And birds will soon burst forth in song The coral bells will gently ring The Daphne yells "It's almost Spring!"

It's nearly here! It's coming fast!
The Robins will appear at last
Oh Wonderous Joy! I too shall sing!
And join in Nature's "Song for Spring"
—M. Garren, Song for Spring

We certainly can relate after an up-and-down winter!

Wonderful happenings await us with activities, trips, and music. Our Floridian friends are returning to share the fun, join in planning, and renewing friendships.

Enjoy a walk and meet neighbors! Notice the trees, flowers, and beauty waiting to unfold in the community.

These are just a few of our upcoming events. Mark your calendars!

April 3: Tea and games at Mathis House

April 7 Breakfast at Gus's

April 14 Breakfast at Gus's

April 16 Share and Care meeting

May 8 Rock of Ages

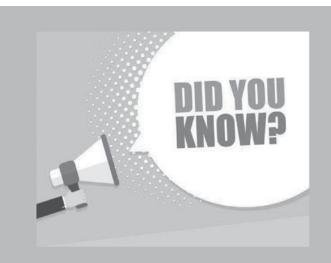
May 13 Mah Jongg Your Way

May 20 Military Bridge Luncheon

June 5 Trolley Trip

June 7 Danny V's 52nd Street Band

June 10 Canasta Tournament



Did you know that any event sponsored by the FSM Social Committee is open to

### **ALL FSM RESIDENTS??**

### **MEMBERSHIP IS NOT REQUIRED!**

If you would like to serve on the Social Committee, we meet on the second Thursday of each month in the Upstairs Conference Room at 6PM. We would love to see you there and hear your ideas.

We hope to see you at our next Social Committee Sponsored event and maybe even at our monthly meetings!

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Answers on page 12



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### Living Trusts and Wills Seminar

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- You can protect your loved one with substance abuse issues.
- You can avoid the common missteps by families raising children with challenges, disabilities, or special needs.

Now is the right time for you to get your affairs in order with an up-to-date Estate Plan!

### **Monroe**

Courtyard Marriott Cranbury South Brunswick 420 Forsgate Drive **Wednesday, April 9th** 

10:00am | 2:00pm | 7:00pm

#### **Freehold**

Radisson
50 Gibson Place
Thursday, April 10th
10:00am | 2:00pm | 7:00pm

You may register by calling our office at (732) 238-6000 or online at www.levinefurman.com/seminars.

Most attendees choose to make an appointment at the end of the presentation, ads-1551 so please bring your calendar with you.

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#### <u>Architectural Control Committee</u> <u>When Modification Requests are Reguired</u>

As described in the Public Offering Statement, the Architectural Control Committee of Four Seasons at Manalapan ensures that "the community is always maintained in a manner:

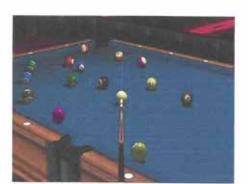
- 1) providing for the visual harmony and soundness of repair:
- avoiding activities deleterious to the aesthetic or property values of the Community;
- 3) furthering the comfort of Members, their guests, invitees and lessees; and
- 4) promoting the general welfare and safety of the Community"

In so doing, the Committee regulates the design, use and maintenance of the exterior of all buildings. These items include, but are not limited to:

- 1) Patios
- 2) Landscaping
- 3) Entry doors and storm doors
- 4) Exterior lighting
- 5) Facades
- 6) Decks
- 7) Walks
- 8) Awnings
- 9) Driveway aprons
- 10) Drip irrigation
- 11) Exterior paint color
- 12) Solar panels
- 13) Generators
- 14) Shutters

To apply for Committee review of planned work. fill out one of the two forms (located on the first floor near the stairs or on the website). One is for generator installations. and the other is for all other modifications.

The forms indicate the deposit amounts required for various modifications, and what must be attached to the forms such as insurance forms from contractors and full size original as-built surveys. The forms also provide detailed specific requirements and limitations for various modifications. When completed, submit the forms to the management office.



### Four Seasons at Manalapan Billiards Club Membership 2024 - 2025

Billiard Club Membership runs from July 1st to June 30th each year. There shall be no prorating of dues except that players who join in the last three (3) months of the year, (April- June), will pay a full year's dues & will be fully paid through the following year. For example: If a resident joins on April 10, 2024, their membership will expire on June 30, 2025.

The Billiard Club's cost of membership will be

\$10

Make checks payable to: "FSM Activity Fund"

### Membership Entitlements:

- 1. <u>MEMBERS</u> will be permitted to vote at future elections and other items calling for a vote.
- MEMBERS will be permitted to sign-up to play in our Fall or Spring tournaments (additional fee, normally \$15.00 up to 2 tournaments) and/or participate in special programs (Example: Monthly Team 9-ball tournaments (free-no cost to members) and special inter-community competitions.
- 3. <u>MEMBERS</u>, who do not participate in our Fall or Spring tournaments will be permitted to attend the Awards and Recognition Dinner for a charge of \$10.00. The Awards and Recognition Dinner is FREE ONLY to participants of the prior Fall or Spring Tournaments.

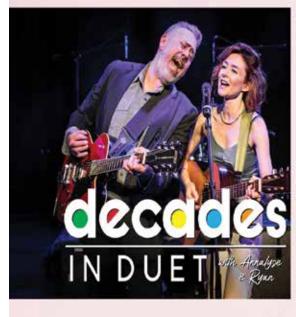
### CLUB NEWS





out and poker night

### Four Seasons at Manalapan Men's Club Presents:



Saturday May 3rd 8PM

Doors open at

7:30

\$25 PP

Six decades of chart-topping duets featuring the music of over forty different artists: vocalists, multi-instrumentalists, and award-winning husband/wife songwriters Annalyse McCoy and Ryan Dunn celebrate love and music in DECADES IN DUET!

They say "it takes two to make a dream come true," and this dynamic duo gives that old adage new life as they bring their years of headline experience in New York City and Nashville together to create this special concert event.

Featuring cross-genre favorites from the 60s/70s ("I Got You Babe," "Don't Go Breakin' My Heart."), classic pop from the 80s/90s ("Islands in the Stream," "(I've Had) The Time of My Life," "Up Where We Belong"), and modern crossover hits ("Shallow," Jason Aldean/Kelly Clarkson's "Don't You Wanna Stay," and Tony Bennett/Lady Gaga's new take on "The Lady Is a Tramp"), the eclectic array of music in DECADES IN DUET surprises audiences at

Decades In Duet

Guys must be Men's Club members

Folder out 3/10
Checks must accompany

sign up Make checks payable to: FSM ACTIVITY FUND NO REFUNDS AFTER APRIL 24th

QUESTIONS??

Joel Margolis \*jmshoe42@gmail.com

Charlie Mutnick ★ cmutnick@optonline.net



### Mugs, Muffins and Movie





### Men's Club Poker Championship







### GALENTINE'S









### DAY

### PHOTOS



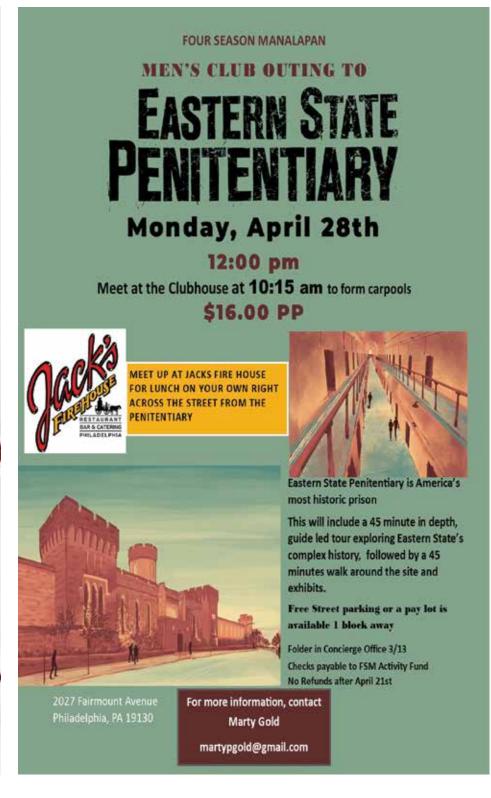












### FOUR SEASONS AT MANALAPAN **MEN'S CLUB**

### OPENING DAY BASEBALL

Thursday, March 27th

3:00PM

Yankees Game at 3PM

Mots Rame at 4PM





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Charlie Mutnick cmutnick@optonline.net



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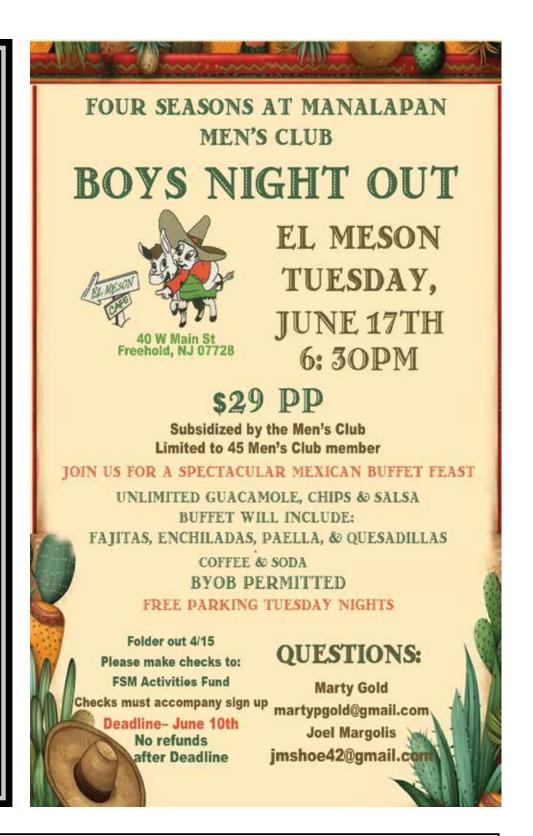
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### Puzzle Corner

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**QUESTIONS** 

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Garbage Pick-Up **Monday** 

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The following items are not collected at the curb but are recyclable. Please drop them off at:

> The Recycling Center 207 Rt 522 M-F 8:00 - 3:00 Sat 8:00 - 2:00

- Leaves & Brush
- Electronics
- Metals
- Car Batteries
- **Button Batteries**

(e.g. watches, hearing aids & cameras)

- Plastic bags
- styrofoam
- Waxed paper Microwavable trays
- Light bulbs, windows,
- · Ceramics, porcelain, plates, vases
- Plastic 6-pack holders

Not Accepted For Curbside Recycling

- Batteries
- Tires
- Paint Cans (empty or full)
- · Household items (e.g. toasters, cooking pots)

### Recycling Tips:

- Empty and lightly rinse all containers
- You do NOT need to tie up your newspapers if they are in a container
- Use a container with a lid to ensure that papers do not blow away
- Containers should not be larger than 50 gallons

No Need To Remove Tape, Paper clips, staples, stamps, labels, metal fasteners, rubber bands, plastic tabs, post-it notes, spiral bindings.

# FOUR SEASONS AT MANALAPAN ACTIVITIES SCHEDULE

ACTIVITIES SCHEDULE CONTACTS PHONE EMAIL  Architectural Control Committee Wed. 10:15 A.M., based on need David Davidowitz (908)601-0140 ddconed1@aol.com  Aquacize Wed. & Fri. 9:30 Indoor Pool Barbara Dalzell 685-3753 bdal74@verizon.net  Bike Group Tuesdays Arnie Lifland 513-1929 arnielifland16@gmail.om  Billiards OctJan./FebMay Larry Gens 598-1289 lg0607@aol.com  Bocce Time Seasonal Gary Case 201-410-6143 garyacase@gmail.com  Book Club 3rd Wed. 7:00 P.M. & 4th Thur. 4 pm Marcie Case 201-280-0896 Marciec392@aol.com  Bowling Monday 7:00 P.M. Frank Maggio 946-7985 fjmag60@aim.com  Breast Cancer Support Group 1st Mon. 10:00 A.M. Diane Goldstein 446-2443 beeg4@aol.com  Bridge Thurs. 9:30 A.M. & Fri. 1:00 P.M. Andrea Shorr 446-2577 andreashorr@yahoo.co  Clubhouse Committee 1st Wed. 6:30 P.M. David Sobel 675-8283 dave07747@aol.com  Election Committee January—May Ed Fisher 908-216-1476 edfisher@yahoo.com  Finance Committee 4th Tues. 7:00 P.M. Roger Cohen 908-930-2559 bookkeepingtaxesandmore@gar.	m mail.com
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Finance Committee 4th Tues. 7:00 P.M. Roger Cohen 908-930-2559 bookkeepingtaxesandmore@s	m
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Grounds Committee 1st Tues. 3:00 P.M. Bob Button 732-483-4141 r1h2button@gmail.com	1
History Book Club Last Thurs. Barry Karen 908 599 9357 me.barryk47@yahoo.c	
Ice Cream Club Whenever Marcie Case 201-280-0896 marciec392@gmail.com	
Italian/American Cultural Club Whenever Mary Ann Colarusso 446-0283 maryann4547@msn.co	n
Judiciary Committee As needed Jerry Judin 421-1001 jayjaylaw1@aol.com	
Mah Jongg A.M. & P.M. groups See Message Board http://www.fourseasonsatmanalapan.c	m/
for new games forming thread_list.asp	
Men's Club 1st Sun. 9:00 A.M. Joel Margolis jmshoe42@gmail.com	
Charlie Mutnick cmutnick@optonline.r	ΣT
Men's Club Breakfast 2nd & 4th Wed. 9 A.M. Joel Margolis jmshoe42@gmail.com  Charlie Mutnick cmutnick@optonline.r	et
Movie Night 3rd Fri. 8:00 P.M. Al Lassoff 780-4167 alassoff@hotmail.com	
Pegasus Press Newspaper Meetings as needed fsmpegasuspress@gmail	com
Photography Club 2nd Mon. 7:30 P.M. Alan Bogard 446-0967 anbche@optonline.net	
Jerry Deutsch 213-6363 jerrydeutsch@yahoo.co	m
Wai Seto setowai@hotmail.com	
Pickleball Beginner: Open Play: Tues./Thurs. 9 a.m11 a.m. Jerry Silverman 598-1127 jsilverman111@optonlin Intermediate: Open Play: Mon./Wed. 9 a.m11 a.m.	.net
Ping Pong Club Tues. 2:30 P.M., Thurs. 7:00 P.M. Ray Abrahamsen 851-7488 rabrahamsen@comcas	net
& Sat 10:00 A.M.	
Pinochle Mon. 1:00 P.M., Wed. 7:00 P.M.	
Shalom Club 3rd Sun. 11:00 A.M. Phyllis Brill 415-8758 phyllisb18@yahoo.com	
Share and Care 3rd Wed. 10:00 A.M. Janet Gross* 446-4895 jlg118@aol.com	
Ginny Jennings 908-230-2232 ginjenn37@optonline.	et
Singles at Heart Club Jeanne Nathan 406-2547	
Marsha Koster 642-7526	
Social Committee 2nd Thurs. 6:00 P.M. Al Lassoff 780-4167 alassoff@hotmail.com	
Tennis Club See Message Board David Shushansky 917-701-6924 dshushansky@gmail.co	m
Texas Hold 'Em Tues. 7:00 P.M. & 8:15 P.M. Jimmie Mesis 908-839-7000 jnmesis@gmail.com	
Trips and Tours Committee As Needed Kim Silverman 536-5161 ksks@optonline.net	
Wine Tasting Club Every other month Kim Silverman 536-5161 ksks@optonline.net	
Women's Club Varies Janet Gross 609-240-3979 jlg118@aol.com  *Co-Presidents/Chairpersons/Editors * 7 digit phone numbers start with 732 *  Sandi Wodakow 908-565-0710 sandi.wodakow@gma	il.com

### CASINO NIGHT

















## PHILADELPHIA FLOWER SHOW





























## BOYS NIGHT OUT

THE GREEK SPOT

Tuesday,

Andee Plaza 130 Route 33 west Manalapan NJ 07726 **May 20th 6:30PM** 

\$29 PP

Subsidized by the Men's Club Limited to 35 Men's Club members

Salad — Greek House Salad

**Appetizers** — Roasted Stuffed Peppers & Eggplant Chips

Entrees — Chicken or Pork Souvlakia w/side

Beef & Lamb Gyro Platter w/side Pastichio or Spanakopita

Coffee & Soda

**BYOB** permitted

Please make checks to:

**FSM Activities Fund** 

Checks must accompany sign up

**Deadline- May 12th** 

No refunds

after Deadline

QUESTIONS:

**Joel Margolis** 

jmshoe42@gmail.com