The Villages News Magazine is published as a service to our community. We solicit articles but reserve the right to accept, edit or reject any manuscripts submitted. All text must be approved by the staff. Only material that is in good taste and non-inflammatory will be considered. We cannot be responsible for acknowledgement or return of articles. Any non-staff contributions must be signed by the author. The articles in this magazine may, or may not represent the views of the entire staff.

NOTE: The Villages Trustees, Property Management and the VNM staff are not responsible for the advertisements or any of the products mentioned in this publication.

Do you have an interesting story? Perhaps a trip you took with photos you’d like to share? How about a special event or award you received that you’d like your friends and neighbors to learn about? If you’ve seen a good movie recently, why not contribute a review? This paper is your vehicle for binding this community together. Please, don’t be shy! We’d love to hear from you. Submit your articles and photos by the 13th of the month.

Please send your articles via email or as a word attachment to jbarbone@msn.com.

Here is a list of some articles we are looking for:
- Vacation Spots
- Movie Reviews
- Recipes
- Achievements
- Club Events
A Message from Board President Reeve H. Apgar:

Friday May 10th I finally had time to attend a meeting of The Villages News Magazine. While there, I was asked to submit a message from the Board President.

Since I am new to the position and so much has gone on since the beginning of this year I suppose I should be start with introducing our New Management, Regency Management Group, based in Howell Township.

Our new Community Manager is Renee, and the Assistant Community Manager is Clarissa.

These two individuals have been working tirelessly to bring our community back from the former state into which it had declined.

Our new Management Company has been serving us for only a couple months as I write. There have been numerous pitfalls to top it all off, there was the need to address the extensive DCA inspection report. In the face of this, these extremely competent women have risen to the challenge of Managing our Community.

It is exciting to have new personnel in our Office and on our Board of Trustees as we move forward in addressing these pressing challenges.

Each one of us wants someone to address our personal and very important issues. Each issue IS important, and priorities must be arranged in the order of the most severe to those less severe.

Keep in mind, when you seek advice or ask for assistance there may be something needing more immediate attention.

Elaine, CEO and owner of Regency Management Group, has asked us to give Management 90 days in order to effect an efficient transition. Remember we must bring this Community into the 21st century, administratively, from the stone knives and bear skins precepts of the previous few decades. This cannot happen overnight. Please be patient.

Thank you,

Reeve H. Apgar

To all residents:

The Villages Magazine is looking for an individual who would like to write stories for the monthly magazine. The stories can be about any topic you choose. It requires your interests and a little bit of time. If you are interested in helping our committee, please email me at jbarbone@msn.com. Thank you.

Joe Barbone, Editor.

THE VILLAGES MAGAZINE
2019 MONTHLY MEETINGS
2nd FRIDAY, AT 10:00AM
MEETING ROOM UPSTAIRS

JUNE 14 
JULY 12
AUGUST 9 
SEPTEMBER 13
OCTOBER 11 
NOVEMBER 8 
DECEMBER 13

A funeral service should be about memories, not high prices.

Call today and find out how to honor a special life, beautifully and affordably.

Burial starting at $3,100*

Cremation starting at $1,300**
Peripheral Neuropathy is a nerve disorder known to affect millions of people throughout the U.S. It is a complication found in several different medical conditions including Diabetes, Peripheral Vascular Disease, Post Chemo-Radiation therapies and Metabolic disorders being some of the most common.

Underlying the above disease processes is the problem of impaired circulation to peripheral blood vessels, particularly the smaller ones (capillaries) that supply nerve tissues. Without sufficient blood flow to nerve tissues, oxygen and nutrients cannot get into the tissues while the waste products of metabolism cannot get out. When functioning normally, nerve tissues receive nutrient rich, highly-oxygenated blood carried to them by capillaries, however they are easily clogged by this debilitating process. The peripheral nervous system eventually becomes distressed and damaged due to starvation and toxicity.

MicroVas is a FDA cleared, non-invasive vascular treatment system that delivers electromagnetic energy to targeted areas of the body. After years of research, this technology was originally developed to treat Navy SEAL divers for hypothermia. It has since been engineered as a ground-breaking innovation with the ability to address the root cause of neuropathy, often a lack of nerve fiber circulation in the injured area.

MicroVas’ powerful, deeply penetrating waveform causes blood to pump and circulate much more efficiently by significantly raising tissue oxygen levels, resulting in a potent effect on the microcirculation. Studies have demonstrated marked increases in tissue oxygen supply within minutes of initiating treatment. In contrast to other technologies available, this process results in new capillary formation, laying the groundwork for new tissue growth and repair while accelerating the healing process.

In our experience, MicroVas’ therapeutic effects are often substantial and our unique approach of implementation, including extensive manual hands-on therapy and functional conditioning is designed to help you achieve optimal results for long-term relief.

“I’ve suffered with neuropathy for the last seven years after extensive cancer treatments. Having been active all my life, once my balance and walking began to deteriorate, I knew that I needed help. Since beginning the neuropathy program at Rehability, I’ve become stronger on my feet again and the Microvas therapy has lessened the burning at night. This is the best thing I’ve done for myself since in remission and I’m grateful to your group.” -Barry S.
We extend our sincerest condolences to the family of Marvin Schulman, who died recently. May he rest in peace.

We extend our sincerest condolences to Mike Spinnato, for Board President, and his family on the recent death of his wife, Jean. May she rest in peace.

**If you know of a recent death, anniversary or significant event in the life of our residents, please send an email to jbarbone@msn.com. Thank you.

We accept no responsibility for any advertisements. If there are any complaints concerning an advertiser, please contact them directly. If you receive no satisfaction, you can contact your Better Business Bureau or the Department of Consumer Affairs.

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**SUDOKU PUZZLE**

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7 _ _ 5 2
2 8 6 7 3
1 3 2 9 7
5 2 _ 7 6
4 8 _ 5 9
3 1 2 8 
2 4 1 8 6
1 7 9 8 5 3
8 _ 7 1
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Congratulations to Hal & Lenore Feldman as they celebrate their 65th wedding anniversary on June 12th. In addition, they are anxiously awaiting the birth of their first great grandchild, a girl, due in mid July.

Samantha Soden
732.930.4013
www.mythirtyone.com/SamSoden

"This marketing material was created by Samantha Soden, Independent Sales Consultant for Thirty-One Gifts LLC, who is solely responsible for its content. Thirty-One Gifts LLC does not endorse and is not responsible for the content of this marketing material."
A HUMAN INTEREST STORY

By Henry Hernandez

Back in 1897, a youngster went out for the football team at the Virginia Military Institute (VMI). He had never played football before, but after a few weeks he had grasped everything the coach could teach him about tackle play and made the team. He was on his way to stardom when suddenly one day a terrible accident occurred. He was accidentally stabbed with a steel bayonet. He was rushed to the hospital. Little hope was held for his life. For days he lingered between life and death. The doctors despaired of his recovery and expected him to die at any moment.

One night, the football coach came to the hospital to see the dying lad and try to cheer him up in his last moments. As the coach tiptoed into the room, he stopped in surprise. The boy who was supposed to be dying was sitting propped up in bed with a pencil in his hand, drawing football diagrams on the clean white sheets.

“What in heaven’s name are you doing?” asked the amazed coach. “You’re supposed to be a very sick boy.”

The boy grinned and winked at the coach. “Sh-h-h, coach,” he said. “Not so loud or the doctors will hear you. And don’t worry about me. Before you know it, I’ll be back in the lineup playing football again. Look, coach, take a peek at this diagram. It’s a tricky formation and I don’t think it can miss.”

The coach pulled up a chair next to the boy’s hospital cot. The two sat for a long time, talking football and drawing intricate diagrams for winning football plays. And the coach was amazed at the boy’s ability to work the most complicated plans for football battle.

True to his word, the youngster got well quickly. He went back to playing football. So great a star did he become that he was voted All-Southern tackle at the end of the season.

All that happened 115 years ago. Today, no one hears anything about the football player who was supposed to die but went on to become a great star for one of the greatest VMI football teams. But that little trick of his — that habit of drawing diagrams — was not lost. He went on to finish a job of diagramming and planning battles in a field much different from the gridiron of football. The diagrams and plans did more than win a football game. They won a war and changed the map of the world. For that football youngster who was an All-Southern tackle so many years ago turned out to be the soldier-statesman whose name has been written large in the imperishable history of our country.

He became a great American military leader, Chief of Staff of the Army, Secretary of State, and the third Secretary of Defense. Once called “the organizer of victory” by Winston Churchill for his leadership of the Allied victory in World War II, he served as the United States Army Chief of Staff during the war and as the chief military advisor to President Franklin D. Roosevelt. As the Chief of Staff, he organized the largest and finest Army the U.S. has ever had. He was named Time’s Man of the Year for 1943. On December 16, 1944, he became the first American general to be promoted to five-star rank, the newly created General of the Army. This position is the American equivalent to the rank of Field Marshal.*

After his return to the U.S. in early 1947, President Truman appointed him Secretary of State. He became the spokesman for the State Department’s ambitious plan to rebuild Europe. On June 5, 1947 in a speech at Harvard University, he outlined the American Plan. The European Recovery Program as it was formally known was renamed to include his name, and it helped Europe quickly rebuild and modernize its economy along American lines.

He was again named Time magazine’s Man of the Year for 1947, and received the Nobel Peace Prize for his post-war work in 1953. He was the only U.S. Army General to have received this honor. His name: George C. Marshall.

*Actually, FDR wanted Marshall to assume the title of Field Marshal. However, Marshall protested that under no circumstances did he want to be known as Marshal Marshall.
We are going to Broadway on June 2, 2019 to see the Cher Show. The trip is sold out and we are looking forward to visiting the Big Apple once again.

Our Annual “Spring Fling” on Sun. April 28th was a great success and all who attended enjoyed the food from Mulligan’s and Bob Cuollo’s music.

We had a successful trip to The Sands in April as well, and we need everyone’s support for our future Atlantic City trips. Please read the weekly newsletters for all upcoming trips and call Mary Beth at 732-431-5987 if you are interested. All payments will be required upfront to hold your reservation and this payment will be non-refundable.

At the June 5th meeting we will be collecting a final installment of $41 for the Sept. 10 trip to “Sight & Sound” for their production of “Jesus” for the full price of $123. Also at the June 5th meeting we will be collecting a $105 final payment for our overnight trip to the Dover Downs Hotel & Casino and Racetrack on Aug. 28 thru Aug. 29. Full cost is $205 for this two day trip. Details are on the Bulletin Board in the Clubhouse.

For anyone moving into the Villages, or those who have been here a while, you should consider the Friendship Club as a means of getting to know your neighbors. Come to a meeting, meet some new friends, and join us on a day trip if it suits you, or a trip to A/C if that's your thing. Membership Dues in the Club are just $5 and are due by June 30th of each year. Our monthly meetings are the first Wednesday of each month at 1:00PM.

Condolences and Get Well cards call Mona Scott (732-677-3489).

God took the strength of a mountain
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages
The power of the eagle’s flight,
The joy of a morning in spring
The faith of a mustard seed
The patience of eternity
The depth of a family need.
When God combined these qualities.
When there was no more to add,
He knew his masterpiece was complete
And so, He called it….DAD
- Anonymous

Happy Father’s Day to all our Dads, Grandads, stepdads, or any one is a father figure in someone’s life. You are the best!
Planting a container garden is both fun and easy. Local garden centers carry many types of containers. They come in various shapes and sizes, made from ceramic, clay, and terra cotta, etc. You can use household objects. Old work boots, tea kettles, hollow tree stumps or wheel barrows can all be used as planters.

The container must have good drainage. Without proper drainage your plant will not live and thrive. Use potting soil, not garden soil. Potting soil has good aeration and does not have weed seeds.

Select plants that have similar needs for sun, shade and water. Reading labels and doing research will help you determine this. The most attractive containers will usually have a tall plant (thriller), a plant that will cascade over the side of the pot (spiller), and another plant in the pot (filler).

Fertilize container plants with half strength slow release fertilizer for healthier, brighter colors, throughout the hot summer months. Don’t fertilize when temps are above 85 degrees. Proper watering is very important. Allow plants to absorb the water they need, while the excess drains away. Intense heat requires watering a few times a day. See how quickly the soil absorbs the water you give it.

Container gardening is a wonderful alternative or complement to planting in the ground. Whether you have a large area to fill or just a small patio or deck, the possibilities are endless.
A Place for Us, we all agreed, was a beautiful and very emotional novel. It is a story of family, faith, love, and finding a place where we belong.

In her debut novel, Fatima Farheen Mirza writes in an interesting style which at first seems confusing, but then eventually all comes together. Not only does the setting go back and forth between different time periods, but revisits the same event from a different character’s viewpoint. All of which helps understand each character a little better. It tells the story of this Indian-American family who must contend with the choices and betrayals they have made.

It opens at the eldest daughter’s wedding which has been performed with all the Muslim traditions of their culture, except it is a marriage of love not arrangement. We meet the bride’s estranged brother, Amar, and eventually learn of the betrayals that led to the choices he has made, and the heart-break it has caused, the especially to his father.

The novel deeply affected us and was also an eye-opener to the understanding of the Muslim religion which is based on peace and respect to God and to each-other. We came to understand how unfairly they were thought of, especially after the events of September 11th. The truth is that no matter what religion you are, we all love our families and do whatever we think is best for them. We give this book a high recommendation.

Because our regular meeting on the last Monday of the month falls on Memorial Day, our next meeting will be on June 3rd to discuss Paris in the Present Tense by Mark Helprin. We will also meet on June 24th to discuss The Rent Collector by Camron Wright, and for July we will be reading Where the Crawdads Sing by Delia Owens. That meeting will be on July 22. We meet in the downstairs TV room at 11:00am, and encourage new members to please join us for discussions and ideas for future reads.

If a book comes from the heart, it will contrive to reach other hearts.

-Carlyle-
JUNE EVENTS AROUND THE TOWNS

Count Basie Theater in Red Bank...732-842-9000...theatreredbank.com
1….The Fab Faux
2… Rockit Goes to the Movies
4….Frozen, Jr.
5….David Gray
6….An Intimate Evening with Kristin Chenoweth
7….Oh, What a Night of Doo Wop and Rock n’ Roll
8….Blockbuster- All Orchestral Season Finale
10...David Crosby and Friends
11...Brian Wilson
12...The APP Sports Awards
..13-14...Kevin James
18…Buddy Guy and the Kenny Wayne Shepherd Band
..21-30...Newsies
  22...Blondie
  25…Boz Scaggs
  26…Tiffany Jenkins Live

The Strand Theater-Lakewood- 732- 367-7789...strand.org
  (recital season)

Two River, Theater, Red Bank...732-345-1400...tworivertheater.org
  (no productions until September)

Paper Mill Playhouse, Millburn… 973-376-4343...papermill.org
  1-30 (Sun, Wed, Thurs, Fri., Sat.)...Beauty and the Beast

Algonquin Theater, Manasquan….732-528-9211...algonquinarts.com
  6… Broadway Bash

Allaire State Park- 732-919-3500...allairevillage.org
  1-2...Civil War Encampment-The Actions at Rural Plains
  2, 9…Sunday Morning Trail Ride
  9……..Early summer Flea Market
  22……..Maria Allaire’s Wedding Reenactment
A REMINDER FROM JCP&L
Riding out the Storm

Though we hope it won’t occur, it’s best to be prepared before weather-related electrical outages occur. Put together an emergency safety kit using the following items:
- Bottled water
- Flashlights
- Battery powered radios
- Extra batteries
- Charged cell phones and charger for your vehicle

I would also add a portable charger and plug in-emergency lights that go on automatically if an outage occurs.

Remember the number to call if your experiencing an outage is 1-888-LIGHTS (1-888-544-4877)
We often get caught up trying to get that amazing shot, and forget about taking some fun images. We started in photography to enjoy ourselves and document our events. Always keep an eye out for a funny sign, logo, or anything out of the ordinary.

There is an unlimited supply of fun subjects out there. The key to making a good image is finding an unusual angle to shoot from and following the rules of composition. Make certain you don’t have many distracting elements in the shot, so your subject stands out.

As always you can send an email to bill@kirmsphotography.com. Visit my web site www.kirmsphotography.com if you’d like to see more of my images.

Keep shooting and improving your images, but most importantly, have fun with your camera.
FDA APPROVED ROBOTIC LASER SPINE TREATMENT
AVAILABLE IN MONMOUTH AND OCEAN COUNTY

Space is limited to the first 30 callers
Call Now to Schedule an Appointment
732-653-1000

BENEFITS OF LASER THERAPY
Safe and painless, with no negative side effects.
Non-surgical
Improved nerve function
Accelerates tissue repair
Faster healing of injuries

Are you suffering from low back pain, herniated discs, or sciatica?
MLS Laser Therapy is the cure you’ve been waiting for.

NorthEast Spine and Sports Medicine is pleased to be offering MLS Laser Therapy, an advanced, non-invasive, highly effective treatment for acute and chronic pain and inflammation.

Using breakthrough technology, MLS Laser Therapy is clinically effective for rapid relief of pain, inflammation, and swelling from a variety of conditions, including chronic back pain, sciatica, shoulder pain, arthritis, sports injuries, acute injuries and muscular/skeletal system trauma.

MLS Laser Therapy is painless and non-invasive. Many patients experience pain relief after 1 to 3 treatments. Each treatment takes an average of 8 minutes to complete. The average course of treatment is 7-10 sessions. Chronic pain and other conditions can be controlled with repeated, regular treatments.

How it works
Unlike traditional laser therapy, MLS Therapy uses two wavelengths and a patented, robotic control system that delivers separate but simultaneous dosage of each wavelength. This creates a synergy that enhances the therapeutic benefits of the treatment.

Jackson, NJ: 728 Bennetts Mills Rd.
Point Pleasant, NJ: 1104 Arnold Ave
Barneget, NJ: 775 Gunning River Rd
Manchester, NJ: 69 Lacey Rd
Aberdeen, NJ: 557 South Atlantic Ave.
Tinton Falls, NJ: 4057 Asbury Ave.
Freehold, NJ: 501 Iron Bridge Rd.
Toms River, NJ: 367 Lakehurst Rd.

FDA-APPROVED ROBOTIC LASER TREATMENT IN MONMOUTH AND OCEAN COUNTY

NorthEast SPINE and SPORTS MEDICINE
www.northeastspineandsports.com
As the song lyrics go “June is busting out all over” we are happily getting some warm weather. The next meeting of the Auxiliary will be on Tuesday, June 4th at 1:00 P.M. Please come to the meeting and meet your neighbors. Refreshments are always served.

Yearly dues are only $5.00 dollars Kathy Oraboni is in charge of membership. You may put your dues in an envelope to her attention and drop it off in the mailbox for the Auxiliary located in the small card room in the Clubhouse.

We would like to wish all of our wonderful fathers a very Happy Father’s Day. Hope you have a great day.

We are not planning anything for this month, just our meeting. Our Charity Bingo Night in May was a success as usual. All the people had a great time. Our future Charity Bingo Night will be on Friday, August 9th & Friday, November 8th.

Doors open at 6:00 P.M. & bingo starts at 7:00 P.M. There will be a $3.00 reservation fee and the night of the bingo it will be $10.00 to purchase the bingo package of specials and bingo cards. Refreshments will be served. Watch the weekly newsletter for selling dates.

Save the date Sunday July 14th when we will be having an “Italian Football Wedding”. A wonderful time will be had by all. We will be having an authentic ceremony, a fantastic Wedding Singer, choice of sandwiches, a designated Quarterback at each table to transport the sandwiches across the tables and a “busta bag” for donations to benefit CentraState Hospital. It will be great fun.

In August we will be planning another “Movie and Sandwich Night”. If you need a ride to our meetings or functions, several wonderful members have volunteered their help to drive you to them. Sid Corman at 732-766-7568; Pat Scott at 848-231-1660;

Vito Ferrante at 516-994-0711; Arlene Perino at 732-308-4287; Bob Cuollo at 917-692-2005. We need people to help serve refreshments for our meetings and Bingo Nights etc. We are also planning for our “Bakeless Cake Sale”. We have the flyers printed and ready to put in envelopes for delivery. We will need helpers so watch the weekly newsletter for updates. If you have any questions about the Auxiliary or want to help, call Sally Ferrante at 631-456-9174.

Please call Jo Avino if you know of an ill or deceased member so she may send an appropriate card. Her # is 732-761-8940.

Thank you.
CROSSWORD PUZZLE

Across
1. Trail
5. Elimination contest
9. Heron
14. Succulent plant
15. Small island
16. Fragrance
17. Musical symbol
18. Rotate
19. Large ungulate
20. Carapace
22. Pace
24. Blocking vote
25. Edible tuber
26. Wading bird
28. Ironic
30. Footwear
31. In the past
32. Diffident
35. Evaluation
38. Edible fat
39. Snooker accessory
40. Division of quantity
41. Moose
42. Formal dance
43. Guided
44. Nimble
46. Helix
48. Female sheep
49. Leguminous plant
50. Part of a deck
51. Cereal grass seed
52. Part of the neck
53. Part of a circle
56. Apex
59. True
61. Songlike cry
63. Might
65. Storage tower
67. Eat
68. Relative magnitude
69. Front of a vessel
70. High-priced
71. Choose
72. Gape
73. Brood

Down
1. Garden plant
2. Hawaiian greeting
3. Emblem
4. Part of a shoe
5. Belonging to him
6. Likeness of mind
7. Assumed name
8. Portable shelter
9. Consume
10. Cooking juices
11. Leash
12. Express audibly
13. Edible root
21. Predatory feline
23. Border
27. Wetland
29. Decay
30. Used to control a horse
31. Seabird
32. Indication of damage
33. Polynesian dance
34. Shout
35. Convention
36. Afresh
37. Lunar time period
38. Cunning
39. Epoch
40. Tender
41. British nobleman
42. Secret agent
43. Convention
44. Keeps records or accounts
45. British nobleman
46. Deplete
47. Quarry
48. Female sheep
49. Leguminous plant
50. Inexperienced
51. Something that has survived the past
52. Currency of Nigeria
53. Farewell remark
54. Relating to kidneys
55. Keeps records or accounts
56. Land measure
57. Fossil fuel
58. Muffle
59. True
60. Catch sight of
62. Chances
64. Point
66. Possess
ST. PATRICK’S DAY PARTY
Wow, writing this article brought to my attention that at the end of this month our year 2019 will be half over. These previous months went so fast with good and wonderful things filling the days here in The Villages.

This past Thursday May 2, we held a Brandywine Bingo and Luncheon. Over 40 Villagers filled the ballroom. Lots of Bingo games were won and before we knew it, all the prizes were given out. Everything went very well except that we should have had everyone vacate the ballroom after the Brandywine Bingo games were over. The staff needed some quiet time to get their things together to start selling to the regular Bingo players. In August, when and if we do the two Bingos on the same day again, everyone must leave the ballroom. When the Bingo crew is ready and setup to sell, they will open their doors for the players. Please be patient while we try to keep everyone happy.

We are hopeful that the committee will be able to offer our villagers a “Hot Dog Day” like we have in the past this year and have some active participation in our planning. There may be others also who, for any other reason cannot participate in our morning. Meetings. We welcome any of you that would like to join us since 2011. Unbelievable prices have been offered all these years we would like to continue it for this year. Our committee is very small and many of our workers have health issues that need to be considered. We need help from anyone who can give us as little as a half hour, setting on July 3rd, shopping, helping in the kitchen, or at any one of the posts serving the customers. Many hands make light work. Please call Debra Shapiro at 732-683-9713 if you would like to help.

The pool will be open weekends the beginning of June, but is open full time starting the 22nd of the month. Get out and enjoy what you were wishing for during those cold frigid days of winter. Always some new people to meet each year as residents that are new in the community come up to see if this beautiful pool is as good as it looks.

The Entertainment Committee is having a Halloween Costume Party and Dance on Saturday, October 19th. Start thinking about what you will be for Halloween. Check with your kids for some advice on an easy, comfortable costume. Let’s knock some socks off as we watch some great costumes join in an amazing parade in October at our Party.

This committee will be having evening meetings from June to September at 7 PM on the first Monday of the month. This is to enable our newer members, who are working during the day, to attend the meetings and have some active participation in our planning. There may be others also who, for any other reason cannot participate in our morning meetings. We welcome any of you that would like to join us.

The weekly newsletter is available in the lobby with new “goings on” each Thursday. While you get your own, pick up a few for your neighbors, especially any new resident.

PUZZLE CORNER
By Sylvia Hart (VNM June, 1993)

See if you can figure out the meanings of these puzzles. Example: 16=O in a P - Answer: Ounces in a Pound.

a.  26 = L of the A
b.  7 = W of the W
c.  1001 = AN
d.  12 S of the Z
e.  54 = C in D (with the J)
f.  9 = P in the SS
g.  88 = PK
h.  13 = S on the AF
i.  18 = H on a GC
j.  32 = DF at which WF
k.  90 = D in a RA

Solution on Page 26
UsELesS InFoRMAtioN
By Barbara Di Nonno

On April 3, 1860 the Pony Express began service between St. Joseph, Missouri and Sacramento, California.

On April 7, 1927 the image and voice of Herbert Hoover was transmitted live from Washington, D.C. to New York in the first successful long-distance demonstration of television.

Microsoft has created 3 billionaires and an estimated 12,000 millionaires.

Nearly 1 dozen couples were celebrating their honeymoon on the Titanic.

On April 15th, 1912 the British Luxury Liner Titanic sank after striking an iceberg.

The U.S. Retail industry makes $6.8 billion a year from gift cards that nobody redeems.

You are 50 times more likely to be killed by bees than win a lottery ticket.

The paint on the Eiffel Tower weighs as much as 10 elephants.

On April 23, 1985 Coca-Cola Company announced it was changing its secret formula for Coke

Our left lung is smaller than our right lung to make room for our heart.

On April 24, 1800 Congress approved a bill establishing the Library of Congress.

Pricing in the Villages has been changing. If there are questions as to the value of your home, please contact me for a free Market Analysis. There is no obligation and all questions are held in the strictest of confidence. If you have any friends or family living throughout Monmouth, Ocean & Middlesex Counties, I would be happy to assist them as well.

Call Bonnie for a free no-obligation home evaluation

| Williamsburg w/Garage | $199,900 |
| Lucerne w/Garage   | $165,000 |

If you would like to see a list of home prices, active and closed, please feel free to call me.

Cell: (732)239-1519 • Office: (732)409-5038
Email: bgelb@optonline.net

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THE VILLAGES SHOPPING BUS SCHEDULE

MONDAY, WEDNESDAY & FRIDAY

Morning pickups begin at 8:30 AM at the Clubhouse

Afternoon run begins at 11:30 AM at the Clubhouse

The Shopping bus will go to ShopRite, all local banks, Walgreens, Freehold Raceway Mall, and Walmart.

*** If you are a first-time rider or if you need to be picked up at your home, please call Sal, the bus driver at 718-344-6641 to be added to the list for that day.

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50+ Americans account for nearly 50% of all consumer spending!
Trying To Reach The Senior Market?

50+ Americans Account For Nearly
50% Of All Consumer Spending!

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For 97 NJ Adult Communities

• Priced To Fit Your Budget
• Multiple Month Discounts
• 6 Month Pre-Payment Special

One Phone Call Puts You In Touch With
Over 84,000 Senior Community Readers.
100% Coverage In Over 95 Communities!

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Fishing is a business for many but it is also a sport. The roots of fishing date back at least 40,000 years. Since the 16th century, fishing vessels have crossed the oceans in pursuit of fish. Since the 19th century, though, larger vessels have been used to catch, and in many cases, store the fish that have been caught. Fish are normally caught in the wild. There are different techniques for catching fish; these include hand gathering, spearing, netting, angling and trapping.

The term fishing can be applied to catching other aquatic animals, including shrimp, cephalopods (octopus or squid), crustaceans (crab or lobster), and echinoderms (starfish, sea urchin or sea cucumber). The term fishing does not apply to other aquatic mammals such as whales, where the term whaling is more appropriate. In addition to providing food, modern fishing is also a recreational sport.

According to FAO (Food and Agricultural Organization of the United Nations), the total number of fishermen and fisherwomen and fish farmers is 38 million. Fisheries and aquaculture provide direct and indirect employment to over 500 million people. Women fish too!

Fishing dates back to the Old Paleolithic or Old Stone Age, which began about 40,000 years ago. This can be dated to eastern Asia, where skeletal remains of early humanoids were found. The people of this time period were hunter-gatherers and highly mobile, moving from place to place frequently. Spear fishing with barbed poles (harpoons) was widely used at this time. The Neolithic period ushered in new technology between 4,000-8,000 years ago. With the new technologies of farming and pottery came basic forms of the main fishing methods which are still in use today. From 7,500 to 3,000 years ago, Native Americans of the California coast were known to engage in fishing with gorge hook and line tackle. Copper harpoons were used by the Harappans (residents of Punjab, Pakistan). The aboriginal inhabitants of India also use copper harpoons. In Egypt, the Nile River was full of fish, which the Egyptians used for food. There are also a number of references to fishing in ancient documents, but there are not enough details about it, and whatever equipment was used is only described in general terms.

The development of fishing boats and trawlers has drastically changed over the years to provide larger quantities of fish to feed the world’s population. All of this was meant to provide a historical context of the importance of fishing in the development of the world. The main focus of this article is recreational fishing, of which we are most familiar, and in which some may even be sport fishermen and women.

The early evolution of recreational fishing is not clear. For example, there is evidence of fly fishing in Japan as early as the 9th century BCE (Before the Common Era). In Europe, Claudius Aelianus (175-235 CE) describes fly fishing in his work, On the nature of Animals. For the Japanese and Macedonians fly fishing was a means of survival rather than recreation. However, at the time of the Norman Conquest of England in 1066, fly fishing was an important part of life, especially with the publication of The Compleat Angler. The earliest essay on recreational fishing was published in 1496, shortly after the invention of the printing press. This essay was attributed to Dame Juliana Berners the prioress of the Benedictine Sopwell Nunnery. The essay was entitled Treatyse of Fysshynge wyt an Angle (very old English). During the 16th century, this work was reprinted many times, and includes details about fishing waters, the construction of rods and reels.
and the use of natural baits and artificial flies. The 18th century saw further developments in the rods that were used for fishing. Running rings began to appear along the fishing rods, which gave anglers greater control over the cast line. The rods themselves became more sophisticated and specialized for different roles. Jointed rods became common from the middle of the century, and bamboo was used for the top section of the rod. This gave the rod greater strength and flexibility.

As time went on, the fishing industry became commercialized. Rods and tackles were now being sold in stores. The impact of the Industrial Revolution affected the manufacture of fly lines. Previously, the fishermen had to twist their own lines on the reel. The new textile spinning machines allowed for a variety of tapered lines to be easily manufactured and marketed. British fly fishing developed with the establishment of fly fishing clubs, along with several books on the subject of fly fishing and fishing techniques.

Modern reel design began during the latter part of the 18th century in England. The predominant model in use was known as the “Nottingham reel.” The reel was a wide drum which spooled out freely, and was ideal for allowing the bait to drift along with the current. Geared multiplying reels never caught on in Britain, but had more success in the United States where similar models were modified by George Snyder of Kentucky into his bait casting reel, the first American made design in 1810.

The material for the rod changed over time from the heavier wood native to England to lighter and different varieties from South America and the West Indies. Bamboo rods became the favored option from the mid 19th century. George Cotton and his predecessors fished with longer rods and light lines which allowed the wind to do most of the work getting the lines to the fish. There was further development of both rods and reels, which were meant to make it easier for the angler to cast the line. Albert Ilingworth patented the modern form of the fixed-spool spinning wheel in 1905. Further developments occurred with the increasing leisure opportunities for the general population.

In the United States, attitudes toward methods of fly fishing were not as rigid as they were in England, and as a result, fly fishing began to become more popular. Fly anglers in the United States were the first to use artificial lures for bass fishing. Fly patterns and tackle were also developed to catch trout and salmon, as well large and small mouth bass. Participation in fly fishing peaked in the 1920s, in Maine, Vermont and Wisconsin. Along with deep sea fishing, Ernest Hemingway did a lot to popularize fly fishing through his novels, especially *The Sun Also Rises.*

The development of inexpensive fiberglass rods, synthetic fly lines, and monofilament leaders in the early 1950s revived the popularity of fly fishing. In recent years, there has been a greater interest in fly fishing as the baby boomers have taken up the sport. There is no question that participation in fly fishing has increased, with a variety of clubs that have been formed as well as people of different age groups, both men and women, who have made fly fishing not just their sport but their favorite leisure activity.
The Wicked Witch wasn't the only thing that posed a threat to Dorothy and her crew. When Glinda the Good Witch sprinkled snow over the sleep-inducing poppy fields, what actually shrouded the gang was industrial-grade chrysotile asbestos. Film sets started using this carcinogenic substance after they stopped using cotton, which posed a high fire risk. Even though the health risks of asbestos were well-known at the time, it was commonly used in everything from the Scarecrow's costume to the Witch's broom. Fortunately, the film industry has moved on to more advanced and safer alternatives, such as “chemical snow” or marble dust.

Before Nintendo put all their cards on the table in the video game industry, they were the top seller of playing cards in Japan. Their legacy begins in the 17th century, about 250 years before Nintendo first launched, when Japan made all foreign playing cards illegal. In response, several different types of card games were developed, only to be banned by the government. This all changed in the 19th century, when a new game, Hanafuda, was created, which used images instead of numbers to make gambling more difficult. In 1889, Fusajiro Yamauchi launched Nintendo as Japan's premier Hanafuda card seller, and with the relaxation of gambling laws and the shift of power in Japan occurring in the same year, Nintendo was bound to prosper.

The American recording industry gave out its first Gold Record award on March 14, 1958, to the Perry Como hit “Catch a Falling Star.” The single won Como the 1959 Grammy award for Best Vocal Performance, Male. Introduced by the Recording Industry Association of America as a way “to create a standard by which to measure sales,” the Gold Award honored records that sold 500,000 copies in the U.S. Como has the distinction of having three stars on the Hollywood Walk of Fame for his work in radio, television, and music.
DEEP BLUE

Deep Blue was a chess-playing computer developed by IBM. On May 11, 1997, the machine won the second six-game match against world champion Garry Kasparov by two wins to one with three draws and made history by becoming the first computer system to defeat a reigning world chess champion. Kasparov accused IBM of cheating and demanded a rematch, but IBM refused and dismantled Deep Blue.

“Y. M. C. A.”

“Y.M.C.A.” is a song by the disco group Village People. The song reached #2 on the U.S. Charts in early 1979. It is one of fewer than 40 singles to have sold over 10 million physical copies worldwide. The song remains popular and is played at many sporting events, with crowds using the dance in which the arms are used to spell out the four letters of the song's title. In 2009, “Y.M.C.A.” was entered into the Guinness World Records when over 44,000 people danced to the song with Village People singing live at the 2008 Sun Bowl game in El Paso, Texas.

CENTRAL PARK

Hollywood's found its shining star, and its name is Central Park. The urban green space has had over 230 movies filmed on its premises, including Breakfast at Tiffany's, Ghostbusters, and Night at the Museum. This is 70+ more films than Venice Beach, the second most popular location. Part of the reason is its sheer size; at 843 acres, the park presents plenty of room for big-budget film crews. Central Park also has many diverse settings from its groomed gardens to its whimsical pavilions, providing endless possibilities for the perfect shot. So if you're hoping to catch the filming for a major Hollywood flick, don't head to Los Angeles, but to New York!
PUZZLE SOLUTIONS

a. Letters of the alphabet
b. Wonders of the world
c. Arabian Nights
d. Signs of the Zodiac
e. Cards in a deck with the Jokers
f. Planets in the solar system
g. Piano keys
h. Stripes on the American flag
i. Holes in a golf course
j. Degrees Fahrenheit at which water freezes
k. Degrees in a right angle
For nearly two decades patients have entrusted their surgical care to JSASA. Our team of board-certified general surgeons is skilled in the evaluation, diagnosis, and treatment of many surgical conditions. Our surgeons perform open, laparoscopic, and robotic surgery, using clinical judgment to decide which surgical approach is most suitable for each patient. Here are just some of the surgical conditions that our physicians treat:

**General Surgery**
- Gallbladder disease
- Abdominal wall hernias
- Hiatal hernia
- Reflux
- Stomach tumors
- Intestinal tumors
- Port placement for chemotherapy

**Colon and Rectal Surgery**
- Colon and rectal cancer
- Benign anorectal disease (hemorrhoids, anal fistula, anal fissure)
- Diverticulitis
- Inflammatory bowel disease
- Rectal prolapse

**Breast surgery**
- Needle breast biopsy
- Lymph node biopsy
- Lumpectomy
- Mastectomy
- Cyst removal
- Breast infection

**Skin/Soft Tissue Surgery**
- Removal of benign tumors
- Lipomas
- Cysts
- Hydradenitis
- Melanoma
- Basal cell carcinoma
- Squamous cell carcinoma

**Weight Loss Surgery**
- Sleeve gastrectomy
- Adjustable gastric banding
- Revision surgery

Our reputation for quality outcomes and results is unsurpassed and we strive to remain among the top professionals in our field. Our team will make you feel comfortable and confident with the courtesy, respect and compassion necessary to accomplish your goals.
EXERCISE CLASSES are held every Monday and Wednesday from 11:00 AM to 11:30 AM except where noted in our newsletter. We hope you will join us and stay fit. It is not necessary to pre-register, but you must sign a release form before your first class. Remember that you need to be a member of our Center to participate in our classes.

CERAMIC CLASSES are held every Monday at 1:00 PM and every Tuesday and Wednesday at 10:00 AM & 1:00 PM. *You must sign up for these classes. Call Nichole at ext. 2559 for availability.

CHAIR YOGA will be held from 1:15 PM to 2:15 PM on Wednesdays, except where noted in the newsletter. Remember that you must sign an exercise waiver before taking any exercise class.

TAI CHI will be an 8 Week Class starting on Tuesday, April 9 to Tuesday, May 28. Remember that you must sign an exercise waiver before taking any exercise class.

BEREAVEMENT AND CAREGIVER SUPPORT GROUP will meet at 10:30 AM on Thursdays. Bereavement Group will meet 2x a month on the 1st and 3rd Thursdays of the month.

CAREGIVERS SUPPORT GROUP will meet 2x a month on the 2nd and 4th Thursday of the month. Please contact Ann Albano at ext. 2553 if you are interested in attending.

ALZHEIMER’S ASSOCIATION DEMENTIA SEMINARS
Howell Township Dept. of Senior Services – June 6, 13, 20, & 27
The Alzheimer’s Association of New Jersey will be presenting a series of Dementia related seminars at the senior center on 4 consecutive Thursdays in June from 5:30 – 7:30 PM. The presenter will be Program Coordinator, Nicolette Vasco
To register for this seminar call 732-938-4500 ext. 2561 on Thursday, May 23rd.

We would love to have new members join our TANGLED THREAD CLASS. Whether you are a seasoned knitter or crocheter, or you have never tried, we welcome you. Our class members are always willing and ready to assist newcomers. Call Carol Hartigan our Program Coordinator, at 732-938-4500, ext. 2554 if you are interested in attending our group.

WE NEED BRAND NEW 4 PLY YARN so that our Tangled Thread class members can crochet and knit items for frail community members of all ages. For health reasons, the yarn must be brand new. We need 4 ply regular yarn and 4 ply baby yarn in light colors (no brown, navy, or black). Call Carol at ext. 2554 with any questions.

Thank you for helping us with our community service projects.

Upcoming events for June:
June 6 - Columbus Flea Market
June 7 - Kohl’s/Target Trip
**Chocolate Walnut Blondies**

Preheat oven to 325*. Spray and line a 9 inch pan with enough foil to overhang sides by 2 inches (makes it easy to remove from pan) coat with spray.

1 pkg. yellow cake mix  
1/2 cup of soft butter  
1/3 cup water  
1 egg  
1 cup chopped walnuts  
1 cup of chocolate chips

Put cake mix in bowl, add nuts and chips. Stir until nuts and chips are coated with cake mix.  
This prevents from sinking to the bottom. On medium speed beat in butter, water and egg. Spread in pan. Bake 40-45 minutes or until toothpick inserted in center comes out clean. Cool on rack.

Using foil lift from pan. Refrigerate 10--15 minutes. Use a board to turn over, peel off foil. Cut in squares.  
Turn over, can be topped with chocolate frosting or sprinkled with powdered sugar.

**Cherry Fluff**

1 pkg. INSTANT vanilla pudding  
1 can of cherry pie filling  
1 can crushed pineapple with juice  
2 cups mini marshmallows  
1 cup coconut  
1/2 cups chopped walnuts  
1- 8 oz. container of Cool Whip

Combine 1 pkg. of pudding, cherry pie filling, crushed pineapple, marshmallows, coconut and walnuts.  
Stir all together. Fold in thawed Cool Whip. Refrigerate until ready to serve.

**Melon Ball Appetizers**

Wrap melon balls with a piece of honey ham. Serve on a toothpick.
## Directory

### HAIR CONTROL
**We keep you looking “GREAT”**
**If you can’t come to us we will come to you at the entrance of the Villages**
**732-462-2711**

### ELECTRICIAN
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- Ceiling Fans
- Recessed Lights
- Bathroom Fans
- TV Mounting
- Smoke Detectors
- Security Lights

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- Tile: Floors, Walls, Backsplashes
- Painting: Interior/Exterior
- Light Carpentry/Sheetrock Repair
- Pergo Flooring Installation/Clean-outs
- Clean, Quality Work

**Fully Insured**

### Mike “The Handyman”
**732-780-0468**
**Over 28 Years of Experience**
- No job too small, so don’t hesitate to call
- Same-day call back, work done within 24-48 hrs.
- All Types of Repairs & Replacements
- Fully insured
- References gladly furnished upon request

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**Father & Son**
**Plumbing & Heating**
**Third & Fourth Generation Plumbers**
**1826 Celeste Dr. Lic# 5181**
**Wall, NJ 07719 Navy Veteran**
**732-580-0891**

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- Reliable Service at Affordable Rate.
- Fast and Efficient. Supplies Provided.
- Years of Experience in the Community.
- Biweekly/Monthly

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**We Charge By the Job NOT by the Hour!!**

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  - Hygiene Assistance
  - Meal Preparation
  - Joyful Companionship
  - Errands/Transportation
  - Light Housekeeping

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**Wall, NJ 07719**
**732-722-7747**
**Helping Seniors Maintain Their Dignity & Independence**
**Servicing Monmouth County**

### Handyman Jim
**(908) 670-2732**
**Any Job, Big or Small – Just Call**
**For All Your Home Repairs**
- Fully Insured –
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  - For All Your Home Repairs**
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Pool Open 12-7PM throughout the week

*Check Destination and Times inside magazine on Page 17*